

**Training Course “PEER to PEER to make it CLEAR”**  
**April 17-21 2023, Jurmala, Latvia**  
**PROGRAM**

Date		9:30-11:00	11:00	11:30-13:00	13:00	14:30 - 16:00		16:30-17:30		
17.04.2023.	Arrival day									Welcome dinner
1st day 18.04.2023. Tuesday	Breakfast	Welcome circle online learning PADLET space  Ice breaking Getting to know each other  Non Formal Learning and Experiential Learning + Youthpass (poster creating)	Coffee break	What is peer support methods?  Strengths & impact research  Participation and youth	Lunch Break	Am I a determinator?  Signalise problem & help	Coffee break	Introduction to Inspirational practices and know- how (guest)	Dinner + Individual consultations with the trainers  (upon request of participants)	
2nd day 19.04.2023 Wednesday		Look back circle  Mental health  Where I come from - Sharing realities and good practices I		Youth centre visit  Discussions  Introduction to Erasmus + and European Solidarity Corps opportunities		Where I come from - Sharing realities and good practices II		Mood boards “take aways codes & quotes”  Preparing for next day “Shoes”		
3rd day 20.04.2023. Thursday		Methodologies Lab - let’s try to cocreate them out		Methodologies Lab - let’s try to cocreate them out		Let’s try them out - pitches		Let’s try them out - pitches  Evaluation		
21.04.2023.		Departure day								

**HOME TASK 1** Introduce yourself on our PADLET (name, country, organisation). Participants will receive it on email.

**HOME TAKS 2** Prepare creative presentation (10-30 min) about your practices and experience in peer to peer method and/or mental health (if you have it).