



Want to take the youth into nature, but lack the courage and skills?

Then this training in nature is for you!



WILDERNESS KNOWLEDGE

OUTDOOR TRAINING

FROM 17.8 TO 24.8. 2024

IDRIJA, SLOVENIA

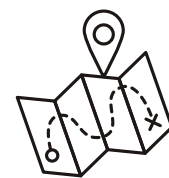


**MLADINSKI
CENTER
IDRIJA**



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WHY THIS TRAINING?



Nature is beneficial to youngsters, they can find peace and calmness in it, and has a positive effect on their well-being, however, we noticed some organizations do not take their youngsters into nature. Some believe that nature is unsafe, and the youth workers lack the skills and do not have ideas for the activities in nature.

In this training, which will take place almost fully in nature, we will teach you **basic outdoor skills** and provide you with basic knowledge of the outdoors, to empower you to **feel safe to take your local youngsters into nature**.

We will also **create videos** about the knowledge we gained, so we can share it with our organizations and empower other youth workers with the knowledge.

THE MAIN AIM OF THIS TRAINING

Through experience in nature, empower you (youth workers) to take youngsters into nature safely and provide you with ideas for activities appropriate for youngsters of different ages and experiences.

WHO ARE WE LOOKING FOR?

**2-3 PARTICIPANTS FROM THE SAME ORGANIZATION
ABOVE THE AGE OF 18 (NO UPPER LIMIT)**

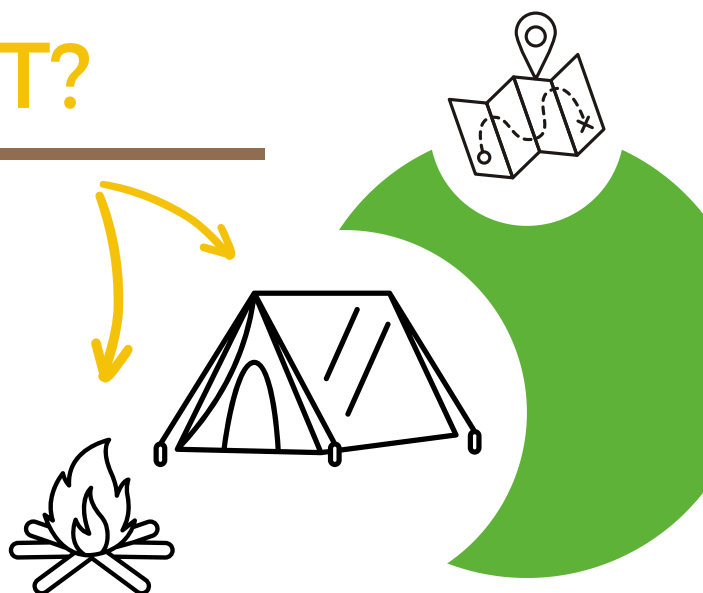
Profile type :

- youth workers inexperienced with organizing outdoor activities for youngsters,
- organizations interested in organizing more activities in nature,
- youth workers interested in gaining more knowledge about nature and how to create meaningful and safe activities in nature,
- youth workers wish to experience training in nature.



WHAT TO EXPECT?

- Sleeping in tents,
- spending time outdoors,
- learning bushcraft skills,
- learning about creating safe activities in nature for youngsters,
- learning about nature and safety in nature,
- cooking outdoors,
- becoming confident in spending time outdoors,
- experiencing fun activities in nature.



We want to create fun experiences for you in nature, so you can create them for your youngsters!

WHERE WILL THE TRAINING TAKE PLACE

We will sleep, eat and have lectures in nature, on the campsite situated in the hills above Idrija, called **Pšenk**.

Do not worry! The training is targeting youth workers inexperienced in nature, so we will teach you everything you need to know! The campsite is situated in the Idrija forest but is equipped with a wooden house, with running water, toilets, showers, electricity, a kitchen and also beds.

Cottage Pšenk



Most of the training will take place outdoors!

HOW DO YOU ARRIVE TO PŠENK?


Do not worry! First night we will be sleeping in Hostel Idrija situated in the Idrija youth center, so you need to find the transportation to Idrija.

TRAVELING TO SLOVENIA

Slovenia is easily accessible

By plane 

- the most popular way of reaching our country is by plane to Ljubljana (LJU), Graz (GRZ), Zagreb (ZAG), Trieste (TRS) or Treviso (TSF).

- Shuttle buses are available from the airports in neighboring countries to Ljubljana, where the main bus station offers hourly bus connections to Idrija. Once you are at the bus stop in Ljubljana, the bus will be somewhere between the numbers 11 and 13 (the board above it will say). Another popular transport option is GoOpti, a shuttle company. 

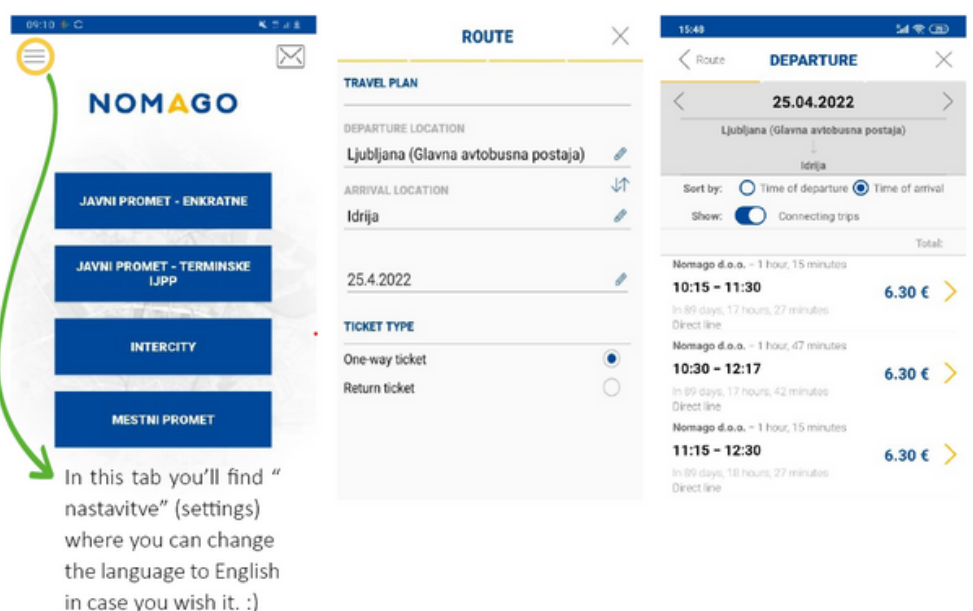
By bus:

- there is a lot of connection between Ljubljana and over European capital which you can catch. If you arrive by bus you will be directly at the main bus station of Ljubljana.

HOW AND WHERE TO BUY BUS TICKETS

If you arrive at Ljubljana (or Logatec petrol station), the bus schedule is available on the “Nomago” app that you can download where you get your phone apps.

In the first screen you click “javni promet – enkratne”. You can buy the tickets via the app with a credit card or you can buy them directly at the driver with cash or at the counter at the main bus station.



The image shows three screenshots of the Nomago app. The first screenshot is the main menu with options: JAVNI PROMET - ENKRATNE, JAVNI PROMET - TERMINSKJE IJPP, INTERCITY, and MESTNI PROMET. A green arrow points to the first option with the text: "In this tab you'll find 'nastavitve' (settings) where you can change the language to English in case you wish it. :)". The second screenshot shows the 'ROUTE' screen with 'DEPARTURE LOCATION' set to 'Ljubljana (Glavna avtobusna postaja)' and 'ARRIVAL LOCATION' set to 'Idrija'. The date is '25.4.2022' and 'TICKET TYPE' is 'One-way ticket'. The third screenshot shows the 'DEPARTURE' screen for '25.04.2022' with a list of bus times and prices: 10:15 - 11:30 (6.30 €), 10:30 - 12:17 (6.30 €), and 11:15 - 12:30 (6.30 €).

LOGISTICAL AND BUDGET INFORMATION



2 travel days to arrive to Idrija Youth Center: Ulica IX. Korpusa 17, 5280 Idrija

Arrival:
17. 8. by 13.00



Departure:
24. 8. from 14.00

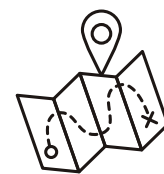
You are entitled only to get a reimbursement of travel costs if you use public means of transport. The costs of a car ride or car rental cannot be reimbursed.

Calculate the distance to the Idrija Youth Center with Distance Calculator :

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Travel distance	Standard travel	Green travel
10 – 99 km	23 EUR	
100 – 499 km	180 EUR	210 EUR
500 – 1999 km	275 EUR	320 EUR
2000 – 2999 km	360 EUR	410 EUR
3000 – 3999 km	530 EUR	610 EUR
4000 – 7999 km	820 EUR	
8000 km or more	1500 EUR	

**Make sure you keep all travel documents!!
Online boarding passes and tickets can be forwarded by e-mail as well.**



ABOUT IDRIJA

Idrija is a town of some **6.000 inhabitants** and is located in Western Slovenia, halfway between the Slovenian capital, Ljubljana, and the Italian border.

Idrija is a town of rich cultural and natural heritage. It boasts the title of **“the oldest Slovenian mining town”** as the first miners began to search for mercury here in 1490. Later, 2nd largest mercury mine developed and Idrija became one of the most important mining centers in Central Europe. The broader town area has since 2012 been inscribed on the UNESCO World Heritage List with its heritage of mercury. There are many opportunities for exploring, as the town is filled with museums and monuments of technical heritage. Especially famous is the Anthony Shaft, the oldest entrance into Idrija’s underworld and is to this day open for visitors.



Idrija Youth Center has already hosted many volunteers in Idrija – see their stories on #LivingInIdrija blog!

ŽLIKROFI FESTIVAL - 24. 8. 2024

On the day of your departure, the annual Žlikrofi festival will take place in the city center. The festival is built around a pasta dish unique to Idrija, each year, the festival offers a new way of tasting this traditional dish, accompanied by good drinks and a music program.

<https://www.idrijski-zlikrofi.si/en/welcome/>



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ACCOMODATION



Hostel Idrija, 17.- 18. 8. and 23. - 24. 8.

On the first and last day the accommodation will be provided at Hostel Idrija, a youth hostel managed by Idrija Youth Centre. The hostel is located a 5-minute walk from the historical town center and features an amazing view with a spacious summer terrace. Rooms will be shared by **2 or 3 participants**, while the kitchen, living room area and bathrooms will be shared by the whole group.



More photos and information: <https://booki.ng/2lkL12G>

Sleeping in tents, 18. - 23. 8.

On other days of the training, you will be sleeping in a two-person tent in the scout camp above Idrija, 6 km from Hostel Idrija. We will provide you with a tent, and help you set it up.

The showers, toilets, and electricity will be available in the house next to the campsite, where we will also sleep in the case of really bad weather.

Keep in mind we will be in nature, you will not have access to electricity 24/7, we will sleep in tents surrounded by nature and we will be mindful of water consumption. You can see more pictures of the place here: <https://shorturl.at/BHW34>

FOOD

We will be **cooking dinners by ourselves** in smaller groups, as part of the training to teach you different cooking methods for outdoors.

In smaller groups we will also all **help with preparation** of breakfast and lunch and cleaning the dishes.

Please let us know if you have any allergies or specifics regarding the food.

PACKING LIST



- sleeping bag
- sleeping pad
- clothes suitable for outdoors
- hiking shoes
- smaller hiking backpack
- bathing suits
- personal hygiene items
- Water-resistant jacket (and pants)
- hat
- reusable water bottle



we will discuss a more detailed packing list at our preparational online meeting in June.

We will provide you with a tent

If you do not have some of the above mentioned equipment, or if you cannot bring it because you arriving by airplane, please let us know as soon as possible.



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INTERESTED, BUT SCARED
BECAUSE YOU DO NOT HAVE A
LOT OF SKILL IN NATURE?

THAT IS WHY THIS TRAINING IS
HERE FOR!

Do not worry, we have trained staff, certified by Scout Association Slovenia, to teach you everything you need to know, to keep you safe and comfortable throughout the week! And be sure, this will be an amazing and empowering experience for you!

**If you have any questions, do not
hesitate to contact us!**

Zarja Bašelj (+386 51 231 049); zarja.baselj@mcidrija.si

APPLY NOW!

1. Contact us so we sign an agreement with your organization.
2. We send you the link to the application form.
3. Wait a couple of days to hear back from us to give you further instructions.
4. Make sure you have a European Health Insurance Card (or order it).
5. Find transport tickets (to arrive on 17th August at 13.00 and leave no earlier than on 24th August after lunch from Idrija).
6. We will send you another form to report your arrival time.
7. In June or July, we will meet for an online meeting to discuss your gear and the program.



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