

nomadland

Training Course

15TH - 19TH OF MAY 2023

Veli Iž, Croatia

Explore the world of digital nomads and find out how digital nomads can help revitalise the countryside and rural youth work!

Join the 3-day activity on the beautiful island of Iž in the Adriatic Sea, Croatia, as a part of the Erasmus+ project Nomadland!

www.nomadland-project.com

Introduction

Have you heard about the phenomenon of digital nomads? There are already 35 million digital nomads worldwide as of 2022. And all of them are searching for inspiring locations. Already before the COVID pandemic, many digital nomads searched for places outside big cities, returning to their roots, to the green and flourishing countryside! Right now, digital nomads and places like colivings are one of the biggest worldwide trends in tourism! Many are growing throughout the European Countryside, mainly supporting young digital nomads in finding their way (back) to the countryside. And we believe that this is a chance for youth work – to bring something new to the rural areas, facing an outmigration of young people!

JOIN OUR TRAINING ACTIVITY IN CROATIA:

- Learn who are digital nomads, discover their stories, immerse yourself into their lives;
- Discover about colivings and coworkings in the European Countryside
- Support and work on the strategy for bringing digital nomads to YOUR PLACE
- Give feedback on the first guide for establishing the philosophy of digital nomadism in the countryside
- Share your experience in youth work or tourism
- Connect to new partners from Spain, Croatia, Germany or Slovenia
- Prepare new European Projects and build a new future for the countryside!



Methodology and Working flow

Non-formal education methods are going to be used during the training course. Sessions include presentations, research, analysing, group and individual work, games and exchange of skills, knowledge, experiences and good practice in the field of youth work and digital nomadism. The programme is based on participatory methods in order to offer space for interaction between participants and sharing of ideas.

During the training course, we are going to encourage participants to reflect on their learning process and support them in writing a Youthpass certificate. At the end of the training course, we are going to provide a Youthpass certificate to all participants. In the spirit of informal and non-formal learning, there will be space for participants to contribute to the programme with their own knowledge and skills, undertake their own analyses, including reflections on competences acquired during the training course.



Participants Profile

Residents of Spain, Germany, Slovenia, and Croatia, above 18 years old, actively involved in the field of youth work (project manager, project coordinator, teacher, social worker, youth worker, volunteer, animator etc.), working with youth with fewer opportunities and interested in digital nomadism.

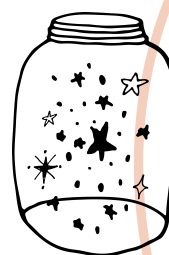
Creativity, interest in innovation, and the understanding of challenges of the countryside, are an advantage.

Five participants are going to be selected from each partner organisation.

Experience in the field of youth work and motivation are decisive in selecting the participants. Please fill the application form completely and with dedication.

APPLY
here

<https://forms.gle/5b6oSMdUvsnjirzN6>



Travel Guide



Reaching Zadar

By plane: the closest airport is the airport of Zadar, but you can also fly to Zagreb or Split, where it takes about 45 mins from each airport to reach a bus or train terminal from where you can continue your trip to Zadar. Below there are the websites where you can find timetables and buy tickets.

From Zagreb, by bus: <https://voznired.akz.hr/voznired.aspx?lang=en>
(3 hours and a half of driving)

From Zadar airport, by bus: <https://www.zadar-airport.hr/en/public-transport>

From Split, by bus: from Split airport take a bus until Trogir (10 min by bus every 30 mins, you find the timetable here:

<https://www.promet-split.hr/en/timetables/urban-area-split/linijaid/29766>

From Trogir change the bus and take one directed to Zadar, there are few bus companies that drives to Zadar:

<https://www.ap.hr>

<https://global.flixbus.com>

<https://www.brioni.hr>

There aren't any trains!

From Zadar bus terminal to Zadar harbour

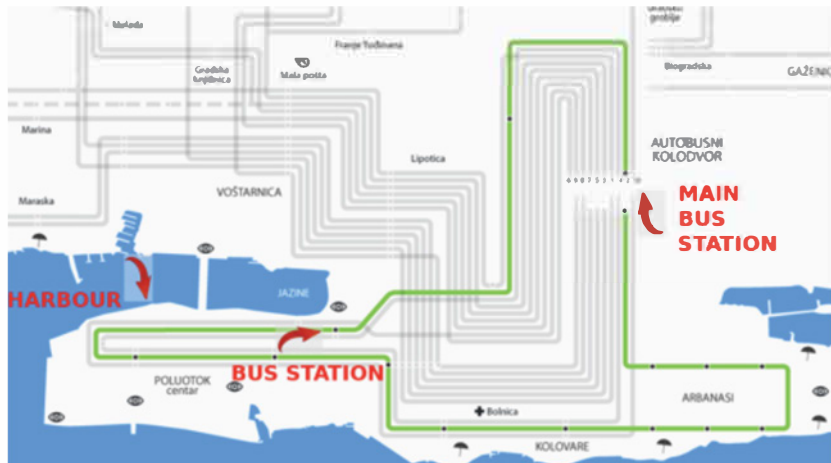
When you arrive at Zadar Bus Station, take a local bus to Zadar Harbour in the Old Town (do not go to the harbour Gaženica, which is in the opposite direction!). Take a bus line 2, 4 or 9, to the bus stations near the harbour on Poluotok (centre of Zadar).

If you decide to have a walk, it takes around 30 minutes from the bus station to the harbour: <https://goo.gl/maps/zycvgLrvktDa1why9>

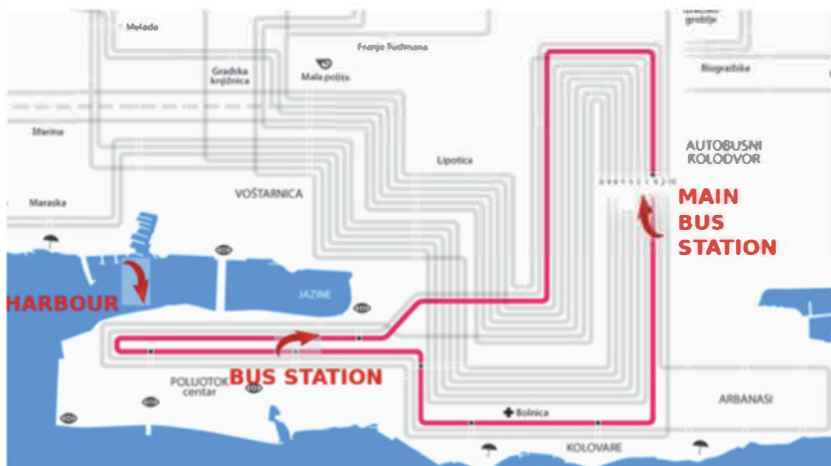
You can use the Next Bike service as well. Next Bike stations are in front of the bus station and in front of the harbour in the Old Town.

Bus station Website: <http://www.liburnija-zadar.hr/karta/index.php>

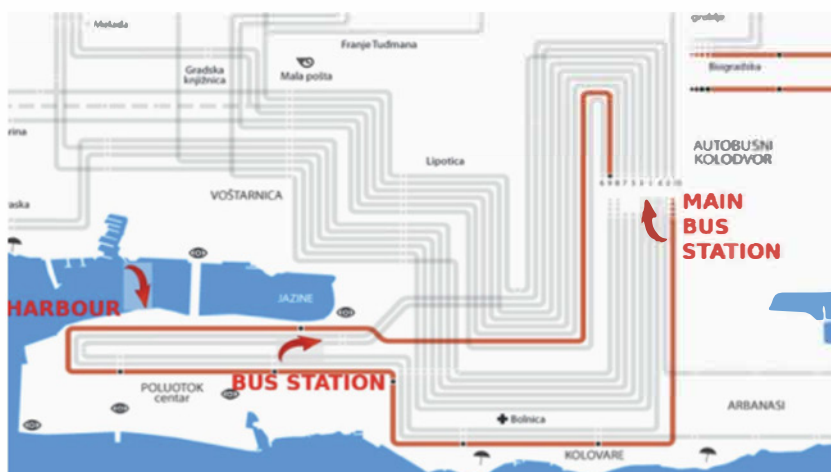
Next Bike Website: <https://www.nextbike.hr/hr/zadar/>



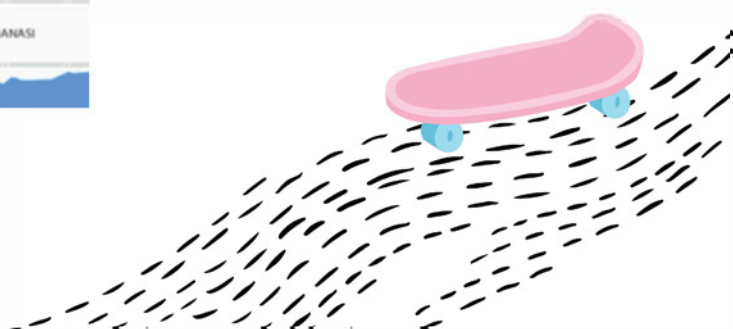
Bus line n.2



Bus line n.4



Bus line n.9



Reaching Veli Iž

There are two catamaran connections between Zadar City Harbour and Veli Iž.

Jadrolinija: <https://www.jadrolinija.hr/en>

GV Lines – Zadar: <https://www.gv-zadar.com>

Arrival: On Monday 15th of May there is catamaran from Zadar to Veli Iž at: 10:30 (Jadrolinija) and at 16:30 (GV Lines).

Departure: On Friday 19th of May there is catamaran from Veli Iž to Zadar at: 06:10 (Jadrolinija) and at 12:40 (GV Lines).

From Zadar, the boarding time always starts 30 minutes before the departure time. The departure location is "Zadar" and the arrival location is "Veli Iž". The boat leaves from Zadar centre Harbour, which doesn't have a precise address, so here are the coordinates : 44°07'05.8"N 15°13'26.5"E



In Veli Iž, the arrival and departure location is just in front of the space where the activities will be done. Udruga Prizma is going to wait for you at the arrival point and guide you to the accommodation.

Where to buy the ticket? Ticket offices are close to the departure place. Ticket costs around 3.20 EUR payable by cash and by card. Ask at the ticket office for the name of the boat. You can also buy tickets online.

G&V Line Ladera

Poljana Natka Nodila
23000, Zadar
+385 23 250 733
info@gv-zadar.hr

JADROLINIJA

Liburnska obala 7
23000 Zadar
+385 23 25 05 55
+385 23 25 48 00
ag.zadar@jadrolinija.hr

Financial Conditions

Food and accommodation

Food (breakfast, lunch, dinner, coffee breaks), accommodation and materials necessary for taking part in the training course are provided by the coordinating organisation according to the rules of Erasmus+ programme. Participants will be accommodated in nearby apartments with shared rooms. Activities will take place in the cultural space “DKC Školj”, where the group will have a working venue indoor and outdoor, by the sea.

Iž Island has become a central point for the activities of Prizma after we opened the space “DKC Školj” for exchanges and cultural events. The town of Veli Iž and its 400 inhabitants reside on the northern coast of the island. The former fishing village has a ferry operating regularly to Zadar. Veli Iž is known for its traditional pottery pieces, called “Iški Lopizi”, and for the olive oil.



Travel costs

Please save all original travel documents: flight tickets, boarding passes, bus, boat, private carriages, train tickets and invoices.

We encourage you to use online check-in to minimise the effect on the environment and reduce administrative paperwork.

Reimbursements are going to be executed through bank transfer to the participant's sending organisation.

Health and travel insurance

We encourage you to bring a European Health Insurance card.

The European Health Insurance Card (or EHIC) is issued free of charge and allows anyone who is insured by or covered by a statutory social security scheme of the EU to receive medical treatment in another member state for free or at a reduced cost, if that treatment becomes necessary during their visit. It covers treatment that is needed to allow you to continue your stay until your planned return. It also covers treatment of pre-existing medical conditions and routine maternity care, as long as you're not going abroad to give birth.

The EHIC is not an alternative to travel insurance. It does not cover any private medical healthcare. Therefore, it is important to have both an EHIC and a valid private travel insurance policy. Udruga Prizma is going to purchase travel insurance for all selected participants.



Useful information

Weather conditions

You can expect pleasant temperatures during the day in May. The average maxi. daytime temperature in Veli Iž in May lies at 22-24°C. The average min. temperature in the night is 13.5°C. Bring light clothes because it can be very warm at the sun, but also warmer clothes for the evening. Take also the swimsuit and comfortable shoes for walking.

Sustainable practices

Below are listed some other simple practices that can be applied during the mobility:

- Store water in a refilling personal bottle
- Separate all the waste you can recycle
- In your accommodation use air conditioning only when necessary
- Try to not take very long showers
- Make sure that computers are always turned off if not being used (e.g. overnight)
- For travelling, encourage to organise car pick-up and car share, if public transports are not available
- Print this infopack only if it is really necessary. If you print it, do it double-sided.

Emergency numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 18981 – general information



Partners & Contacts



Slovenia

ID20
id20.si
info@id20.si
+386 (0) 31 779 668



Croatia

Udruga PRIZMA
udrugaprizma.hr
info@udrugaprizma.hr
+385 (0) 98 959 7680



Germany

INI-Novation
ini-novation.com
kniejski@ini-novation.com
+49 (0) 1609 6665 764



Spain


ATPERSON
atperson.com
europa@atperson.com
+34 (0) 646 49 19 37


For any inquiry, assistance or help please contact your sending organisation.





Nomadland - Training Course - Program


	Arrival Day	Day 1	Day 2	Day 3	Departure Day
	Monday 15.05.23	Tuesday 16.05.23	Wednesday 17.05.23	Thursday 18.05.23	Friday 19.05.23
08:00	Arrival Day	Breakfast	Breakfast	Breakfast	Breakfast
09:00		Intro to the program	Energizer	Energizer	Departure Day
09:30			Workshops related to the preparation of the Nomadland Guide	Preparation of the Strategy (part 1)	
10:00		Ice-breaker games		Preparation of the Strategy (part 1)	
10:30			Coffee Break		
11:00		Presentation: digital nomadism	Workshops related to the preparation of the Nomadland Guide	Preparation of the Strategy (part 1)	
11:30					
12:00		Lunch		Lunch	
12:30		Review of good practices	Presentation about the results of workshop	Preparation of the Strategy (part 2)	
13:00					
15:00		Coffee break		Coffee break	
15:30		Local good practice: visit to the farm	Presentation about preparation of strategy/plan for next day activities	Preparation of the Strategy (part 2)	
16:00					
16:30		Dinner		Dinner	
17:00		Dinner	Dinner	Dinner	
17:30					
18:00		Free time	Board games evening/Free time	Board games evening/Free time	
18:30					
19:00					
19:30					
20:30					


 Co-funded by the European Union

 ID20

 Udruga Prizma

 INNOVATION

 ATPERSON

 nomadland



The schedule of the training course is not final and may undergo changes.