

12-20 July
2021
Plovdiv
Bulgaria

Catch Your Moment

Training course on
improv theatre techniques



Co-funded by the
Erasmus+ Programme
of the European Union



WHAT

IF

THIS

IS

ALL

REAL

We are inviting You
to join our training course
“Catch Your Moment”!

This is all about creation of new ideas
with applied theatre improvisation, a
“serious play” that will support you in
reacting in the moment, adapting
quickly to new situations, being creative,
connecting to other people, working in a
team, and most importantly:
improvising!

Context

We live in a world that is changing more quickly than ever before. It is dynamic, complex, uncertain and ambiguous but at the same time full of opportunities. The pandemic brought us new challenges, we've been thrown to the virtual platforms and certain skills have become essential like social skills, risk taking while dealing with uncertainty, the ability to adapt quickly and find alternative ways, new solutions.

The aim of Catch Your Moment is to empower youth workers to apply improvisation as an innovative method to increase the sense of youth entrepreneurship and introduce new mindset that helps to overcome barriers in the unstable world. The participants will learn from each other's experience and take these into their local communities.



We will explore attitudes of entrepreneurship, such as adaptability, taking risk, creativity, problem-solving, sense of initiative, working with mistakes and other essential skills for young people. The project will be practical, active and experiential as well as theoretical.

Objectives:

- to develop social skills and entrepreneurial mindset through applied improvisation
- to introduce social entrepreneurship
- to provide a space for sharing best practices focusing on non-formal educational methods in the field of youth work
- to introduce Youthpass as a tool for self-assessment and recognition of non-formal learning

Who are we looking for?

Youth workers, youth leaders, trainers, mentors, members and volunteers of youth organisations. We expect participants who work with youngsters on local, national or/and international level and are eager to learn something new, contribute their experience and knowledge and are playful, active and simply believe in the power of non-formal education. All the participants are expected to stay and actively participate during the whole time of the TC.

People who are 18+ years old and are residents of Italy, Bulgaria, Spain, France, Greece, Poland, Romania, Turkey, Czech Republic, Austria, Hungary, Slovenia.

Trainers:

Lucie Vokrouhlikova

Lucka is a youth project coordinator, trainer and facilitator with a professional background in teaching languages. She is a member of an improvisational theatre groups "Improvariace" and Grund Theatre

Gergely Kiss

Geri is a trainer and facilitator in both business and youth sectors since 2009. His special fields are improvisation, creativity, entrepreneurial mindset and interpersonal communication. He is a member of Grund Theatre in Budapest.

Main partners:



Location

The program will be held in Plovdiv, the second biggest city of Bulgaria. More detailed information on how to reach the venue will be included in the infopack that will be sent to participants after their confirmation..

Finances

- 100% accommodation, food , program and materials are covered by the Erasmuspplus Program
 - 100% travelling cost (only most economical) are covered up to the maximum expenses
- 20 EUR** / person from Bulgaria
275 EUR / person from Hungary, Czech Republic, Poland, Romania, Greece, Slovenia, France, Austria, Turkey, Italy
530 EUR / person from Spain

After the training course your travel expenses will be reimbursed within the given limits per person for a round trip **ONLY** in case you provide all the the original tickets and invoices to Smokinya Foundation, and it might take 60 or more business days.

Participation contribution to Smokinya Foundation based on your satisfaction and willingness to support us.

Do let us know if want to support us.

We are happy for your participation!

COVID-19 policy

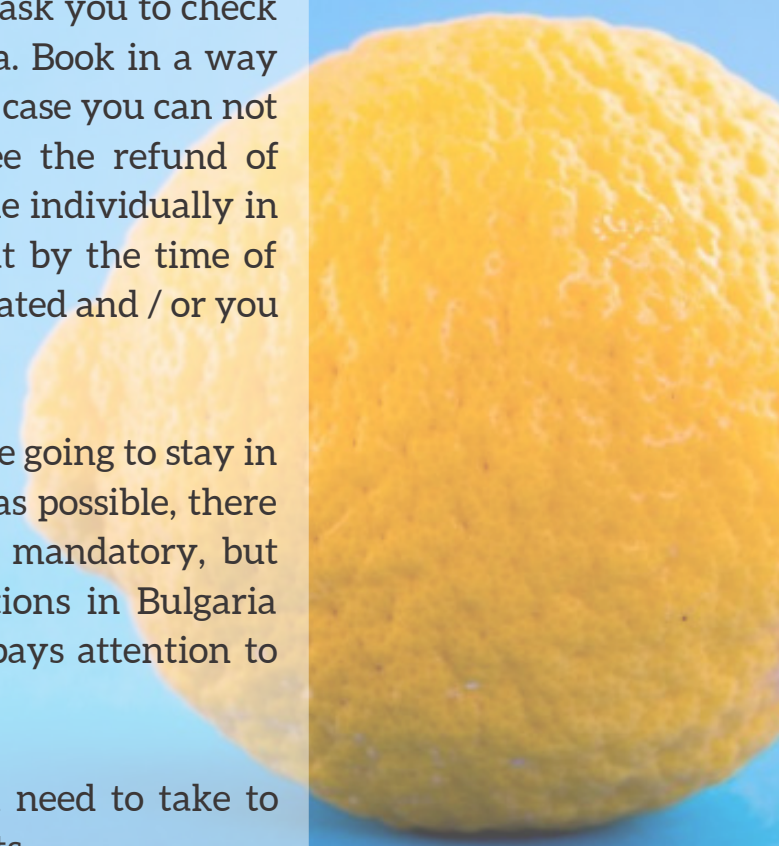
Our intention is that the training course is happening with maximum safety for everyone participating. However, we need your contribution in this, so keep in mind that you will need to invest extra time to arrange your travel and make the necessary tests to arrive and to leave from the project. We ask you to cooperate in this.

Once your participation is confirmed by Smokinya Foundation we will ask you to check the current regulations in your country and to book tickets to Bulgaria. Book in a way that it is the most favourable for you in case the flight is cancelled or, in case you can not take the planned flight for any reason. Smokinya can not guarantee the refund of cancelled tickets, the Bulgarian National Agency will observe and decide individually in each situation – in case anything unexpected happens. Make sure that by the time of travel you fulfil all the current regulations, meaning that you are vaccinated and / or you made the tests that are required.

During the training course we will take care of maximum safety. You are going to stay in separate rooms, we will pay attention to do as many activities outside as possible, there will be disinfectants available all the time. Wearing the mask is not mandatory, but highly recommended. We will inform you about the current regulations in Bulgaria before and during the project. The hotel where we are going to stay pays attention to maximum hygiene.

Smokinya Foundation will not refund costs of possible tests that you need to take to arrive to the project, or to go back home, you will need to cover these costs.

Read more about our COVID policy under [THIS LINK](#)



How to apply?

If you decided to take part, click on the button and fill in our application form.

Application deadline is the 13th of June 2021. After this date you will receive a confirmation e-mail. Do NOT book any tickets without receiving this confirmation from Smokinya Foundation!

[Apply here!](#)



Contacts



BULGARIA - **Smokinya Foundation** - info@smokinya.com

ITALY - **YOUth Connect** - youthconnectEU@gmail.com

SPAIN - **Atlas** - atlas.laspalmas@gmail.com

FRANCE - **Maison de l'Europe** - l.dobrocsanyiova@europe-bordeaux.eu

GREECE - **Solidarity Mission** - training@solidaritymission.org

POLAND - **Innowator** - kontakt.fundacjainnowator.pl

ROMANIA - **Zig Zag Prin** - cosmina@zigzoagprinromania.com

TURKEY - **Genc Grisim** - belgin17@hotmail.com

CZECH REPUBLIC - **Brno Connected** - brnoconnected@gmail.com

AUSTRIA - **Arbeitskreis Noah** - aksnoah.international@gmail.com

HUNGARY - **Egyesek** - kissgergo@egyesek.hu

SLOVENIA - **Epeka** - stefan@epeka.si

If you have any questions, contact us info@smokinya.com

See You soon!