



Infopack

Mobility of youth workers

BASE

Be A Social Entrepreneur

Welcome to Cefalù!



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First of all, we want to welcome you warmly before your traveling!

Below there are written some information that can help you feel more confident during the travel and during the course. If there is something that you would like to know but it is not written here - just ask.

Who are we?

We are sure you are asking yourself who we are, and you would like to get to know us a little bit before you come. So, we are proud to present **Cooperazione Senza Frontiere - CSF Palermo**.

Cooperazione Senza Frontiere

Cooperazione Senza Frontiere is an organization founded in 2010 that has been working in the field of social promotion, volunteering, active citizenship and youth mobility, by implementing many projects (especially in the framework of the old Youth in Action Program), as well as at the University of Palermo, by organizing seminars, debates, workshops and social events. We are as well active in the field of international cooperation and development.

The organization was formed just by students and graduated from the same university course at the University of Palermo: Economic development and international cooperation. However now we are more variable group.

Besides our usual activities we're constantly working to strengthen our partnerships both at the national level and in the field of International Cooperation. CSF is part of Giosef Italy, a national network of organizations, its work aims to enhance youth participation and social inclusion especially through mobility projects. CSF is as well part of CONGASS - Coordinamento ONG e Associazioni di Solidarietà Siciliane, it is formed by 9 of the biggest and most influential Sicilian organizations active in the field of international cooperation that aims to foster solidarity within local and international dimensions.

Where are you coming to?

Cefalù is a city and comune in the Italian Metropolitan City of Palermo, located on the Tyrrhenian coast of Sicily about 70 km (43 mi) east of the provincial capital and 185 km (115 mi) west of Messina. The town, with its population of just under 14,000, is one of the major tourist attractions in the region. Despite its size, every year it attracts millions of tourists from all parts of Sicily and also, from all over Italy and Europe.

The project will take place at the beautiful Sikelios Appartaments (<https://sikelios.com/>).

Sikelios Apartments combine the tranquility of a serene holiday with the option of being able to visit the historical centre of Cefalù and its beautiful seafront. The building is divided in 11 independent apartments, each furnished with all sorts of comforts: air conditioning in both the living and the sleeping areas, a full-equipped kitchen, a 32" TV, Wi-Fi, a fridge, a washing machine and a hair dryer. Each apartment has its own independent entry. The large communal external spaces include a swimming pool, a solarium, a garden with barbecue, a children's play area and a terrace with a panoramic view over the sea.

Project Summary

Generally, non-profit organizations that actively work in the social sector find it difficult to maximize the desired impact of their interventions. As a curiosity, an educational project in the suburbs of Southern Italy has similar failure causes of a health project in Cambodia.

The project BASE aims to promote social entrepreneurship among young people as a sustainable business model for youth organizations and as an instrument to contribute to countering youth unemployment.

General Objective:

- to Improve the quality and sustainability of the interventions of the youth organizations in their work with marginalized youth in order to facilitate the achievement of the desired impact and to maximize and multiply the learning outcomes.

The Specific Objective of the Project is:

- to increase and improve the competences of youth and community workers in planning and delivering high quality projects and programs in their work with excluded youth.

Expected Results:

- Transfer the techniques and methods of conception and formulation of social development projects for excluded young people;
- Refine the collaboration between the project partners in the field of social work with excluded young people;
- better knowledge for the new Erasmus program: 2021 - 2027.

Learning Outcomes

Participants will learn:

- about project cycle management (PCM);
- how to identify problems/causes and objectives and how to find the most appropriate strategies in order to reach them;
- how to prepare a logframe matrix;
- how communication and dissemination can support the sustainability of a project;
- how to monitor the project cycle and mitigate risks;
- effective learning experiences and approaches that are used in the context of community work with marginalized youth.

Target groups

The target group is made of Youth Workers (18-35 years old) in youth organization interested in social entrepreneurship and local community development, providing services and opportunities for support of young people in developing their competences.

BASE will involve two profiles of participants:

-Youth workers that are engaged in community work with marginalized youth, refugees, community members and young people;

-Project managers, community leaders, educators, facilitators, social workers, intercultural mediators that are interested to improve their competences for work with marginalized youth.

One of the main criteria is the participants to be able to communicate in English.

Travel dates: January 2022

Training period: January 2022

Partner organizations

Country	Organization	N. of pax	Max. travel budget per pax
Italy	Cooperazione Senza Frontiere	3	0
Poland	Fundacja "Zielony Slon"	4	275
Lithuania	Asociacija Tavo Europa	3	360
Portugal	Reencontro, associação social, educativa e cultural (I.P.S.S.)	3	275
Greece	Open Cultural Center	3	275
Cyprus	Dione Youth Organization	3	275
TOT.		19	

Travel Details

According to the grant support to travel costs in the Erasmus+ Programme, travel distances have been calculated using the distance calculator provided below:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm?utm_source=ExisT+-+European+Volunteers%27+Newsletter&utm_campaign=ec3710eb6b-ExisT+Newsletter+-+Maggio+2014&utm_medium=email&utm_term=0_f50d5476ea-ec3710eb6b-73540869

Travel costs for each participant are covered 100% according to specific flat rates as indicated below. Possible extra costs should be covered by sending organizations or participants themselves.

Reimbursement of travel tickets

In line with the Erasmus+ Programme, travel costs are refunded according to the distances calculated using the distance calculator. Possible extra costs overcoming the budget limits should be covered by the participants themselves or by the partner organizations.

Reimbursement will be made via each sending organizations bank account. The total amount will be confirmed upon full attendance of the TC by the participant and only after receiving the participants' original travel documentation, as follows:

- 1) Flight reservation + invoice issued by the flight company;
- 2) Invoice by travel agency (if the tickets have been booked by a travel agency) + details of passengers and flights details;
- 3) Original boarding passes or online boarding passes (in case of check-in online);
- 4) All original tickets of bus and/or train;
- 5) Copy of ID.

Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission website for the month of ticket purchase.

The total amount to get refunded will be calculated based on the travel documents received.

Booking Your Flights

- Participants are required to book their flight tickets on their own.
- The flight's departure and return points are the closest international airport to the participant's usual residence.
- Please ask your sending organization to confirm your flight with CSF to baseproject2022@gmail.com
- Deadline to book the flight tickets is **5.01.2022**

How To Get To Sikelios

The best option would be to land on:

- Palermo airport (the closest airport to Cefalù)
- the second option is the Catania airport

* Usually international flights transit via Rome and Milano, but other options should be checked.

1) ARRIVAL AT PALERMO AIRPORT

Exit the arrival terminal and follow the indication "Prestia e Comande" to find the departure of the bus. Buses go every 30 minutes (from 6.30 to 24.00 - every half hour). It takes 50 minutes to arrive to Palermo City centre. Last stop where you have to hop off is: Piazza GiulioCesare /StazioneCentrale

Ticket price: € 6.30, you can purchase your ticket directly on board.

2) ARRIVAL AT CATANIA AIRPORT

- Bus from Catania airport to Palermo central bus station: Buses go almost every hour. For more information check: <https://www.saistrasporti.it/>

Once you get at the Palermo Central Station:

- Check the trains from Palermo Central Station to Cefalu. Then text a Sms or Whatsapp to CSF - Giulio, 0039 3287751306, in order to agree on your arrival time.
- CSF staff will pick you at Cefalu station on arrival and take you to the Sikelios Appartments.

Activities

The project timetable will be shared with the partner organizations and all participants before their arrival.

COVID-19 Restrictions and Rules

- For legislation all travelers should have a **valid EU Digital Covid Certificate** for the training dates.
- Fill the **Passenger Locator form (PLf)**: <https://app.euplf.eu/#/form>
- We will try to keep all the possible updates for entering in Sicily and in Italy.

Emergency situations

Phone numbers:

Sofia: +39 3472766187

Giulio: +39 3287751306

Marija: +39 3279571460

Police: 112-113

Firemen: 115

Ambulance: 118