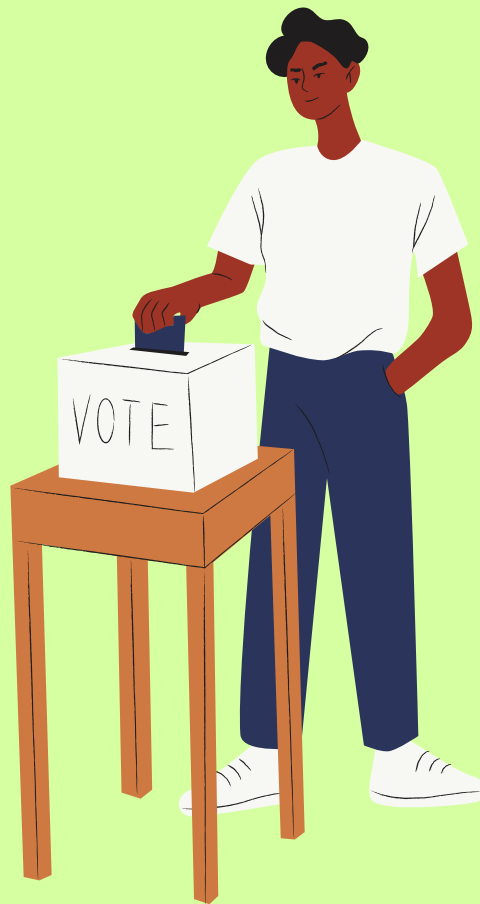


Democracy matters: Euro-Mediterranean Youth work empowering and engaging young people in democratic participation.



**Co-funded by
the European Union**

Focus

The objectives of this course is to focus on promoting inclusive democracy within the Euro-Mediterranean contexts through various strategies involving youth engagement, critical thinking, and collaborative projects. The key points include:

1. Explore the significance and the practice of inclusive democracy and human rights in the Euro-Mediterranean contexts;
2. Develop youth work competences supporting critical thinking and civic engagement, thus empowering young people in inclusive democratic participation;
3. Exchange youth work practices and encourage collaborative projects that uphold democratic values, empower young people and promote dialogue with decision-makers;
4. Establish support mechanisms to address burnout among activists and organisers, promoting mental health awareness and resilience-building strategies to sustain long-term engagement in democratic processes.
5. Foster cooperation strategies within the Erasmus+ programme, especially in the Euro-Mediterranean area, creating synergies in areas such as political participation, and civic engagement.

Participants' profile

The project is designed for 26 youth leaders, trainers and youth workers who wish to develop competences and practices promoting democratic participation, based on the principles of intercultural democratic citizenship and human rights education.

The application is open to candidates from registered Erasmus+ organizations (with OID) from the Erasmus+ programme countries and Algeria, Egypt, Jordan, Lebanon, Morocco and Tunisia

Selection of participants will be conducted by the coordination team based on their submitted [Application form](#). Previous experience, youth work background and the potential to develop concrete follow-up will be specially taken into account.

The Organization ID (OID) serves as a unique identifier for organizations/institutions participating in Erasmus+ projects.

It is essential to obtain this code from your organization to support your participation in the programme.



Methodological approach

The course is conceived in ways that require active participation and exchange between participants. The methodological approach is grounded on participants' experiences and builds on concrete actions for the future practice.

The methodology of the training is based on the main principles of experiential learning cycle and human rights education.

It is expected that the impact of the course will be translated by the participant in the use of these methodologies at local and regional level, as well as in the creation of synergies and the increase of cooperation among youth work organisations at the European and Mediterranean level.

This Training Course is prepared and implemented by an experienced team of Euro-Mediterranean trainers with expertise on democratic citizenship and human rights education. The course is logistically supported by AHEAD's staff.

Throughout the course, participants will be guided in developing their Youthpass to reflect their enhanced youth work competences.

Dates and venue



- Training Course Arrival day: on Wednesday the 1st May 2024 - (afternoon)
- Training Course Departure day: on Wednesday the 8th May 2024 (morning).



The Training Course will be hosted in Vic (Barcelona)

The selected participants will receive further details on how to reach the venue.

Financial arrangements

Full board and accommodation for the duration of the Training Course will be provided by the organisers.

There is an enrolment fee of 35€.

The travel costs will be reimbursed up to the Erasmus+ programme rules. Green travel is encouraged and economically supported. Selected participants will receive an Infopack with further details

Visa Costs will be reimbursed at the 100%

Do not book your travel until your participation has been confirmed!

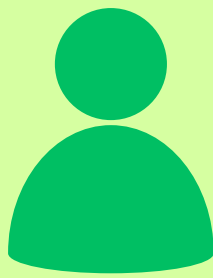
Deadline for sending your application is the 16th of March.

Hosting organization

Based in Barcelona, AHEAD supports since 2009 youth work, intercultural dialogue and human rights education as conditions to strengthen the commitment towards a culture of peace, environmental and global justice, democratic citizenship and solidarity among communities.

AHEAD holds the Erasmus+ Accreditation and the ESC Quality Label. It has a sound experience on youth workers' mobilities, youth participation activities and non-formal education tools and methodologies working on inclusion projects with young people from diverse cultural backgrounds, creating dialogue opportunities and synergies with Civil Society Organisations, and the public administration representatives.





Contact us!

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Project implemented with the support of the European Commission in the frames of the Erasmus+ Programme.

Its content does not necessarily reflect the position of the Commission in this issue, and does not compromise in any way the responsibility of the Commission.



Erasmus+