

Training course

"ONE 2 ONE"

supporting learning face-to-face

17- 26 February, 2021

GOES ONLINE!

We are happy to invite you to the 5th edition of this training course where we explore the power of the individual relationship in supporting the learning processes of young people.

The popularity of this course demonstrates how much youth work practitioners feel they need training to better support young people through their individual development and learning processes. They are increasingly required to be able to work not only with groups of young people but, also, to accompany them on an individual basis.

What does "One 2 One" stand for?

"One 2 One" is a play on words: it means face to face - the individual relationship between a youth worker and a young person - the subject on which we are focusing during the training course.

ABOUT THE 5th EDITION OF ONE 2 ONE

There have already been 4 editions of the One 2 One training course and every edition was very special. This 5th one will be even more so as - due to potential travel and group-size restrictions - **we are going online!**

The elements of the One 2 One learning process:

Individual online talks with one of the facilitators - in order to provide the possibility for each participant to experience being supported individually in their own learning process, the online training course is extended by One 2 One individual talks with one of the facilitators 2-3 weeks **before** and, again, 2-3 weeks **after** the course.

Group online learning - the entire group learning programme will consist of 2 parts. The first main part (17-19 February) aims to establish common ground about individual relationships and introduce principles and tools that can be used in one-2-one work with young people. The second part (26 February) aims to reflect on your practice and generalise conclusions about what you've learned.

THE AIMS AND OBJECTIVES OF THE TRAINING COURSE

The main aim of this course is **to empower and equip** youth workers **with competences** needed to work in a **one-2-one relationship** with young people in order to support their learning and development processes.

Within this, you will:

- Explore what "supporting learning" means in one-2-one relationships;
- Practice different one-2-one learning support methods and approaches;
- Learn how to support self-reflection;
- Exchange about the various contexts where one-2-one happens and current influences affecting the work we do;
- Compare approaches such as mentoring, coaching and tutoring;
- Learn how to implement the Youthpass process;
- Explore how one-2-one approaches are reflected within the ETS competence model for youth workers working internationally.

Group learning will be held on the **ZOOM platform**.

The daily schedule will look like this:

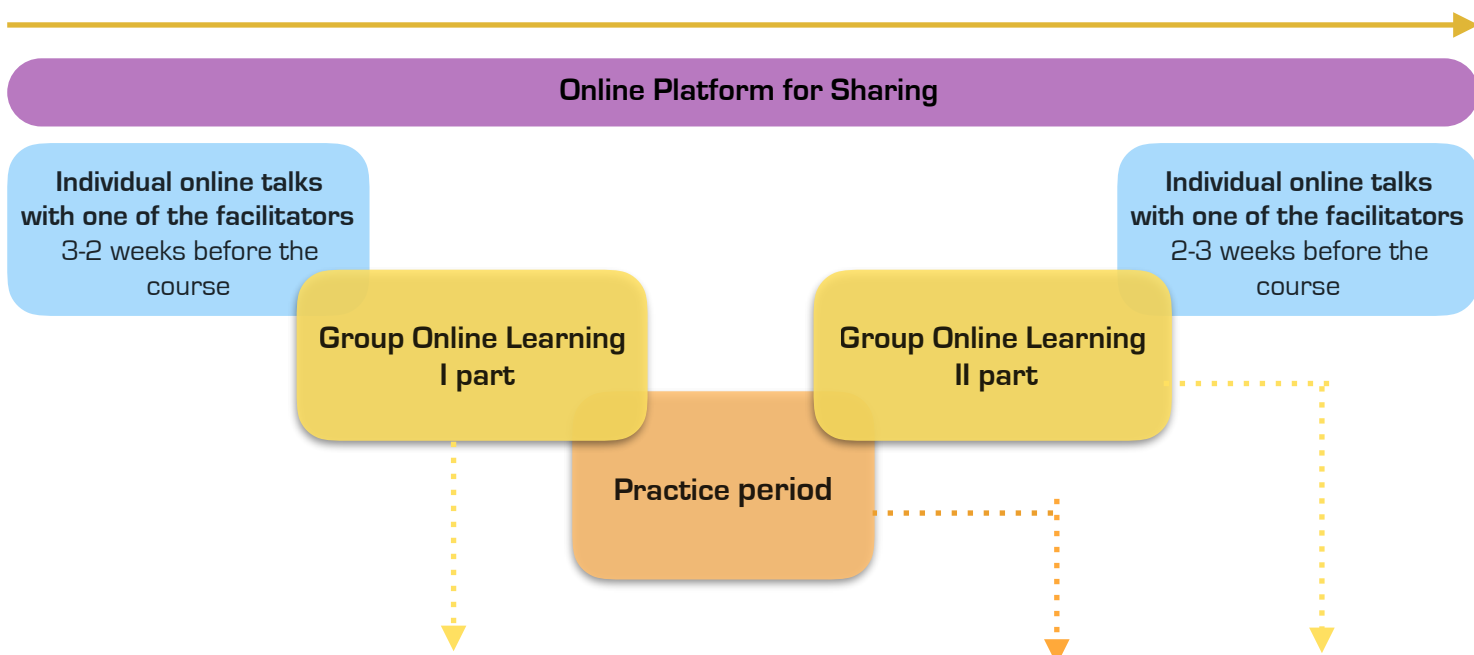
First session - 10:00-12:30 CET

Second session - 14:00-16:00 CET

Practice period (20-25 February) - is where we invite you to practice the tools and skills introduced in the first part of the programme directly with the young people - or team - you work with. **IMPORTANT!** You, yourself, choose how much time you can devote to trying out tools and practicing your one-2-one skills during this period.

Online platform for sharing - is where you will find all the materials and resources we will use in the programme and we will also create an online social space for all the group exchanges.

THE FRAMEWORK OF ONE 2 ONE LEARNING PROCESS offers a much longer support for your learning than a “standard” one-off training course.



Part I of Group Online learning			Practice Period	Part II of Group Online Learning
1 day/ 17 Feb	2 day/18 Feb	3 day/ 19 Feb	20-25 Feb	4 day/ 26 Feb
Exploring and sharing each other contexts	Stretching our understanding of inner readiness and competence	One 2 One skills-building session II	Practice of One 2 One skills and models	Reflection on the practice sessions
TC framework How to learn here?	The importance of reflection and how to reflect	One 2 One skills-building session III		Self preservation in One 2 One
What is learning? Stages of learning Supporting learning	Exploring the elements of supportive relationship Different One 2 One approaches (coaching, mentoring, tutoring etc.)	One 2 One models, techniques and methods		ETS Competence model of youth workers: self-assessment Identifying own learning
Youthpass process Competence model for youth workers	One 2 One Skills building session I	One 2 One models, techniques and methods		Youthpass: documenting your learning Evaluation

CHECK WHETHER YOU MATCH THE PROFILE OF PARTICIPANTS AND APPLY!

Professionals and volunteers – youth workers and/or youth leaders, youth trainers, mentors, educators etc.:

- who have minimum one year of experience in working with young people (be it in a local youth work or an international mobility context);
- motivated to extend your competences to work in one-2-one relationships;
- minimum 18 years old;
- able to actively participate in English.

KEYWORDS OF ONE 2 ONE EXPERIENCE! ACCORDING TO PARTICIPANTS OF RECENT EDITION



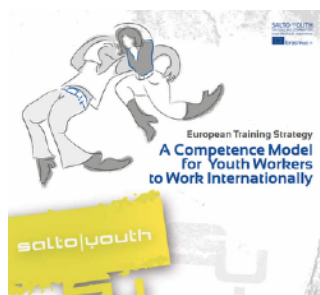
THE TRAINING COURSE IS BASED ON AND ACCOMPANIED AND INSPIRED BY THE PUBLICATIONS:

One 2 One
Supporting learning face-to-face



FIND IT [HERE](#)

ETS Competence Model
for Youth Workers to Work Internationally



FIND IT [HERE](#)

Authors and facilitators of One 2 One:

Monika Kezaite - Jakniuniene - [SALTO profile](#)

Mark E. Taylor - [SALTO profile](#)

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Organisers and great supporters:



JINT is the National Agency for the Erasmus+ Youth in Action and the European Solidarity Corps programmes for the Flemish Community in Belgium.

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SALTO TRAINING & COOPERATION

Youthpass