



29 JULY -  
7 AUGUST  
2022

# ECOLAB

TRAINING  
COURSE

ALSÓTOLD HUNGARY



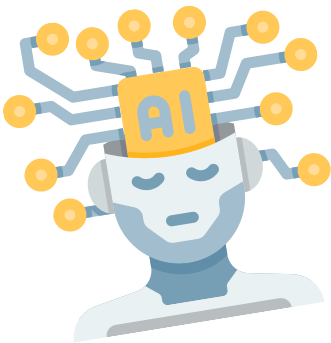
ReCreativity



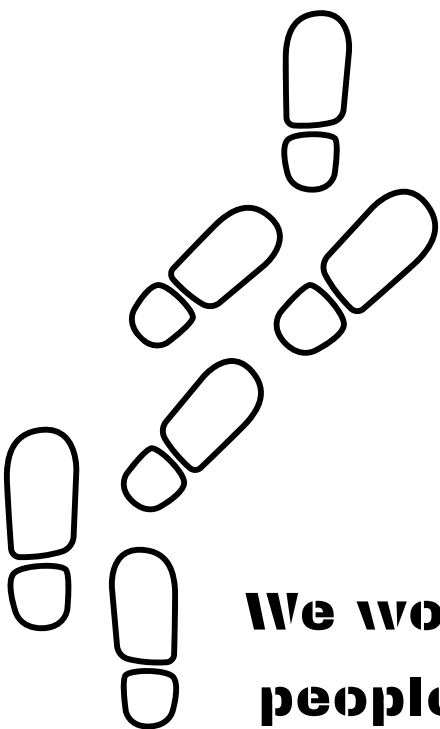
Co-funded by  
the European Union

# What is the purpose of this project?

**AI (artificial intelligence) is getting more and more space and authority and many currently needed jobs will be unnecessary in the next few years. Future work trends show that emphasis will be on the skill of learning to learn, cooperation, problem solving. Future jobs will require skills what we are already using unconsciously and now is the time to use it with awareness.**



**The pandemic showed a new way of working stlye as well. We are gathering professionals from many different areas and fields to discuss how the future's sustainable life can look like. What we need to do as youth workers ? We create a project where we not only share ideas and best practices but we visualize and simulate future professions, businesses with the focus on social impact - especially sustainable solutions. We simulate how to start up a business, we create a learning opportunity to experience what is needed in the 21st century to create a social enterprise with impact.**



**We would like to encourage young people to take the first steps and make their own ideas happen.**

# ABOUT THE MOBILITY

**'Ecolab' Training Course in which we are partners from 7 countries: Portugal, Greece, Italy, Spain, Poland, the Netherlands and Hungary. The project is designed for those who are open to gain new knowledge regarding social business development, learn new methods and to set up a new network where they exchange knowledge and practises.**

## Partner countries:



**ECOLAB creates a platform for all professionals from the youth field to see what is the current situation, what are the challenges what we have to face, as a business owner, startupper, employer or someone just about to decide what we want to do in the future. They will also practice how they can they can design their own educational materials and how they can use different tools in their work with youngsters.**

# HOW?

## METHODOLOGY

**The main method we use is creative recycling which is a method based on creativity, cooperation and crafting. We use creativity and upcycling as a tool to develop various skills. We mix creative recycling with various other non formal educational methods where we focus on learning to learn, creativity, soft skills and digital competences.**



### *Main program elements:*

- **skill-development workshops**
- **working individually and in small, big and mixed groups**
- **teambuilding activities**
- **self-assessment**
- **improvement of key competences**
- **sharing of best practices**
- **outdoor activities**
- **living library**
- **designing educational materials**
- **practicing facilitation skills**







# Highlights of the program

Day 1 29 July	Day 2 30 July	Day 3 31 July
<b>Arrival day</b>	<b>Inspiration</b>	<b>Inside out!</b>
<b>Arrival, registration and introduction</b>	<b>Getting to know the topic &amp; each other</b>	<b>Outdoor Entrepreneurship 101 Design thinking</b>



Day 4 1 August	Day 5 2 August	Day 6 3 August
<b>Stay Creative!</b>	<b>Empowerment</b>	<b>Kick of your idea!</b>
<b>Business ideas put into action</b>	<b>Living Library Work on your idea!</b>	<b>Idea implementation Work on your idea!</b>



Day 7 4 August	Day 8 5 August	Day 9 6 August
<b>Your turn!</b>	<b>Showtime!</b>	<b>What I bring home...</b>
<b>Work on your idea! Mentoring</b>	<b>Presenting the results &amp; Sharing best practices</b>	<b>Evaluation Closing Planning for home</b>

# WHO?

## The Team

**The program is organised by ReCreativity, a social enterprise based in Budapest that is providing non formal educational programs in order that people build creative solutions in their everyday lives.**

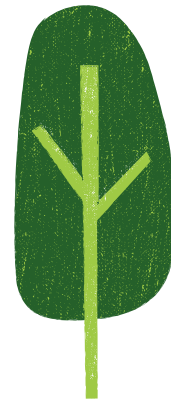
**The program of the mobility is designed and conducted by a multicultural team of experienced trainers and assistants.**



[www.recreativity.net](http://www.recreativity.net)



## Meet the Trainers



### BARBARA FÖLDI

**I am Barbara Földi, one of the co-founders of ReCreativity Social Enterprise. I am an adult educator and youth worker and I am so lucky to do what I truly love!**

**As a trainer and coach I support people to create a lifestyle where they can focus on self development, self motivation and learn how to organize their life in a sustainable way. To live a sustainable life, you do not only have to think about the environmental aspect, but have to learn also how to sustain our motivation, curiosity and creativity so that we can live a life where we support ourselves, others and the planet as well.**

**Our skills can be developed and we are sharing our routines and attitudes. I support people with coaching sessions, trainings and workshops where they can practice all these. What will be your first step towards a more sustainable life?"**



# KATA DIETRICH



**"I am Kata, trainer and training coordinator of ReCreativity. I have been involved in international youth projects for over 12 years - first as a participant and volunteer. 6 years ago I started to work closely with ReCreativity as a project manager and trainer. Since then, I have been facilitating international programs in diverse topics, and have led a great amount of workshops and other educational activities as a part of the ReCreativity team. I am currently finishing my master's degree in leadership and management where I am specialised in organisational psychology and HR management. I will bring my knowledge from my studies as well as my own experience from the labor market to this training course."**



## Participants

**Participation is open for people who are over 18 years old, coming from Portugal, Greece, Hungary, Italy, Poland, the Netherlands and Spain.**

**We are looking for people who are open to learn new methods and tools how they can support young people they are working with in their employment - and for that they are ready to develop their own skills as well!**

**We hope to work with people who are interested in future work trends and would like to immerse in the topic of sustainability, new ideas of employment and who would like to learn about entrepreneurship and what future sustainable work places could be like.**



# WHEN & WHERE?

**29 JULY - 7 AUGUST ALSÓTOLD, HUNGARY**



**The program will take place in the beautiful small village of Alsótold in Hungary.**

**The transportation from Budapest to Alsótold and back will be organised by a common bus for the whole group.**

**The accomodation will be at Toldi Ház, a group accomodation where participants will stay in rooms of 4.**

**See more information here:**

**[www.toldihaz.hu](http://www.toldihaz.hu)**

**Address: 3069 Alsótold, Szabadság street 4**



## GOING VEGETARIAN FOR THE WEEK



**We do believe that one of the biggest - if not the biggest - challenges of humankind is the climate changing. To make this project as sustainable as we can, we will introduce some sustainability practices.**

**As we try to lower our environmental footprint, we choose to provide vegetarian menu during our project.**

**We try to create a menu that is seasonal and as sustainable as possible - while also supporting local producers.**

**We invite you to take this as an opportunity to try something new - we will make sure that you will get to know great new delicious meals and recipes as we work closely with the accommodation and their kitchen for years!**

# PARTICIPATION

HOW TO APPLY?

**You can apply by filling in the**  
**application form by**  
**05 July 2022**

**Please, do NOT buy your ticket,**  
**until you get a confirmation letter!**

**The conditions of reimbursement is described**  
**below. Please, read it carefully and contact us if**  
**you have any questions in advance!**

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## PROGRAM – TIMELINE

Arrival	20:00	29 JULY
PROGRAM STARTS	20:00	29 JULY
PROGRAM ENDS	20:00	6 AUGUST
DEPARTURE	09:00	7 AUGUST

**YOU HAVE TO ARRIVE TO THE  
CENTRE OF BUDAPEST BY 16:00  
THE LATEST 29 JULY! A  
COMMON BUS WILL TAKE THE  
WHOLE GROUP TO THE  
ACCOMMODATION FROM THERE.**





**APPLY**  
**HERE!**





# Costs

The following costs are covered by the **Erasmus+ programme**:

- **Accommodation**
- **Food**
- **Cost of the program**
- **Travel cost (according to the conditions of reimbursement - see below)**

Participants need to cover the following

- **Insurance**
- **Participants' contribution: 20€/person to be paid in cash in HUF or EUR on arrival.**

## Conditions of reimbursement

**The Reimbursement of your travel cost will be paid in HUF after the program and will be done by bank transfer.**

**You can only receive your reimbursement if you participate at the whole program.**

**All the following ORIGINAL documents will be needed:**

- **all your tickets and boarding passes**
- **invoices of tickets**
- **passport or ID**
- **resident permit if you are the a citizen in any of the partner countries**

## Reimbursement/Country

**Spain, Portugal**

**360 EUR**

**Italy, Greece,  
the Netherlands**

**275 EUR**

**Poland**

**180 EUR**

**Hungary**

**20 EUR**



# CONTACTS

DO YOU HAVE ANY QUESTIONS? CONTACT US!

**COUNTRY+  
ORGANISATION**

**NAME**

**E-MAIL  
ADDRESS**

Spain  
AJ Intercambia

**ROCÍO**

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Solidarity Mission

**ANNA**

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Esplora

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ReCreativity

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Collippo

**JOANA**

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IDEA LAB

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CultureClash4U  
the Netherlands

**YASIR**

*info@cultureclash4u.com*



With general questions about the program, please contact us on

*[ecolab.tc@gmail.com](mailto:ecolab.tc@gmail.com)*