



TRAINING COURSE

PROcess THEatre YOUTH WORK

May 23-June 1, 2022 - Ecovillage Torri Superiore, Italy

CALL FOR PARTICIPANTS



Co-funded by the
Erasmus+ Programme
of the European Union



Arte del Processo
E DEMOCRAZIA PROFONDA





CALL FOR PARTICIPANTS

PROcess THEatre YOUTH WORK (PROTHEYOU) is a training course for youth workers that will take place in the Ecovillage Torri Superiore in Italy from May 23rd to June 1st, 2022. The participants will come from 9 countries: Italy, Spain, France, Estonia, Netherlands, Slovenia, Portugal, Greece and Ireland.

The course will offer participants tools to work with violence and conflict in groups of young people through elements of group facilitation and processwork combined with theatre and clowning exercises. By working on our cultural identities and European heritage as a history of exchange but also of conflict, participants will learn to recognise the invisible elements that hinder intercultural communication and improve their understanding of themselves and of the groups they belong to.

METHODS

Processwork is an interdisciplinary methodology that offers tools and attitudes to facilitate any kind of human experience, both personal and collective. It focuses on the process of relating - with oneself, with others, with the world - by approaching the dynamics of conflict and power through the valorisation of all points of view and levels of experience present in them, facilitating their interaction and thus transforming conflict into a space of encounter and dialogue based on the integration of diversity.

Systemic Theatre is a methodology developed by Tr3s Social based on its long experience in the field of social and community theatre. Its roots can be found in the Pedagogy and in the Theatre of the Oppressed, in the Systemic and Complexity Paradigm and in Processwork itself. Systemic Theatre is a tool at the service of mediation and facilitation processes, where groups are protagonists in the creative process of researching and transforming conflicts.

Social Clowning is a methodology that combines circus arts, clown therapy (Patch Adams) and gelotology (science of laughing), using play and comedy to dissolve mental and emotional closures, in favour of the spread of justice and social dialogue. In our project in particular, we will explore the potential of clowning techniques to work on complex issues such as power, rank and privilege in groups using an inclusive approach (paraverbal and non-verbal emotional communication).

These three methods are useful and innovative tools to work with conflict management and transformation in contexts of discrimination and marginalisation among young people related to factors such as origin, gender and sexual orientation, disability and religion. The combination of these tools can foster the creation of feedback loops that integrate and enhance diversity and stimulate a sense of belonging.

RESULTS

Participants will learn tools useful to intervene in situations where discrimination and marginalisation are present in groups of young people such as school workshops, neighbourhood centres, street education, etc. They will acquire useful tools and attitudes to respond adequately to the emergence of a conflict in the groups of young people they work with, supporting all parties involved and fostering mutual understanding and the development of a more compassionate attitude while promoting the overcoming of inequalities and discrimination.

Participants will improve their ability to create safe spaces of inclusive listening where diversity, minority voices or those who feel most vulnerable can find the strength to express themselves, overcoming discrimination and marginalisation. They will acquire the ability to recognise the privileges that each individual has, and deepen their reflection on how each of us can use them at the service of others and the group, increasing cohesion and mutual understanding among young people and stimulating inclusion and equality.

Participants will improve their ability to create inclusive spaces to encourage young people to bring out their talents, expectations, needs and to overcome emotional and communication blocks. Participants will also learn to recognise when a relationship or group is entering a pattern of violence, and will acquire tools to transform these repetitive behavioural patterns into patterns that embrace compassion, solidarity, understanding and integration with respect for all parties, thus learning to manage conflicts and turn them into sources of learning. They will learn to recognise their own personal power and reflect upon what may still be challenging aspects, existing belief systems, points of possible personal evolution, and learn techniques to transform this personal awareness into constructive energy for action through an effective communication style.

VENUE

The medieval village of Torri Superiore is a small jewel of popular architecture located at the foothill of the Ligurian Alps, a few kilometres from the Mediterranean Sea and the French border, close to the coastal town of Ventimiglia. Originating in the thirteen century, the village is structured in three main bodies with more than 160 rooms, all connected by an intricate fabric of stairways.

Its complex structure has often been compared to a fortress or a labyrinth, perched on the mountainside. The village has been entirely restored and is now open for ecotourism, courses, meetings and programs of environmental education. The participants will stay in shared rooms within the ecovillage.



TRAVEL AND COSTS

Arrival day is Monday 23rd of May between 14h and 20h. Departure day is Wednesday 1st of June after breakfast. You need to be able to attend to the full duration of the activity in order to participate.

This project is co-funded by the Erasmus+ programme of the EU, therefore travel and most of the participation costs are covered. Participants will have to buy their tickets in advance and will be reimbursed after the activity. The tickets will be reimbursed up to a maximum amount that depends from the country where the travel starts. To be eligible as a participants, your country of departure and arrival have to be the same.

MAXIMUM REFUNDABLE AMOUNTS:

210€ Italy (green travel - no fly)

275€ Ireland (flying allowed)

320€ Spain, France, Slovenia (green travel - no fly)

320€ Greece, Portugal, Netherlands (green travel +1 travel day each way)

360€ Estonia (flying allowed)

To reduce the project's environmental footprint, participants from the closest countries will be asked to avoid flying for traveling to and from the training. Please let us know if this condition is stopping you to participate. To make travelling by land more realistic, for some countries it will be possible to refund the costs for food and accomodation along the way up to a maximum of 60€ per day each way (all included).

PARTICIPATION FEE:

The coordinating organization will ask a participation fee based on a sliding scale between 50€ and 150€. The amount will be self-determined by the participants themselves based on their possibilities. This fee will be used to contribute to the costs of accommodation and training activities.

The COVID travel requirements in Italy are evolving, and we'll timely inform selected participants about the rules in place at the moment of the training.



HOW TO APPLY?

If you want to participate in this training, please fill [this questionnaire](#) before **Monday 18th of April, 2022**.

Participants will be selected based upon the information you share with us here in the application form and consultation with the project's partner organisations.



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