

# *Inclusion Through Solidarity*

*Training Course  
Bucharest, Romania  
13 - 21 July*



**EUROPEAN  
SOLIDARITY  
CORPS**



**Erasmus+**  
Enriching lives, opening minds.



**EaP**

Eastern  
Partnership



# About the project

World Bank defines social inclusion as **the process of improving the terms on which individuals are being involved in society**, thus improving the ability, opportunity, and dignity of those disadvantaged.

Currently, 14.2% of the EU population aged 15-29 is in NEET category and figures are expected to rise in the EU and EaP region. European Solidarity Corps aims to promote social inclusion by facilitating **access to opportunities** for young people with fewer opportunities.

Over 5200 world-wide NGOs were actively involved in ESC; hence, our overall involvement in the social issues combined with the organizational capacities of all entities can provide an answer to the economic crisis generated by the spread of Coronavirus and help protect the socially excluded/in risk of social exclusion youngsters (NEETs), by providing effective **engagement alternatives to traditional employment**.

Yet, there is still an **abundance of complaints in regards to the quality of ESC projects**.

The complaints come from volunteers, ex-volunteers, coordinating, hosting and sending organizations, and it focus on several aspects: from having activities unfit to the project, to the mismanagement of the budget, lack of resources to live in the hosting country, hosting associations complaining about the preparation of the volunteers, confusion about the support staff, abandonment of the volunteers when they return to their country, shortcomings in regard of the learning objectives and much more.



*Inclusion Through Solidarity*

# Objectives

Thus, due to the current situation, Erasmus+ and European Solidarity Corps programs potential when combined, and our specific expertise, we will generate a capacity-sharing space and build quality standards of international volunteering projects as an efficient response to the unemployment crisis.

Hence, during 9 days mobility and throughout the project period, we intend to:

## 01

### Participants

- Empower 29 youth workers in managing quality ESC projects by exchanging experiences and good practices, good management of the project, inclusion strategies, analyzing characteristics and jointly finding solutions.
- Develop a common understanding for 29 participants on how to properly design an ESC projects with focus on quality, based on the inclusion needs of NEET youth;

## 02

### Partners

- Improve the organizational capacity of 9 NGOs for developing inclusion projects, by promoting ESC program as a solution to youth unemployment.
- Build stronger synergies and lasting partnerships among 9 NGOs from EU and EaP and develop future projects, share specific results, good practices and successful strategies used among NGOs in the EU and the region EaP.



# Partners



**COSI, Romania**



**ABCD, Armenia**



**Georgian Youth Development, Georgia**



**Active Youth Community, Ukraine**



**WALK TOGETHER, Bulgaria**



**Let's Keep Learning Onlus, Italy**



**HELLAS FOR US, Greece**



**Asociacion Juvenil Angulo C, Spain**



**Socialinis efektas, Lithuania**



*Click on the  
partners' names*





# Financial and logistics

## Flight tickets

The project is co-founded by Erasmus+ Programme. Accommodation, food, traveling, materials, visa costs are fully covered.

All tickets are booked and bought **only after the approval** of COSI's staff. Only previously approved travel expenses will be reimbursed, so please do not buy any tickets until this has been agreed with the hosting organization.

Participants are asked to keep all of the **original tickets, boarding passes, receipts/invoices** which will be collected during the training.

## Health Insurance

Health insurance IS NOT provided and reimbursed by organizers. All participants are strongly advised to issue private travel insurance.

All EU-based participants need to apply for **European Health Insurance Cards (EHIC)**.

Please let us know if you have any illnesses or use any medicine and you have a special diet or/ and have any kind of limitation.

## Reimbursement

The reimbursement process will take place after the mobility, within approx. 30 days, to the partner organisation bank account. However, we will reimburse participants after: collecting all the travel documents (tickets, boarding passes, invoices), filling the reimbursement form, filling the final Mobility Tools online evaluation, and **only if the participants were actively involved on the whole duration**.

The travel budget limit is 275 Euro per participant, except Bulgaria (180 Euro per participant) and Spain (360 Euro per participant).

## Venue

The Training Course will take place in **Bucharest, Romania**, the capital and largest city, as well as its cultural, industrial, and financial center.

It is located in the southeast of the country, on the banks of the Dâmbovită River.

# Daily schedule

Date/Time	Day 1 - 13.07	Day 2 - 14.07	Day 3 - 15.07	Day 4 - 16.07	Day 5 - 17.07	Day 6 - 18.07	Day 7 - 19.07	Day 8 - 20.07	Day 9 - 21.07
8:30-9:30	ARRIVAL	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:30-11:00		Project Opening	Who is NEET? Defining our target group	Needs Analysis - Problem tree 1	Guest speaker Anca Derjac	Open space - Project management in ESC projects	Project Building 2 Designing the project based on the needs identified	Future project development	
11:00-11:30		Comfort Break	Comfort Break	Comfort Break		Comfort Break	Comfort Break	Comfort Break	
11:30-13:00		Youthpass	What is ESC?	Needs analysis - Problem tree 2		Open space - Logistic management in ESC projects	Project Building 3 Designing the project	E-Dissemination	
13:00-14:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:30-16:00		Group Building	What is Inclusion through Solidarity?	Formulating SMART Objectives	Volunteering, Jobs and Solidarity - World-café	Open space - Other relevant topic in ESC projects	Project Building 4 Re-calibrating outcomes	Final Evaluation	
16:00-16:30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
16:30-18:00	Safety and Protection	NGO Fair - Future partnerships	Fishbowl - Which activities will best reach our objectives?	Role-play - Stages of integration for NEETs through ESC	Project Building 1 Action Plan	Project Building 5. Designing the project final touch and feedback from the staff	From Diary to Certificate Youthpass	DEPARTURE	
18:00-18:30	Welcome evening (A)Official welcome (B)	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	YouthPass Ceremony		
18:30-19:00	Who we are (C) Ice breaker	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting			
19:00-20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
21:00	Free time	Intercultural evening 1	Intercultural evening 2	Intercultural evening 3	Intercultural evening 4	Free evening	Intercultural Romanian evening	Farewell Party	

## Day 1

Arrival of participants at the course venue, check-in, knowledge and introduction of all necessary logistics.

## Day 2

We will create a positive learning atmosphere for all participants, by knowing each-other and introducing the project in general and the mobility program.

## Day 3

We will explore the concept of NEET, ESC program and how can this opportunity be used in our realities, as a solution to youth unemployment and start preparing future partnerships.

## Day 4

We will learn the need's analysis, get acquainted with the Problem Tree methodology, SMART objectives and debate the differences between formal, non-formal and informal learning.

## Day 5

We will welcome our guest speaker Anca Derjac (Romanian National Agency, Expert on Erasmus+ and ESC), followed by a presentation from our ESC volunteers.

## Day 6

We will enhance our project management skills, exchange good practices, inclusion strategies and analyze know-how, in terms of: management tools, quality management, logistics and other topics.

## Day 7

we will work all day in 5 mixed groups (based on common needs) and start developing our own common future 'projects'. Each group will work remotely and build upon the project.

## Day 8

We will analyze and plan further development strategies, promote the Erasmus+ program for other youth workers and youngsters through creating 5 interviews.



*Looking  
forward  
to meeting  
you!*