

BRIDGES TO SOLIDARITY

Training Course

Training Dates: **09 - 13.05.2022**

Arrival Date: **08.05.2022**

Departure Date: **14.05.2022**

	Monday, 09.05.2022	Tuesday, 10.05.2022	Wednesday, 11.05.2022	Thursday, 12.05.2022	Friday, 13.05.2022
Timetable	Day 1 - Coming together as a community & Embracing Solidarity	Day 2 - Exploring empathy & sensitivity towards others	Day 3 - Advocating and Networking for Human Rights for young people	Day 4 - Overcoming polarisation within the communities	Day 5 - Roadmap to Solidarity
8.30-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-11.00	Official Opening & Getting to know each other	Unconscious Bias	Human Rights 101	Creating Inclusion, Achieving Belonging	Being Active vs. Being Engaging
11.00-11.30	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
11.30-13.00	Social Construction	Purposeful Youth Work	Equality vs. equity. Exploring HR	Erasing the Dividing Lines in the Communities	Civic Participation
13.00-15.00	Lunch	Lunch	Lunch	Lunch	Lunch
15.00-16.30	The Concept of Solidarity	Exploring Empathy	Competences of Networking and Advocating	Inclusion for solidarity	The Why of Volunteering
16.30-17.00	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Equality vs. equity. Exploring HR
17.00-18.30	Meaningful Communication	The Role of Empathy for the Solidarity Process	Strengthening Communities	Interactive discovery of the town and local realities	Agility and Change
18.30-19.00	Reflection Time	Reflection Time	Reflection Time	Interactive discovery of the town and local realities	Reflection Time
19.30-...	Welcome Dinner	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time