

A photograph showing a calm lake in the foreground. In the lower-left corner, a large, weathered tree trunk and branches lie across the water. The background features a dense forest of green and coniferous trees under a clear blue sky.

Erasmus+ training course

TOUCH (THE) NATURE

•mladi!info•
www.mladiinfo.cz



INTRODUCTION

Are you in love with nature and is your life related to work with children, youngsters or with education? **Mladiinfo ČR** is organizing this pleasant project, where nature and education are best friends!

In this infopack, you will find all the relevant information regarding this training course (*Erasmus+ mobility for youth workers*). The infopack consists of general information about the project, travel and reimbursement details, some practicalities and contact information. At the end you will also find a link for application form.



The background of the entire slide features a close-up photograph of green fern fronds with prominent veins, set against a dark, out-of-focus background.

Arrival: 2. 10. 2020

Departure: 9. 10. 2020

Venue: town Chotěboř, venue Doubravka

Coordinator: Mladiinfo ČR, z.s.

**Contact: Eliška Motyčková (project coordinator),
kancelar@mladiinfo.cz**



WHAT IS IT ABOUT?

Touch (the) Nature is an ideal training course for those, who like the wind in the hair and mud behind nails. We will look at nature from various points of view and look for ways how to make it an attractive and challenging environment for the youth work.

During **6 days full of outdoor and indoor activities** we will inspire each other, play, challenge ourselves, relax, and create to explore various aspects of youth work in nature and get new ideas for it.

We are looking for participants who want to actively enjoy the program and enrich it with their own ideas and experience. **No need to be Bear Grylls or Indiana Jones. We are just looking for those who prefer walking in forest to PowerPoint presentations and campfire to city nightlife.**



WHAT WILL YOU LEARN?

- New types of activities can you do with youth in nature
- How to design an outdoor program for youth
- What is experiential pedagogy and how to use it in youth work
- The importance of motivating youth to spend time in nature and how to motivate the youngsters

Every participant will receive [Youth Pass](#) upon completion of the project. In Youth Pass the participants can highlight their newly acquired skills, knowledge and attitudes in the framework of 8 key competencies for Life Long Learning.

No precise schedule of activities will be published before the project.

MEET OUR TRAINERS



Markéta Dědková

In 2012 founded Mladiinfo ČR and since that she has facilitated five training courses and youth exchanges and other projects. She is excited about experiential pedagogy and loves challenging participants via games and other activities. Currently, she is on maternity leave and her seven months old son will assist her during the training.

Ester Kaňovská

Founded an NGO Moravsky Adrenalin which organizes outdoor activities, hikes, and other adventures. She graduated a course of experiential pedagogy, organized guided tours in Norway as well as teambuilding in the Czech Republic. Originally, Ester is a lawyer, but she prefers hanging out in nature to writing judgments.





ACCOMODATION

The project venue is located near town Chotěboř, approximately 120 km from Prague. The venue is called Doubravka and it is local educational and recreational centre. [You can check out their website here.](#)

The venue is located in the middle of “nowhere”, expect only nature around us. Visiting near town for shopping and sightseeing will be possible during free time (*one afternoon during the project*). The participants will be accommodated in shared rooms with shared showers in the corridors.

Food will be served 3 times a day (breakfast, lunch, dinner). During the morning and afternoon breaks, small refreshments will be available as well. We can ensure vegetarian food if required.

TRAVEL

The participants should find **travel to Brno or Prague**, from there we will help you to get to the venue. We would kindly ask you to travel by bus if possible, to minimize the risks related to project cancellation due to Covid-19 pandemics. Getting a refund from a bus or train company is much easier than from an airline. We are happy to assist you to find suitable connections for you.

Every participant has different budget for the travel, based on the distance:

10-99 km = €20

100-499 km = €180

500+ km = €275

The distance is calculated only via [**Erasmus+ calculator**](#), not eg. Google Maps. The financial amounts are already calculated for both ways together. In case you are selected to participate in our project, you will learn the conditions of the reimbursement of your travel costs in the Confirmation Email. If you would like to have your tickets to be reimbursed, **you have to travel from the country of your permanent residence and also return there.**

INSURANCE

Every participant is required to bring his **EHIC card** (European Health Insurance Card).

Also, every participant will be required to purchase **travel insurance that includes medical expenses** insurance valid in the Czech Republic. The EHIC card doesn't cover everything related to medical expenses abroad and thus the additional insurance for abroad is required. The insurance package must include **repatriation**, that could be needed in case of Covid-19 illness or e.g. broken leg.

Inform yourself at your regular health insurance provider if they provide such insurance for abroad or visit the webpage of any other private provider (e.g. AXA, Generali, Allianz, ...).

Mladiinfo ČR will not reimburse the costs of this additional insurance. On the other hand, Mladiinfo ČR is not asking for any financial contribution or fee.

WHAT TO BRING

The weather in October might be rainy in the Czech Republic, temperature around 15°C. The activities will be facilitated no matter the weather, therefore the participants have to bring suitable clothes. Please, keep in mind, that you will get dirty, therefore don't hesitate to bring your old sweatpants, and:

- raincoat or waterproof jacket with cap
- warm socks, sweaters, pants
- waterproof sturdy shoes suitable for outside
- indoor shoes ([slippers](#))
- towel

What can become handy?

- reusable water bottle (tap water is potable in the Czech Republic)
- small backpack/ bag to carry your water to nature
- all of your documents: ID, EHIC, travel insurance documents, phone with charger

There won't be a possibility to use a washing machine.



WHO CAN JOIN?

We are looking for motivated people, who are:

- 18+
- Ability to communicate in English
- Working with children, young people, adults (education)
- Going to use the new knowledge and skills in work or study
- Interested in nature
- Willing to promote the project and its outcomes after the project
- If fine to consider travelling to the project by bus or train

We are looking for participants from these countries: Austria, Belgium, Czech Republic, Denmark, Estonia, France, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Netherlands, Poland, Portugal, Slovakia, Slovenia, Spain

We welcome all participants no matter of their social or financial status. Feel free to contact us in case of having any doubts or questions!



Please fill our questionnaire till **28th of August 2020**. Every participant will be informed with the results by 4th September. **Your application is binding.**

APPLY NOW!

<https://forms.gle/CHs1BnDL5KxYf1768>

INFORMATION REGARDING THE COVID-19 PANDEMIC

We understand, that you might hesitate to join the project and purchase tickets because of the uncertainty related to the current situation. Before applying for the project, we would like to answer FAQ and clear out possible risks and their solutions related to the Covid-19 pandemic, especially the ones connected to your finances invested in the project. **Here are a few possible scenarios that we drafted:**

1

The project gets canceled

If the project gets canceled due to the Covid-19 pandemic then the participant is required to cancel his flight (bus, train) and ask for possible monetary refund or voucher. If the participant received a confirmation from the airlines that he is not eligible for any refund (not even voucher), then Mladiinfo ČR might reimburse the tickets. If the participant will be eligible to only some amount of refund (e.g. decreased by cancellation fee, etc.), then Mladiinfo ČR might reimburse the participant only to the remaining amount. Mladiinfo ČR will need an approval of the Czech NA to make any reimbursements

2

The flight/ bus/ train is canceled due to national travel restrictions

If the participant's home country will declare e.g. a state of emergency and will close the borders, the tickets will get automatically canceled or the participant is required by law to cancel them himself. In this case, the participant is entitled to a full refund for his ticket by the airlines. Mladiinfo ČR will not assist with claiming such refunds and it will be up to the participant to communicate with the airlines. The right to travel reimbursement by Erasmus+ cannot be applied.

3

The participant is infected by Covid-19 and cannot travel to the project or is in home (state) quarantine)

The reimbursement of the flight ticket is not guaranteed by Mladiinfo ČR. If the tickets are already purchased then the participant has to communicate with the airline on his own and ask for a possible refund resulting from flight cancellation. If Mladiinfo ČR manages to find out a new participant, who would not require to have his travel reimbursed (e.g. he is from the Czech Republic), we can ask the Czech National agency to allow us to reimburse the infected participant's flight from the Erasmus+ budget. In this case, Mladiinfo ČR will need an official document, stating, that the participant has positively tested for Covid-19 (or is in forced quarantine) and also a confirmation from the airlines, that no refund is possible. Both of these documents have to be presented in English. Translation fees will not be reimbursed.

4

The participant needs to get tested for Covid-19 during the project

If the participant needs to get tested for Covid-19 **without having any serious symptoms**, the participant has to pay for this medical test on his own. The average price in the Czech Republic is approximately 2 000 CZK (€70). The EHIC card does not cover this medical test. It is up to the participant to try to find a travel insurance package that would cover this Covid-19 test.

If the participants will **show relevant symptoms** of Covid-19, a local hygienic authority will be contacted. If they will recommend taking action (e.g. hospital transport where Covid-19 test will be performed) than the Covid-19 test should be for free thanks to using EHIC card.

5

The participant is positively tested for Covid-19 during the project

If the participant gets infected by Covid-19 during the project (proved by a medical test), then the participant has to stay isolated. Mladiinfo ČR will help the participant to figure out the transportation back home. The required travel medical insurance is supposed to cover repatriation. Mladiinfo ČR might reimburse only the originally planned flight after having an approval from the Czech NA.

6

Purchase of protective equipment

Mladiinfo ČR will have prepared basic protective equipment in case of an emergency (disinfectants, face masks, thermometer). Every participant is required to also bring his own face masks in a sufficient amount. If the participants will need to use during the project the special mask (FFP2 or FFP3 masks), the participant has to pay for them.

In all scenarios, we kindly ask you to obey and respect the rules and recommendations declared by the governments and by the project team of Mladiinfo ČR.

The above mentioned scenarios are only possible drafted situations, the reality can differ depending on the specific situations of each participant. Mladiinfo ČR is obliged to discuss everything with the Czech National Agency, who is the main authority.

HEALTH PROTOCOL (PREVIEW)

Erasmus+ Mobility of youth workers KA1
Touch the Nature

The Health Condition Protocol

I, (name and surname), born (date and year)..... hereby confirm these statements about my health and physical condition:

- | | |
|---|------------------|
| 1) I have a good ability to swim. | AGREE x DISAGREE |
| 2) I am not afraid of heights. | AGREE x DISAGREE |
| 3) I am in a good physical condition. | AGREE x DISAGREE |
| 4) I do not have any symptoms of Covid-19 and I am not aware of coming into contact with a (potentially) infected person. | AGREE x DISAGREE |
| 5) I'm not pregnant. | AGREE x DISAGREE |

The medication I need to use and how often:

The allergies I have:

With my signature I confirm I have provided valid information about my health condition.

.....

Signature, Date and place

The whole project is not expected to be physically demanding extraordinarily, but some of the activities might be for some participants mentally or physically challenging, therefore we need to know participant's health to ensure their safety. The health protocol is sent to the participants after they are selected.

Participants do not have to answer all of the questions by "AGREE", it would not disqualify you from joining the project at any circumstances.



Erasmus+

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