

Agenda of the training course:
“Social and emotional learning for the mental health of youngsters”

	16.07.2023. Sunday	17.07.2023. Monday	18.07.2023. Tuesday	19.07.2023. Wednesday	20.07.2023. Thursday	21.07.2023. Friday	22.07.2023. Saturday	23.07.2023. Sunday	
8:00 – 9:30	A R R I V A L	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:30 – 11:00		BECOME AWARE	CONNECT WITH EMOTIONS	GROWTH MINDSET	ACTIVE (SELF) CARE	PRACTICE PROMOTION OF MENTAL HEALTH LEARNING ACTIVITIES	BUILDING CONFIDENCE OF YOUTH WORKERS	D E P A R T U R E	
11:00 – 11:30 Coffee break									
11:30 – 13:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
13:00 – 14:00		BECOME AWARE	CONNECT WITH EMOTIONS	GROWTH MINDSET	ACTIVE (SELF) CARE	PRACTICE PROMOTION OF MENTAL HEALTH LEARNING ACTIVITIES	EVALUATION & YOUTHPASS CEREMONY		
14:00 – 15:30									
15:30 – 16:00 Coffee break									
16:00 – 17:30		Welcome evening and getting to know each other	Daily reflection	Daily reflection	Daily reflection	Daily reflection	Daily reflection		Daily reflection
17:30 – 18:00									
19:00 – 20:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
21:00 – 00:00		INTERCULTURAL EVENING		NGO FAIR					