

**OK GOOGLE,
TELL ME ABOUT
THE YOUTH**

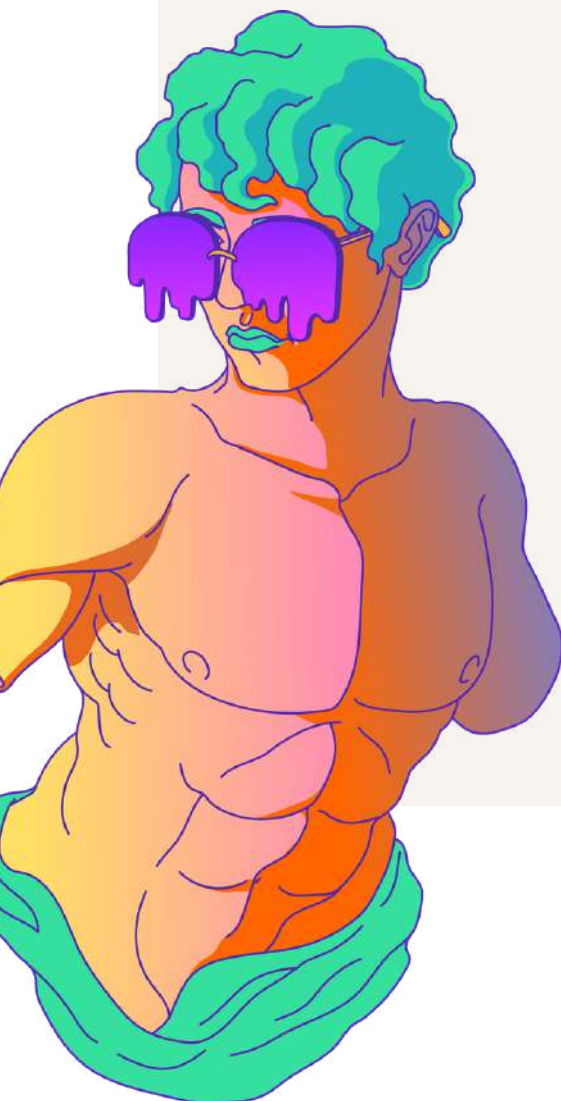
**YOUTH WORKER EXCHANGE
CANDRIAI-ITALY 16-22/06/2023**



WHAT IS A YOUTH WORKER EXCHANGE?

Youth worker exchanges are part of the **European Erasmus+ programme** which offers opportunities to organise projects for the mobility of young people and youth workers. For youth workers, organisations can take part in opportunities to support the **professional development, capacity building, network** of youth workers and thereby the development of quality youth work at local, regional, national, European and international level, through non-formal and informal learning experiences in mobility. More specifically, mobility projects for youth workers aim to:

- Provide non-formal and informal **learning opportunities** for educational and professional development of youth workers;
- **Build a community** of youth workers that can support the quality of projects and activities for young people in EU programmes and beyond;
- **Develop local youth work practices** and contribute to capacity building for quality youth work of the participants and their organisation, having a clear impact on the participating youth workers' regular work with young people.



What are we are going to do?

First thing to say: we will build the Exchange together and for sure we are going to *SHARE!*

The main topic is **Youth Participation!** And **how we can promote it** through our work!

Some IDEAS

- **Workshops:** sharing work best practices about how to foster youth participation on different topics, event planning, and youth needs
- **Networking,** to meet and connect with other youth workers and youth organizations from different countries.
- **Group projects:** We will think, design and create some *event ideas* and *podcasts* to summarize our ideas and to spread the message
- **Visits:** Visit youth organizations, youth centers, youth projects to learn more about the youth work and best practices in Trento.
- **Reflective practice:** Facilitation of sessions to reflect on their learning and experiences during the exchange.



Of course the **activities should be tailored to** your needs and interests! So we are going to review the agenda together based on your contributions ❤️

The program so far..

This is a **draft of the Exchange program's schedule.**

We are eager to hear your ideas and suggestions for activities and topic in order to build together the agenda

16/06

Arrivals

17/06

Let's get to know each others

Today's Youth

18/06

What do we know about youth's needs

YP & work

19/06

visit some of Trento YP realities

20/06

YP & volunteering

Let's design some events to foster YP

1st podcast: what do we know about YP?

21/06

YP & Europe?

Best practises

2nd podcast: how can we foster YP?

22/06

Departures and bye byes



LOGISTIC INFOS

Who can participate?

The project targets **youth workers** from all over Europe **who work closely with young people**, being part of an organisation especially those who also provide a youth information service (on topics such as work, volunteering, going abroad etc..). A total of 24 youth workers can take part in this exchange, from 2 to 5 participants pro organisation

When and where?

The exchange will take place from the **16th till the 22nd of June 2023** (16 and 22 being travel days)

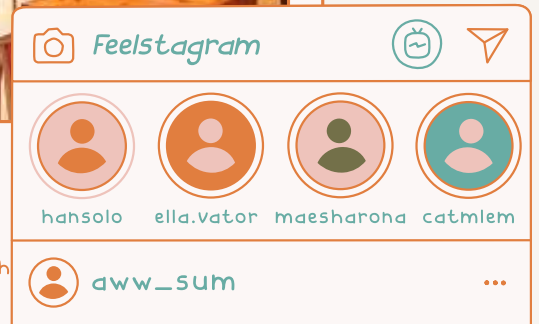
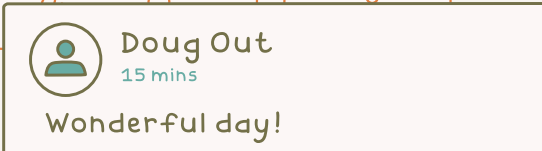
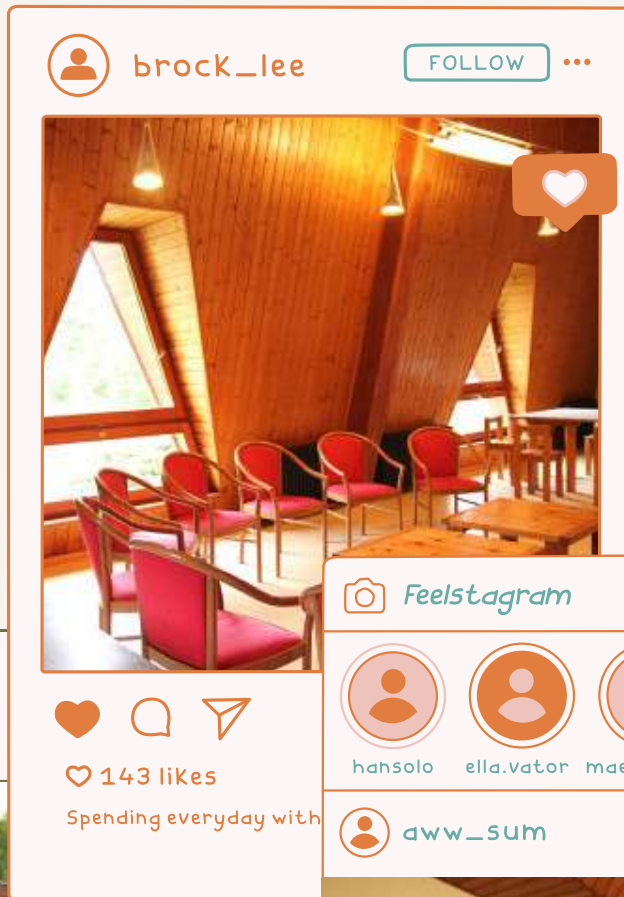
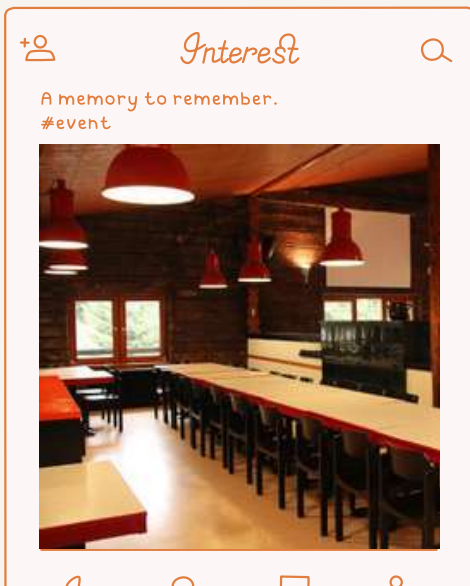
Board and lodging

Board and lodging are provided by our organization during the whole youth worker exchange. The house is located in **Candriai (Trento)**. The house is a self-management house with a nice equipped kitchen, a common room and **bedrooms**. We will cook together our meals in a community environment.

Google

Let Me Google That For You...

Candriai di Monte Bondone



INTERNATIONAL TRAVEL

Actual travel expenses from the country of residence to the place of exchange will be **reimbursed** up to the amount indicated below. The refund will be made *after receiving the complete travel documents*. The maximum amount of travel costs will be calculated according to your residence in your country to the place where the exchange takes place (Trento) according to the distance band provided by Erasmus+ programme



[You can calculate the amount using the official link.](#)

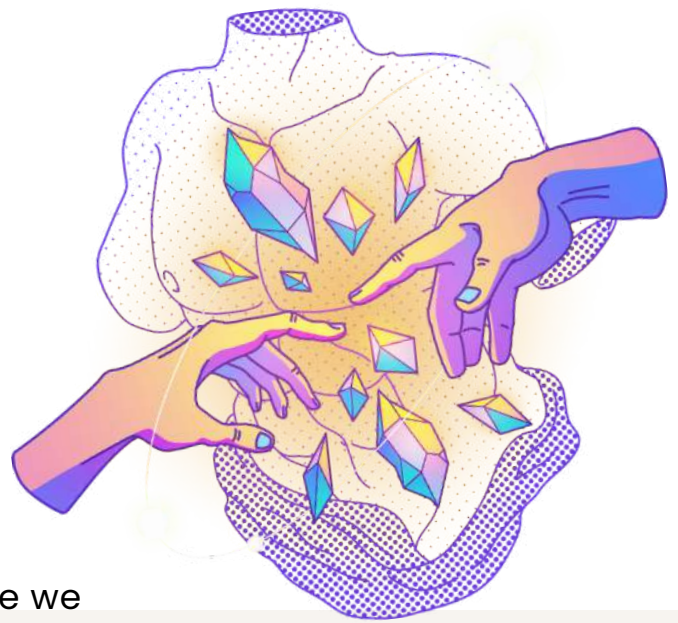
eligible transportation

Participants must travel by public transportation (plane, train, buses) in the dates specified (16 and 21) in order to get the reimbursement.

Travel distance	Standar travel
10 - 99 km	23€
100 - 499 km	180€
500 - 1999 km	275€
2000 - 2999 km	360€

Please find the information about the reimbursement of the travel expenses according to Erasmus plus criteria.

How to get to Trento?



By Airplane

Trento doesn't have an airport. Therefore we have to choose the closest airport to Trento that has a good bus or train connection.

We recommend **Bergamo (BGY)** as it has a good **Flixbus** connection to Trento. Depending on your finances and ease you can choose either one of the listed options.

NOTE: before choosing the flight, make sure that here is a FlixBus or a train connection that matches your flight.

Verona Valerio Catullo - 90km
Venezia Marco Polo - 163km
Milano Linate - 223km
Milano Malpensa MXP - 265km
Bologna - 224km

By Train

For some, the train might make more sense. Trento's station is located in **Piazza Dante**. You can buy the train tickets online.

trenitalia.com
obb-italia.com

By Bus

You can reach Trento easily by Flixbus which stops 600 meters away from the train station.

flixbus.com

IMPORTANT

We recommend not to book return tickets for early morning in order to have time to reach the airport (see first bus/train connections): it will be difficult to find transport to your chosen airport early in the morning.

Famous places



Piazza Duomo, Trento 5★



Bondone 4,7★



Tre Cime di Lavaredo 4,8★

Trento is the capital city of the autonomous province of Trentino Alto-Adige, situated in Northern Italy. Trento is a major hub for students as it is a major educational, scientific and political center with University of Trento which is ranked amongst the best universities in Italy



Trento candriai





Trento's map

MORE ABOUT US...

Associazione InCo ✨

InCo - Interculturality & Communication is a non-profit association in Trento who's aim is to create opportunities for people of different cultures to meet in order to increase intercultural sensitivity and international solidarity among young people, to encourage their active participation in society, but also to offer concrete opportunities for non-formal learning, personal and professional development. InCo organizes and manages international mobility projects for young people and youth workers since 20 years, hosting 30 ESC volunteers (10-12 months) each year, organising youth exchanges and youth workers exchanges every year.

Civico 13 ✨

At local level InCo manages a public service Civico13 - Lo Sportello Giovani del Trentino, created by the Municipality of Trento and the Province of Trento. Civico13 is a youth information desk, which aim is providing information to youngsters on job, volunteering opportunities. Civico13 is also Eurodesk point which gives information to youngsters on Erasmus+ programme and ESC programme. Civico13 offers orientation services for young people regarding work, CV writing, volunteering, going abroad.





WE ARE WAITING FOR YOU!

Fill the online form
For more information
write to info@incoweb.org