

**TRAINING COURSE**

# **LEAD TO CHANGE**

**08.11 - 15.11.2022  
ALICANTE, SPAIN**

**INFOPACK**

# ABOUT THE COURSE

The aim of this training course is to train participants and equip them with the necessary competences to organise, implement, evaluate and plan effective youth exchanges in the framework of the Erasmus+ programme.

This training will provide participants with new perspectives and ideas to address far-reaching issues related to youth exchanges - such as intercultural learning, working with international groups, knowledge about the Erasmus+ programme and youth exchanges, inclusion of young people with fewer opportunities, group dynamics, etc.

**THE PROJECT WILL BE CARRIED OUT IN THE  
COURSE OF 8 CONSECUTIVE DAYS:**

**ARRIVAL DAY: 08.11.2022**  
**ACTIVITY DAYS: 09.11-14.11.2022**  
**DEPARTURE DAY: 15.11.2022**

# PARTICIPANT PROFILE

- Young people who wants to learn how to facilitate a youth exchange;
- Youth workers working with youth groups;
- Facilitators and leaders of youth exchange groups;
- Group leaders, mentors;
- People working in youth sector;
- People who are interested in Erasmus + programme in the field of youth.



# THE VENUE

The course will take place in the coastal city of Alicante in the southeast. The course participants will be accommodated in the youth hostel (Albergue juvenil La Florida). This is a large complex consisting of many rooms with up to 4 beds and private bathrooms but mostly you will be hosted in individual and doble rooms.

As the course venue is a youth hostel you should bring towels and toiletries as these will not be provided. Remember to take sunscreen with you, November in Alicante is quite sunny but don't forget to take some warm clothes, especially for the evenings.

If you have any further question about the venue don't hesitate to write to us.



# TRAVEL COSTS

This training course is open to participants from every UE country. The budget for the travel is regulated by distance bound. We will inform each participant about the budget separately.

you can check the distance with the official Distance Calculator: **[click!](#)**



**10 and 99KM: 20 EUR**

**100 and 499 KM: 180 EUR**

**500 and 1999 KM: 275 EUR**

**2000 and 2999 KM: 360 EUR**

**3000 and 3999 KM: 530 EUR**

# IMPORTANT

All partners (sending organization) will receive the exact amount of money the participant has paid for their journey to Spain. However, this sum must not surpass the max amount of the Travel Grant defined by the European Commission.

After the course you will receive the small guide about the reimbursement process. Remember to collect all the tickets and invoices. THE PROOF OF PAYMENT BY CARD or CONFIRMATION FROM THE BANK is not vital for reimbursement.

To process the reimbursement we need all tickets and boarding passes from the travel, don't buy them without consultation with project coordinator! The process of reimbursement will be done within one month after we receive all documents.



# COVID-19

To enter Spain and participate in the training course participants coming from non-EU countries must have a certificate of vaccination against Covid-19 or a negative PCR or antygen test done no more than 72 hours before arrival.

**IMPORTANT:** non UE countries at Spanish airports need to present a QR code to be scanned. This code is generated through the government website (click!) or app on your phone by filling out a special form. This code is **OBLIGATORY**.

At the moment wearing the mask is not mandatory in the indoors but you have to wear it at the public transport (buses, trains etc.)



# COVID-19

## COORDINATING ORGANIZATION DUTES:

- Cazalla will provide pharmacy antigen test to all participants at the entrance to the accommodation. In case of symptoms, Cazalla will also provide antigen test to the affected participants.
- If you need to take an official test to return to your country, Cazalla will help you to find a laboratory and make an appointment. Please let us know in advance.
- In case of symptoms, the activity coordination team will provide you with an antigen test to confirm whether or not you are positive for COVID. If the result is negative the participant will be able to continue participating in the activity as usual. If the result is positive, the participant will be placed in an isolation room for a period of 7 days as established by Spanish legislation or, failing that, until a negative antigen test is obtained.



# COVID-19

## SENDING ORGANIZATION DUTES:

- It will be mandatory to travel with a medical insurance (in addition to the European health card) that covers hospitalization, accommodation, food and travel expenses in case of positive COVID that prevents the participant from traveling on the date of the end of the activity. Cazalla will not be responsible for the expenses caused by COVID once the activity is finished nor for possible hospitalization during or after the activity, although it will support the participants who due to COVID positive must stay in quarantine in Spain until their return to their country.
- The certified antigen tests necessary to enter or leave Spain will be included in the travel expenses budget assigned to each partner and established in the infopack. Exceptionally and as long as there is a budget allocated for this purpose.

# TRAVEL TO SPAIN

The best option is to flight to ALICANTE-ELCHE AIRPORT. If you have to flight to another city we recommend MADRID BARAJAS or VALENCIA airport. Then you can arrive to Alicante by train ([renfe.es](http://renfe.es)) or bus ([alsa.com](http://alsa.com)). Before buying the tickets please double check first the bus/train connection as sometimes there are big hour gaps.

## FROM MADRID

- you can take a direct bus from the airport to Alicante at 14:15 or 23:45 (buy tickets in advance [www.alsa.com](http://www.alsa.com))

- You can go to terminal 4 and take a train to C1 and go to Atocha train station, then go to Madrid Estación Sur Bus station where you can find buses to Alicante, the journey takes 5h. You can check the hours at [www.alsa.com](http://www.alsa.com) You can take as well a train from Atocha or Chamartin to Alicante, check the schedules at [www.renfe.es](http://www.renfe.es). The train goes only 3h.

## FROM VALENCIA

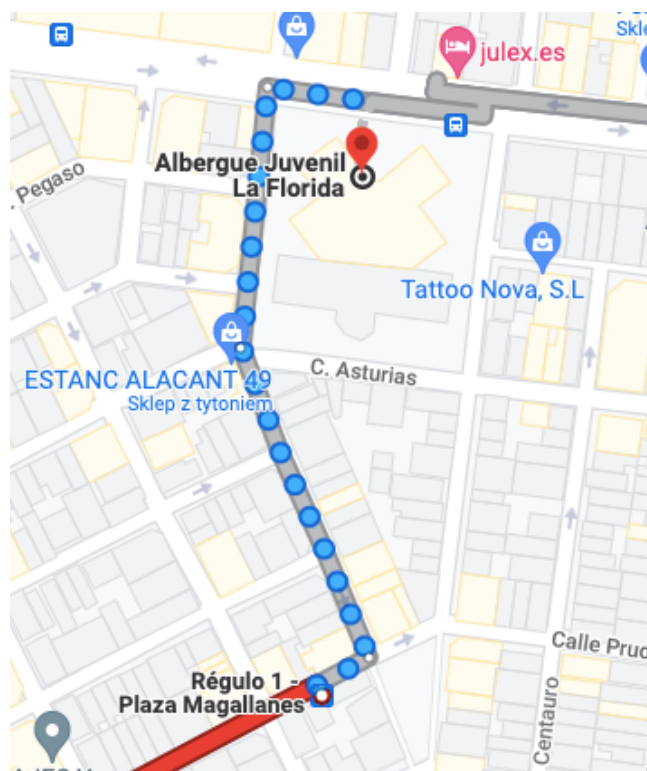
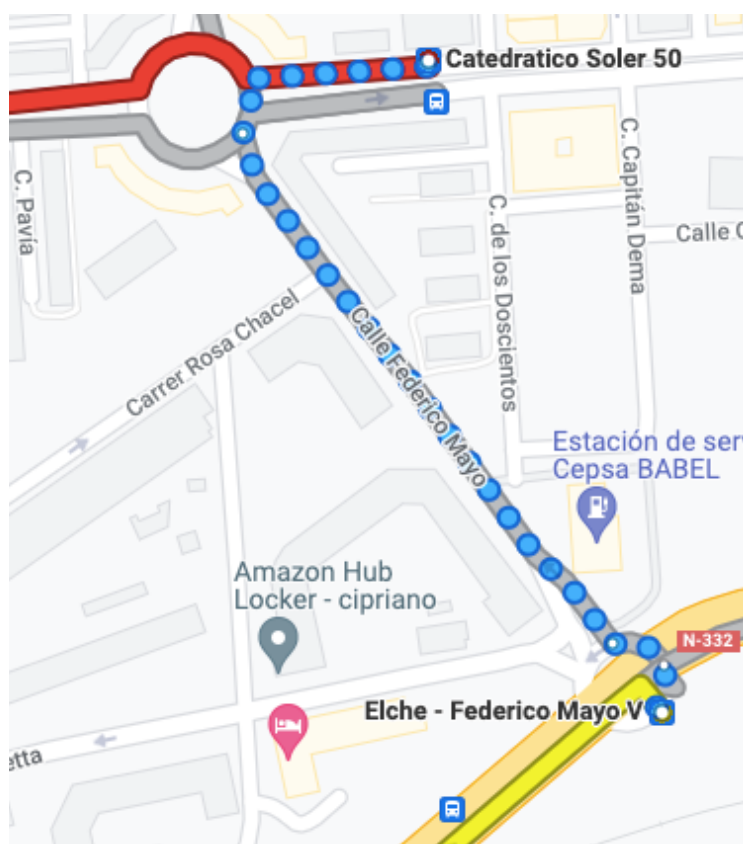
- By metro you can go to the train station and take a train to Alicante. Its a 2h long trip. The schedule you can find at [www.renfe.es](http://www.renfe.es)

- Every hour you can catch the bus from Valencia bus station to Alicante ([www.alsa.com](http://www.alsa.com)) You can get there by metro and bus. We recommend you to check it on google maps.

# HOW TO REACH THE VENUE OF THE EVENT

## FROM ALICANTE AIRPORT

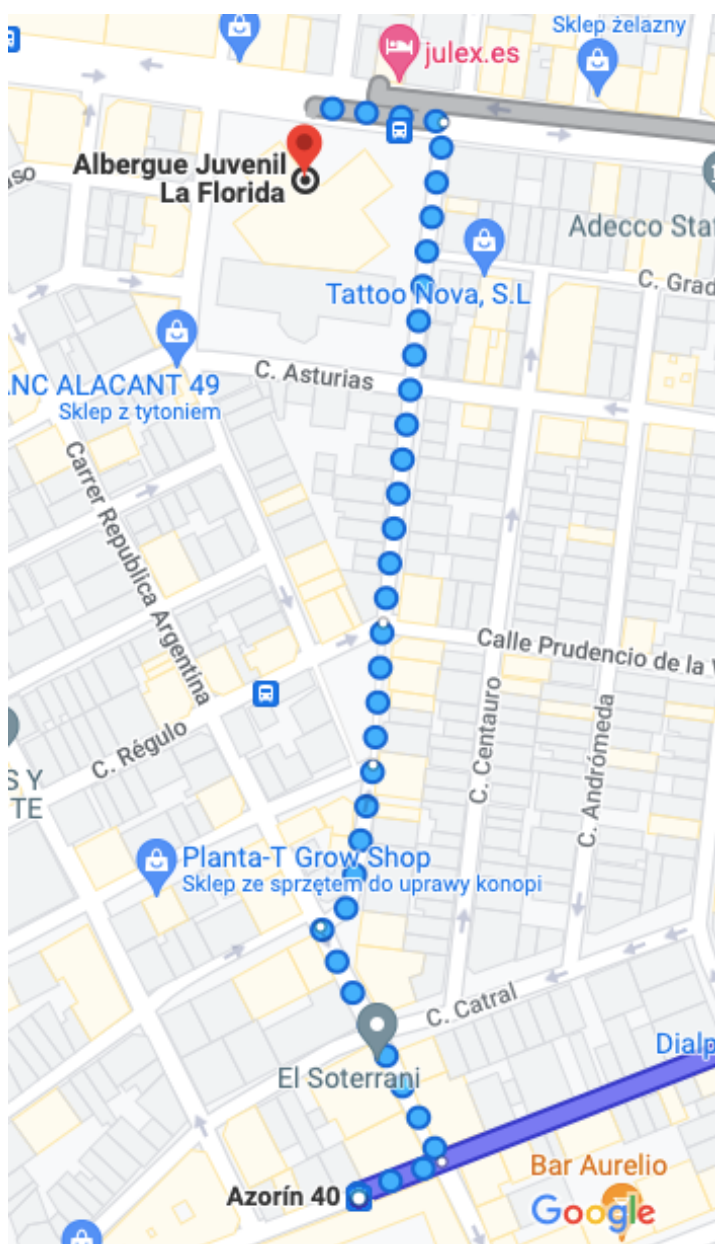
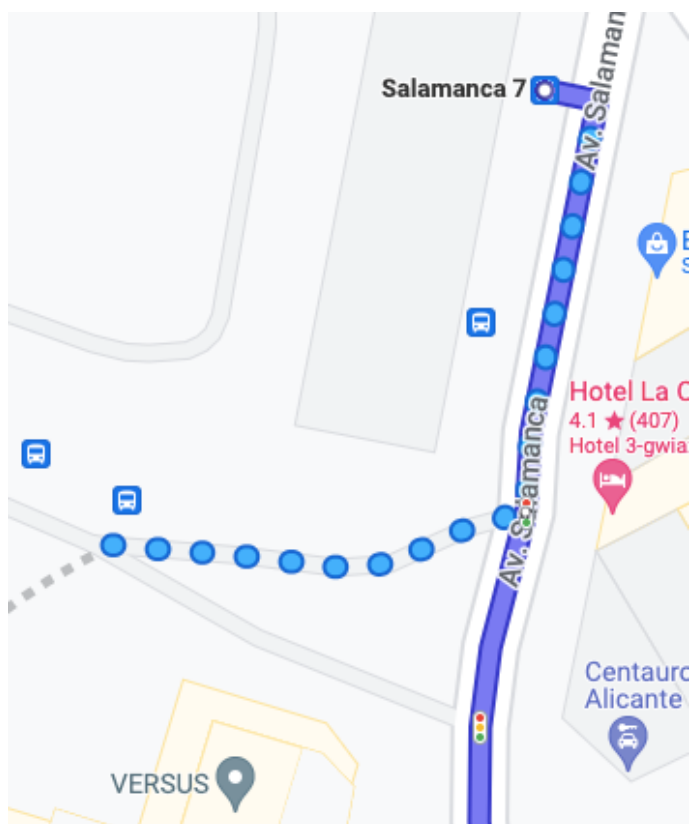
1. take a city bus C-6 at go to 3rd stop (Elche - Federico Mayo V) then go to the bus stop Catedratico Soler 50 and take a bus line 02 direction La Florida get out at 7th stop (Régulo 1 - Plaza Magallanes)



# HOW TO REACH THE VENUE OF THE EVENT

## FROM ALICANTE TRAIN STATION

You can take the bus 04 from bus stop Salamanca 7 direction Cementerio and get out at the stop Azorín 40 (6 stops).



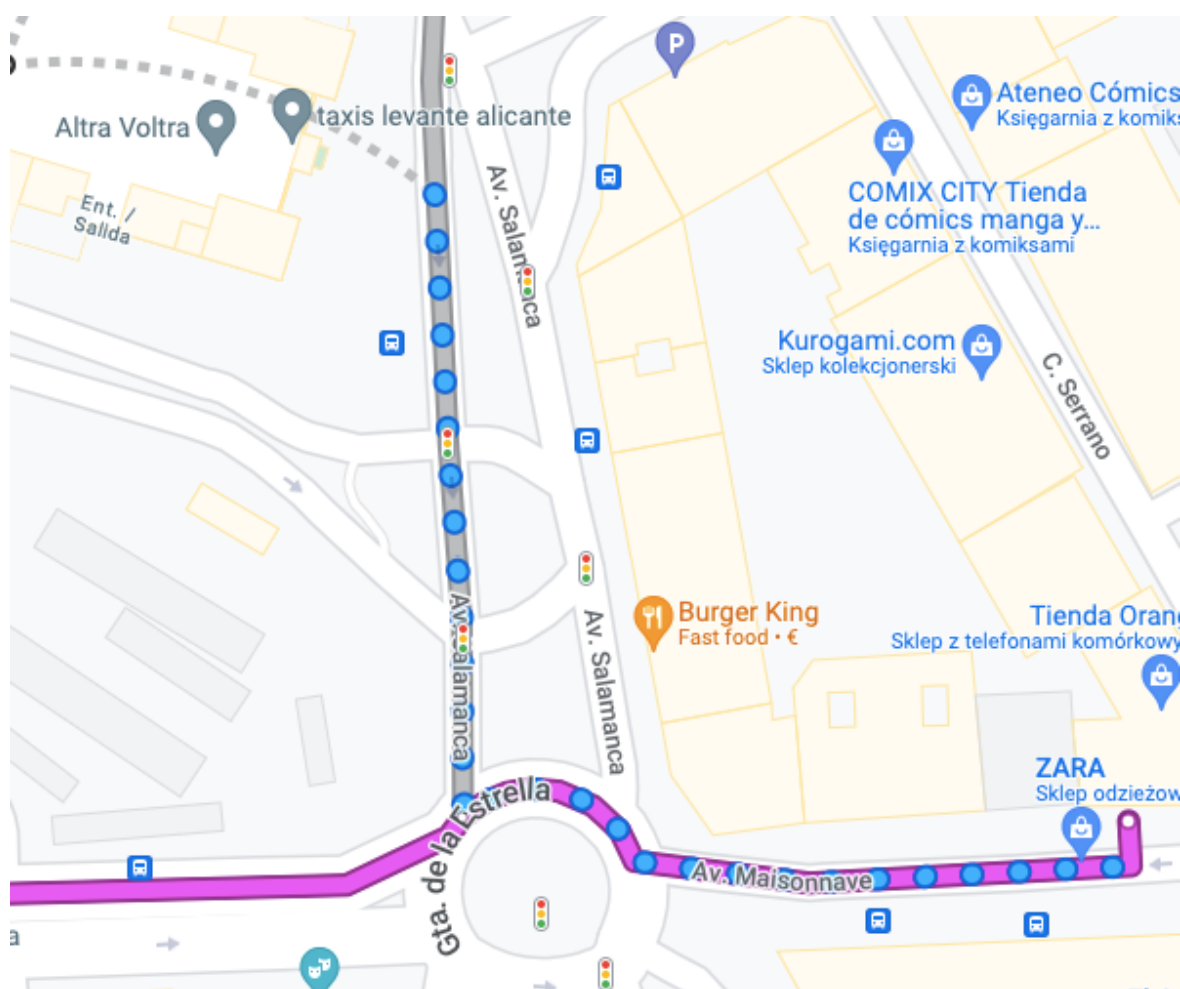
Erasmus+



# HOW TO REACH THE VENUE OF THE EVENT

## FROM ALICANTE TRAIN STATION

Another option is to take a bus 03 from the bus station Maisonnave 42 with direction Ciudad Asis, and go directly to the youth hostel. The bus will stop at Orihuela 108 (6 stops)

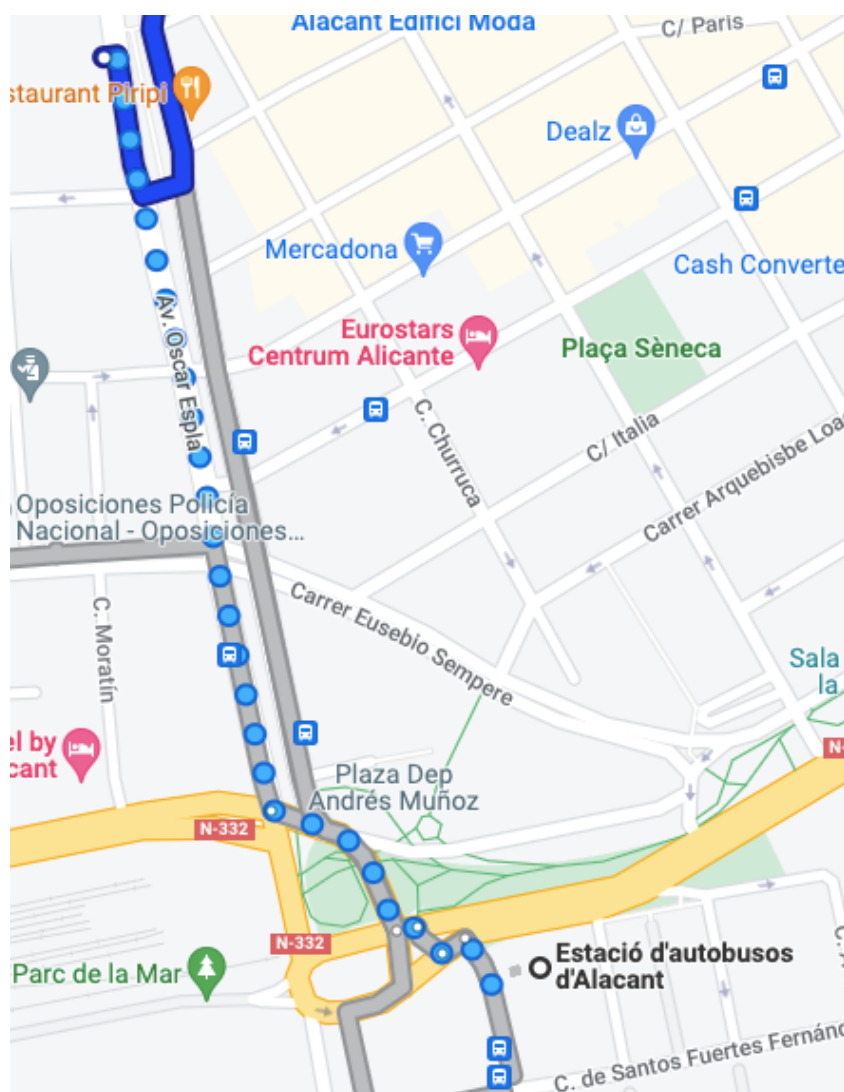




# HOW TO REACH THE VENUE OF THE EVENT

## FROM ALICANTE BUS STATION

Bus 07 from the bus stop Oscar Esplá 37, direction El Rebolledo. The stop is called Orihuela 108 which is in the front of the youth hostel. You can go a little but further and take as well the bus 03 from the bus stop Maisonnave 42 (check previous page).



# THINGS YOU SHOULD KNOW

## **DOCUMENTS, VISA, INSURANCE:**

Be sure that you have vital insurance card and identity card as well with the covid certificate or test done before the travel.

We kindly ask the European participants and non-EU participants to take care of the health insurance for both travel and stay during the Youth Exchange. Otherwise, any expenses for medical care in Spain will be considered as personal costs of the participants. Cazalla Intercultural will not reimburse the participants for any medical costs. We strongly recommend to bring with you your European health insurance card or for participants outside the EU - a travel insurance.

## **LUGGAGE:**

you will stay at our hostel. Take with you your own toiletries and towels.

# THINGS YOU SHOULD KNOW

## **REGISTRATION FORM:**

Fill in the REGISTRATION FORM and submit it on time. Deadline: 20th October.2022 You will find it on the last page. We will contact with you with positive or negative response but you will receive the answer from Cazalla's side.

## **TRAVEL ITINERARY:**

Don't buy a tickets without previous consultation with the coordinator ([hosting@cazalla-intercultural.org](mailto:hosting@cazalla-intercultural.org)). Send to in advance your travel itinerary.

## **ACOMMODATION AND FOOD:**

The Erasmus+ Programme provides accommodation and food. If you have any allergies please let us know in the Registration form, so we can make your experience as enjoyable as possible.

## **REIMBURSEMENT:**

Only participants who attend at least 80% of the programme of the Youth Exchange are entitled to reimbursement of their expenses.



# THINGS YOU SHOULD KNOW

## CAN I STAY LONGER?

The project starts 8th of November 2022 as an arrival date and finish 15th of November 2022 – departure date. If you want to stay **more** than 2 days before and/or after the course will not cover your travel costs, your accommodation and food costs. Please inform us before buying the tickets.

## WHAT CAN I DO IF I CANNOT BUY THE TICKETS IN ADVANCE?

Contact us at [hosting@cazalla-intercultural.org](mailto:hosting@cazalla-intercultural.org) and we will try to help you. Do not risk traveling without tickets.

## ARE TAXIS, RENT CARS OR CARPOOLING ACCEPTED AS A MEANS OF TRANSPORT?

Even though the Erasmus+ Programme is quite flexible in terms of how you travel, we recommend using the traditional means of transportation, such as airplanes, trains, busses. Otherwise, please inform us in advance for your travel intentions so we can discuss your options and necessary papers for reimbursement.

# CONTACT US



## PREVIOUS INFORMATIONS

**MANUEL**

info@cazalla-intercultural.org

**SINCE 20TH OF OCTOBER 2022**

**GABI**

hosting@cazalla-intercultural.org

# REGISTRATION FORM

Fill and send to us the application form!

