



Wanderlust

2nd Training Course

12-22 September 2022, Hungary



WANDERLUST

2021-1-HU01-KA153-YOU-000010582

Wanderlust is funded
by the Erasmus + program
of the European Union.



Erasmus+

Welcome

. Dear Participants,

We are happy to invite you to the Wanderlust 2nd Training Course supported by the Erasmus+ Programme of the EU!

We are Zsuzska - thematic leader -, Zoltan - project coordinator - from Élményakadémia and responsible for hosting you around on behalf of the team.

Let us share some useful information:

- 1.Dates and Application
- 2.Background
- 3.Participants profile
- 4.Preparation
- 5.Program
- 6.Accommodation and venue
- 7.COVID-19 guidelines and information
- 8.Reimbursement of travel tickets for participants & travel budget

1 Dates and Application

Arrival day - 11/09/2022

Program days - 12-22/09/2022

Departure day - 23/09/2022

the Application Form

<https://forms.gle/uy4Ex8Z1oisysZ6h6>

Application deadline: 20/08/2022- confirmation of selection is ongoing, latest until 24/08/2022

Participation fee: Reduced fee: 30,00 €
Standard fee: 50,00 €
The participation fee ("reduced", "standard") can be paid during the registration on the arrival day.
If your financial situation is limited please email us at zoltan.kozar@elmenyakademia.hu.



2 Background

WANDERLUST aims to address youth workers who want to work with resilience and well-being approaches and tools during the two times 10 days residential learning activities & through the HEARTLAND online course participation.

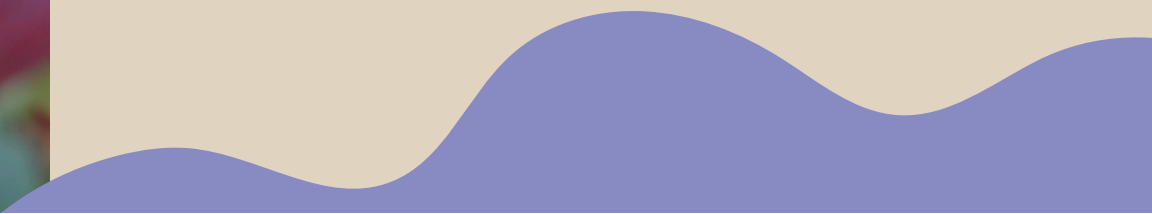
The project was born inspired by the "HEART" method - the synergy of outdoor experiential education and art methodologies.

Wanderlust has a partnership of 10 countries:

ViaKreaktion - Germany,	Association Experientia - Spain,
Outward Bound Romania,	Citta del Sole - Italy.
Outward Bound Croatia,	Rabais Kakis - Latvia,
Synergy Bulgaria - Bulgaria	Move to be You - Austria.
Lugar Especifico - Portugal,	

Élményakadémia from Hungary, is the coordinator of the project.

Our aims are to support:

- recognition of wellbeing development reached at an individual and professional level thus building a positive self-confidence of youth workers and their young target groups;
 - recognition and visibility of positive influences of resilience within non-formal learning and youth work context in general
 - to involve "disadvantaged youth workers" (early symptoms of burnout and exhaustion)
 - the longevity and satisfactory youth work careers and paths
 - to create innovative adaptations and develop local youth work through a combination of safer, more inclusive approaches to youth work that is accessible to disadvantaged - mild mental health-related young people
 - to involve target groups from different backgrounds and to work together in an integrated group
- 



The project design contains the following activities:

- HEARTLAND SALTO HOP Online course about resilience tools and curricula in order to design your own wellbeing workshops for youth. Participants go through a partly self-directed learning process and peer-leading support. The online course is part of the training, and our best hope is everyone completes it before the training.
- WANDERLUST II. - 12-22 September 2022: The second residential training course provides learning opportunities for 27 youth workers about possible wellbeing program designs for youth and facilitation experience based on the HEART method for the group of 20 young people as an inbuilt on-the-job experience. This second residential training is meant to function as a practice based on the online learning course and the HEART tools/method. The second offline training gives first hand results on how the method can be used on young people.

3 Participants profile

We are looking for youth workers, trainers & young social workers, who are interested in the topic and who:

- “preferably” having early symptoms of burnout, exhaustion, mental health-related issues due to covid pandemic & due to exhaustive youth work - frontal, local youth work with disadvantaged youngsters;
- youth workers who do local/ international youth work but are not affected by exhaustion or mild symptoms of burnout;
- youth workers, young social workers
- trainers
- we welcome youth workers/trainers on maternity leave;
- also, we target youth workers who lost their jobs due to the pandemic situation.

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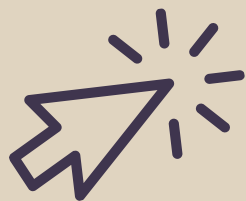
Preparation

What to bring with you?

1. For the training activities we recommend you to bring the followings:
 - Clothes and comfortable sport shoes for movement work outdoors and being comfortable and suitable for the weather.
 - Notebook if you need
 - Indoor slippers (the rooms and some other spaces we will use are no shoe environments)
2. For the trip itself, remember to bring/check:
 - Your valid (during the whole event days) ID or Passport
 - EU COVID certification if needed
 - Your boarding pass (please check if you should do your check-in online) printed (as we will ask you for it for the project account procedures)
 - Luggage size - please check the correct measures that you are allowed to bring.
 - The European Health Card (ask for it in your health system) for any case. Please check if this card is valid until the end of the event!
 - HUF money! At Liszt Ferenc Airport it is possible to change (expensive), but we advise you to change some money in your country or in Hungary on the way to the venue.

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Program



<https://docs.google.com/document/d/1SR7r5tWg7Jwvo-apUwK9QAMctvcyzHVzubKCjSJVkek/edit?usp=sharing>





6 Accomodation & venue

Venue: Három Kincs Völgye - The Three Treasures Valley

Address: Hungary, 3078 Bátorfyerénye, Bükkvölgyi major 1; Három Kincs Völgye

<https://goo.gl/maps/43cM1gqETCQEuwyCA>

- The Three Treasures Valley, created by the ancient rules of Taoist Feng Shui, is lying on 5 acres with a little lake and a 200-year-old demesne house
- Rooms with 2-4 beds are available with private or shared bathrooms.
- The water is drinkable from the thin taps.
- Bedsheets are provided, but you should bring your own towel

You are going to be provided vegetarian food (breakfast, lunch, dinner and some snacks) and accommodation for the whole period of the training. On the arrival day dinner will be the 1st meal to be served.

7 COVID-19 guidelines & information

Before your travel, please check the general rules of border crossing of Hungary at <https://www.police.hu/en/content/for-the-attention-of-travelers>

In accordance with this, it is possible to enter the territory of Hungary by public road, railway, water, and air traffic – regardless of citizenship and protection against the coronavirus –, but other general conditions of entry (e.g. a valid travel document) must be provided.

We will follow the actual regulations and inform you in case of any changes before your travel and we strongly recommend informing yourself carefully about the latest developments and regulations in Hungary.

Please note, that if you are not vaccinated, costs of potential quarantine or medical attendance are to be covered by you. So please take extra attention that your travel insurance covering these risks!

OTHER PRACTICALITIES:

- Please make sure that you have valid health and travel insurance!
- And once again, please remember to keep all your tickets, boarding cards, and invoices – as we'll need them for reimbursement and project documentation!

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Reimbursement of travel tickets for participants/ travel budget

Travel costs will be reimbursed up to 100% if you manage your travel within the allocated budget (see below) and upon the presentation of the tickets, invoices, and proofs of payment.

Please keep in mind that only direct travel costs between your "home location" and the venue of the event can be reimbursed (private traveling cannot be financed by the fund).

You are entitled to the reimbursement of your travel costs if you present the tickets themselves and related invoices to the name of your sending organization.

The allocated travel budget and the details of the sending organizations are as follows:

Country	Nr. of pax	Travel budget/person	Green travel	Sending organization
Portugal	3	360 EUR	410 EUR	Lugar Específico, unip Lda
Latvia	2	275 EUR	320 EUR	Raibais Kakiks
Italy	3	275 EUR	320 EUR	Citta del Sole
Spain	3	275 EUR	320 EUR	AE Experientia
Germany	3	275 EUR	320 EUR	Via KreAktion
Bulgaria	3	275 EUR	320 EUR	Synergy Bulgaria
Romania	3	180 EUR	210 EUR	Outward Bound Romania
Croatia	2	180 EUR	210 EUR	Outward Bound Croatia
Austria	2	180 EUR	210 EUR	MOVE to Be you
Hungary	3	20 EUR	-	Élményakadémia

Green travel means car sharing (but at least more people traveling by the same car), bus, train.

If you are planning green travel, please let us know!

Please be aware if you do not have the receipt AND the tickets we CAN NOT reimburse your expenses!

Travel cost reimbursement will be done via bank transfer to your sending organization after having received all your travel documents.





In case of questions,
please feel free to
contact us,

We are:



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É L M É N Y A K A D É M I A