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# DigUpSkill Training course

2021-1-R001-KA151-YOU-000005219

**9-16 August**  
**Bucharest, Romania**

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# CONTEXT

This training course will take place in Romania between the 9th and the 16th of August 2022. The APV will take place on day before, so on the 8th of August, in the same location.

During the APV, a group of youth workers (5) will gather to discuss the objectives of the training course, offering their inputs in making them perfectly adapted to the target group.

The training course will serve as the tool of sharing best practices among youth workers, while supporting them in improving their youth work with a focus on digital, active participation, social responsibility and professional development.



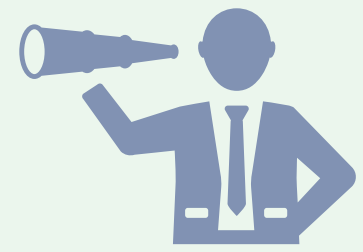
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## GENERAL OBJECTIVES

- ▶ Encouraging entrepreneurship at local, national and international level
- ▶ Promoting social networks and new media technologies for personal development
- ▶ Supporting education at local, national and international level



## SPECIFIC OBJECTIVES

- ▶ Increase quality of youth work, digital youth work and foster collaboration among partners
- ▶ Stimulate active participation and social responsibility among 40 youth workers
- ▶ Promote social networks and new media technologies for personal and professional youth development among 40 youth workers



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# PARTICIPANT PROFILE



## Youth workers

For this TC, a youth worker is someone who **has worked with youth (14-35 years old) for at least 20 hours in the past 6 months leading activities linked to facilitating a learning process**, guiding, mentoring, coaching, informing or supporting young people, online and/or offline, outside the formal education setting.



18+ years old  
gender parity  
good command of English language



Strong motivation towards the objectives and fields (digital, employability) of the project.

Able to carry-out preparation tasks, dissemination actions during and after the training course.



## Fewer opportunities

At least 1/3 of the spots will be given to participants with fewer opportunities (economic difficulties, geographical obstacles, migrant/refugee/minority background obstacles) **that have been described in detail in the registration form.**





# APV- ADVANCE PLANNING VISIT

**The APV will be hosted in Bucharest, at Yesterday Hotel, one day before the Training Course, on the **8th of August 2022**.**

**During the meeting, 3 participants will meet with the organizers to go over the schedule and make the last changes to make sure it successfully caters to the needs of the target group, while taking onto organizatoric roles as dissemination coordinator, logistical support or content provider.**



# METHODS

The Training course will be implemented with the involvement of 40 participants.

During 10 working days, the working methods will be based on non formal education, such as:

- debates,
- simulation games,
- theatre,
- team building,
- workshop,
- intercultural nights
- reflections.



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# TRAVEL, FINANCES AND HEALTH INSURANCE

Before booking any ticket, consult for validation from our side - [adelina.dragomir@geyc.ro](mailto:adelina.dragomir@geyc.ro) - **the tickets that are not validated by us will not be reimbursed.**

It is possible to arrive and stay a maximum of 2 days before and/or after the activity at the participants' own expense and responsibility given that the travel prices are not higher to those of the set dates.



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## Travel green

Green travel is defined as the travel that uses low-emissions means of transport for the main part of the travel, such as bus, train or car-pooling. In order for an itinerary to be considered as been done on a green travel policy at least 50% of the itinerary length has to be done with low-emissions means of transport.



## Reimbursement

Travel costs will be reimbursed after the training course, as soon as we receive the dissemination work done by national groups, the reimbursement form filled with the tickets and boarding passes attached. The reimbursement will be made directly to the partner organization, not to the participants.



## Mandatory

- Valid health insurance card
- Only cabin luggage
- No private transport (taxi, etc) or 1st class tickets
- Booking flight tickets directly from the airline websites (As we have a no-paper policy, please proceed to buy your tickets online and check-in online whenever possible.)

# ACCOMMODATION

Both APV and Training Course participants will be accommodated at Yesterday Hotel, in Bucharest, Romania in twin or triple rooms.

The room division will be established by the organizers.

📍 Yesterday Hotel  
Economu Cezărescu nr.8, sector 6,  
Bucharest

📍 WEBSITE

📍 How to get there from the airport



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## LOGISTICS

- ▶ Breakfast, lunch, dinner and coffee break included
- ▶ Transportation included
- ▶ Towels, toiletries included

## WHAT TO BRING

- ▶ Slippers
- ▶ Local souvenirs, food and drinks for intercultural night
- ▶ Reusable water bottle and bag



# ROMANIA

With a surface area of 238,391 square kilometres, Romania is the largest country in southeastern Europe and the 12th-largest in Europe.

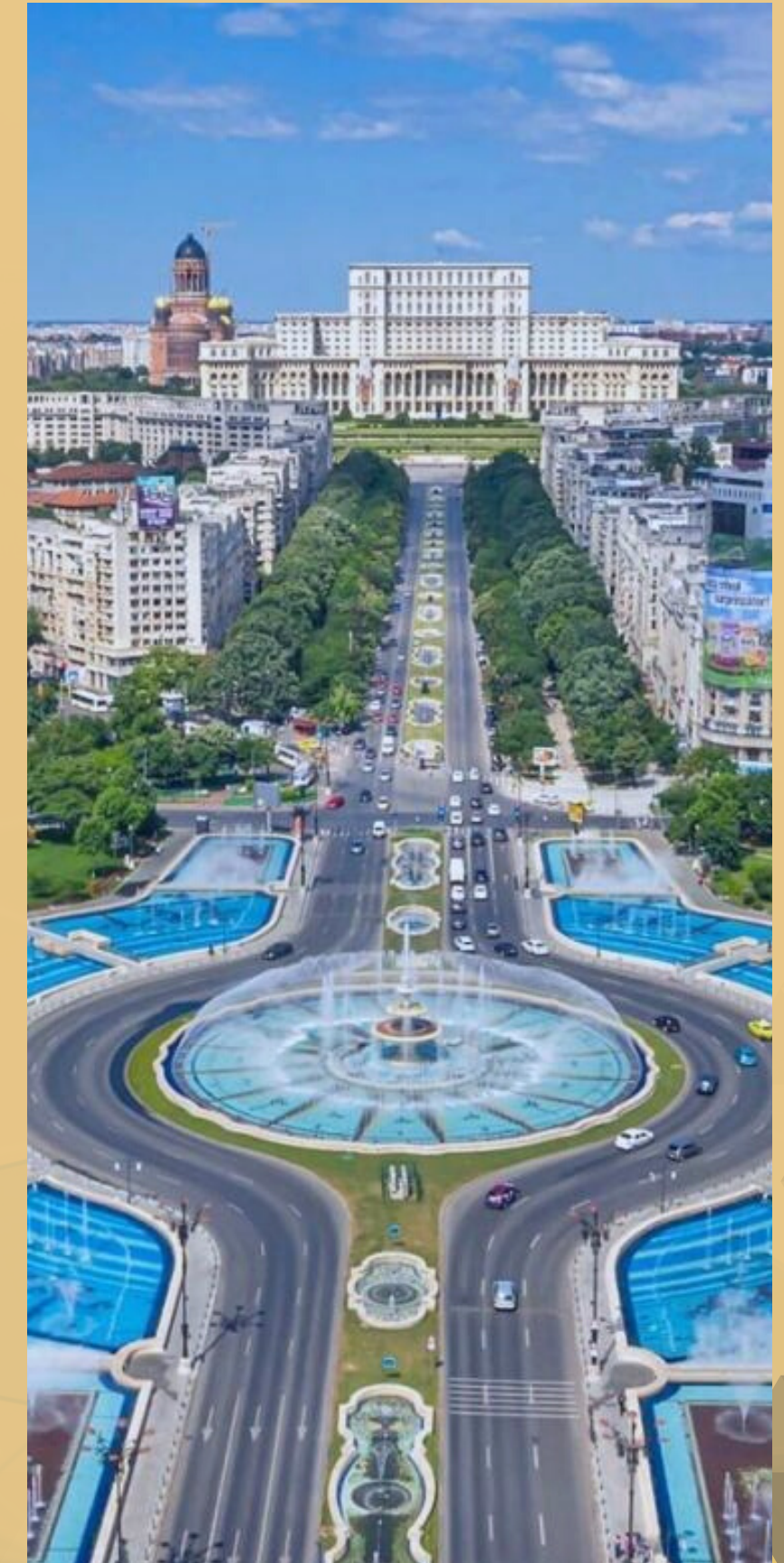
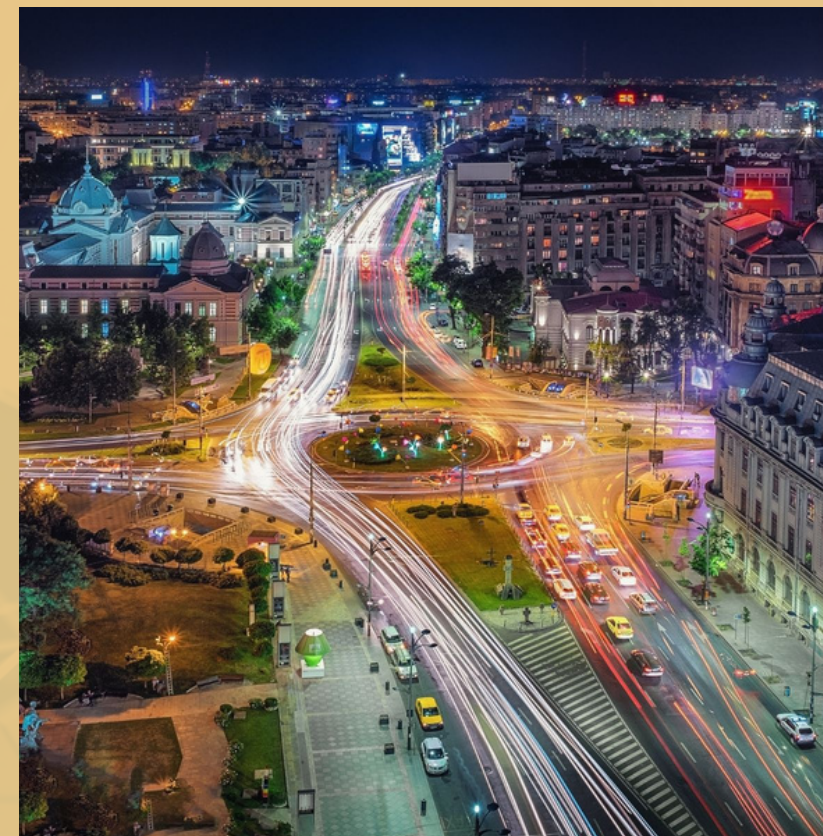
Romania's terrain is distributed roughly equally between mountainous, hilly and lowland territories.

The Carpathian Mountains dominate the centre of Romania. The Danube flows into the Black Sea within Romania's territory forming the Danube Delta, the second largest and best preserved delta in Europe, and also a biosphere reserve and a biodiversity World Heritage Site.



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# COVID INFO & GENERAL TIPS



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## COVID REGULATIONS

After 1 May 2022, all  
entry restrictions for  
Romania have been  
lifted.

## CURRENCY

1 euro=  
4.95 RON

## COVID MEASURES

- open windows
- sanitizer
- reduced physical touch

## INTERNET

Romania is part of SEE  
so, if part of SEE as  
well, no roaming charge  
for data will apply.



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# CONTACT

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