



# ON UNEXPLORED ROUTES

Training of Trainers project supported by Erasmus+

**Organized by Élményakadémia - Academy of Experience**



## STARTER PACK FOR PARTNERS



É L M É N Y A K A D É M I A

# WHAT IS OURS?

OURS - On Unexplored RouteS is an international learning program held in two modules in 2021. It consists of two 10-day training courses and is supported with coaching. The program is realized by partner organizations sending 2x24 youth workers from 8 countries (Armenia, Georgie, Turkey, Ukraine, Italy, Latvia, Romania and Hungary) committed to social inclusion. The aim of the program is to expand and develop the participants youth worker competences using outdoor experiential learning as a method and the European Training Strategy youth worker competence framework as common ground for professional development. The focus of this learning program is to provide participants tools to deal with challenging situations, and to strengthen a positive vision and increase participation of disadvantaged youth. The combined methodology of the program is enriched with the exchange of good practice between organizations.

## BASIC INFOS

- **Project number:** 2020-2-HU01-KA105-079059
- **Organizer:** Élményakadémia KHE/ Academy of Experience
- **Date of the first training:** 17/08/2021 – 28/08/2021 (including travel days)
- **Date of the second training „Explore”:** 15/09/2021- 26/09/2021 (including travel days)
- **Place:** Hungary , Répáshuta Bükk Mountains
- More than **24 participants** from Armenia, Georgie, Turkey, Ukraine, Italy, Latvia, Romania and Hungary.
- **In the second training** there will be an additional 25 Hungarian disadvantaged youngsters involved for 3 days.

## ABOUT US

**Academy of Experience** public benefit association was founded at the end of 2005 by 12 volunteers who would like to dedicate their future to the non formal education and development of young people. The objective of the organization is to develop social and personal skills and attitudes of participants by using outdoor activities and applying the methodology of experiential education (learning by doing).

Our organization focuses on increasing the awareness of personal and social responsibilities, sustainable environmental education, helping the development of life-leading competences. Our organization gives the possibility to use the world of experiences as classroom, to discover and develop your hidden resources through real adventures and challenges. More info at [our website](#) or [FB page](#).

## PARTICIPANTS

Age limit: **22+**

- You have work experience as a youth worker / social worker working with youth / young people
- if as a youth worker you feel strongly motivated and inspired to work with disadvantaged young people in the near future
- You can possibly participate in both trainings as they are built upon each other
- You'd like to know more about the topics listed in planned themes such as experiential and outdoor education, social inclusion, on-the job experience with disadvantaged youngsters, personal development
- You are open to share your experience and meet others interested in this topic;
- You are open to outdoor education and team/nature challenges;
- You speak English at least on a basic level;

## CONDITIONS

This training course is financed by the Erasmus+ programme of the European Commission and requires co-funding from your side. All costs related to board and lodging will be covered by the grant, as for the programme a participation fee of 50 Euro for EU members and 30 Euro for Eastern Partners is due. Travel costs will be reimbursed to up to 100% upon the presentation of the tickets, invoices and proofs of payment if you manage your travel in the allocated budget. Please note that detailed info pack will be provided only to the selected participants.

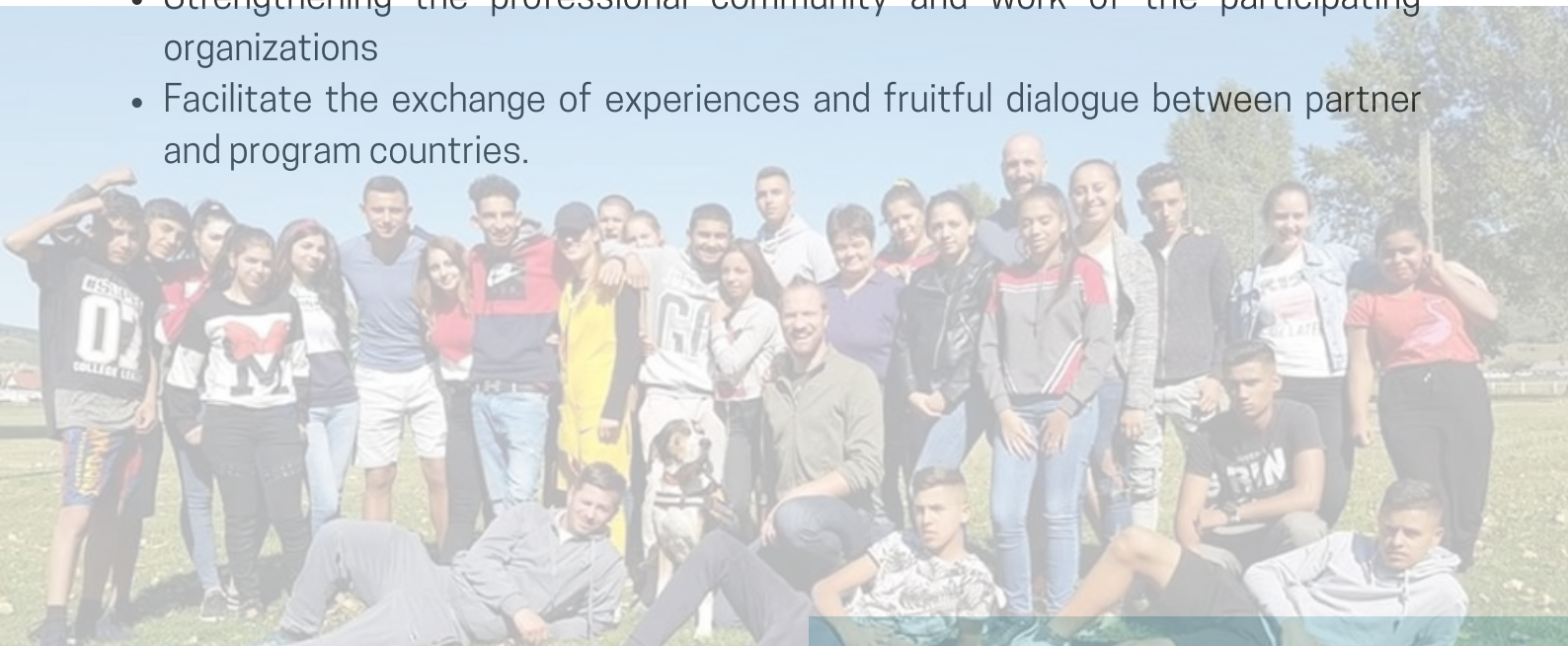
**IMPORTANT:** In case of you are coming from less opportunity background and / or unemployed, and the participation fee would be the bottleneck of your participation - please indicate this in your application form. For a limited number of participants we can give discount.



# MORE ABOUT THE TRAINING

## The main goals of the project are:

- Providing new tools and methods for youth workers who are committed for social inclusion.
- Increasing the opportunities for highly disadvantaged youth in their lives and enhance their social inclusion
- Preparing youth workers, trainers and the target group for unpredictable and challenging situations, increasing their resilience.
- The programme includes a competence survey (ETS) that enhances the participants' awareness of their own professional competences
- Understanding, recognizing and accepting the emotions of disadvantaged young people with other cultural characteristics and finding the resources they already have
- Preparing professionals to be able to increase and support the social integration and employment opportunities of young people with difficult circumstances.
- Find useful and inspiring roles that young people at the margins of society can play in local communities and through which social integration can take place in a natural way.
- Increasing social responsibility and raising awareness of the role of participation.
- Enriching the youth worker toolbox of participants and raising their awareness of their professional development based on the European Training Strategy Youth Worker competences framework
- Promoting a positive future for participating disadvantaged young people
- Strengthening the professional community and work of the participating organizations
- Facilitate the exchange of experiences and fruitful dialogue between partner and program countries.



# ABOUT THE FIRST TRAINING



During the 10-day international training, youth workers from 8 countries take part in personal learning processes that prepare them to work more effectively with the target group. They learn about new tools and methods, based on approaches that are proven to be effective in supporting the development of the target group.

We designed the training based on the following:

**Outdoor experiential education**, which is an outdoor form of non-formal education that helps participants to open up, to experiment freely and to understand their learning process, to guide and lead their personal/group learning with the experiences gained. It helps the group to experience strong group sense with challenging problem-solving activities and with games for getting to know each other (as a person, as a youth worker) in a deeper way. Experiential learning creates unique learning environment with letting participants to step out their comfort zone through expedition, low- and high ropes courses, rock climbing and team building activities in nature. After the activities reflection makes sure that the competences learned are noticed and built-in the every day personal and professional life of the participant. It works with the quotation "there is more in you than you think" by Kurt Hahn, that impells a human role model who is active, creative, compassionate, risk-taker and on a path of life-long learning with others.

**Solution-focused approach and methods** that help participants keep their own learning goals in mind. Solution-focused approach is used in the coaching process which takes place in large / small groups, according to topics (sharing good practices, new and innovative approaches, networking), so you get the best results in an easy, creative, playful way. The training ensures the preparation for the appropriate response to unexpected situations. Youth workers also become more aware of what they can do and what is beyond their competence regarding the support of youth living with challenges. The basic competence acquired in the field of mental health first aid helps youth workers to notice and respond to crisis situations, to be able to provide support to young people. Reflection on proficiency in this field is also an integral part of professional self-reflection using the ETS competency model.

**Competence development** in each area (experiential pedagogy, solution-focused approach, mental first aid ) takes place in the broader framework of the ETS competence model. This gives the participating professionals a complete picture of the areas of competence relevant to youth work, as well as an assessment of the areas in which their previously acquired knowledge and experience have enabled their development (where they are in their professional development).

# ABOUT THE SECOND TRAINING

## „EXPLORE”

The second part of the training also covers 10 days. Participants can be the same youth workers who took part in the first training course. For their professional development, they plan, implement a 3-day camp for youngsters with fewer opportunities, and then evaluate it. They use all the knowledge they learned in the first training.

The international team will work with 25 youngsters in a frame of a 3 days "camp". They will receive a profound preparation with self-experience outdoor parts before the on-the-job experience of how to design a workshop for them. Through the experiential learning method and tools, participants have the opportunity to try out new techniques they have learned. After the camp for the youngsters participants and trainers have the opportunity to close their learning process: to give feedback, to reflect and assess, share learning outcomes and see the growth of their competencies as youth workers. They also have room to plan and create connections with each other. All of the above-mentioned aims are supported by the use of different self-expression and reflection methods.

Once again, it would be kind of essential if the same participants could participate in the first and the second training as well, ensuring the continuity of the program.

**ADDITIONAL INFORMATION:** Youth workers from disadvantaged background (financial) are highly encouraged to apply!



# TRAVELLING & REIMBURSEMENT

If your participation is confirmed you can proceed to buy your travel tickets to Hungary according to the Conditions of the Reimbursement. Please read it carefully.

- We can only give you back the money if you bring all the invoices and tickets and they have the right data!
- In the EU grant we will receive a certain amount of money for this purpose, which we are not allowed to exceed.
- Amounts given are for return tickets between your place of living and the venue of the trainings
- We reimburse public transport tickets from Budapest or from cities where you change transportation only if they fit into your limit and you bring the invoices of them as well.
- Erasmus+ program recommends to use the cheapest and shortest transport available! Do not use taxi! Thank you!

Reimbursement limits per country: In the EU grant we will receive a certain amount of money for this purpose, which we are not allowed to exceed. These amounts are based on the costs that were calculated by the European Commission.

Country	Number of participants of the first	Traveling cost (return ticket per person per
Hungary	6	0
Romania	4	275 EUR
Italy	3	275 EUR
Latvia	4	275 EUR
Turkey	3	275 EUR
Ukraine	3	275 EUR
Georgia	3	360 EUR
Armenia	3	360 EUR

Country	Number of participants of the second training	Traveling cost (return ticket per person per training)
Hungary	13	180 EUR
Romania	4	275 EUR
Italy	3	275 EUR
Latvia	4	275 EUR
Turkey	3	275 EUR
Ukraine	3	275 EUR
Georgia	3	360 EUR
Armenia	3	360 EUR

# CONDITIONS OF REIMBURSEMENT

By law and the funding rules of the Erasmus+ Program we need to follow certain administrative procedures. We are asking for your support and cooperation in keeping these rules. Please make sure that you read and understand the conditions and the procedure.

Conditions of reimbursement:

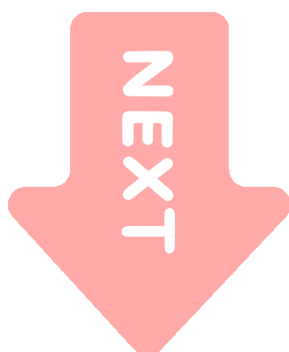
- Only if you participate in the whole program you get reimbursement.
- Save your original tickets and receipts, invoices and all related documents, because you can only get reimbursement for costs of which you can prove the amounts with original tickets and receipts. Only the amount written on the ticket will be reimbursed- that is, if you want your return ticket to be reimbursed, you have to give it to us. We cannot reimburse ticket that you buy after the training.

ALL the following ORIGINAL documents will be needed:

- All your tickets and boarding passes
- Invoices of buying your tickets (contact us in case of more questions)
- Passport or ID - you can help us a lot by sending a scanned
- Version of your ID/passport in email in advance

If all documents are in place we will transfer your travel cost to your sending organization.

**COST OF VISA (OUTSIDE EU)** The project can reimburse as an exceptional cost of your visa application. That is 100 EUR/ applicant. The cost of visa can be reimbursed twice, if the applicants needs to reapply for the second training period as well. Verifying documents are also needed in this case.





# WHAT'S NEXT?

Application forms:

OURS TOT I: <https://forms.gle/bgBrEEpgJoYAnbW5A>

deadline: 19th July 2020

OURS TOT II. : <https://forms.gle/PgdXP4P1gyVwJZar8>

deadline: 15th of August

So your participants can apply:).

After the confirmation of the participants you may start your application process for your visa (if outside EU) and/or purchase your tickets to Budapest, Hungary. We also intend to send every training related materials (programs, logistic related infos) not later than 3 weeks before the trainings start.

Until then, if you have any question, don't hesitate to contact us! See you soon!

The team of Élményakadémia

