

NON-GOVERNMENTAL
ORGANIZATION "EDUCATIO"

IMPROVISATION THEATRE

AS A TOOL AND A METHOD

POWERED BY SIMPRO





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Team S1MPRO

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ImprovWise with us!

IF ALL THE WORLD'S A STAGE -
THEN IT'S THE IMPROVISATION
STAGE!©

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INTRO TO IMPRO

Intro to the world of Improvisation Theatre

Improvisation Theatre in the social and non-formal education context is at the same the approach, methodology, method and tool, being applicable in extremely wide range of educational and social initiatives, personal development and daily life in general.

Within this course we aim to provide you with the most important key notions, ideas, understanding and feeling of Improvisation Theatre as a tool for personal development, method in social work and approach to life in general.

The learning approach throughout the course is based on learning by doing which is understanding through feeling and experiencing.

Let's get it started!





CONNECTION

SESSION 1.

Here we aim to tie the group tightly together, to establish intense connection, to develop the each other's deep feeling and to build trust inside the group. This is the necessary basis and condition for any kind of efficient interaction inside the group.

Throughout the session we will play the variety of games to get to know and to connect with each other, which you can further on use in you work, personal trainings, daily life and, well, just for fun!

And remember!

It's not about you – your job is to make your partner look good!



CONCENTRATION

SESSION 2.

The session, aimed to develop concentration, to set and uphold the attention focus, which is the crucial skill throughout trainings, youth work and improvisation.

Being concentrated means taking benefit and advantage of any situation, noticing and therefore being able to use every opportunity, which the rules, the partner, the circumstances, the stage and, well, the life bring you!

Being concentrated means seeing opportunities!



CREATIVITY

SESSION 3.

Creativity is the ability to create and find new original ideas beyond the ordinary ways of thinking, to successfully overcome challenges in a non-standard unusual way. This is the view of the issues at a different angle and another point of view and the ability to solve tasks in a unique way.

Within this session we will play lots of games aimed to boost and develop creativity, which you can, of course, later on use in you work, personal trainings, daily life and just for your joy and fun!

See more variants, be able to choose, think differently, be different!



ImproWise with us!

**IMPROVISATION IS THE ART OF
BEING COMPLETELY O.K. WITH NOT
KNOWING WHAT THE F--- YOU'RE
DOING.**

Mick Napier

SPONTANEITY

SESSION 4.

Act first – think later!

The session, aimed to boost and develop spontaneity and ability to react and adjust to any kinds of changing situations – as our life it totally improvised!

"Kill the judge in your head and just take action."

"It is not what you do. It is that you do."

Mick Napier

Start now!





RISKS & MISTAKES

SESSION 5.

Let yourself fail!
One of our favorite rules of Improv!
How do you like it?

Failing is easy – we all can do it.
The hard part is to be okay with that and let yourself fail and accept that the failure is the natural way of things.
And to understand that failing does not make you a failure.

Here we will work on taking risks, greeting mistakes and seeing them as opportunities – every mistake is an experience and the opportunity to try again and make it better!



ImproWise with us!

THE BEST THING ABOUT IMPROV IS THAT NO MATTER HOW BAD YOUR SHOW IS, IT'S ONLY 30 MINUTES, AND NEVER EXISTS AGAIN. THE WORST THING IS NO MATTER HOW GOOD YOUR SHOW IS, IT'S ONLY 30 MINUTES, AND NEVER EXISTS AGAIN.

Mick Napier



STORYTELLING

SESSION 6.

Here we will briefly go throughout the main Storytelling principles in Improv.

On practice and via the variety of games we will start to develop the ability and the skill to compose and build the scene and the story.

Do you already know the 1st rule of Improv?

Accept offers! Say "Yes"!

If you're now reading it – accept this offer and join our course!

Let's IMPROVe our lives and have fun together!

5+

years of Improv practice

100+

trainings and workshops conducted



TEAM S1MPRO

Meet the team



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Trainer/Coach



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