

INFO-PACK

TRAINING COURSE:

Intercultural dialogue and democratic spaces



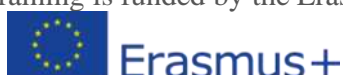
From Saturday February 4th to Friday February 10th 2023

Location: MUTZIG (nearby Strasbourg), FRANCE

Project number: 2022-1-FR02-KA151-YOU-000061302

Partner countries:
Erasmus+ Youth Programme countries

This training is funded by the Erasmus+



About the project

“Intercultural dialogue and democratic spaces” is a training course for youth workers and youth leaders from Erasmus+ Youth Programme countries. 24 people will gather in Mutzig (France) from Saturday February 4th to Friday February 10th, 2023.

Erasmus+ Youth Programme countries are: Austria, Belgium - DE, Belgium - FL, Belgium - FR, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, Turkey

Aim of the project

The aim of this training is to equip youth workers and youth leaders with intercultural and communication skills in order to facilitate safe, democratic and inclusive spaces for their volunteers and target groups.



Objectives of the project

The objectives of the projects are:

- to train youth workers and youth leaders to facilitate intercultural and democratic processes and activities within their organizations
- to bring awareness on the meaning and the importance of intercultural dialogue as a fundamental tool to mitigate diverse group dynamics
- to exchange on best practices within youth workers/youth leaders organizations
- to strengthen the cooperation started within the PBA

Impacts of the project

The desired impacts on the training participants are:

- the youth workers/youth leaders will have a set of tools and methods to use to facilitate intercultural and democratic processes within their organizations
- the youth workers/youth leaders will develop their facilitation skills
- the youth workers/youth leaders will have the chance to improve their quality in facilitation skills
- the youth workers/youth leaders will broaden their perspective on working with diverse groups in an inclusive way
- the youth workers/youth leaders will develop their networking and cooperation skills
- the youth workers/youth leaders will develop their social and communication skills
- the youth workers/youth leaders will acquire further skills to develop Erasmus plus projects and activities

Venue



Where it is in France



Where it is exactly



The city



Mutzig is a city located at the entrance of the Bruche river valley, in the Lower Rhine department in Great East province, in north-eastern France. The commune of Mutzig is on Alsace Wine Route. There are 6000 inhabitants and the city is located 30 kilometers from Strasbourg.

Accommodation

The accommodation is a comfortable hostel. The accommodation is free.

Address: 17 Rue du Dr Schweitzer, 67190 MUTZIG (FRANCE)

The participants will stay in double rooms (it is possible that 3 participants will share a room, but it is only if they wish or if they request it). Each room has a private bathroom (with shower, sink and toilet). Wi-Fi is available (and free). The genders will not be mixed (except if a couple is coming). Countries will be mixed in the rooms (for example: one French + one Italian). The beds have sheets, blankets and pillows, you don't need to bring your sleeping bag. There are no washing machines in the hostel. There is an iron and a hair dryer in the hostel. For information, the accommodation will be available for you from Saturday February 4th at 2 p.m.



The hostel



The dining room



The meeting room



One bedroom



Toilet (located inside the bedroom)



Shower (locate inside the bedroom)

Food

You will be in full board. The food is free. We will have breakfasts, lunches and dinners at the hostel (except during the day in Strasbourg). The meals will be prepared by a cook. We will provide you also two coffee breaks (with snacks, coffee and tea) per day. Two diets will be provided by the kitchen: regular and vegetarian. It is not possible to change the diet during the meals. If you eat vegan, kosher, halal, pescatarian, gluten free, or lactose free, please tell us in advance and we will discuss how we can manage.

Participants

The participants must come from one of the countries below:

Austria, Belgium - DE, Belgium - FL, Belgium - FR, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, Turkey

Profile

Participants are expected to:

- Have their own NGO/« sending » organization with a valid OID number (newcomers are welcomed)
- Minimum 18 years old
- Youth worker or leader of Erasmus+ youth exchanges (also participant with less/fewer opportunities)
- Communicative level of English
- Motivation to take active part in all workshops during the activity

The participants of this training course can not be already engaged under an other Erasmus + mobility (example: EVS volunteers can not participate, Erasmus student neither ...)

Activities

The training will consist of different activities such as:

- debriefing
- tandem learning
- evaluations
- work in group
- individual work
- group discussion
- group and individual presentation
- personal and group reflection
- public speaking
- escape area (for individual reflection)
- preparation
- creation of a toolbox
- work on ICT tools
- cultural visits



Strasbourg's Cathedral



Council of Europe visit



Workshop



Intercultural evening

Daily program

(can be modified)

<i>DAY 1 Saturday, February 4 : Welcome to France</i>	
AM	Travel and Arrival of Participants
PM	Registration and installation of Participants welcome coffee and briefing
	Diner, name games, icebreakers, getting to know each other
<i>DAY 2 Sunday, February 5 : Introduction</i>	
AM	Team presentation, Presentation of the program of the week Team building activities
PM	Workshop: expectations and fears of participants European Values
	Daily evaluation and National evaluation, Group Reflection, Self-evaluation Diner, The Intercultural Evening with a Twist
<i>DAY 3 Monday, February 6 : How to facilitate</i>	
AM	Intercultural Cities Index Democratic processes - how to facilitate quality intercultural activities
PM	Interculturality TANDEM Democratic processes - how to facilitate intercultural communication
	Daily evaluation and National evaluation, Group Reflection, Self-evaluation Diner, Movie night & debate
<i>DAY 4 Tuesday, February 7 : Cultural visits</i>	
AM	Travel to Strasbourg, Council of Europe or European Parliament
PM	Strasbourg visit Diner in Strasbourg, way back to Mutzig
<i>DAY 5 Wednesday, February 8 : My workshop and future projects</i>	
AM	Open spaces for intercultural workshops - preparation phase Open spaces for intercultural workshops - implementation phase 1
PM	Open spaces for intercultural workshops - implementation phase 2 Evaluation and feedback
	Daily evaluation and National evaluation, Group Reflection, Self-evaluation Diner, Movie evening (gender equality movie)
<i>DAY 6 Thursday, February 9 : Wrapping up</i>	
AM	Open spaces for intercultural workshops - implementation phase 3 Evaluation and feedback
PM	Final evaluation Closing ceremony
	Diner, Participant's evening
<i>DAY 7 Friday, February 10 : Departure</i>	
AM	Departure of participants

EVERYDAY:

Breakfast at 9:00

Lunch at 13:00

Dinner at 19:30



Travel

Warning: unlike some other host organizations, Tambour Battant asks the participants to buy the cheapest flight tickets.

Policy: Exact travel costs will be reimbursed up to the lump sum of Erasmus+ program taking into account the distance between your organization and the place of the project
Standard travel (flight): 100-499km = 180€, 500-1999km = 275€, 2000-2999km = 360€
Sustainable travel (train, bus, car sharing): 100-499km = 210€, 500-1999km = 320€, 2000-2999km = 410€

PS: the extra option of the carbon compensation (CO2 neutralization) is recommended and it will be reimbursed even if it exceeds the Erasmus+ lump sum.

How to find your flight tickets?

You must look for tickets to the closest airports to the training course place. Airports in order of preference: Strasbourg, Basel-Mulhouse-Freiburg (to notice, this airport is located in France in Schengen area = you don't need a visa for Switzerland), Karlsruhe/Baden-Baden, Stuttgart, Frankfurt Main, Frankfurt Hahn, Zurich. However, again, you must buy the cheapest flight ticket among all these suggested airports. Paris is far, it is not recommended to go there, you better think about the options above.

Options will not be reimbursed (except CO2 neutralization). Options are: travel insurance, luggage insurance, seat selection, meals on board, flexibility option (possibility to change the date), lounge, fast track, on time guarantee.

For the participants who will not book a checked luggage the « priority boarding » option may be reimbursed (after approval by Tambour Battant) because this option often allows the participant to bring a big cabin luggage.

Bus, train, car:

It is also possible to come with your own car (rental cars are not allowed). We will reimburse only the cost of the benzine and toll.

It is very welcomed to come by bus, by train or with car sharing (example: blabla car). Interrail passes are accepted!

For your own safety, hitchhiking is not allowed.

Extra days:

If you want to arrive earlier and/or go back home later, it is possible to come 1 or 2 days earlier or to leave 1 or 2 days later but not more than 2 extra days in total and again you must ask us before buying the flight tickets.

All the expenses during extra days are from your own. Our accommodation is not available if you arrive earlier or if your leave later.

Reimbursement:

The refunds will be made when all the tickets (bus, train, flight) and boarding passes will be sent by email/Messenger/Whatsapp (no post mail please). You must send us scans or PDF or forwarded emails or well framed pictures (pictures where we can see your fingers will not be accepted). Screenshots from your cell phones are to avoid.

Moreover, the survey must be done and the dissemination work and the follow up activities must be done by the partners and/or the participants.

We can make bank transfer to the partner bank account or directly to the participants.

Travel expenses will be reimbursed after the TC within the limit of the Erasmus+ lamp sums.

Active participation

By joining our training course, you are confirming active participation in all phases of the project (before, during and after training course).

Before the project, the main task will be to prepare some “materials” and/or a presentation for each organization. During the project we require active participation on 100% of workshops and activities prepared by our facilitators team.

After the project, participants would need to accomplish tasks which would include action as organizing a workshop in their local communities and/or some dissemination.

Participation fees

Tambour Battant (the coordinator of the training course) doesn't ask for any participation fees.

Insurance

Participants from EU countries are advised to carry an European Health Insurance Card (former E111 form). We recommend you to pay your airline tickets with a credit card, travel insurance is included (it is a recommendation only, do not change your credit card specifically for this trip!) We encourage you to subscribe your own travel insurance (for example: <https://www.worldnomads.com>). Insurance will not be reimbursed if you add it as an option in your flight ticket.



What to bring?

- Please bring your own towel, soap, sleepers (if you need) and shampoo (and of course tooth paste and tooth brush), if you can not because of liquids limitations (hand luggage) please let us know, we will provide you some if you order it in advance
- Bring your ID or passport
- Bring an umbrella

- Bring your camera if you have one (or use your mobile phone to take pictures)
- Bring your European health insurance card, we encourage you to subscribe your own travel insurance (<https://www.worldnomads.com>), if you have bought your transportation with your credit card you may have an insurance included (you must check with your bank), for information, in case you need to see a doctor during the TC, Tambour Battant will not pay the expenses
- About your health: bring your medicines and a thermometer. Tambour Battant will not provide any medicines during the TC.
- Bring a bit of cash (not to much please for security reason), everything is free and included (accommodation, food, activities), but you may buy some souvenirs for your relatives
- Please bring a padlock to lock your luggage (the rooms have no keys)
- Bring ear plugs
- Traditional food, drinks and souvenirs for our intercultural evening

Better leave at home

- Alcohol or other drugs
- Tasks from work

Facebook group of the project

<https://www.facebook.com/groups/5969628603071837>

Please join it!

Contact

Email: tambourbattant@hotmail.com

+ 33 9 69 26 10 76 (land line phone = fixed phone, office hours only please)



We are looking forward to meeting you and working together with you. We hope you will enjoy your time in France!