

**SAN MARCO D'ALUNZIO - SICILY**  
**17 - 24 NOVEMBER 2023**

# **IN RURAL WE TRUST**

TRAINING COURSE



Comune di  
**San Marco D'Alunzio**



Co-funded by  
the European Union



Inesto invites rural pioneers from all over Europe to participate in its first Training Program.

**In Rural We Trust** is an international Training Course focusing on the topic of rural development through increasing the dimension of youth work; it will gather **22 youth workers** from **Italy, Spain, France, Turkey, Greece, Ireland, and Poland** and it will happen in **Sicily, Italy** from the **17th to the 24th November 2023**.

The project has been created together with international partners and with the **Municipality of San Marco D'Alunzio** where it will be implemented, together with the participants will work on the development and integration of good practices and new methodologies of non-formal education activities that will benefit the youth workers and their rural communities.

At the end of this **6-day program**, you will have acquired new skills, and new knowledge to become a **Village Facilitator** in your region.

We will explore and learn about the figure of:

## VILLAGE FACILITATOR

a professional who is able to



**COORDINATE PROJECTS  
AND ACTIVITIES IN RURAL  
AREAS**



**BEING THE BRIDGE  
BETWEEN THE LOCAL  
COMMUNITY AND  
TEMPORARY INHABITANTS.**

VILLAGE FACILITATOR



### **CAPACITY BUILDING FOR YOUTH WORKERS**

Equip 22 youth workers with innovative tools for non-formal education, experiential learning, and social entrepreneurship. These tools will enhance their work with rural communities.

### **BUILDING STRONG COOPERATION**

Create a collaborative network with partners and participants over 8 months, fostering strong cooperation and sustainable partnerships.

### **ENGAGING RURAL YOUTH**

Involve at least 80 young people from 8 rural communities in long-term local activities and workshops organized by the participating youth workers.

### **YOUTH COMMUNITY NETWORK**

Establish a network of youth communities in rural areas for sharing best practices and promoting cooperation among young people.



The Training Course will follow the **non-formal education** methods, participants will actively participate in the working sessions, which will be presented with different approaches such as:

### **EXPERIENTIAL LEARNING METHODS**

Explore new ways to learn and grow through hands-on experiences that engage your team's creativity and self-reflection.

### **OUTDOOR EDUCATION ACTIVITIES**

Connect with nature and enhance team dynamics through team-building exercises in natural settings. Enjoy meditation sessions and hiking to promote well-being and foster a sense of unity among participants.

### **PEER WORK**

Participate in sharing and listening circles, dialogues, and presentations to encourage meaningful exchanges and collaboration.

### **EXPLORE NEBRODI AREA AND LOCAL STAKEHOLDERS**

Discover the cultural richness and social innovation of the region, and explore how your team can make a positive impact on the local community.



At Inesto, we embrace the principle of **co-creation**, and we invite each participant to **actively engage in the experience**. Your unique vibes, talents, and competencies are essential to the success of this journey. Let's come together as a community, sharing our knowledge and passion, to create something meaningful. Your active involvement will not only enrich your own experience but will also have a **positive impact on the local community**.

In our training, we embrace a profoundly participatory ethic. We firmly believe that genuine, **transformative change**, whether at an individual or societal level, can only be achieved through **active personal involvement**. We value the power of action, and through doing, we realize our true potential. Every participant is encouraged to contribute, to work, and to play.

Through our collective actions and open hearts, we cultivate a world of authenticity and meaningful connections, fostering a spirit of collaboration and shared growth.



The training course will take place in **Sicily**, in the town of **San Marco d'Alunzio**. The entire village will be the venue for the activities, some of which will take place in spaces made available by the municipality such as a medieval convent or an art gallery created from the recovery of a building.

We will be hosted to sleep in the spaces of the municipal diffused hotel, a series of small flats dotted around the village.



VENUE



We invite each participant to embark on a journey of valuable experiences. As part of this commitment, we kindly request a small contribution to cover Inesto's annual membership fee. This contribution can be deducted from the travel budget, giving everyone the possibility to participate and ensure your active involvement and dedication to the program.

Each participant is asked to offer a financial contribution, on a sliding scale from 50 to 100 Euros (each person will choose according to possibilities, we value inclusion )

In order to be selected to take part in this project, potential participants need to:

- Take part for the whole duration of the project, from preparation, to follow up
- Disseminate the project's results to the local and international community
- Actively take part in every session of the Training





## 17 November

arrival day,  
till 5 p.m.

## 22 people

from 7  
countries

## 24 November

departure day,  
after 10 a.m.

## 7-9 hours a day

intensive program

## 6 training days

18th - 23st November

## Dec - Jan 2024

Follow up  
Bringing back to your  
community, sharing  
the results, and  
evaluating them

### **IMPORTANT: Less alcohol - no drugs policy**

The practices and activities that will be done during the training require our full mental and physical capacities. Thus, we invite the participants to reduce alcohol consumption and avoid any type of drugs during the whole training duration.



The travels to the venue and back home are covered in line with the Erasmus + program reimbursement guidelines.

Inesto, the hosting organization, will reimburse every participant **ONLY AFTER** having participated for the whole duration of the project and having **provided all the travel documentation** used to the venue and back home (boarding passes, tickets, and all the invoices showing the price)

MAXIMUM AMOUNT: **275€** - travel costs higher than this sum will be on the participant's expenses.

### **Green Travels**

Participants from **France, Poland, and Spain** are eligible for the green travel option with a maximum budget of **320€**. We encourage them to use sustainable transportation like international trains, shared cars (the entire national team together), or buses to reach the venue and travel back home.



We are looking for 22 participants from **Italy, Spain, France, Turkey, Ireland, Poland, and Greece**

We are seeking passionate and dedicated individuals to participate in our project, including youth workers, non-formal educators, mentors, and volunteers who reside or work in the rural communities where our partners operate. Your active involvement throughout the entire project, from the preparation phase to the training course and dissemination, is crucial.

We encourage participants to bring back what they have learned and experienced during the project, creating a lasting impact on their target groups and local communities. Together, let's empower and transform our rural areas for a brighter future.

WHO ARE YOU



In Rural We Trust is funded by the Erasmus + program, therefore food, accommodation, and training are free of charge for participants.

Each participant is in charge of their own insurance for the travel and their stay in Italy out of the frame of the training.

In line with the Erasmus+ program and Italian National Agency, participants are eligible to travel up to 2 days before and after the mobility in Italy and back to your country, or 7 days for green travels.



Inesto is a passionate and innovative non-profit organization committed to creating positive change in rural areas. Through our projects, we bring together artists, professionals, and changemakers to co-create unique and immersive experiences that foster social innovation, well-being, and cultural exchange.

Our mission is to revitalize and empower remote communities by offering creative residencies, art projects, and cultural initiatives. We believe in the power of collaboration and shared growth, making every participant an integral part of our journey toward a more sustainable and interconnected world.



**Paola  
Balduzzi**

Coordinator and  
Trainer



**Matteo  
Bolle**

Coordinator and  
Trainer



**Alessandra  
Spano**

Logistics and Chef



**Francesco  
Cavicchioli**

Trainer



If you feel a deep calling to participate in this training course, please fill the application form available at this link:

<https://forms.gle/Yyogw8RHxadV3Ym37>

The **deadline** for application submission is **20th of August 2023** (included). The selection results will be published at the latest on the 31th of August.

### Contact

Contact Primary contact - **Inesto APS**

Paola Balduzzi (Italy) - project coordinator and trainer  
associazione@inesto.it +39 340 5861136

**Spain** - Viaje a la sostenibilidad - CONTACTO@VIAJEALASOSTENIBILIDAD.ORG

**France** - Association de Développement Rural International du Bas-Ségala - adribsfrance@gmail.com

**Turkey** - Avcala Gençlik Köyü - avcalayouthvillage@gmail.com

**Ireland** - Blackwater Training and Consulting - info@blackwatertraining.ie

**Poland** - Fundacja Rozwoju Społeczności Lokalnych "Inicjatywa" - biuro@inicjatywa.foundation

**Greece** - Active Green Solution - activegreensolution@gmail.com

APPLY HERE

"The best way to predict the future is to create it."

- *Peter Drucker*



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