

# LISOFI

## LI SOCIAL FILMATURI / THE SOCIAL DIRECTORS

Mobility for Youth Workers



Trapani, Sicily (Italy)

13th - 22nd March 2024  
(arrival/departure days included)



Co-funded by  
the European Union



# The Trailer

## ❖ NAME “LISOFT”

Trailblazers Network Trapani Erasmus Generation APS (from now on TNTEG), applicant organisation, created this name in order to fulfill different social goals:

- the promotion of the territory and its linguistic heritage: the **Sicilian Language**;
- the need of international understanding on the topic through english language.

## ❖ AIM

Empower NGOs, Youth Workers and Youth by equipping them with essential video making/editing skills.

That will allow them to create professional, better designed and targeted videos with equipment they already have, so called “**GUERILLA FILMMAKING**”.

## ❖ GOALS

- Promote NGOs, YWs and Youth:  
Work, projects, activities, initiatives, etc.
- Attract partners and volunteers,
- Generate impact on important social issues.

## ❖ METHODOLOGY

(non-formal education):

- learning by experience and hands-on work,
- group work, exchange of experiences and intercultural learning,
- using digital tools and innovative methods for media literacy education developed by the Trainers,
- “challenges” and assignments, mentoring and feedback.





# The Genre

---

- ❖ During the Youth Training, there are morning & afternoon sessions planned.
  - Mornings are mostly focused on video creation assignments and reflection;
  - Afternoons for input and practice;
  - Evenings may be necessary too for the tasks (but always for extra fun!).
- ❖ There is no need for expensive media equipment, you will be working with your media equipment resources, learning how to create video productions with the same materials that you will be working with back in your local reality.
- ❖ The program does not include touristic trips and free days, therefore in case you are interested in such possibilities we invite you to plan them for yourselves by arranging (at your own costs) some days before or after the youth training.



# The Plot

---

## 1. Online Tasks:

From the selection,  
to the start of the TC:  
13th March 2024

We start asking you the  
video-presentation and the  
description of one key competence  
in order to select you.

Once selected we will assign you  
some small creation like the video  
about the trip.

## 2. Training Course (TC):

From 13th March,  
to 22nd March

We will make so many videos to learn,  
have fun, raise awareness, help locally!  
There will be several tasks in order to  
improve knowledge and immediately  
apply also in the service of the local  
community.

## 3. Local Action:

From the end of the TC:  
22nd March,  
to May 2024

The time to give back to the place  
you come from and/or the  
organisation that sent you  
(this is why is so important to be  
connected with the sending  
organisation or, at least a local  
initiative).

---





# The Actors



You have the incredible opportunity to be part of the exclusive group of 30 individuals if you...:

- Are over 18 years old, bringing a wealth of experiences and perspectives to the table.
- Embrace the role of a youth worker or staff member from one of our partner organisations or a member of a non-profit initiative.
- Demonstrate a genuine interest in exploring the integration of new technologies, particularly video production, into your professional endeavors.
- Carry an eagerness to learn and a commitment to further developing your skills in the art of video making.
- Stand ready to immerse yourself in an intercultural environment, showcasing your willingness to face challenges head-on during a high-speed training course filled with hands-on assignments.
- Resident of: Greece, Czechia, Germany, Norway, Poland, Romania, Bulgaria, Spain, Latvia, Italy, Sicily;
- Committed to all the video tasks.

Want to join?  
Here the link!



**APPLY**  
**NOW!**



# The Selection

## ➤ REJECTED:

do not get it personal and keep in touch for other occasion (we can add you on our broadcast and mailing list for the next projects);

## ➤ APPROVED BUT...

in the waiting list: you may be lucky, or not. Just be a little bit patient, we will update you asap, as long as you are still interested;

## ❖ YOU ARE IN!!!

Congratulations! Now time to finalise the joining with few more steps:

- Filling the form to enrol in the association (a legal requirement);
- Sending the fee connected with joining the association and the project →
- Booking:
  - all the tickets, to avoid the increasing of the costs;
  - the accommodations (covered for the green travelers only).

50€ in total!

## ❖ About the Fee:

- It has to be paid before confirm you are finally IN!
- It is a way to cover our organisation costs and the project
- It ensures commitment about the coming, avoiding a list of “perhaps people” that may damage those more proactive therefore...
- It IS NOT reimbursable!;
- In Special Cases we reduce it. Ask your sending organisation first!
- It makes you one of us for 1 year with:
  - facilitate selection for future projects,
  - easier collaboration and discount in case of new application to our projects.
  - And much more!



# The Shooting

## Arrival Day: 13th March 2024

CHECK IN: at maximum 10:00PM

- ❖ Coming earlier than 13th may be possible but not covered.
- ❖ In exceptional cases is possible to arrive on the early morning of the 14th, as the activities will start at 9:30AM.

### 14th-15th

Getting media literacy skills and tools, and practice them instantly through media assignments media skills.

### 16th

Putting in practice media skills, creating the first social promotional video.

### 17th-18th-19th

Scout:  
investigate needs and return to:

- Film the initiative;
- Edit the video.

### 20th-21st

Showcase results.  
Plan the Local Action Phase.  
End of the training.

## Departure Day: 22nd March 2024

CHECK OUT: at maximum 10:00AM

- ❖ If necessary, the participants may leave on the 21st from the late afternoon, around 6:00PM, after the last activities.



# The Studio



## ❖ DIVINO HOTEL (web link)

### ➤ The facility has/provides:

- Activity area;
- private garden;
- Bar-restaurant;
- internet access.

### ➤ Rooms and toiletries:

- Triples and quadruples with private bathroom;
- Special needs/requests about that may require extra contributions;
- Distribution in the rooms will be being made on the classic gender basis (unless the participants will accept differently and the need to mix arises);
- Bed sheets and towels are provided BUT will be changed only once or twice (additional changes will be individually paid).
- We recommend to bring one or two personal extra towel.

## ❖ Food:

- The food will be manly vegetarian according with season availability (so called slow food) and Sicilian/mediterranean traditions (mainly provided by hotel);
- Dietary needs taken into account;
- full board meals covered each day (except arrival/departure days);
- plus 2 coffee brakes;
- Soft and alcoholic drinks NOT provided.

## ❖ Local transports

Covered ONLY for the activities

(for any other thing like leisure time we will try to help but is not guaranteed).





# The Equipment

It is essential to bring with you your personal equipment. We will not provide the equipment, so the effectiveness of your learning and the training course itself can be increased if you work with tools you already know and have.

## ◆ USEFUL TO BRING:

- Smartphone, Video or Photo Camera with filming function;
- Memory storage (or external hard drive);
- Laptop with photo and video editing software;
- Media gadgets and props: tripods, octopus pods, microphones, lights etc;
- Chargers, card-readers, cables, etc.

If you have any equipment that you do not know how to use you can learn by sharing!





# Extras

## ❖ NICE TO TAKE WITH YOU:

- Food and/or drinks of your culture to share during the relaxing time. That participants are more than welcome to create moments for sharing their own culture, especially through food.

## ❖ BETTER TO REMEMBER:

- Personal hygienic products,
- Flip flops,
- House shoes,
- Slippers,
- Comfy clothes according to the weather,
- Medicines according to your health and needs.
- Extra towels
- Food box and reusable bottles.

## ❖ YOU MAY ADD TO YOUR TRAVEL:

- Travel insurance,
- Extensions/cancellations extra fee,
- Additional Medical insurance,
- Luggages (8-12 kg should suffice).

## ❖ CANNOT BE FORGOTTEN!

- National Identification Card / Passport;
- European Health Insurance Card (or other insurance).





# The Production Budget

- ❖ **STANDARDISED COVERAGE AND TIME**, based on the distance and the type of travel.  
IS NOT POSSIBLE to be reimbursed more than the maximum given by the ERASMUS+ rules (of 23rd Feb 2023).  
In all cases only Economy is reimbursable.

Distance Band	Countries	Normal Travel		Green Travel	
		€	Max duration	€	Max duration
0 - 9 km	Sicily (Trapani area)	0 €	2 days	0 €	4 days
100 - 499 km	Italy	180 €	2 days	210,00 €	4 days
500 - 1999 km	Greece, Poland, Germany, Czechia, Romania, Spain, Bulgaria	275 €	2 days	320,00€	4 days
2000 - 2999 km	Norway, Latvia	360€	3 days	410,00 €	6 days

- ❖ **FROM WHERE TO WHERE?**

- General rule:

- Departure and returning place **MUST BE THE SAME!**

- Special cases:

- the two places can differ for good reasons: working, studying, personal/family matters, etc. **proof of that are required!**

- ❖ **STOPS ON THE ROAD AND MEALS:**

- **ONLY THE GREEN TRAVEL** allows stops on the road with accommodation and meals covered.

- With the Normal Travel only the transports will be covered.

- ❖ **TIME ALLOCATION:**

You can come max 2 days before the TC or leave max 2 days after the TC, but the total amount of the days that are not part of the programme is max 2 days. During these extra days, you have to find and cover your own accommodation and other expenses. If you decide to stay more than 2 days longer than the official programme, you will have to cover the travelling expenses yourself.



# The Documentation

## ❖ NECESSARY TO COLLECT

### ➤ Collect all the travel documents:

- Invoices,
- Reservations,
- E-tickets,
- Boarding passes,
- bank/card transactions,
- If travelling by car do not forget:
  - Petrol station receipts,
  - Road tolls.

### ➤ BOTH:

- in paper and
- digitally;

### ➤ Make copy immediately after each transaction

(especially about tickets as they can be easily not anymore accessible after the date of the travel) and

### ➤ upload them on a digital storage;

### ➤ Paying by card and/or online ensures simpler access to the proofs (but is not compulsory and not always possible).



# The Greener

We are committed to several green action to reduce the impact produced by the project.

One of the most relevant is about the means of transport...

Green kilometres	Non-green kilometres
local public transports (ATTENTION! The tool may not work inside the same city)	Cruise ship
Trains, buses	Airplane
<b>CAR (special case)</b>	
<ul style="list-style-type: none"><li>Car-pooling<ul style="list-style-type: none"><li>as passenger</li><li>as driver with at least one participant</li></ul></li></ul>	<ul style="list-style-type: none"><li>Car alone<ul style="list-style-type: none"><li>as driver</li><li>As driver but without participants (not even one)</li></ul></li></ul>

❖ **How does it work:**

For the full travel to be considered GREEN, at least 51% of it must be done with the Green means of transportation: this allows to make one trip slower and one faster still enjoying more days and places!

❖ **How to plan the trip:**

- Use the [Erasmus Distance calculator](#) to calculate the distance between each stop.
- Try to avoid excessive detours (work with segments from the departure to each stop to the arrival point and back).

❖ **More info about reducing carbon footprint?**

Click here [here](#).



# The Directors



Panagiotis Mamouzakis,  
Trainer



Katerina Mitrakou,  
Trainer



DIRECTOR

Experienced Trainer and Youth Worker with more than 10 years in the field of training and video making. He is the co-founder of “Break the Couch”, a group of filmmakers focused on linking new media with the field of youth work.

In his work, he uses new media (social media, video, photography etc.), assignments, games, outdoor activities and other work forms.

Forever seeker of knowledge and sworn DIYer, who denied her life as a lawyer and tuned in her real calling for making things and making things happen.

During this journey, she studied video and 3D animation for a while, which won her heart because they always leave some space for a no-cost DIY solution.



# The Assistant Director

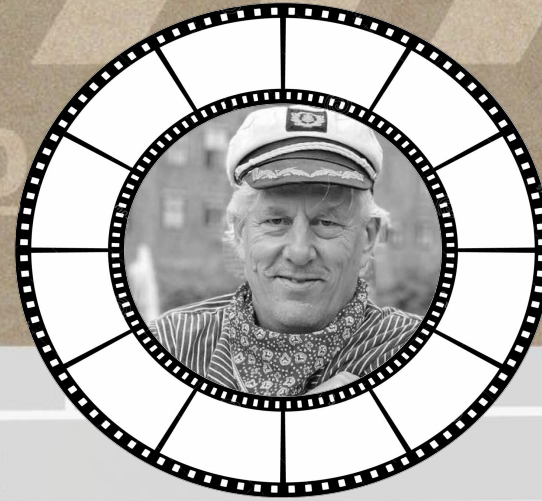


Hanan Alkilani,  
Hidden Member



The social media responsible of TNTEG. She took care of the infopack style and the online promotion. She will operate behind the monitor to share the contents of the project all along the development. Veteran of one of the last edition.

Matthias Schrenk,  
Team Member



Veteran of the project with many years of experience in organising international activities. Will be like a big brother (in the good way?) helping, assisting, monitoring for all aspect, from fun to education. The NGO he represents hosted one of the last edition of this training (maybe you recognised him in the video?).

Elżbieta Bronisz,  
Team Member



Another veteran of this project with a background as professional educator. She will be like a big sister for everyone, helping with Matthias for any possible needs. The NGO she represents hosted one of the last edition of this training.



# The Executive Producers



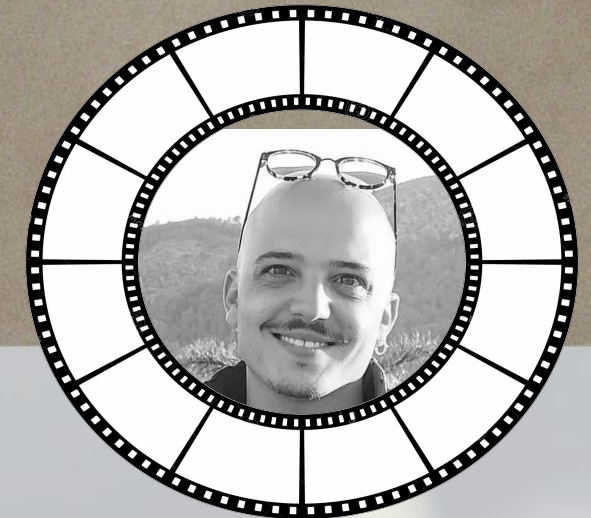
Federico M. Chiarello,  
Facilitator



Roberto B. Caputo,  
Facilitator



Antonino Carpitella,  
Facilitator



The representative of the applicant organisation, TNTEG. He took care of all the logistical aspects and local agreements to ensure a quality and educative time. He has a long experience as cultural ambassador and manage most of the aspects of the organisation. Veteran of 2 edition.

The contact person of the applicant organisation.  
He is the most experienced member of TNTEG team about leading groups for project and will mainly take care of fun and relaxing time all along the project. Veteran of one of the last edition.

One of the founder of the organisation. He will mediate between logistical needs and free time activities. Long experience in the education field, dedicated to teaching in multicultural contexts with focus on entrepreneurial skills and comparative legal-religious systems.



# International Awards

A the end of the activities all the participants will receive a



**Youthpass**

(click on the icon for more info)

**Which is based on the Key competences,**  
(this is why we ask you a video about them)

We also make an additional Certificate of our organisation  
On top of that, if possible, we will also make a small gadget, will be a surprise, perhaps...



# IN ASSOCIATION WITH

Roes	Greece, Attica, Athens	<a href="http://roes.coop">roes.coop</a>	Email: <a href="mailto:roes.cooperativa@gmail.com">roes.cooperativa@gmail.com</a>
INspire	Czechia, Moravia, Brno	<a href="http://czechinspire.eu">czechinspire.eu</a>	Email: <a href="mailto:info@czechinspire.eu">info@czechinspire.eu</a>
ENSIS European Network for Social Innovation and Solidarity	Germany, Lower Saxony, Lüneburg	<a href="http://ensis.network">ensis.network</a>	Email: <a href="mailto:contact@en-sis.eu">contact@en-sis.eu</a>
AlumniReact	Norway, Møre og Romsdal, Volda	<a href="https://facebook.com/AlumniReactVolda">facebook.com/AlumniReactVolda</a>	Email: <a href="mailto:alumnireact@gmail.com">alumnireact@gmail.com</a>
KOBIETY	Poland,, Łódź	<a href="https://facebook.com/people/KobieTy">facebook.com/people/KobieTy</a>	Email: <a href="mailto:projects.kobiety@gmail.com">projects.kobiety@gmail.com</a>
Tinerii 3D	Romania, Oltenia, Craiova	<a href="http://tinerii3d.ro">tinerii3d.ro</a>	<a href="mailto:contact@tinerii3d.ro">contact@tinerii3d.ro</a> Email:
Smokinya Foundation	Bulgaria, Plovdiv	<a href="http://smokinya.com">smokinya.com</a>	Email: <a href="mailto:info@smokinya.com">info@smokinya.com</a>
Tickets2Europe	Spain, Galicia, Pontevedra	<a href="http://ticket2europe.eu">ticket2europe.eu</a>	Email: <a href="mailto:info@ticket2europe.eu">info@ticket2europe.eu</a>



# Credits, contacts



## Find and Follow us:



Main: [Tnterasmusgeneration](#)

Extra: [ErasmusTrapani](#)



Main: [tnt.erasmusgeneration](#)

Extra: [trapanierasmus](#)

## To contact us (preferably by email)



[tnt.erasmusgeneration@gmail.com](mailto:tnt.erasmusgeneration@gmail.com)

Please remember to write as object: “ Prj. LISOFI ”



Co-funded by  
the European Union