



INFOPACK

STUTTER LIVE

TRAINING COURSE

GOUMENISSA 08-13 OCTOBER 2020



Co-funded by the Erasmus+ Programme of the European Union



THE ISSUE

A speech disorder is a difficulty that somebody has to overcome but it should be for no reason something that will prevent somebody from fulfilling his dreams. Unfortunately, the formal education can not pass this message to people regardless if they stutter or not. As a result, people who stutter remain excluded and consider Stuttering as something that torture them from the beginning of their life. Hence, there is a certain challenge for third sector organizations to come up with effective projects and assist the formal education efforts to address inclusion of people who Stutter.

Rowan Atkinson, King George, Demosthenes etc are just a few examples that prove that a speech disorder cannot exclude somebody from being active in the society if he/she overcomes the logophobia. According to those ideas and observations. Stutter Live was initiated in order to help the society to include to people who stutter and to raise the awareness of what Stuttering is.





THE PROJECT

The Stutter live project is an erasmus+ action with two activities that are deeply connected with each other. Following the principle of Knowledge + Practice = Success we will organize :

- Stutter live : Training Course in Goumenissa - 8 -13 October 2020
- Stutter live : Youth Exchange in Thessaloniki - 7-15 November 2020

The Stutter Live: Project will focus on raising the awareness of what stuttering is as a peculiarity in the local society of the Municipality of Paeonia and will deal also with Inclusion issues of People who stutter. Moreover, it will give special attention on the crucial role of youth work and in general non-formal education in providing to people who stutter equal opportunities and smoothly inclusion in their local societies.



THE TRAINING COURSE

The Training Course will focus on providing theoretical and practical knowledge to Youth Workers about people who Stutter and Inclusion.

Youth Workers during the sessions :

- will learn how to build up a successful and safe environment for future actions with people who Stutter,
- will understand what emotions people have when they stutter or when they hear somebody stuttering,
- will understand what Stuttering is in an non formal way.

PARTICIPANTS

In the training course we expect 2-3 participants from each partner. (according to the table PARTNERSHIP at the last page. They will be youth workers, ideally with experience in stuttering issues.

At least 1 of the participants from each team is expected to take part in the following youth exchange as their Team Leader. This is integral aspect to the project's success



THE VENUE

Goumenissa is a small traditional town in the Kilkis regional unit, Central Macedonia, Greece, less than an hour's drive from Thessaloniki. It is located at the southeastern part of the Paiko mountain. Goumenissa has narrow streets lined with traditional houses and is renowned for a wide range of things; apart from its preindustrial monuments built beside lush springs, there are traditional wineries which prove the expertise of this small country town to produce good quality wine. It is known for its folklore museum, its impromptu brass bands and its customs, events and fetes, all of them are reflective of the traditional lifestyle.



ACCOMODATION

Participants will be accomodated in 3-4 bed rooms in a traditional guesthouse in the center of Goumenissa.

DIMOSTHENIS guesthouse is situated in the central square of the town.

[More info at www.dimosthenis.gr](http://www.dimosthenis.gr)

SESSIONS

Training sessions will take place in the hotel's premises. We will also have outdoor sessions, including local cultural activities.

Please keep in mind to bring comfortable warm clothes with you - as the local weather at this time of the year is usually quite unstable.





TRANSPORTATION

For participants arriving by plane to Thessaloniki airport:

You will need to take 2 buses to reach Goumenissa. The first will be the local bus (from the airport to the central bus terminal KTEL) and the second will be a KTEL bus (from the central bus terminal KTEL in Thessaloniki until Goumenissa).

STEP 1



There are frequent bus service from the airport. The bus number is X1 (NI in the night) and the bus stop is located just outside the Arrivals exit. The bus ticket costs 2[€] and you can get it from the machine inside the bus (coins only). You will take the bus until the final stop (KTEL MAKEDONIA). Travel duration 40'-50'. www.oasth.gr

STEP 2



KTEL Makedonia is the Bus terminal of Thessaloniki. When there, you need to find the counter for NOMOS KILKIS and get a bus ticket to GOUMENISSA. The ticket costs 7.7[€]. The daily departures are as follows:
06:30 - 08:30 - 10:30 - 12:30 - 14:30 - 16:00 - 17:30 - 18:30 - 20:00 - 21:15

When inside the bus, you need to ask the driver to stop at the central square (Platia) in Goumenissa. The hotel is situated at exactly this central square. Travel duration 50'-60'.



USEFUL INFORMATIONS

MEALS

Breakfast – lunch – dinner – 2 daily coffee breaks will be provided to all participants.

The meals will be traditional Greek local cuisine, with local products.

**In case of special dietary requirements
please inform us in advance!!!**

TRAVEL REIMBURSEMENT

Participants' travel expenses will be reimbursed according to the Erasmus+ guidelines.

It is absolutely important that participants keep all related documents (ticket receipts/ boarding passes). We will NOT reimburse expenses without all necessary documentation. Moreover, participants need to attend the TC in full in order to be reimbursed.

The maximum amounts of reimbursements per participant can be found on the table at the last page

COSTS

All training expenses (accommodation, daily meals, local travel) will be covered by the grant with no extra cost for the participants according to the project's guidelines.

COMMUNICATION

As soon as the group is formed, we will invite all participants to connect over a group in social media (FB/whatsapp) for communicating all practical aspects during the days of the TC. For anything else you can contact us at the following numbers (also in Whatsapp/Viber).

ATHINA: 0030 6948478404

ALEX: 0030 6984566620

HOTEL: 0030 2343041302

EMERGENCY: 112

PROJECTS.MTN@GMAIL.COM



OVERALL SCHEDULE

On **DAY 1** we will begin the project at 17:00 by getting to know each other and the area. We will set up agreements for successful project implementation and we will finish the day with a welcome dinner.

On **DAY 2** we will dive into the issue of Stuttering, with the active input of all participants.

On **DAY 3** we will work in detail on a methodology of Including People who Stutter.

DAY 4 will lead us into a deeper understanding of the issue, and we will have set up our plans for the Youth Exchange that will follow.

On **DAY 5** we will finalise the YE practicals - which will include visiting the YE venue. On the same day we will also have the chance to experience local Greek traditional life in the village and finish with a closing party.

On **DAY 6** we will close the programme and bid farewell to participants in the TC.



OVERALL SCHEDULE

ARRIVALS: DAY 1 08 OCTOBER 2020

PARTICIPANTS TO BE AT THE VENUE IN
GOUMENISSA BY 17:00 THE LATEST.

DEPARTURES: DAY 6 13 OCTOBER 2020

**THE EXACT DAILY SCHEDULE WILL BE PRESENTED UPON
ARRIVAL, BUT THE OVERALL DAILY STRUCTURE WILL BE AS
FOLLOWS:**

09:00 BREAKFAST

10:00 MORNING SESSIONS (INCLUDING 1 BREAK)

13:00 LUNCH

15:00 AFTERNOON SESSIONS

19:00 DINNER

21:00 SOCIALIZING ACTIVITIES / FREE TIME



TRAVEL REIMBURSEMENT

		total pax	max travel reimbursement per person
	MEDIATERRANEA N.P.O. projects.mediterranea@gmail.com	4	20€
	Stichting Anatta Foundation sybren.bouwsma@gmail.com	3	275€
	ASOCIACION JUVENIL ALMENARAS info@asociacionalmenaras.com	2	360€
	Suomen änkitysyhdistys ry nygrensatu@gmail.com	2	360€
	EESTI KOGELEJATE UHING MTU hardi.sigus@gmail.com	2	360€
	Malbjorg sigrdur.fossberg@gmail.com	2	530€
	Youth Council NEXT GENERATION goko_g@yahoo.com	3	180€
	Youth Workers Alliance z.todorovska@hotmail.com	2	180€





STUTTER LIVE

SEE YOU SOON



Co-funded by the Erasmus-Programme of the European Union