

Izery Mountains, Poland

**ART OF INCLUSION -
INCUBATOR OF
MIXED-ABILITY YOUTH
PROJECTS**

11-17 of October
2021



Funded by the
Erasmus+ Programme
of the European Union



Dear participants, we are happy to welcome You to the Training Course :
"ART OF INCLUSION -INCUBATOR OF MIXED-ABILITY YOUTH PROJECTS " !

Our main idea is to explore and discuss the concept of mixed-ability youth project, in which young people with and without a disability can participate on equal basis.

This project will get together THOSE, who are already working with young people with physical/mental disability
and THOSE, who have never worked, but would like to start in future.

During the TC we will exchange experience and know-how, try how to manage mixed-ability activities and start new cooperations for common projects.

All of You are Co-creators of this project, so let's make our best =)

with warm greetings, Windmill Tree team



GENERAL INFORMATION

ORGANISER : Foundation for Holistic and Sustainable Development Windmill Tree (Poland)

PROJECT CO-FUNDED by Erasmus + EU program for education, training, youth and sport

NUMBER OF PARTICIPANTS : 30 (1 representative per organization, in case of need - accompanying person)

DATES AND DURATION : 6 days, Arrival to the project venue - 11/10, Informal integration in the evening

Departure from project venue- 18/10

PROJECT VENUE: Szklarska Poręba (Karkonosze Mountains)

- The food (3 meals per day), accommodation will be fully provided and paid by the organizers
- Participation in all workshops and project activities are free of charge.
- Participants get reimbursement of travel costs according to Erasmus + reimbursement rules (which is explained below)

PARTICIPANT PROFILE

- Older than 17 years old
- Experience in work with youth with disability / or strong interest in getting such experience
- **OBLIGATORY :** active involvement in sending Organization activities - full time / part time worker / volunteer
- **OBLIGATORY :** to be available to attend all the project activities
- Communicative level of English



TRAINING COURSE PROGRAM

The program will contain:

- Presentations of good practices from representatives of partner organizations, which are experienced in topic of mixed-ability projects (therefore we expect participants, who are directly involved in organization activities)
- Simulation activities, which will help us to find out how we can reshape activities, so they will be more inclusive. We will concentrate on seeing and hearing disability, limited mobility and mild mental disorders (e.g. autism and downsyndrom)
- Study visit to local Social Enterprise as a Supported Employment model for people with disabilities
- Integration and teambuilding activities.
- Work on common projects – partnership building activity
- Presentation of Erasmus + program and discussion about possibilities



REIMBURSEMENT RULES:

- Reimbursement can be made ONLY in case of full participation in all project days and on the basis of original tickets (either digital or paper).
In case of plain - boarding passes (or document that proves payment, in case there is no boarding pass).
In case of traveling by private car, REIMBURSEMENT CAN ONLY BE MADE ON THE BASIS OF copy of :
driving licence, Documents that Prove Vehicle Ownership, fuel refueling invoice with the travel date appropriate to the project dates
- Reimbursement of travel costs is based on on-line Erasmus+ Distance Calculator.
- On next page You can find a table with max sum of money, which can be reimbursed per person, both ways.
In case if the travel cost will exceed the possible reimbursement sum, the difference is considered as participant contribution.
- Reimbursement of Viza costs are made ONLY based on original documents, which contain PROOF OF PAYMENT and payed sum of money. We kindly ask You to get from Polish Embassy confirmation of payment in Polish language. In table below U can find max sum of money, which can be reimbursed per person. In case if viza cost will exceed the possible reimbursement sum, the difference is considered as participant contribution.

		TRAVEL COSTS BOTH WAYS PER PERSON	VIZA COSTS	ORGANIZATION(S)
	ALBANIA	275 EURO		1) VIZIONI I RI 2) NGO EPOKA E RE
	ARMENIA	360 EURO	40 EURO	NGO "INMOTION ARMENIA"
	BELARUS	275 EURO	60 EURO	1)ASSOCIATION "DEA" 2) ASSOCIATION OF SMALL BUSINESS AND CIVIL DEVELOPMENT
	BOSNIA AND HERZEGOVINA	275 EURO		ASSOCIATION BRAVO
	GEORGIA	360 EURO		1)CHARITABLE PUBLIC ASSOCIATION "WORLD WITHOUT BORDERS" 2) NGO "BELAPDIIMI"
	GERMANY	180 EURO		JUSEV - YOUTH WELFARE AND SOCIAL WORK
	GREECE	275 EURO		NGO "BE VISIBLE BE YOU "
	ITALY	275 EURO		SOCIAL ENTERPRISE CONSORZIO COOPERHO ALTOMILANESE
	LATVIA	275 EURO		NGO "RADI VIDI PATS"
	LITHUANIA	275 EURO		ASSOCIATION ACTIVISTS
	MALTA	275 EURO		NGO "PRISMS"
	MOLDOVA	275 EURO		1)EUROPE WITHOUT BORDERS ADVIT 2) MIRAS-MOLDOVA

		TRAVEL COSTS BOTH WAYS PER PERSON	VIZA COSTS	ORGANIZATION(S)
	MONTENEGRO	275 EURO		NGO "MLADIINFO MONTENEGRO"
	NETHERLANDS	275 EURO		SOCIAL ENTERPRISE DRAWING TO HEALTH
	ROMANIA	275 EURO		ASOCIATIAON BABILON TRAVEL
	SPAIN	275 EURO		1)ASOCIACIÓN MADRID OUTDOOR EDUCATION 2) NGO "FORO JOVEN TOLEDO"
	THE REPUBLIC OF NORTH MACEDONIA	275 EURO		CENTER FOR YOUTH KRIK
	TURKEY	275 EURO	70 EURO	INFORMAL GROUP "FORSTORM "
	UKRAINE	275 EURO		1)NGO "ON3WHEELS" 2)SOCIAL ENTERPRISE WORKSHOP OF THE DREAM



TRAVEL DETAILS:

- We have great opportunity to make our project in breathtaking nature of Izery Mountains. Therefore, we kindly ask you to take your travel to project venue as an adventure.

Final destination : Szklarska Poręba

THE NEAREST AIRPORT : Wrocław

In case U will travel to Krakow, Warsaw or any other Polish city – You will have to take train/bus to Wrocław.

Here some useful links to find connections:

<https://www.flixbus.pl/polskibus> = U can buy ticket ONLY on-line

<https://en.e-podroznik.pl/>

From Wrocław you can take train / bus with direction "Szklarska Poręba Górna " or to Jelenia Góra (<https://en.e-podroznik.pl/>) and from Jelenia Góra to Szklarska Poręba

More detailed information about travel details participants will get via email.



CHECKLIST - WHAT YOU NEED TO BRING WITH YOU

- x comfortable shoes and clothes for having activities in nature
- x towel
- x printed/digital info materials about Your organization (booklets, leaflets etc.
- x some gastronomic specialities (food and/or drinks), Your traditional costumes or anything that can help You to present Your country



IF YOU HAVE ANY QUESTIONS
CONNECTED WITH PROJECT,
PLEASE FEEL FREE TO CONTACT:

Email:
projects.windmill.tree@gmail.com

WhatsApp:
: +48 79 63 69 201