



Back to the roots

training program

2-9 June 2023

Travel days 1 & 10 June



**DRAFT PROGRAM. CHANGES
MAY FOLLOW!**



Co-funded by the
Erasmus+ Programme
of the European Union



Program Thursday 1.6.2023

20:00

Arrival. Accommodation in
Rantatupa. Dinner & Get to know
each other



Program Friday 2.6.2023

10:00

Late breakfast

11:00

Welcome: Get to know each other
and Hyvärilä in action

12:30

Program for the week

13:00

Lunch

14:30

Fears and expectations. Setting
learning goals. Youthpass.

15:30

Team building outdoors

17:00

Dinner

19:00

Sauna evening and reflections

Program Saturday 3.6.2023



8:00

Breakfast. Take snacks with you!

9:00

All-day -hike to Ellu hill.

Environmental education intro:
survival skills, how to behave in the
woods, what to do with garbage,
what activities to organize +
present your experience!
Making lunch on the fire.

18:00

Dinner at Hyvärilä

19:00 Reflections

20:00 Evening snack

**Optional: spend the night in a
hammock / tent / tensile outdoors**

Program Sunday 4.6.2022

8:00

Breakfast

9:00

Canoeing/ Church boat rowing.
Water activities. Safety rules.

12:00

Lunch

14:00 Green youth work:
discussions. International
environmental practices in youth
work.

17:30

Dinner



Program

Monday

5.6.2023



8:00

Breakfast. Take a snack to go!

9:00

Transfer to Koli National Park

10:30

Hike to Koli highest peaks.

Making lunch on the fire.

Visit to Ukko Koli nature center.

Meeting Koli park Rangers:
discussion.

16:00

Transfer to Hyvärilä

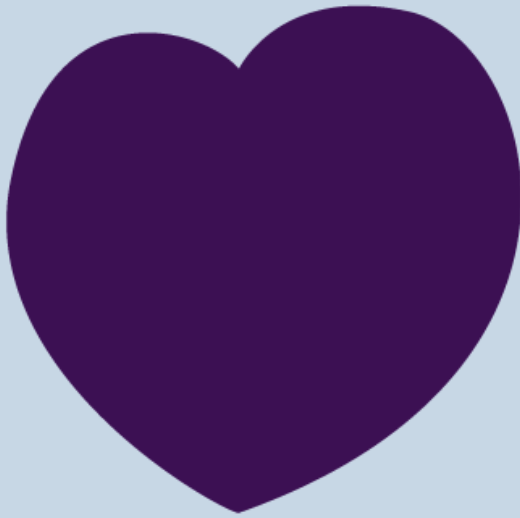
17:30

Dinner

20:00 Evening snack

**Optional: spend the night in a
hammock / tent / tensile alone in
the woods**

Program Tuesday 6.6.2023



8:00

Breakfast

9:00 Green youth work:
introductions.

11:00

Break

11:30

Environmental activities in youth
work: practical workshop

12:30

Lunch

14:00

Discussion: how can we improve
our nature education?

17:00

Dinner

20:00

Sauna evening

Program Wednesday 7.6.2023

8:00

Breakfast

9:00 Transfer to youth house. Local
youth work & green practices.
Workshop.

12.30

Lunch

Free afternoon

18:00 Dinner by the fire

Program

Thursday

8.6.2023



10:00

Breakfast

11:30

Meadow in Hyvärilä: why and how?

Get your hands dirty!

14:00

Lunch

16:00

Escape game outdoors: Battle for Sampo

18:00

Dinner

20:00 Evening snack

Program Friday 9.6.2023



8:00

Breakfast

9:00

Evaluation & planning for change

10:30

Break

11:00

Youthpass and learning outputs

12:30

Lunch

13:30 Transfer. Study visit to Puukarin Pysäkki ecofarm. Cultural heritage and environmental sustainability.

19:00

Transfer to Hyvärilä

Program

Saturday

10.6.2023



5:30

Early breakfast

6:15

Transfer to Nurmes train station