

ART OF INCLUSION 2
- SPORT AND
OUTDOOR
ACTIVITIES



Partner organisations

- ASOCIACIÓN ENTREJUEGOS (SPAIN)
- MOBY DICK (ITALY)
- SOD ITALIA ONLUS (ITALY)
- INNOVATIVE SOCIAL HUB IMPRESA SOCIALE S.R.L. (ITALY)
- ASOCIACIÓN MADRID OUTDOOR EDUCATION (SPAIN)
- WORLD ACTIVE YOUTH OF HOLLAND (NETHERLANDS)
- SINA SVETULKA (THE REPUBLIC OF NORTH MACEDONIA)
- BRAVO (BOSNIA AND HERZEGOVINA)
- BE VISIBLE BE YOU (GREECE)
- BELAPDIIMI (BELARUS)
- CHARITABLE PUBLIC ASSOCIATION "WORLD WITHOUT BORDERS" (BELARUS)
- NGO "ON3WHEELS - FUND OF THE DREAMS" (UKRAINE)
- WORKSHOP OF THE DREAM (UKRAINE)
- SHOQATA SHQIPTARE E SHKENCAVE SPORTIVE (ALBANIA)
- LIFESHAKER - ASSOCIAÇÃO (PORTUGAL)

General information

NUMBER OF PARTICIPANTS

15 participants

1 representative per organisation

DATES

3-10 FEBRUARY 2023

- 2/02 - arrival day
- 11/02 - departure day

VENUE

The Giant Mountains (In Polish: Karkonosze mountains)

Pension Dom Sokolik

<https://domsokolik.com/?lang=pl>

Main activities

EXCHANGE OF EXPERIENCE

Participants will share their good practices and successful stories, projects

EXPERIENTIAL LEARNING

Participants will take part in mixed-ability match, meet with a Polish Paralympic athlete Lucyna Kornobys
https://en.wikipedia.org/wiki/Lucyna_Kornobys

WINTER ACTIVITIES

We will take advantage of being in mountains in winter =)

PARTNERSHIP BUILDING ACTIVITY

Participants will have possibility to work on new common projects



Participant profile

- OLDER THEN 17 YEARS OLD
- COMMUNICATIVE LEVEL OF ENGLISH
- EXPERIENCE IN WORK WITH PEOPLE
WITH DISABILITIES OR MOTIVATION TO
DEVELOP SUCH SKILLS/ EXPERIENCE
- OPEN-MIND AND FLEXIBILITY
- TO BE RESIDENT OF PARTNER COUNTRIES

General information 2

ORGANISERS PROVIDE / FREE OF CHARGE

- food (3 meals per day)
- accommodation
- participation in all workshops and project activities

TRAVEL COSTS

Participants get reimbursement of travel costs according to Erasmus + reimbursement rules

- Max sum of money, which can be reimbursed per person, both ways - depends on country of origin:

275 euros - Albania, Ukraine, Spain, Italy, Netherlands, The Republic of North Macedonia, Bosnia and Herzegovina, Greece, Belarus,

360 euros - Portugal



Contact

PROJECT ORGANISER

Foundation for Holistic and Sustainable Development
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