



LİMİT GÖKYÜZÜNDE

ALL TOGETHER FOR EUROPEAN SOLIDARITY CORPS

TRAINING COURSE IN
TÜRKİYE / ANKARA

INFOPACK



Erasmus+



Co-funded by the
Erasmus+ Programme
of the European Union

THEME OF THE PROJECT

WHAT IS THE PROJECT ABOUT?

Despite growing numbers of young people and organizations that are involved in Erasmus+ projects all over the Europe, there is still a fear when it is a time to create volunteering projects. There are a lot of NGOs who don't find themselves confident enough or find difficult to understand guides written by European Commission. They don't see the advantages to join international volunteering and see themselves a bit lost to start an ESC projects. For this reason, we want to create this TC, share our information and experiences in ESC to help others develop the necessary knowledge, skills, and attitudes to organize ESC projects, based on the non-formal learning, exchange of good practices, and quality standards.

Age : Over +18

Who: Youth workers (grassroots, involved in youth work and directly working with young people), staff members of NGOs, youth leaders, educators, young people of non-formal groups who are interested with ESC.

Time of the project: 14-20 December 2022

Countries and group size: Hungary, Italy, Estonia, North Macedonia, France, Romania, Spain, Greece, Türkiye, 23 participants in total. Except Spain and Turkey, each country will join the project with 2 participants.

AIMS AND RESULTS OF THE PROJECT

MAIN GOAL

To show how to implement and apply ESC projects for newcomers.

GOALS

- To provide the necessary information about quality label and ESC projects.
- To provide practical information about essential ESC elements (**OLS, Cigna, ESC portal, Mobility tool...**)
- To improve participant's skills in project management related to European volunteering activities.
- To create a learning experience through a simulated process on setting up an ESC project based on non- formal learning and quality standards of the European projects.
- Provide a guide to conflict management and emergencies situations.
- To offer the opportunity to meet trustable partners to make contacts for future ESC collaborations.

EXPECTED RESULTS:

- Foster solidarity in the European society by engaging more young people and more organizations in accessible and high-quality solidarity activities.
- New NGOs get ready to create their first ESC project.
- Create a video guide for newcomers of the workshops of the project that collect learning conclusions to create a ESC project.
- Create a partner's network cooperation.
- Find out suggestions and recommendations to face conflict and emergencies.

ACTIVITY PLAN

| | 14th December | 15th December | 16th December | 17th December | 18th December | 19th December | 20th December |
|-------------|-----------------------------|---|---|---|--|---|--------------------|
| 8:00-8:45 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 9:00 | | Ice breaking& Name Games | Sharing the Reflection | Sharing the Reflection | Sharing the Reflection | Sharing the Reflection | Last Conclusions |
| | | Energizer | Energizer | Energizer | Energizer | Energizer | |
| | | Presentation of the Project Expectations & Rules | Workshop: ECAS participant portal and mobility tool | Volunteers in action | How to fill an application form | Workshop: Budget administration | |
| 11:00-11:20 | | Coffee Break | Coffee Break | Coffee Break | Coffee Break | Coffee Break | |
| | | ESC Presentation (Philosophy, goals, learning) | Meaning of volunteering NGO Visit | Quality label application form tips from Brussels (EACEA) | How to fill an application form | National Agency question time Open Space: Partners in action | Youthpass Delivery |
| 13:00 | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 14:30 | Arrival of the Participants | Energizer | Energizer | Energizer | Energizer | Energizer | |
| | | Youthpass Team Building game | Let's ESC you! | Volunteer selection process & pre departure preparation tools | How to solve conflict situations? | Youthpass & Youthpass book for ESC Mobility youth info | |
| 16:30-16:50 | | Coffee Break | Coffee Break | Coffee Break | Coffee Break | Coffee Break | |
| | | Secret Friend Organization's Fair | Stairway to Heaven | Practical steps in ESC: OLS ESC Portal Insurance Agreements | Emergency situations based on real cases | Free time | |
| 18:00-18:30 | | Sharing the Reflection | Sharing the Reflection | Sharing the Reflection | Sharing the Reflection | Final Evaluation | Back to our homes |
| 18:30 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | |
| | Ice Breaking | Turkish, Estonian, Hungarian Night | Spanish, Macedonian, French Night | Italian, Romanian, Greek Night | Free Night | Farewell Party | |

TASKS FOR THE PARTICIPANTS



CHECKLIST:

- Please fill the application form:
<https://forms.gle/KT1G7yuXS9JqsJyK9>
- Please inform us about your selected itinerary. Do not buy any ticket without our confirmation.
- Please bring from your country **2 Antigen Self Covid tests** for yourself. In case of emergency or doubt, you might be using it.
- In your national team you will be responsible to implement **4 energizers** during the project. You will also promote your organization to other participants. If you have, please bring promotional materials, flyers or information about the organization you are representing.
- Please **bring some typical local products from your country** for the cultural evenings that will take place. Moreover, you will have **20 minutes to present your country**.
- Do not forget your ID & passport, your smile and positive energy :)



LOGISTICS AND REIMBURSEMENT

Please search your flight tickets until Ankara (Esenboga airport). Airport has good public transportation; pick a public transportation bus. There are 2 companies. One is called **Havaş** and the other company called **Belko air**.

You should take Belko air company and stop in Kızılay (do not take Havaş bus). They are just in front of the airport. If you do not see the buses, you can ask anybody they will show you. Trip takes 45 minutes. The ticket will cost 27 liras. You will pay the cost inside. We will be waiting you in bus stop in Kızılay and take you to the hotel.

Ankara

Ankara is Turkey's capital and the second largest city of the country. It is a old city with various Hittite, Phrygian, Hellenistic, Roman, Byzantine and Ottoman archaeological sites. The city's name goes back to the Angora cat (a particular race with two different eye colours). Nowadays, the population of Ankara is 5,445 million people.

We will stay in **Elit Palas Hotel** with 2-3 people rooms, mixed nationalities.



→ <http://elitpalas.com.tr>



FINANCES

We will send the money by bank transfer to the NGOs account about 25 days after project (after you filling in the evaluation form by the EU). We will be glad if you share with us your NGO's bank details before the project starts.

- Bank name
- Bank account holders name
- IBAN
- SWIFT code
- Address of the account holder

PLEASE NOTE: *Tickets for less than 5 euros will not be considered for reimbursement!*
The project have 10 euro fee.

TRAVELLING BUDGET

- Spain: 530 euros
- Estonia: 360 euros
- France: 360 euros
- Hungary: 275 euros
- Italy: 275 euros
- North Macedonia: 275 euros
- Romania: 275 euros
- Greece: 275 euros



FOOD

Food

We consider **special needs and allergies** in your application form. If you think you have a special need or food preferences and you did not share in application form, please let us know before project starts.

Once project starts, it is not possible to change it.



Weather

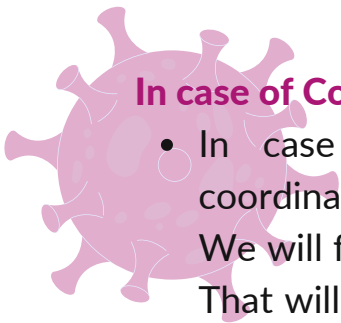
The weather is mostly cloudy between -2 to 9 degrees. Boots and coats are recommended.



COVID-19 REMINDERS

In case of Covid-19

- In case we have a Covid-19 situation, the Turkish coordinators will be in charge of helping the participants. We will follow the current regulations of Turkey and the EU. That will include hydroalcoholic disposal, masks and self covid test in case of any symptoms.
- Measures like quarantine will be applied in case of Covid symptoms. There is no quarantine anymore for asymptomatic or low incidence.
- In case of any positive cases, we will assemble those and also separate possibly infected (contact) persons.
- As this project was written and accepted before the pandemic situation of Covid-19, this project does not have a budget to pay the accommodation in case of extra stay.



Currency

The currency of the Turkish Republic is the Turkish Lira.

1 Euro is 18.15TL (03 November 2022)



At the airport, the exchange money rates are not very good. Therefore, we recommend to not change large amounts of money at the airport (at the most 5-10 euros). We can help you during the project to change money with a better rate.

Time

The time in Turkey is given by UTC+03:00 year-round. This time is called Turkey Time (TRT). Turkey is 2 hours ahead of Central European Time.

Basic Exprations in Turkish language:

- Selam. - Hi
- Günaydın. - Good Morning.
- İyi akşamlar. - Good Evening.
- İyi geceler. - Good Night.
- Lütfen. - Please.
- Şerefe. - Cheers
- Evet. - Yes.
- Hayır. - No.
- Teşekkürler. - Thank you.
- Benim adım..... -My name is.....
- Ne kadar? -How much is it?

Contacts

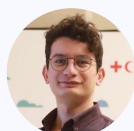
Please feel free to contact us anytime if you have any questions!



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