

Draft Program

Sustainability Academy: 5R in youth work

14.09-09.10.2020

Blocks (3h), 9.00-12.00 // 14.00-17.00 // 17.00-20.00

INSPIRATIONS: keynotes (from trainers, experts) / study visits /

PLENARY: whole group exchange/ World Cafe / Open Space for public

GROUPS: small group work (with/out coach, expert)

INDIVIDUAL: research, solo learning

Time investment 50h = 40h + 10 individual study

Week 1	Mon	Tue	Wed	Thu	Fr
9:00	Inspiration/ Plenary (Introduction to the topic, What are the biggest challenges?)				Q&A Cafe (optional)
10:00					
11:00					
12:00					
13:00					
14:00				Group Work Design Thinking: collecting data on Research Wall - working with coach (time can be adapted)	
15:00					
16:00					
17:00		Plenary Input/ Group Work guest speaker from sustainable projects Intro to Design Thinking			
18:00					
19:00					
20:00					

Individual Work - guerilla research

Week 2	Mon	Tue	Wed	Thu	Fr
9:00	Yoga for Good Beginning (optional) Plenary : Design Thinking: defining the challenge with HMW / Virtual Visit: social entrepreneur				Q&A Cafe
10:00					
11:00					
12:00					
13:00					
14:00				Group Work: Design Thinking: Generating Ideas- working with coach (time can be adapted)	
15:00					
16:00					
17:00		Plenary Input Inspirational talk on trends Online concert with sustainable drink (barista) (optional)			
18:00					
19:00					
20:00					

Individual Work - looking for inspiration, new solution, checking already existing ideas

Week 3	Mon	Tue	Wed	Thu	Fr
9:00	Plenary Building prototypes				Q&A Cafe
10:00					
11:00					
12:00					
13:00					
14:00				Group Work Design Thinking: testing your solutions - work with expert and coach (time can be adapted)	
15:00					
16:00					
17:00		Plenary Input Sustainable Development Goals in our projects: input by expert			
18:00					
19:00					
20:00					

Individual Work: Reflection groups-walk and talk- calls in small groups/or buddy partner.

Week 4	Mon	Tue	Wed	Thu	Fr
9:00	Plenary Design Thinking Iterations of prototypes: presentation of final solutions.				Final Session Summary of the process.
10:00					
11:00					
12:00					
13:00					
14:00				Plenary: Evaluation, Erasmus Plus and future projects	
15:00					
16:00					
17:00		Inspirational Talk: where to start with transformation of the economy to doughnut model?			
18:00					
19:00					
20:00		how do I transfer it to my reality?			

Individual Work - how do I transfer it to my reality? My personal commitment