



Youth Work Hillgrimage

Pitlochry, Scotland 4/12/23-12/12/23 (includes travel days)

LEAP
sports



With the support of
the Erasmus + Programme
of the European Union

Youth Work Hillgrimage Training Course
2020-3-UK01-KA105-094384

An immersive and experiential training course focusing on hillwalking as an outdoor learning methodology for improving the skills and training of those who work with young people.

Project type: Erasmus+ Key Action 1. Mobility of Youth Workers. Youth Workers' Training & Networking

Activities: Training event for youth workers

Location: _____, Scotland 02/09 - 10/09/2023 (includes travel days)

Context

The project is aiming to highlight the importance of outdoor learning in youth work. Particularly since Covid-19, outdoor work has been under-prioritised in youth work. We aim to develop youth workers and group leaders capable of changing this, and to encourage sustainable outdoor activities in youth work across European organisations generally.

The training course will promote and enable accessible and inclusive youth work, and develop practice of youth workers. The training course will also provide an opportunity to build relationships and to help youth workers to network with youth work practitioners from across Europe.

Objectives

- ▶ To increase awareness of the importance of outdoor skills development in young people in communities of participating organisations.
- ▶ To improve the quality of youth work by developing creative non-formal learning activity within an outdoor learning framework.
- ▶ To develop competences of youth workers and improve their professional development journey.
- ▶ To develop the capacity of youth work organisations to deliver sustainable, outdoor youth work and build a community of practice.
- ▶ To explore ways to embed wellbeing and self-care into programme delivery.

Methods

- ▶ The course methodology in this training is based on experiential learning and non-formal education, in an atmosphere where participants can learn from each other (peer learning) and feel empowered to share their experiences, and critically examine their practice.
- ▶ Some sessions will be worked in small groups and the theoretical topics both in plenary and small group. Spaces for participants to share experiences will be provided in order for the participants to be more actively involved in the course.
- ▶ Practitioner reflection and planning time will be built in within peer groups and individually.
- ▶ The project involves one mobility activity - a training course. Youth workers will climb and explore hills as an immersive experience whilst exploring outdoor methodology. The exploration (the hillgrimage) will be led by youth workers who are already on their own training journey in this area and who have already successfully delivered a course using the same methods to youth workers based in Scotland.

Participant Profile

- ▶ Youth workers who are already experienced in local level youth work. We are looking for people with active membership in their organisations, including leadership positions. Participants should be ready for self-learning initiatives, to involve themselves in the work with the goal of passing the information on to others.
- ▶ We are also looking for some non-formal education trainers with Erasmus+ experience.
- ▶ Ability for physical activity sufficient to complete the course
- ▶ 18+
- ▶ Able to work in English.
- ▶ Can make concrete commitments to take forward the learning in your own organisation or community or setting.

You do not need to be an experienced hillwalker already, but you will be walking a lot over the course of the week and should have a good level of health and fitness to be able to undertake this.

Participating organisations

ORGANISATION	COUNTRY	#of PERSON	MAX. TRAVEL BUDGET PER PERSON
LEAP SPORTS SCOTLAND	Scotland, UK	2	€20
Udhetim i Lire	Albania	2	€360
Youth Empowerment Centre	Greece	2	€360
Youth4Youth	Italy	2	€275
Youth Spirit Centre	Jordan	2	€820
Mano Europa	Lithuania	2	€275
World of Change	North Macedonia	2	€360
Sztukater Association	Poland	2	€275
ATIC	Romania	2	€360
Youthfully Yours SK	Slovakia	2	€275
Associacio Cultural Tabala	Spain	2	€275
Social Factory	Turkey	2	€530
Social Effect	Lithuania	2	€275



Location

Training course will be held in Pitlochry, a town situated in the southern part of the Scottish Highlands. We can't promise snow in December.

Venue and Accommodation

- ▶ Participants will be staying in the Hostelling Scotland venue in the town through the whole duration of the project. We will have exclusive use of the venue. All meals provided as part of the project.
- ▶ Beds are in dormitories and there are no single rooms, so this is not a project which is suitable for anyone who needs their own room. Wi-Fi is free and good.

Address: Pitlochry Youth Hostel, Knockard Rd, Pitlochry PH16 5HJ

How to get to the venue

- ▶ Arriving in Scotland you are most likely to arrive at either Glasgow Airport or Edinburgh Airport. From both airports you can get to the city fairly easily and quickly and from there you can take a train or a bus to Pitlochry. It takes a little over 2 hours by train from Edinburgh and a little under 2 hours from Glasgow.
- ▶ You can also fly to somewhere in England and take a bus or train to Scotland, but it can be a long journey and can be just as expensive as flying. Get in touch with the team if you need advice.
- ▶ Arriving in Pitlochry by either bus or train, it is easy to walk to the hostel.

Finance, insurance and reimbursement

- ▶ This project is funded by the Erasmus+ programme allowing us to cover transportation, accommodation, food and training costs for the selected participants. Travel will only be paid up to the maximum amount in the previous table.
- ▶ Due to the daily transport requirements, there is a contribution fee of €50 which will be deducted from the reimbursement of travel costs.
- ▶ Reimbursement of travel costs can take up to one month to complete, but usually much more quickly if all paperwork is in order and travel costs have been approved by us in advance (so consult with us before booking).
- ▶ Participants should use the cheapest means of travel and booking direct with airlines is always recommended. Flight tickets must be accompanied by boarding passes for reimbursement. PDF documents and scans of documents are ok, but photographs are not.
- ▶ It is possible to stay up to maximum 2 days before and/or after the training course at the participants own expense and responsibility providing that the travel costs are not higher than the dates set.
- ▶ Participants are expected to ensure that they have health insurance in place.
- ▶ For those who require visas, you should ensure that you apply for these with good time. There is some budget for visas, but not for expensive contact centres to accelerate late applications.
- ▶ At the time of writing there are no additional covid-19 requirements or restrictions but we will keep participants updated.

Process for application



All queries to info@leapsports.org