

*Training course*



**FORUM OF**

**CHANGES**

**#2**

*Berlin 19-28.07.2021*

## *Youth Come on*

*Hosting team Youth Come ON, since 2015 is working with young people using different non-formal methods as improvisation theatre, british drama, gamification, story telling to develop the youth's competances and to promote European values among them.*

*[www.fb.com/youthcomeon](http://www.fb.com/youthcomeon).*

## *Erasmus+*

*Erasmus+ is the European Union program for education, training, youth and sport. Programme aims to modernize education, training and youth work across Europe. It offers exciting opportunities for participants to then study, work, volunteer, learn and train abroad in Europe.*

# Forum of Changes #2

*The project Forum of changes #2 is second edition of the project Forum of changes which took place in December 2019.*

*The training course which will take place in Berlin between 19th and 28th of July 2021. The 30 participants from Germany, Bulgaria, Latvia, Spain, Italy, Croatia, Romania, Poland, Greece, and Lithuania will develop their competances in field of conflict resolution and promotion of Human Rights through theatre methodology.*

*The aim of the project is developing the comeptances of youth workers and youth leaders in field of promotion of the human rights their respect and protection, conflict transformation, peace building and intercultural dialogue. through theatre methodology.*

**#2**

# Objectives

#2

*Promotion of young people's role as positive activists in building process of anti-discrimination attitudes.*

*Strengthening the role of young people and organizations in identifying and counteracting violations of human rights.*

*Developing the competances of youth workers and youth leaders in the context of conflict resolutions and reduction of radicalism through theatre methodology*

*Developing the trainers competances among participants related to conflict transformation through theatre methodology*

*Promoting diversity, intercultural and interreligious dialogue, social inclusion, european values, tolerance, solidarity.*

*Fostering cooperation between partners and participants in the field of youth work.*

# Participants

*communicative level of English*

*age limit minimum 20 years old*

*active youth worker, leader, educator working with youth*

*motivation to experience NFE methodology*

*motivation to take active part in all workshops during the activity*

*willing to promote the project during all phases via social media*

*willing to improve the quality of their activities in work with youth*

*willing to prepare necessary materials about youth work in their*

*community before the project and make the follow up activities*

# Activities

*The activities would be based on non-formal methodology especially theatre methodology and experiential learning.*

*Participants would learn about the Human Rights and its role in peace building activities.*

*Participants will make the conflicts analyse, discussion on the youth's conflicts and roots of conflicts in intercultural environment.*

*First part of training is dedicated to experiential learning where participant would develop their competences through the workshops based on non-formal theatre methods and they would learn about Human Rights and Conflict resolution.*

*Second part is dedicated to development of trainers competences in creating, developing and implementing the workshops based non-formal theatre methodology. Participants will learn about structure of the NFE workshop and experiential learning.*

*Participants will implement their workshops during the training after what they would receive the feedback from the participants and trainers.*

## Venue

Training course will take place in the youth hostel-the social entrepreneurship which is situated in a forest, in calm area of Berlin-Grunewald, near the lake Grunewald.

Participants will live in four big rooms (6-7 beds) and two small rooms (3-4 beds) separated by gender and the workshops will take place in a workshop room in the same building. There are showers and toilets separated by gender.

Adress: Eichhoernchensteig 3, Berlin

## Living conditions

All together we will take care of our space where we will live, work and learn therefore we need to keep the place clean and useful for our activities.

During the theatrical activiites we will walk in the workshop room barefoot or in socks (so take some warm socks if you get cold easily).

## Food

There would be 3 main meals during a day all in a form of buffet. The breakfast and dinners usually are served as a cold plates. During the day there would be tea and coffee available all the time. There would be two coffee breaks with snacks and fruits.

The food you'll be prepared according to your diet (if possible); we are recommending to try vegan or vegetarian diet to support our Planet <3

## Food Logistics

Together we will take care of food logistic and chief support. The chief will prepare the food and participants will delivery it from the kitchen to the dining room. after the meals the cleaning teams will clean up and bring the dirty plates back to the kitchen.



# Active participation

*By taking part in this project you are confirming that you are going to be active in all phases of the project:*

- Preparation before the training course,*
- Taking part in all workshops during the training course,*
- Preparation and organizing the workshops about non-formal and theatre methods together with your national team after the training*
- Promotion of the project on social media before and after the training*
- Accomplish all tasks connected with dissemination of the project and its results*

*In case of not accomplish all tasks during the project you agree to cut your reimbursement of travel costs.*

# Follow up

The dissemination of the project is one of our priorities. After the project participants are obligated to make follow up activities till the 20th of January. What requires preparation for those activities before the training.

## Follow up activities:

- Organize 2 workshop in your local community promoting the Human Rights and Conflict resolution through theatre methods
- Promoting the project on the Social media (Facebook and Instagram)
- Promoting the results of the project
- Prepare personal diary about their learning journey (as text, video, article, etc)
- Write an article for the local newspaper/radio/TV

# Travel

*Selected participants could start to find a connection to Berlin. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed. More about reimbursement process in next section.*

*We recommend to find low-costs tickets because reimbursement would be done after the follow up activities. We recomend to have direct flight connections or chose bus/train connections to lower the CO2 emmission. You can come to Berlin 2 days before or after the main activities, however we do not cover expenses of your venue and meals before or after the training. During the training there would be one free afternoon/evening to visit the city centre so we recommend for those who want to see more to spend some time before or after training.*

*Remember to come to our venue between 15-17 o'clock on 19th of July.*

*After our approval of your tickets proposals you can buy them and fill in the reimbursement form with all tickets which you would like to have reimbursement and send it to us till 10th of July. Other way the reimbursement of the travel might be cut.*

*Detailed information how to get to the venue from the Berlin's airport, train and bus stations we will publish on our FB group before the activities.*

# Reimbursement

Reimbursement of the tickets would be done after finalizing all tasks by participants (up to the national limits):

- filling in the reimbursement form and send it to us till 10th of July

- sending all boarding passes and tickets to Youth Come ON-hosting team till 0th of July 2021

- organizing the workshops using non-formal methods developed during the project in your local community till 20th of August.

- filling in the questionnaire after the activities till 10th of August

- sending the diary of your experience after the project till 10th of August

- promoting the project and its results on-line through related task after the training till 20th of August

Any delays of the accomplishing the task would cause of cutting the reimbursement. When all participants will

finish all task we would start to reimburse your travel costs by sending one transfer to our partners organizations. Later partners will make transfer to each of participant. From the reimbursement of travel costs we will cut the participation fee (30 euros).

## Reimbursement limits

Poland 180 euro

Lithuania, Spain, Italy,  
Croatia, Greece, Romania,  
Latvia, Bulgaria, Italy  
275 euro

### Participation fee

There is 30 euro of participation fee which would be cut from the reimbursement of the real costs.

F.e. If you spend 100 euros on travel tickets, your reimbursement would be up to 70 euros.

## *Covid tests*

*Please check if you need the negative PCR test to arrive to Germany or later back to your country. Please count the time needed for taking the PCR tests and waiting for the results by thinking of the travel.*

*The costs of Covid-test could be covered within the budget for the travel reimbursement (reduced of the 30 euros participation fee).*

## *What to bring*

*-positive attitude*

*-clear mind without stress of doing some work/home task during the TC*

*-european insurance card,*

*-comfortable clothes and shoes for the workshops which will take place  
mainly indoor,*

*-warm socks for walking barefeet in the workshop room*

*-towel, slippers for the shower, cosmetics,*

*-traditional food, drinks and souvenirs for intercultural evenings*

# Covid

*Due to unstable situation with COVID-19 it's OBLIGATORY to have a health insurance and travel insurance. Participants are themselves responsible to get a travel insurance. If there's anyone who uses medicine should bring with themselves. We don't give any medicines and we don't cover insurance fees or costs of Coronavirus tests or the costs related to self-isolation.*

*We hope that situation with Covid-19 will not affect our event and we all be meeting very soon. During the TC we will take care of safety (e.g. fever measurements and usage of sanitizers) and follow the recommendations announced by German Ministry of Health, if any by that time. We would kindly ask participants to bring their individual protection (e.g. masks) and any other medicine they feel needed.*

*By taking part in the project I acknowledge the contagious nature of the Coronavirus/COVID-19. I further acknowledge that Youth Come On / Filip Krajniak organisation has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. I further acknowledge that Youth Come On / Filip Krajniak organisation can not guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, venue staff, and other participants.*



# Covid

*I acknowledge that I must comply with all set procedures to reduce the spread while attending my appointment. I attest that:*

*\* I am not experiencing any symptoms of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.*

*\* I have not traveled internationally within the last 14 days.*

*\* I have not traveled to a highly impacted area within the last 14 days.*

*\* I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.*

*\* I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.*

*I hereby release and agree to hold Youth Come On / Filip Krajniak organisation harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the Youth Come On / Filip Krajniak organisationr that may otherwise arise in any way in connection with any services received from Youth Come On / Filip Krajniak organisation.*

*I understand that this release discharges Youth Act foundation from any liability or claim that I, my heirs, or any personal representatives may have against the Youth Come On / Filip Krajniak organisationwith respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Youth Act foundation. This liability waiver and release extends to the project together with all NGOs members, partners, and participants.*

# Contact

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#2