



Training Course  
**"UNITY ART COLONY"**

**1. - 7. July 2024**

Osterholz-Scharmbeck (near Bremen)

Germany





## About The Project

**“UNITY ART COLONY”** is a training course (TC) organized in Osterholz-Scharmbeck in Germany which will include 25 youth workers from 6 different countries/territories: Germany, Poland, Italy, Spain, Serbia and Lithuania.

**Age of participants:** 18+ years old

**Country group size:** 4 participants per country

**Place:** Osterholz Scharmbeck, Germany

**Venue:** KulturHaus, a group and youth house

**Days of activity:** 7 days – including travelling days

**Dates:** 1. - 7. July 2024



# Info About Project

Join us on a transformative educational journey, experiencing the regenerative power of multidisciplinary art to advance communities in uncertain times.

Through engaging workshops spanning various art mediums such as watercolour painting, lino printing, shadow theatre, marionettes, digital art, and more, participants will explore diverse avenues of artistic expression. Drawing inspiration from nature's interconnectedness, we'll use bionic metaphors to foster narratives of peace and healing in our communities.

Our agenda fosters a supportive learning environment where collaboration, creation, reflection, and growth are encouraged. From creative sessions to individual reflections, each day is tailored to inspire exploration, creativity, critical discussions, sharing and personal development.

By the end of the training, participants will not only refine their artistic skills in public art show but also gain practical insights into hosting creative spaces for peace and reconciliation.

Join us at UNITY ART COLONY

## Project goals:

1

Explore art Medium in promoting **peace and reconciliation**

2

Draw Inspiration from nature through **bionic metaphors**

3

Create **collaborative artworks** for a public showcase

4

Foster a **community of peer learning**, vision sharing, and **networking** for future initiatives

5

Explore **quality guidelines** for hosting **creative processes** in times of uncertainty



# Trainers Team

**Dagna Gmitrowicz** is an accomplished painter and designer, as well as an experienced art therapist and non-formal education trainer within an international context, boasting over two decades of professional experience. She holds a degree from the Academy of Fine Arts in Poland, underpinning her expertise in visual arts. Dagna is also a Certified Forest Therapy Guide accredited by the Association of Nature and Forest Therapy from the USA, actively leading individuals into forest environments. Her specialization lies in working with migrants and refugees, utilizing nature and art therapy as a means of healing and integration.



Dagna is recognized as an expert in creating effective learning environments that stimulate creativity and personal growth. Her comprehensive approach to education fosters exploration and innovation. For more information about her work, please visit her website at [www.dagnaart.com](http://www.dagnaart.com).

## Audrius Bartninkas

I originate from a small, picturesque city of Kaunas, established at the confluence of two rivers, in the north - eastern Europe.

Working as a constructor of decorations at Kaunas State Puppet Theater (<https://kaunoleliuteatras.lt/>) created unique opportunity for me to use wide range of knowledge, gathered throughout the years: while studying arts in university, obtaining Masters degree in leather design, crafting leather goods for personal orders or managing industrial design projects at my previous work place.

Having art educator's university degree, I also enjoy sharing my knowledge with younger generations during tours and educations for children at the theater and working as a teacher of profession at Kaunas School of Applied Arts (my second workplace).

Being curious and open to new opportunities for personal development and professional growth, I would be delighted to join this art project and take my place in an international team of creators. [www.goti.lt](http://www.goti.lt)



# Participant Profile



1. **18+ years old (without exceptions)**
2. **Resident** of one of the participating countries
3. This training is for youth workers, social workers, educators, cultural operators, and youth leaders who are passionate about art and its potential impact on local communities. People who are eager to learn about creative processes through experiential and project-based learning. They are enthusiastic about collaborating with others and experimenting with various art mediums. Moreover, they are willing to engage with the local community and are motivated to bring back insights and highlights of this training to enrich their local practices.

# Travel to/from Germany

## Important info regarding travel to and from Germany

Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the European Commission. These are most likely the amounts you have to travel:

- Germany up to 211 EUR
- Italy up to 309 EUR
- Greece up to 395 EUR
- Spain up to 309 EUR
- N. Macedonia up to 309 EUR
- Croatia up to 309 EUR

However, the amount can vary. Please use the distance calculator from your home town to our venue and see how high your travel expenses are:

[https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator?gad\\_source=1&gclid=CjwKCAiArLyuBhA7EiwA-go80DHgJEvQBOM8OhXJvyfU7HEWDCWh7wall5kpggmGSE\\_eKoN9OAIARoCdzoQAvD\\_BwE](https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator?gad_source=1&gclid=CjwKCAiArLyuBhA7EiwA-go80DHgJEvQBOM8OhXJvyfU7HEWDCWh7wall5kpggmGSE_eKoN9OAIARoCdzoQAvD_BwE)

On the right you see the suitable amounts depending on distance.

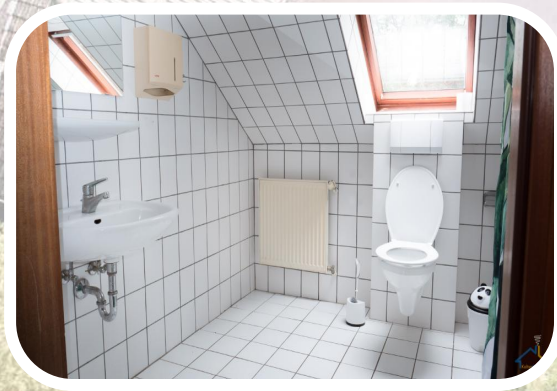
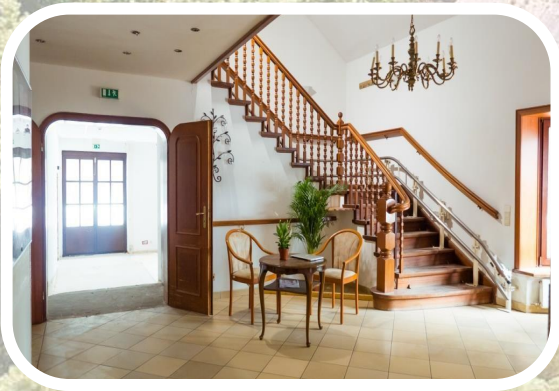
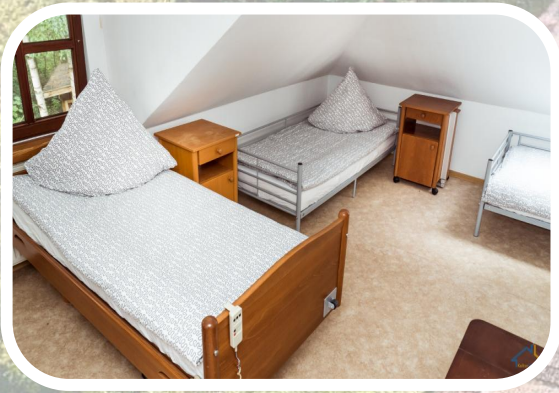
Travel costs are refundable for participants who attend all the sessions, commit themselves to all of the activities and provide all original tickets, invoices, boarding passes and emails relating to their travel. The participants should also participate in the dissemination phase. :)

There is a participation fee of 30 € from the hosting organisation NaturKultur e.V.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR



# THE VENUE



We will be accommodated in a youth centre/group house in Osterholz-Scharmbeck, close to the city of Bremen, Germany.

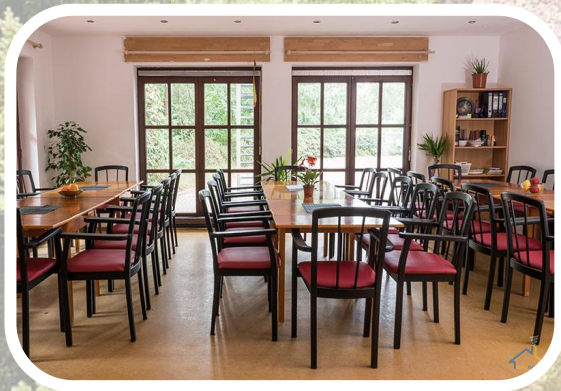
The accommodation will be simple. Each participant will be sharing the room with 2-4 other people from the same gender but different nationalities. Some of the rooms have a private and some have a shared bathroom.

Some of the features of the house:

- It is almost in a middle of nowhere. Cafés, discos, restaurants and supermarkets are not that close.
- We will be the only group in the house. We will learn and have fun together, cook and eat together, and share our culture and ideas. We'll make the rules together and respect the rules that we make.
- In the venue where we will stay, there is rule of inside shoes. This means that every participant should **bring slippers** or some shoes that you are going to use only inside the house.



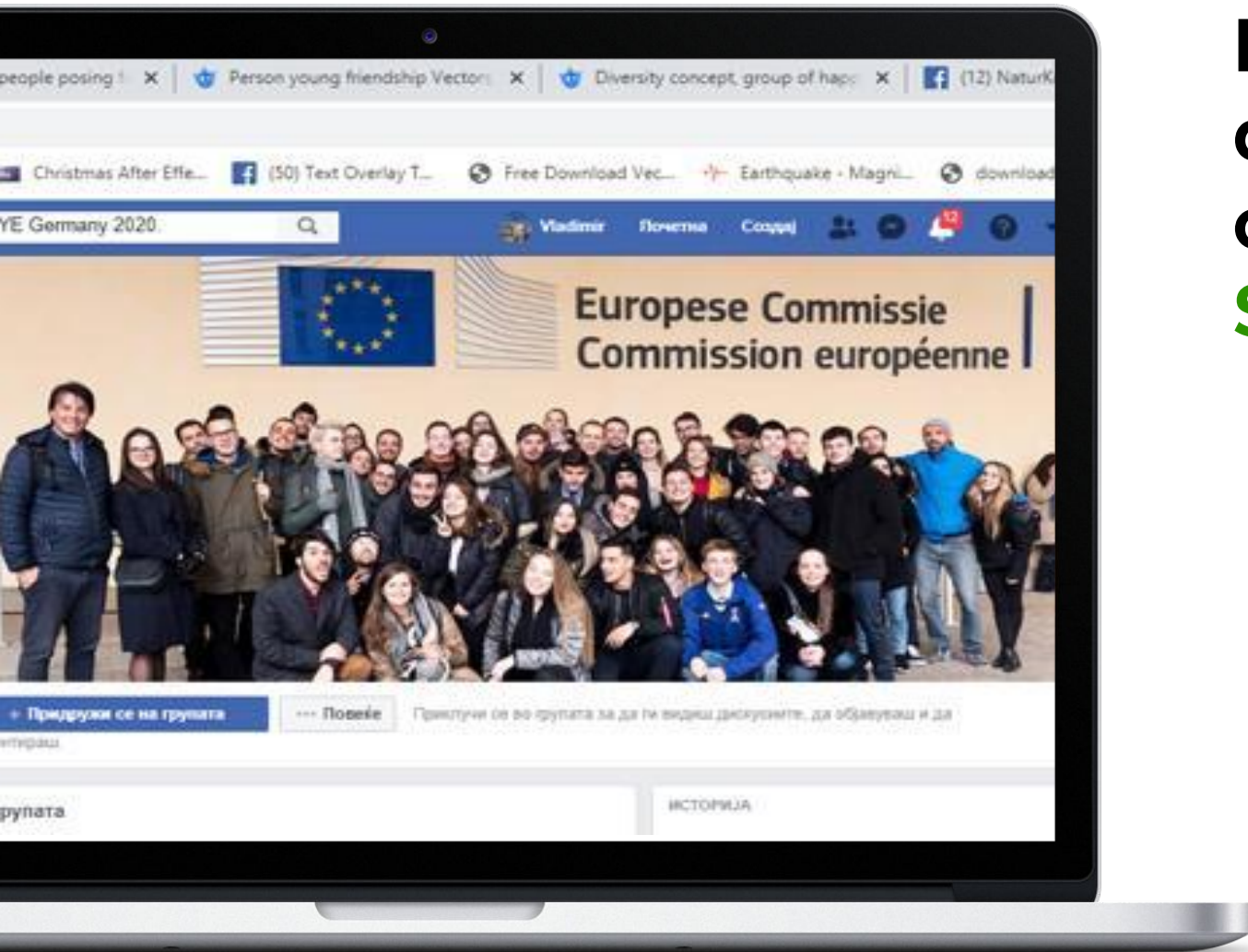
# THE VENUE



- You should bring your own towels to the mobility. Bedsheets will be provided by the venue where we will stay.
- There is washing machine available in the venue. It costs 2 euro for using the washing machine and 2 euros for using drying machine.
- We have hired our own cooking and logistics team, they will make sure that nice and healthy food will be done, including for the people with food preferences – vegetarians, no pork etc. Please note that we cannot provide HALAL or fruitarian food. If you have any concerns about your diet, please contact us.
- The address of our venue is: Hintern Horn 5, 27711 Garlstedt, Osterholz-Scharmbeck, Germany

You can find more information and photos about the venue here: <https://kulturgruppenhaus.de/en/new-home-2/>  
<https://www.facebook.com/KulturGruppenHaus/>





**For further questions,  
don't hesitate to  
contact us.  
See you soon!**

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