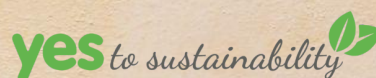
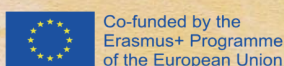


FEASY

Facilitation Empowerment And Sustainability for Youth

TRAINING COURSE
JULY 2-9, 2023
Molino de Guadalmesi, Spain

CALL FOR PARTICIPANTS



PROJECT DESCRIPTION

Facilitation made Easy, focused on sustainability oriented projects led by young people. This training is for youth workers that want to improve their group facilitation skills and interested in learning from the experience of ecovillages in the field of education for sustainability, fair governance and social inclusion.

The experience of living in community offers the opportunity to develop specific skills in group facilitation, including several soft skills linked to emotional intelligence, transformation of conflicts, co-creation and deep connection. The ability to make decisions in groups is a highly appreciated skill in ecovillages, and is at the core of a healthy, long lasting community. Also, to improve one's ability to inhabit a group is very useful to develop values like tolerance and inclusion. Learning to keep the balance between the individual and the collective needs (in its different holarchic scales) and keep it in a dynamic equilibrium is an art.

These tools can be very useful for young people that want to start their journey in fields of sustainability and climate action, social entrepreneurship and active citizenship.

METHODS

The methods used will be based on non-formal learning and active involvement of participants and include:

Dragon Dreaming • Deep Ecology • Systems thinking • Flowinout • Embodiment and Dance • Creativity: art and music • Visual Facilitation • Dynamic Governance • Reflection and mindfulness

TARGET GROUP:

This training course is intended for:

educators, teachers, facilitators, mentors, volunteer and community leaders who are interested in having a direct experience of group facilitation techniques and tools for education and participatory collaboration in the way they are implemented in an ecovillage. From: Spain, Morocco, Portugal, Netherlands, Italy, France, Serbia, Slovenia, Hungary, Greece, Sweden and Estonia

FACILITATORS

Johnny Azpilicueta

Group facilitator, trainer, multidisciplinary artist. Over 20 years of experience working with groups, living in community, in sustainability projects.

Goretti Muñoz

Certified group facilitator, biologist and yoga teacher. Erasmus+ projects coordinator teaching Sustainability, Permaculture and cycles of Nature. Very active in the feminist movement.

ABOUT THE VENUE

Molino de Guadalmesí is a Community for Learning founded in 2004 that is always in organic evolution. It is made up of the environment, the fauna and among them... the people that pass through it. In the heart a Natural Park, surrounded by wild nature, to the north by mountains, to the east by the River of Women (Guad-al-mesí in Arabic), and to the south, a short walk from the Mediterranean sea . On the horizon, the Strait of Gibraltar with Africa only 14 km away. In a very humid subtropical microclimate with lots of trees that range from bananas and avocados to cork trees and olives. We are guardians of the treasures that this abundant environment offers us and we're looking forward to welcoming you and to sharing what we learned during these almost 20 years of continuous transformation in community life in intimate connection with nature.

www.molinodeguadalmesi.com

FOOD AND ACCOMODATION

We believe that food is one of the most critical issues to address the challenges of our time. We reflect about the multidimensional impact it has on the health of our body (both material and immaterial), on our society (economical, political, ethical) and on our environment both local and global. All the food will be organic and mainly local, part of it from our own vegetable garden and dairy from the animals on the farm. The diet will be vegetarian with vegan options in every meal.

Lodging will be either in shared bedrooms (bioconstruction houses built by ourselves with natural materials and yurts) or in individual glamping tents in nature. We use mainly compost toilets to avoid water usage and contamination. We allow only the use of biodegradable organic hygiene/cosmetic products in our showers and toilets.



FROM FARM TO TABLE ORGANIC COOKING



TRAVEL AND COSTS

Arrival day is Sunday 2nd of July after 14:00.

Departure day is Sunday 9th July after breakfast.

You need to be able to attend to the full duration of the activity in order to participate. This project is co-funded by the Erasmus+ programme of the EU, which means that travel and participation costs are covered. Participants will have to buy their tickets in advance and will be reimbursed after the activity. If this arrangement is an obstacle to your participation, please let us know. The tickets will be reimbursed up to a maximum amount that depends on the country of residency.

MAXIMUM REFUNDABLE AMOUNTS

210€ Spain, Morocco (green travel*)

320€ Portugal, Netherlands, Italy, France(green travel*)

410€ Serbia, Slovenia, Hungary, Greece (green travel*)

530€ Sweden, Estonia (flying allowed)

GREEN TRAVEL

To reduce the project's environmental footprint, participants from most countries will be asked to avoid flying for traveling to and from the training. Please make sure that you comply with this condition if you apply.

From the countries indicated above, participants traveling green (no fly) will also be refunded for the costs of their accommodation if they need to stay overnight along the way. You will need to provide a proof of payment (tickets, etc.) and the maximum amount is 60€ per night. Please note that this refund is not intended to support holidays or other detours before or after the training. The amount spent will be refunded only if it is part of a coherent travel plan coming from and going back to your place of residence.

HOW TO APPLY

If you want to participate in this training, please fill [this questionnaire](#) before Sunday 28th of May 2023.

Participants' selection will be based upon the information that you share with us in the questionnaire and consultation with the project's partner organisations.