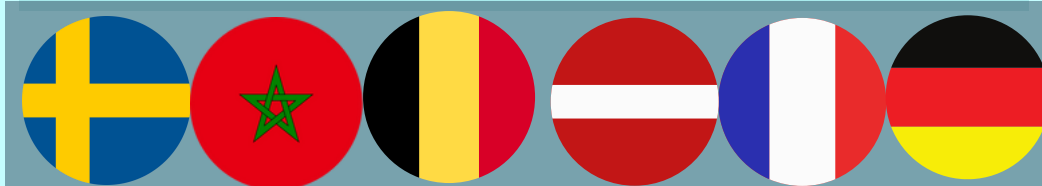


ZERO Addiction

زَيْرُو إِدْمَان

TOGETHER WE CAN HEAL

Erasmus+ Professional
Development Activity
10-18 May 2024
Larache, Morocco



ORGANIZER :
FRAMTIDSTAGET IS A SWEDISH NON-PROFIT ORGANISATION THAT WAS
FOUNDED IN 1997 WITH A MISSION
TO HELP YOUNG PEOPLE LIVE
FULFILLING LIVES AND REALIZE THEIR
FULL POTENTIAL.



1

PROJECT NAME

Zero Addiction

زِيْرُو إِدْمَان

2

TYPE OF ACTIVITY

ERASMUS+ Professional
Development Activity



DURATION

7+2 travel days (10-18 May
2024)

3

PARTICIPATING COUNTRIES

Sweden, Morocco, Latvia,
France, Germany, Belgium

4

NUMBER OF PARTICIPANTS

18 participants

5

DESCRIPTION OF THE PROJECT

The training course, "**Zero Addiction**," will bring together 18 project managers and drug therapists from 6 countries for an immersive experience designed to provide a comprehensive understanding of effective interventions and approaches within youth drug therapy and social work practices. This program offers a deep dive into the intricate nature of addiction and co-dependency, empowering participants with the necessary tools and insights to effectively address these complex issues based on the best practices of each participating country. Furthermore, the program serves as an occasion for sharing expertise on online and offline platforms and building new cooperations.

OBJECTIVES



- Explore cultural competence in addressing addiction and co-dependency within a social work context;
- Understand the complex interplay of biological, psychological, and social factors contributing to addiction and co-dependency;
- Develop proficiency in assessing and identifying signs of addiction and co-dependency within diverse populations;
- Gain new tools, including participants' approaches, for the treatment of addiction and co-dependency, enhancing the ability to provide comprehensive support and referrals for youth dealing with these issues;
- Develop a Toolkit with all the outputs of the training.



Participants are expected to :

- Share insights regarding the methods employed to address youth addiction and codependency within their respective countries as part of their contribution;
- Share case studies from their professional experiences and describe the strategies employed to address them effectively;
- Identify and articulate the challenges encountered in their respective countries regarding addiction treatment.

Objectives :

- Develop a comprehensive platform that includes the techniques, tools, and strategies acquired during the training, making it accessible to all participants;
- Contribute to the advancement of the Moroccan approach to treating addiction and codependency;
- Develop new and future collaborations within the field of social work and youth coaching.



WHERE?

LARACHE, MOROCCO

Larache is an important harbour town in the region of Tanger-Tetouan-Al Hoceima in northwestern Morocco.



PROJECT VENUE

FOUNDOK ZELJOU

Foundouk Zeljou is a cultural center where young people gather to prepare for their studies as well as participate in social and cultural activities. All meals will be served in the Zeljou restaurant. And most of the activities will be held in this venue.



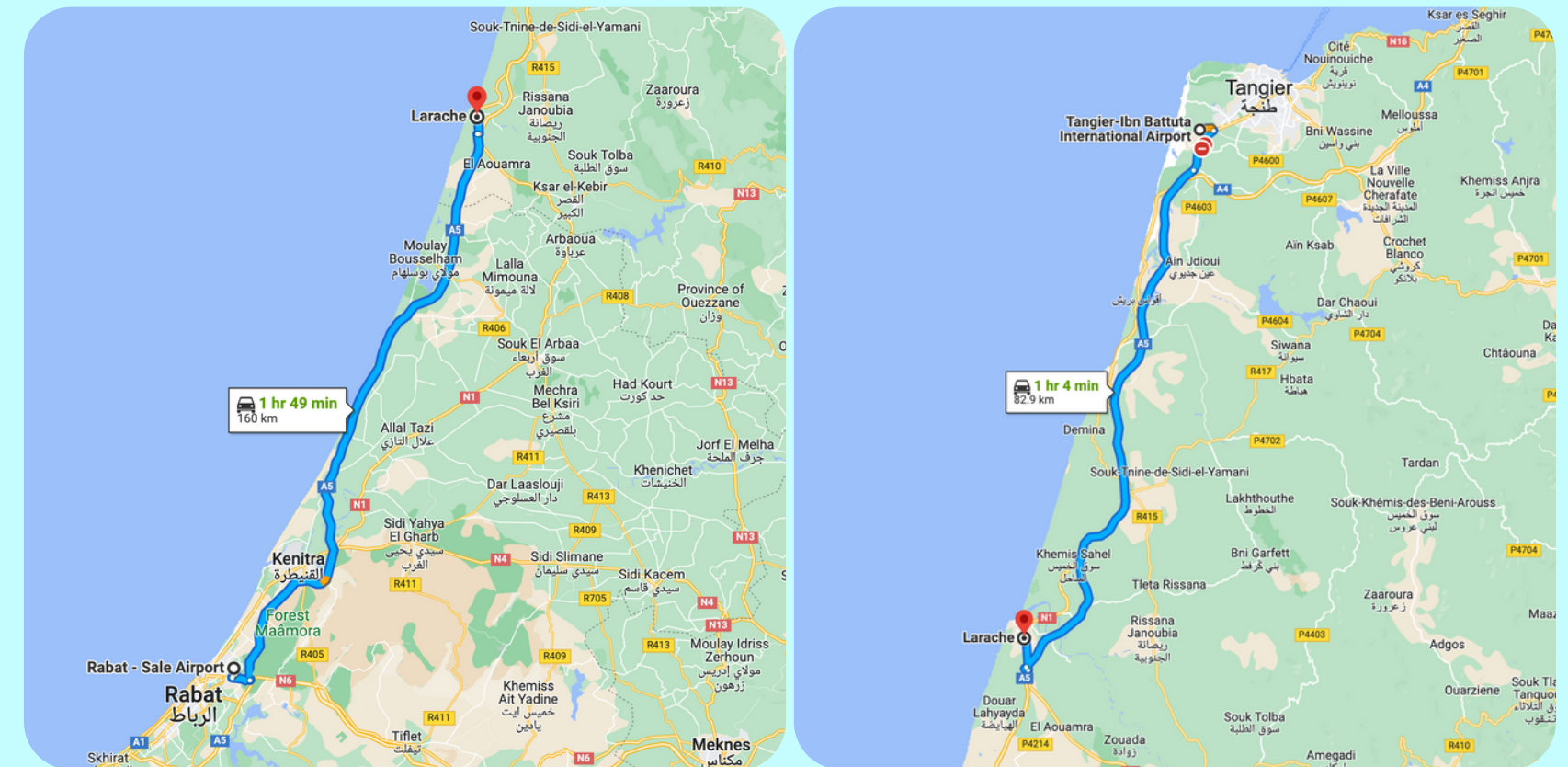
HOW TO REACH THE VENUE

Once you arrive at the airport in Morocco with your country team, your transportation will be organized by the host organization. It will take around one hour to get to the venue from the airport of Tangier, and two hours from Rabat airport. Another alternative would be to take a bus from Malaga to Once you are at the airport, please, contact Anna or Chems (Numbers below). In case you come alone, we will be expecting you for dinner on the 12 st of January at Foudouk Zeljou. Address is : Souk Sghir, Larache, Morocco. Dinner will be served at 20h.

ENTRY MEASURES

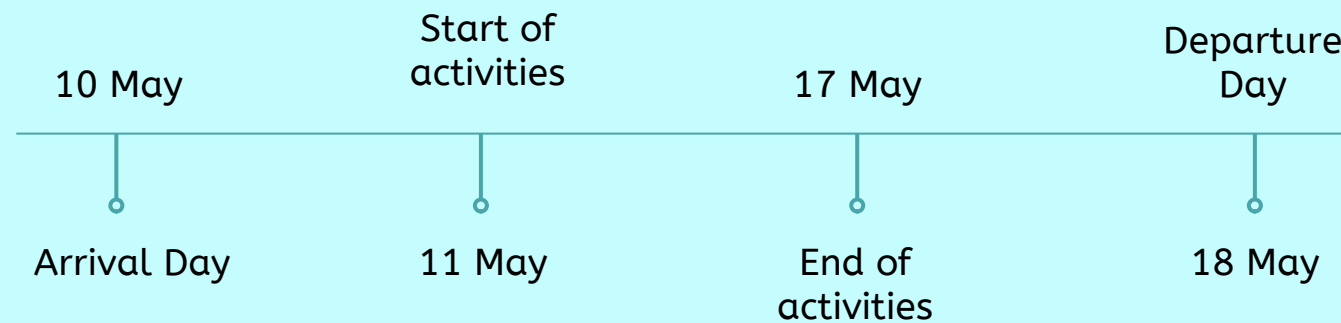
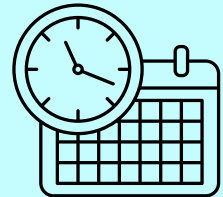
To enter Morocco, you are not required to fill out any form; however, in case of changes, please stay updated with the national travel restrictions.

For updates, you can always visit the website of the National Agency of Airports in Morocco.



ERASMUS+ PROFESSIONAL DEVELOPMENT ACTIVITY

PROJECT TIMELINE

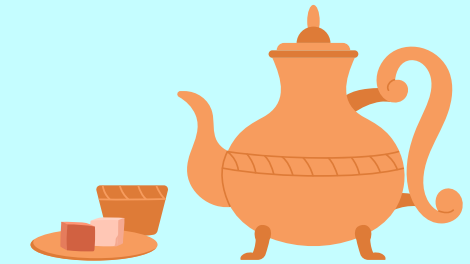


ACCOMMODATION

Two, three, or four participants of the same gender and from different countries will be sharing the same room in Hotel Chommis, 15 minutes walk from the project venue.



GENERALLY, WHAT TO BRING FOR MOROCCO?



- May will be warm in Morocco, be sure to bring suitable clothes taking into consideration the cultural appreciation of the country, if you have any questions about that, reach out to us;
- A towel, and hygienic products (shampoo, shower gel);
- You can also find ATMs everywhere in Larache, no need to take out money at airport or change before coming to the country;
- At the airport, you can buy a SIM card of either Maroc Telecom or INWI or Orange, and you can charge it with 1GB for 10 MAD (1€);
- Good mood, ideas, and a lot of energy!



Conditions of participation

Participation in the project is free of charge. Meals and accommodation will be covered by the project budget. Travel costs are reimbursed within the maximum reimbursement amounts listed on the right. Make sure that your travel dates are maximum of two days before and after the project takes place for budget wise.

Participants will receive the travel reimbursement via bank transfer within 2 months after the end of the project upon received of all participant's original and scanned copies of their travel documentation, flight receipts indicating prices, and boarding passes of each flight taken.

MAXIMUM AMOUNT OF TRAVEL REIMBURSEMENT PER COUNTRY PER PERSON

Sweden	480 €
Latvia	480 €
France	225 €
Germany	310 €
Belgium	225 €

Once you arrive to Morocco, with your country team, your transportation to/from the airport will be organised by the host organisation without additional charges. It will take around 1 hour to get to Larache from the airport of Tangier. If you come before the 10th or stay after the 18th, transportation costs to and from the airport will be on your charge. We can always help with finding other alternative transportation means.

It is highly recommended to fly in groups since the host organization will only conduct group pick-ups. Make sure to communicate flight reservations with the organizers before booking. We will make a WhatsApp group to facilitate logistical arrangements for the project.

NEXT STEP

Having this info pack means that you are already selected for the project, therefore, we need you to go through the following:

1. Fill in this participation form if you did not do it yet;
 2. Purchase medical insurance that will cover your medical costs in Morocco in case of health issues and accidents (check with your home insurance if it cover travel insurance, most companies do);
 3. Send your digital travel tickets and medical insurance to ouiam.q@framtidstaget.se
 4. Keep all receipts, travel tickets and boarding passes to be handed to Ouiam in Larache, just make sure to scan them or take a photograph before handing them;
 5. Every participant in the project must agree to the rules set in the Declaration of Honour. Therefore, we kindly ask you to read through carefully, and once agreed, fill in, sign and scan and send them to same email above.
- If you have a connecting flight, we recommend that you choose tickets from the same company so that you have insurance in case one of the flights is delayed or cancelled; Better to book flights from their original companies;
 - Look for tickets to the Tangier Airport, which is closer to Larache. If there are no flights to Tangier, it is also possible to arrive at Rabat-Sale Airport;
 - We reimburse only the most budget tickets available and cover only one extra luggage per country team;
 - You can stay up to 2 extra days in Morocco before and after the project. In that case, you will have to cover the costs of accommodation and food for the additional days yourself;
 - Please, travel together as a group as it will be easier to arrange transportation to/from the airport.

ZERO ADDICTION

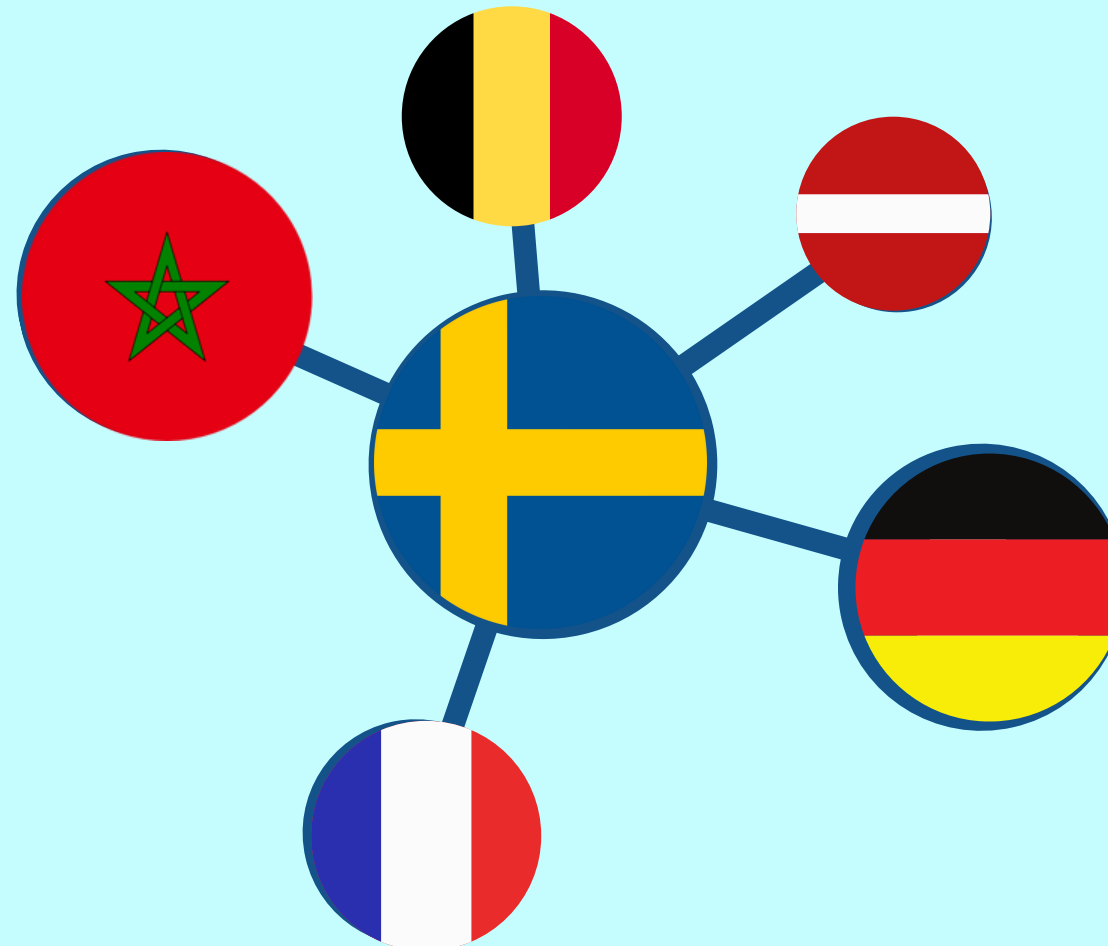
زَيْرُو إِدْمَان

ERASMUS+ PROFESSIONAL DEVELOPMENT ACTIVITY

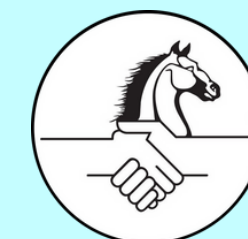


PARTICIPANT ORGANISATIONS

Föreningen Framtidståget
Future Train Larache
Miromida
Future Train Paris
Verbund Sozialer Dienste
Vent Debout



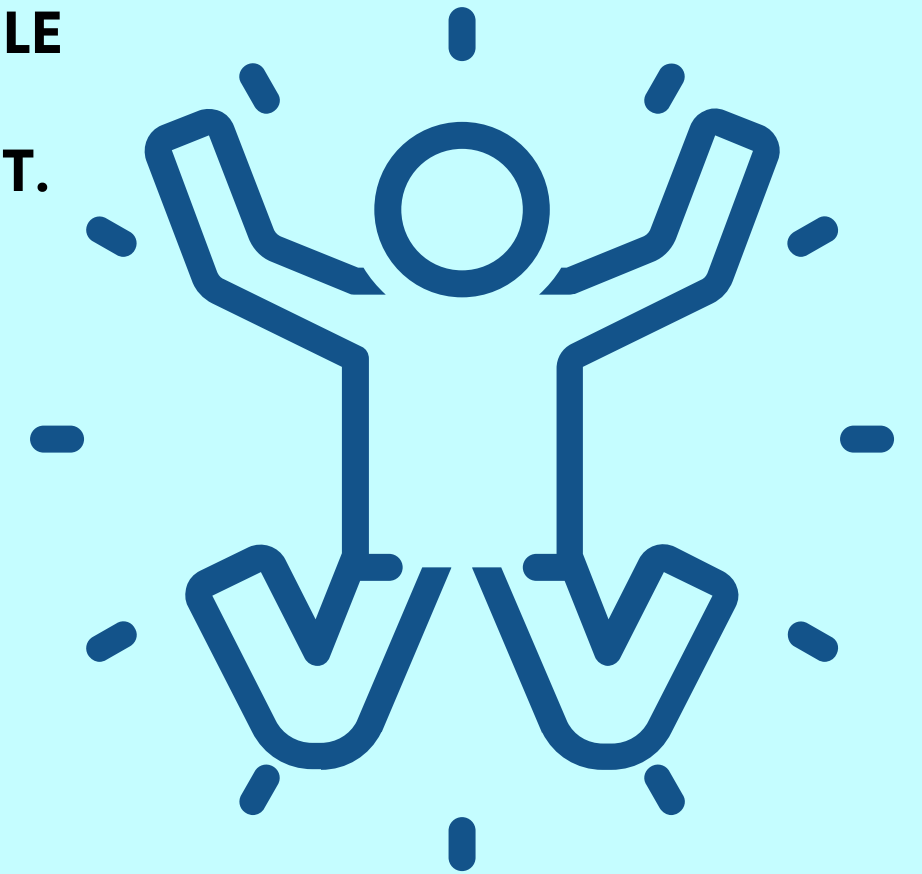
Sweden
Morocco
Latvia
France
Germany
Belgium



MIROMIDA

DON'T FORGET!

**YOUR ENERGY, GOOD MOOD, WILLING TO SHARE WITH THE OTHERS WHILE
ALSO FOCUSING ON PERSONAL DEVELOPMENT AND SKILL ENHANCEMENT.
ADDITIONALLY, BE OPEN TO ESTABLISHING NEW PARTNERSHIPS AND
COLLABORATIONS DURING THE COURSE.**



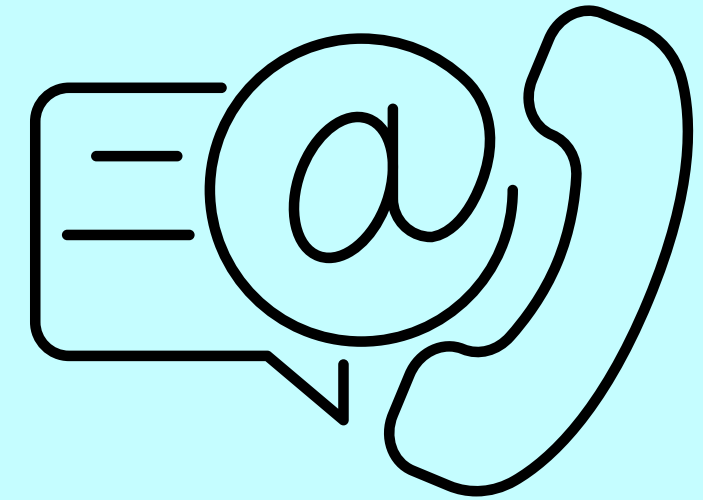
ZERO ADDICTION

زَيْرُو إِدْمَان



ERASMUS+ PROFESSIONAL DEVELOPMENT ACTIVITY

FOR MORE QUESTIONS PLEASE CONTACT :



Project coordinator: Ouiam EL QANDIL

ouiam.q@framtidstaget.se

WhatsApp Number: +212659756989

ZERO ADDICTION

زِيْرُو اِدْمَان



ERASMUS+ PROFESSIONAL DEVELOPMENT ACTIVITY

STAY CONNECTED

