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|  | ***June 5th*** | ***June 6th*** | ***June 7th*** | ***June 8th*** |
|  | **Day 1: Arrival Day & introduction** | **Day 2: National Youth work Congres** | **Day 3: Study visits** | **Day 4: Departure** |
| Morning | Travel | Workshops, talks & discussions on:   * Guiding framework on mental health for youth workers * Hands-on non-formal approaches & tools to promote the mental health of young people | Workshop *Peer-to-Peer support* by Peer Support Flanders. | Departure after breakfast |
| Afternoon | **Arrival at the hotel from 4 PM on**  5 PM – 7 PM: Welcome & introduction  Mental health of young people: state of affairs in Flanders, Belgium (presentation by De Ambrassade) | Plenary session on youth work in Flanders  Interactive session on the impact of youth work | Combined field visit to LEJO (youth work organization focusing on empowerment of young people with fewer opportunities) & Overkop (open youth work space offering mental health services).  Open floor session/interactive group exchange, based on input of the participants. | / |
| Evening | Welcome dinner | Dinner & evening activity at the Congres | Farewell dinner | / |