
ERASMUS+ TRAINING COURSE
VILNIUS, LITHUANIA
03.05.2022 - 11.05.2022



PEACE
AT
WAR

LITHUANIA

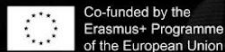
SWEDEN

CYPRUS

BOSNIA AND HERZEGOVINA

ROMANIA

GEORGIA



01

PROJECT NAME

Peace at War

02

TYPE OF ACTIVITY

ERASMUS+ Training Course

03

DURATION

7+2 travel days (3-11 May, 2022)

04

PARTICIPATING COUNTRIES

**Lithuania, Bosnia and Herzegovina,
Georgia, Romania, Sweden, Cyprus**

05

NUMBER OF PARTICIPANTS

4 per country (24 in total)

SUMMARY

Conflicts shatter lives and stunts development. And at the heart of many violent conflicts lie issues of inequality, injustice and exclusion. Conflicts have multiple drivers, operate as systems, are often local and do not stop at state borders. Responses require the influence, resources and commitment of different people and institutions, at different times. And young people, as members of a dynamic group in society, play a crucial role in positively transforming conflict situations and in building the foundations of democratic and peaceful societies. Without recognizing youths as agents of positive change, their trajectories in peacebuilding would likely be ignored, wasted and at best, under-utilized.

Peacebuilding activities address the root causes or potential causes of violence and stabilize society politically and socioeconomically. Thus, successfully create an environment supportive of self-sustaining, durable peace; reconcile opponents; prevent conflict from restarting; integrate civil society, and address underlying structural and societal issues. That is why partner organisations are putting their voices together to start youth workers' mobility to:

1. Build the capacity of youth workers of ensuring the social integration of war victims;
2. Prepare youth workers to be able to play a stronger role in transforming conflict situations and in building the foundations of democratic and peaceful societies;
3. Equip youth workers with knowledge on humanitarian aid;
4. Train youth workers on conflict transformation and open dialogues to overcome violence, prejudice and discrimination.

A number of themes will be covered: 1) introduction to conflict prevention and peacebuilding, 2) culture of peace vs culture of violence, 3) gender in conflict prevention and peacebuilding, 4) the notions of discrimination, vulnerability and empowerment and 5) responding to conflict: non-verbal communication/active-listening/negotiation/mediation/social integration of war victims.

PARTICIPANTS

Training course will involve 4 **youth workers** from each participating country (24 in total), **minimum 18 years old** with no age limit, and priority will be given to those with fewer opportunities coming from conflict-affected/refugee/ internally displaced groups. **Proof of COVID-19 vaccination is required to participate.**

FINANCES & TRAVEL BUDGET LIMITS

1. Accommodation, living and other project-related expenses: 100% funded by the EU.
2. 100% of the travel costs, but no more than the maximum compensation amounts given below, will be reimbursed upon presenting all necessary tickets & invoices.
3. Participants are required to have insurance covering travel expenses in the case of COVID-19.

Travel distances	Amount
Lithuania	20 € per participant
Bosnia And Herzegovina	275 € per participant
Georgia	275 € per participant
Romania	275 € per participant
Sweden	275 € per participant
Cyprus	275 € per participant

We will reimburse the travel expenses after the mobility by bank transfer, in accordance with the Erasmus+ framework. In order to make the reimbursement, it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the

reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

1) Tickets and Boarding Passes

2) Invoice / Receipt

Keep your bus/train tickets as well! Travel by cars/taxis is not reimbursed.

MONEY

The official currency in Lithuania is **Euro**. The prices in Lithuania are not high as well (e.g. bus ride - 1 EUR, pizza – 6.5 EUR). You can check the cost [of living](#) in Lithuania.

GETTING TO LITHUANIA

The fastest and most secure way to reach Lithuania is by plane. The main aerodromes are in Vilnius and Kaunas. They have direct flights to all main cities in Europe. You can reach almost any bigger city in the world with just one change of plane.

One more way of reaching Lithuania is by **bus**.

It has direct routes to Germany, Poland, Italy, Belarus, the Czech Republic, Latvia and other nearest countries.



TRANSPORTATION

Firstly, you should find a flight to Vilnius (VNO) or Kaunas (KUN) airports. **The arrival day is the 3rd of May and the departure day is the 11th of May, 2022.** Try to find a suitable option for the flights on these days.

ACCOMMODATION & FOOD

Venue: [Žemaitės Hotel](#). Located at the city center of Vilnius.



Rooms: with 2-3 beds. Towels and bed linen will be provided. The Main Activity Room is located in the same building. WiFi internet connection is available. Organizers will provide participants with three meals per day and two coffee breaks. Food will be served at the hotel or cafeterias nearby. We strongly recommend each participant to **inform the organizers about any special dietary needs** in advance.

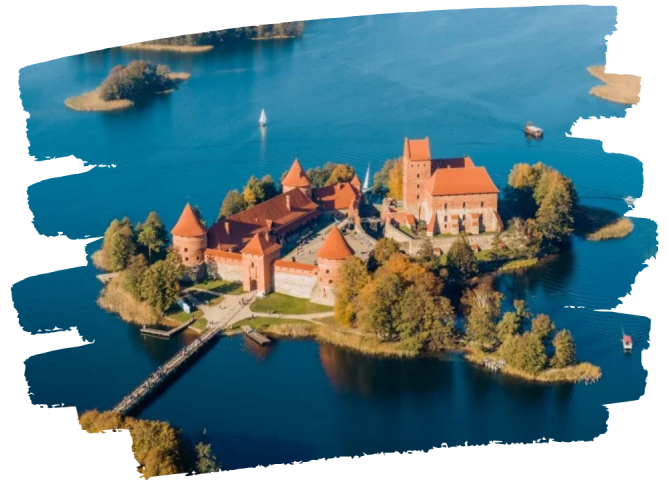
BASIC RULES: All the participants will be expected to be present and active in all the activities unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Smoking is prohibited everywhere inside buildings (the guest house levies a fine of 30 EUR), thus all the smokers will have to go outside or to specially designated areas for a cigarette. Any damages to the property of the guest house or the organizers will be deducted from the travel reimbursements of the ones responsible.



ABOUT LITHUANIA

Check the following websites to get to know more about our lovely Lithuania and Kaunas:

- [Official Lithuania website](#)
- [TripAdvisor Lithuania](#)
- [Lithuania Vacation Travel Video Guide \(2017\)](#)



ADDITIONAL STAY

The hosting organization is covering the accommodation **ONLY** for the stay during the mobility. In case of earlier arrival or later departure, participants themselves must cover the accommodation. In addition, we can only cover tickets 7 days earlier or after the project date. If you are planning to stay longer after the project or arrive earlier, please inform us before booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel will not be reimbursed.

PREPARATION & THINGS TO BRING

- Make research on peacebuilding in your country together with your national team. Check what kind of initiatives are being implemented and what is done to ensure social inclusion of war refugees in your country;
- Prepare to present your country's culture. Bring some snacks, country flag and attributes!
- If you have relevant experience connected to peacebuilding – please let us know beforehand;
- Bring all your travel documents as presented above;
- Bring hygiene products and needed medicines;
- Bring comfortable clothes, no dress code! Also, your laptops/cameras/smartphones or everything that is possible to use to make and edit pictures;
- Prepare to learn and contribute to helping war victims around the world!

More preparation needed for the activities will be posted online after the participants are selected.

Stay connected



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Greta Kunickytė

If you have any questions, please contact us via email or Facebook.



www.facebook.com/activeyouthlt



www.instagram.com/active.youth/



www.youtube.com/activeyouthlt



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See you soon!

