

Training Course

For Mentors of Volunteers



Warsaw, Poland
02-08/08/2021

Co-funded by the
Erasmus+ Programme
of the European Union





About the project



V4V for Volunteers (V4V) is a 36-months Erasmus+ KA3 project that aims to empower youth workers and support staff who are experienced in the volunteerism

- to develop competences related to promotion, implementation and mainstreaming of volunteering projects
- to contribute to the legal decision and policy making processes that shapes the voluntary youth work across Europe

The project is consisted by research, exchange of good practices and innovations, trainings on mentoring and coordinating volunteers as well as a policy recommendation paper.

The project is co-funded by the Erasmus+ Programme of the European Commission.
604715-EPP-1-2018-1-EL-EPPKA3-IPI-SOC-IN

Co-funded by the
Erasmus+ Programme
of the European Union



The partnership



United Societies of Balkans (U.S.B.) is a non-profit, non-governmental organization based in Thessaloniki, Greece working in the field of youth mobility, participation and facilitating youth awareness about social issues



MEH brings together Merseyside based voluntary, private and public sector agencies to promote and generate multi agency and cross sector working around key issues relevant to social inclusion. This is on a local, regional, national and European level.



Per Eempio is a non-profit organisation aiming at cultural, social, ethical, and economic development through the promotion of active participation of people and the civic society.



The Autokreacja Foundation aims at fostering the active participation in a civil society through various initiatives in the field of social economy.



Sende is a cultural association that aims to promote rural development through promotion of living, working and volunteering in the small villages as well as educational activities for youth and adults.

Co-funded by the
Erasmus+ Programme
of the European Union



About the training



What?

This is a training course created in order to build mentors' capacity to support volunteers, and to help them to discover their skills and interest.

Objectives

- To clarify the role of the mentor in volunteering projects;
- To underline the importance of mentoring in the volunteer's development;
- To provide tools and methodologies for present or future mentors to empower young people taking part in volunteering projects (especially those at risk of social inclusion or with fewer opportunities);
- To develop strategies for fostering the volunteer's learning path.

Co-funded by the
Erasmus+ Programme
of the European Union





About the training

Where?

Warsaw. Poland



When?

02-08 of August 2021

For
whom?

- Mentors of volunteers (present or those who want to develop in that area)
- Youth workers

Co-funded by the
Erasmus+ Programme
of the European Union



Meet the trainers



Iliana Petridou is a primary school teacher and she feels very happy with my job because she loves learning and teaching. Some years ago, she came across non formal education through different youth exchanges and trainings she attended under Erasmus + and other programs and realized how much influence it had on her.

She decided to become a non formal education trainer and since then she cannot work without using non formal methodology. She believes that by using methods such as simulation, role play, debates and many more, we have the chance to explore any subject more thoroughly and also develop self-consciousness, empathy and communication skills. She worked with young people through different NGOs for the last 10 years and she is very familiar with youth programs. She is a member of the Pool of Trainers of CYC and she is cooperating with Cyprus National Agency for different youth projects.

Co-funded by the
Erasmus+ Programme
of the European Union



Meet the trainers

Carlos Filipe Matos dos Reis: Born in Faro, the southeast city of Portugal, right by the ocean, having 37 years “young”, I’ve been actively involved in international training and non-formal education since 2011, right after finishing my personal long-term EVS project.



During this path I have been mentoring volunteers since 2013, became Coordinator of Mentors in 2015 and have experience as Coordinator of International Projects. "Be Stupid" is a rule that stayed with me since my first training long, long time ago and that I try to implement both in my trainings and my life. Being stupid in the sense of totally letting yourself go, embracing what you experience.

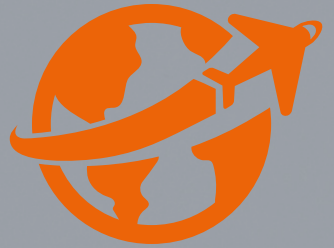
I'm glad to be part of the team of this training and promise to do my best to guarantee a wonderful experience to all of you!!

Co-funded by the
Erasmus+ Programme
of the European Union



Logistics

3 participants (aged 18+) per country,
coming from Greece, Spain, United
Kingdom, Italy, Poland



Accommodation, food and travel will
be arranged by the sending
organisations of the project and will be
paid directly.

Contacts

zach@usbngo.gr

Co-funded by the
Erasmus+ Programme
of the European Union

