

"CLIMATE HOPE": CALL FOR PARTICIPANTS

TRAINING COURSE IN POLAND



Organiser:

KobieTY (Łódź, POLAND)

For whom:

youth workers, project coordinators, youth leaders, facilitators, educators, activists and teachers working on regular basis with youth

Where:

Natural farm "Żywa Ziemia", Northern-Poland

Time and duration:

04.06.2021 -arrival

05.06 - 14.06.2021

15.06.2021 -departure

Participating countries:

Bulgaria, Ireland, Italy, Poland, Romania, Slovakia, Spain, Turkey

Contact:

erasmusprojects.kobiety@gmail.com

Application form:

click [HERE](#)

"Climate Hope" - is a Training Course co-financed by the Erasmus+ programme, created as an answer to the climate crisis connected with its growing movement and the activation of young people in this area.

The training course is based on a holistic approach and focuses on:

1. **BRAIN** - knowledge based on facts,
2. **HEART** - which refers to the attitudes,
3. **HANDS** - skills referring to specific actions.

We equip participants - youth workers, teachers, facilitators, community leaders, activists - with knowledge, attitudes and skills, focusing on climate ... HOPE and show that individual actions and environmental changemaking is not only needed but also possible!

At the end of the training course, the participants are inspired and empowered to create and implement actions on the local level. These actions are connected to the project topic and dedicated to young people as well as other youthworkers.

PARTICIPANT'S PROFILE:

Active youth workers (working with or for youth), who:

- are open and willing to actively participate and contribute to the programme of the project,
- are available and motivated to attend the full duration of the training course held in English (**10 working days + 2 days of travel**),
- have motivation to develop social initiatives for young people and other youth workers and implement them locally after the training.

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"During Climate Hope training we will implement a holistic approach towards climate change by focusing on 3 levels/dimensions:

- Knowledge (days 1-3) – gaining knowledge based on scientific facts about causes and effects of climate change, which youth workers can directly use in building future activities for young people.
- Attitude (days 4-6) – developing a new attitude towards climate change, based on the concept proposed by Charles Eisenstein, which underlines that we need to stop considering climate change only in terms of our own advantages and threats, but rather try to use it as a chance to develop a profound connection with nature and other beings, based on love and respect.
- Skills (days 7-9) – learning or improving skills which can have a direct impact on climate change, for example DIY abilities of preparing own food, repairing things, etc. as well as organizing social actions and campaigns.

To make it easier for participants to follow and more attractive to share later with youth, we match each part of the training with one part of the body and one patron.

Knowledge is represented by the image of the brain and Veerabhadran Ramanathan, scientist from India. He is both a landmark scientist and a social innovator, popularising among others through his TEDx talk not only scientific knowledge of climate change but also an active attitude by underlining that individual actions matter.

Attitude is represented by the image of heart and Charles Eisenstein, public speaker and writer from the US. He proposes a New Story of climate change, concentrated on the planet as a whole and not just our, human point of view. He shows climate change as a unique opportunity to rethink and redesign our relation to ourselves, to other people and nature.

Skills are represented by the image of hands and Greta Thunberg, climate activist from Sweden. During her TEDx talk and many other speeches, she underlines the need for action and she is the living proof that actions of young people can indeed bring a real change.

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GOALS AND EXPECTED OUTCOMES

Knowledge - participants will:

- Understand causes and effects of climate change, according to scientific consensus on the matter
- Develop their understanding on the most important areas related to climate change, including above all consumption, use of resources, animal and plant production
- Get to know real changemaking actions, projects, organisations, social enterprises working successfully in topics related to climate change, including youth initiatives such as Fridays for Future
- Get to know what we as customers can do to slow down global warming

Attitude - participants will:

- Look at climate change from a new perspective, seeing it not only as a threat for humans but as a part of a much bigger process, influencing other beings and the planet as a whole
- Become more mindful and empathic in relation to themselves, other people and nature
- Start to see nature as something more than a source of resources for human
- Feel a part of nature

Skills - participants will

- Understand the basic rules of permaculture and food production
- Know how to cook a meal from food which they can find around (local, seasonal, vegan)
- Be able to prepare their own natural cosmetics
- Develop their DIY skills such as repairing, using tools, building from wood, sewing, etc.
- Design and implement social actions related to climate change
- Develop social skills like listening, empathy, communication, teamwork, creativity

Beside that, participants will be motivated to introduce changes in their own life and share the gained knowledge and experience with other people, especially the youth they work with. They will know where to look for more information and inspiration, they will have ready ideas for the dissemination of project results and a network of people who can support them during the implementation stage.

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ACCOMMODATION & FOOD:

The training takes place at Żywa Ziemia (Living Earth), located in Zakrzewo, close to Gdańsk, Poland. Żywa Ziemia is a natural farm promoting healthy living, permaculture and sustainability (Facebook click [HERE](#); website: click [HERE](#)). They provide shared rooms, multiple training spaces (including beautiful outdoor spaces, presence of animals and other living beings as well as solitude and natural surroundings reducing "city" distractions) and vegetarian/vegan food, partly produced in their farm.

Accommodation and meals included in the programme are 100% covered. Due to the current pandemic situation we are paying attention to the hosting situation and accommodation of participants. More detailed information about this topic will follow.

Travel reimbursement

Travel costs are 100% covered up to the Erasmus+ distance calculator corresponding amounts, using the cheapest and most convenient transportation methods.

The maximum amounts for involved countries are:

- Poland: 180 Euro
- Bulgaria, Ireland, Italy, North Macedonia, Romania, Slovakia, Spain and Turkey: 275 Euro

Participation fee - instead of asking a participation fee in these financial uncertain times, we ask you to contribute by donating to the development of a "food forest" at the natural farm where the training course is hosted. We will provide you with more information about the food forest and the trees, shrubs and plants you can donate to compensate for your travel and to support a local cause in Poland.

COVID SITUATION

As organisers, we will make sure to meet any COVID-19 restrictions and recommendations by the regulator, adjusting accordingly our program, accommodation, etc. In case a worsening of the situation impedes the offline training, we will organise its online version.

APPLICATIONS:

In order to apply for the project - please fill out the form - click [HERE](#)

