



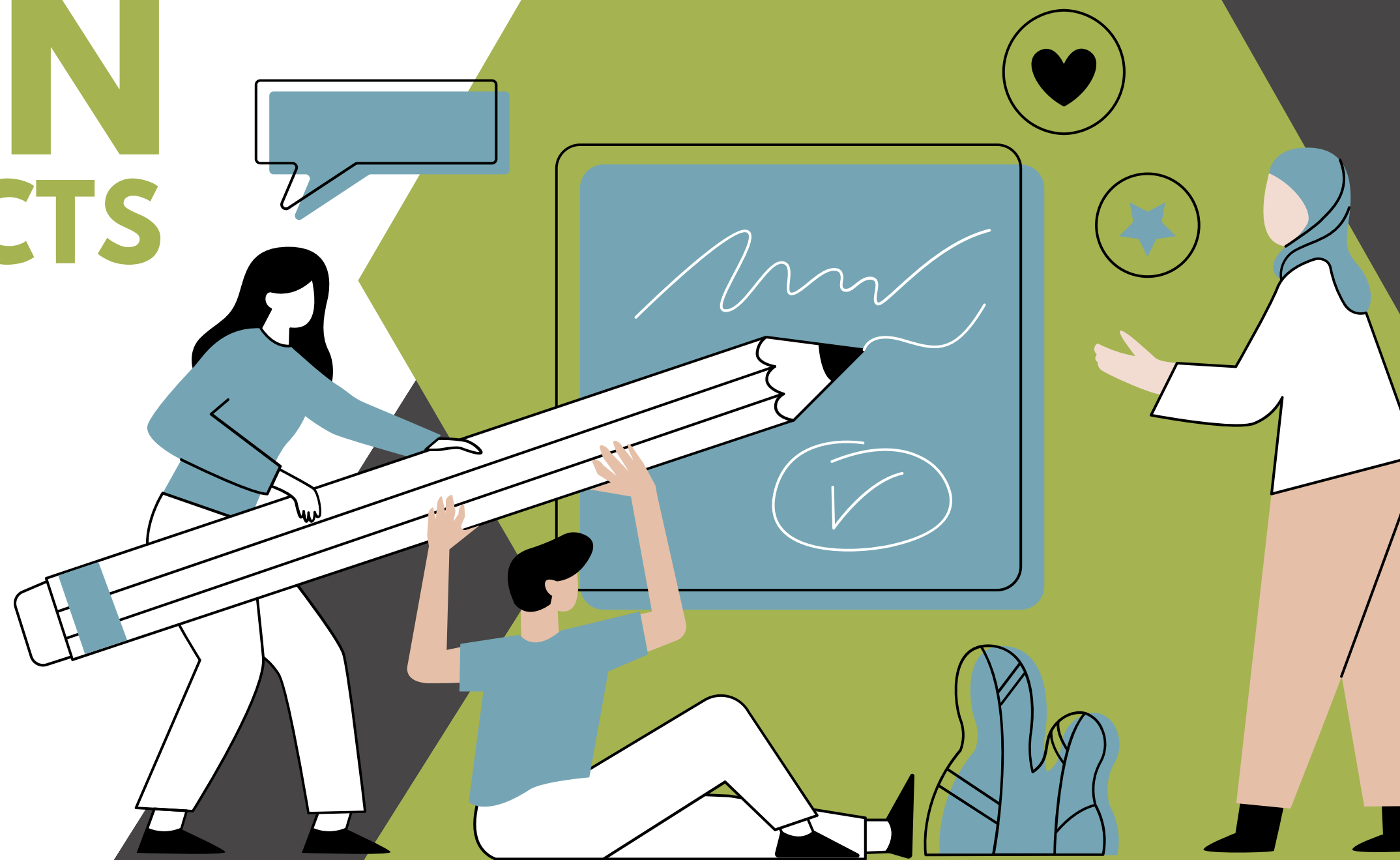
Joint

TRAINING COURSE

# INCLUSION IN MOBILITY PROJECTS

GALBIATE, ITALY  
MARCH 7-14, 2023

CALL FOR PARTICIPANTS



Associazione Joint got awarded with a 3-year Erasmus+ accreditation for a strategy focused on the inclusion and the empowerment of young people with severe social and economical fewer opportunities in European mobility projects (from shelters, youth centers, communities, supported by social services etc.)

We plan to implement a strategy of empowerment of disadvantaged young people, creating a structure able to fully involve them.

We want to address 3 challenges:

- Recruiting young people with severe fewer opportunities, also creating local networks of entities directly working with them;
- Train youth workers active in the field of international mobilities to work with young people with fewer opportunities, and train educators to work in international mobility projects;
- Creating preparation and follow up standard activities to address the needs of this target.

Our Training Course on Inclusion in Youth Mobility projects is part of Associazione Joint's Erasmus+ Accreditation strategy.

Therefore, the aim is to train group leaders who will possibly be involved in the Erasmus+ Youth Exchanges hosted by Associazione Joint and by its network in 2023 and in the following years. All these Youth Exchanges will involve vulnerable and highly vulnerable participants (find here the description), and half or more of these Youth Exchanges will be for under-18 y.o. participants.

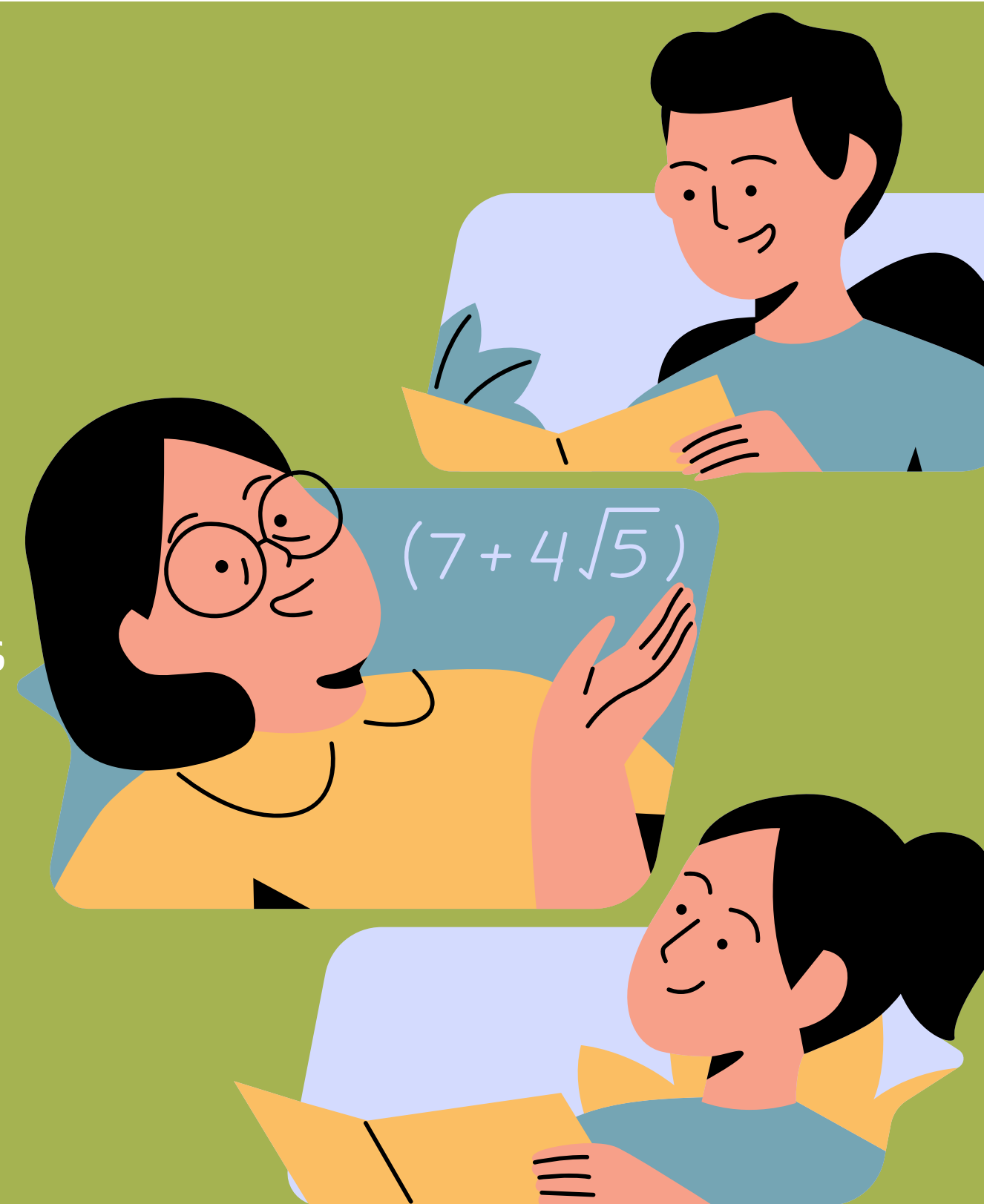
With our Training Course we aim at:

- Training group leaders about inclusion and about strategies to support and empower participants with fewer opportunities before, during and after a Youth Exchange experience.
- Co-designing the youth exchanges that will be hosted by Associazione Joint in 2023 and that will be focusing on Inclusion (they will involve 40% participants with fewer opportunities and highly vulnerable young people).
- Reaching agreements for mutual cooperation with organisations active in the field of youth mobility.

The Training Course will involve 27 Youth workers and young people (18+) with experience in the field of youth exchanges and willing to learn more about how to support vulnerable and/or under-aged participants in Youth Exchanges.

After the Training Course, they will possibly be involved as group leaders in Youth Exchanges, involving vulnerable and/or underaged young people, hosted by Associazione Joint and by its network.

In the selection process, we will give priority to youth workers who are part of organisations willing to be partners of Associazione Joint in Youth Exchange projects also targeting young people with fewer opportunities.





All the activities will take place at "Ostello Parco Monte Barro" in Galbiate. The venue is almost 1 hour far from Milan and Bergamo.

The building is managed by the organization "Legambiente Lecco", which organizes activities for young people, mostly on the topic of environment and sustainability.



For more information, please visit their website: <http://www.ostelloparcobarro.it/>

Travel costs will be covered in the framework of Erasmus+ travel bands. It is possible to use the option of "Green Travels", communicating it before.

- 100–499 km: 180€ (traditional travel); 210€ (green travel)
- 500–1999km: 275€ (traditional travel); 320€ (green travel)
- 2000+ km: 360€

Since it is not possible to reach the accommodation with public transport, we will need to organise a private transport. This cost will be covered with a deduction of 15€ on the travel budget.

E.G.: if your travel budget is 275€, please consider it as 260€.

To reach Galbiate, the best option is to fly to Milan or to Bergamo.

Please,

- for the ARRIVAL search for flights landing by 4PM on March 7th
- for the RETURN search for flights taking off from 2PM on March 14th.



### FROM BERGAMO ORIO AL SERIO AIRPORT:

- At the airport, catch the bus "line 1" to the CENTRE OF BERGAMO and stop at the Railway station (1 stop).
- Catch the train to LECCO (there is a train each hour at :08. The trip lasts 40 minutes and costs 3,70€).
- Once in LECCO, catch the train to SALA AL BARRO - GALBIATE (the direction of the train is Milano Porta Garibaldi). There is a train each hour at :07. The trip lasts 10 minutes and costs 1,80€.
- A car or a mini-bus will pick you up at the railway station.
- For more information, check the schedule and buy the tickets, you can use this website: <https://www.trenitalia.com/en.html>





### FROM MILANO MALPENSA AIRPORT:

- At the airport of MALPENSA, catch the train to MILANO PORTA GARIBALDI. There is a train about each 30 minutes. The trip lasts 50 minutes and costs 13,00€.
- In Milano Porta Garibaldi, catch the train directed to Lecco. This train will stop also in SALA AL BARRO - GALBIATE. This is where you will need to get off the train. There is a train every hour at :17. The trip lasts about 1 hour and 20 minutes and costs 4,80€.
- A car or a mini-bus will pick you up at the railway station.
- For more information, check the schedule and buy the tickets, you can use this website: <https://www.trenitalia.com/en.html>





**If you have any question, please do not hesitate  
to contact us!**

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[www.associazionejoint.org](http://www.associazionejoint.org)

[www.scambiinternazionali.it](http://www.scambiinternazionali.it)

[www.youthforeurope.eu](http://www.youthforeurope.eu)

[www.volontariatointernazionale.org](http://www.volontariatointernazionale.org)



