

# UNITED FOR DIVERSITY AND INCLUSION

Erasmus+ KA1 Mobility of Youth Workers project

**10-17  
FEB  
2020**

**THESSALONIKI, GREECE**



Co-funded by the  
Erasmus+ Programme  
of the European Union

# ABOUT THE ORGANISERS



## Vision

United Societies of Balkans (U.S.B.) is a non-profit, non-governmental organization based in Thessaloniki, Greece working in the field of youth mobility, participation and facilitating youth awareness about social issues. It was founded in 2008 by the inception of a group of active young people who wanted to address the social issues which affect the youngsters in the Balkans and Eastern Europe.

The vision of the organisation is the promotion of youth mobility, youth involvement and participation, voluntarism and human rights.

## Mission

Key areas of the organization's activities concern the defence of human rights, the organization of youth related projects such as youth exchanges and training courses, which can bring young people from Balkans and Europe together, and the organization of local interventions, seminars and multimedia productions.

U.S.B. envisions a global and inclusive society, where citizens are equally empowered to contribute in the shaping of a world with less prejudice, discrimination and other forms of injustice.



[www.usbngo.gr/en](http://www.usbngo.gr/en)



# DESCRIPTION OF THE PROJECT



The project is composed of 2 mobility of youth workers activities: a Seminar with partnership building elements that was organised from **5th to 12th of October 2019** and a Training course for educators that will be organised from **10th to 17th of February 2020**, both in **Thessaloniki, Greece**. Each mobility activity involves 24 participants that are youth workers, youth leaders, volunteers who are involved in the work of involved organisations.

Europe is built around the principle of "United in diversity", but today's Europe is not particularly united when it comes to respecting, accepting and appreciating differences in societies. That's why we want to organise a project that will promote and nurture the core values of EU, respect for human dignity and ensure inclusion and participation of all people.

The project with its 2 mobility activities works towards achieving the following aims:

- 1) to address growing issues of exclusion, discrimination, xenophobia and radicalisation of youth by improving capacities of 8 European youth organisations for managing and working with diversity, fostering social inclusion of vulnerable groups and encouraging active youth participation
- 2) to empower and equip youth workers and youth leaders with new and improved competencies (knowledge, skills, attitudes), good practices and concrete non-formal learning tools to successfully and meaningfully work with culturally diverse groups and young people with fewer opportunities while enabling them to inspire active youth participation and promotion of European values both locally and internationally
- 3) to establish United in Diversity Network for the promotion of diversity, mutual understanding, European values and social inclusion of youth from socially vulnerable categories that will ensure sustainable partnerships and cooperation between 8 youth organisations, sustainable project impact and long lasting multiplication effect
- 4) to present possibilities and support features of Erasmus+ programme for work with youth with fewer opportunities and inclusion and diversity projects while developing new joint project proposals.



# OBJECTIVES OF THE TRAINING COURSE



## TO ADDRESS THE MAIN AIMS, THE TRAINING COURSE HAS ITS OWN SPECIFIC OBJECTIVES:

-  provide new competences to youth workers and youth leaders to support and manage work with diverse and socially disadvantaged groups, especially young people with fewer opportunities as well as competences to foster social inclusion, European values and active youth participation;
-  present and use youth work frameworks and tools for trainers' competence assessment (European Training Strategy, SALTO TOY and Council of Europe portfolio) in order for participants to self-assess and evaluate their role as youth workers and non-formal educators;
-  improve the managerial, social, intercultural, facilitation and training competences of participants by identifying the areas where and how they can improve themselves (through working on personal development and learning plans);
-  develop, practice and evaluate non-formal learning activities that will be put together in 'Inclusion and Diversity Toolbox' for working with disadvantaged groups, promotion of diversity and fostering social inclusion, European values and active youth participation that will be used by involved organisations, participants or other stakeholders in youth work across Europe;
-  create a group of competent educators/trainers/multipliers with pro-active attitudes towards combating social exclusion who will implement activities and multiply the acquired knowledge, skills and tools in work with diversity, inclusion and youth with fewer opportunities;
-  develop strategic plans for action in forms of follow-up activities that will be run by participants with support of partner organisations back in their local communities and countries.

# PARTNERS AND PARTICIPANTS



## Partner organisations



United Societies of Balkans



United Societies of Balkans



CET platforma Skopje



CET platform Italy



Conexão Jovem



Youth Support Centre



Centrul Educational de Resurse si Training



EUDUCATE

## Profile of participants

- Youth workers, youth leaders, volunteers who are involved in work of partner organisations
- With some experience in the fields of diversity, social inclusion & youth participation
- With experience of preparing and facilitating non-formal learning activities
- Strong motivation and open-minded attitude
- Over 18 years old and able to comfortably communicate in English
- Residents in the involved countries



**Each partner organisation will send a gender-balanced group of 3 people. One participant from the seminar in October 2019 from each country should also participate on the training course.**



# TASKS BEFORE THE TRAINING COURSE



- 1) Bring leaflets/brochures/promotional materials from your organisations that can be used for **Networking** that will provide the following information: name & logo, goal/mission of organisation, field of work, target group(s), activities, good practices of implemented projects, plans for future, contacts.
- 2) Be prepared and ready to present the findings from the researches and follow-up activities that the previous participants or you did in your local communities after the first mobility activity (Seminar). The presentations of the follow-up activities will be set-up as a **Conference** on which will be invited local stakeholders.
- 3) Bring traditional food, drinks, clothes, promotional materials etc. for the **Intercultural Night**.
- 4) Your national group should have at least **one laptop** with you during the training course.

# WHEN AND WHERE?



## **The Training course will be implemented in Thessaloniki from 10th to 17th of February 2020**

Thessaloniki is the second biggest city in Greece and a very important city for the whole Balkan Peninsula. It's a youth city and known for the food, nightlife and culture (It was the European Capital of Culture in 1997 and European Youth Capital in 2014).

Thessaloniki is a major center of education for Greece. Two of the country's largest universities are located in central Thessaloniki. The city's total student population is estimated around 200,000 – 250,000, meaning that 1/4th of total population are students aged less than 30 years old.

The city has long been known in Greece for its vibrant city culture, including having the most cafes and bars per capita of any city in Europe; and as having some of the best nightlife and entertainment in the country, thanks to its large young population and multicultural feel. Lonely Planet listed Thessaloniki among the world's "ultimate party cities".

Thessaloniki is not only regarded as the cultural and entertainment capital of northern Greece but also the cultural capital of the country. During each year, Thessaloniki hosts significant cultural and commercial festivities, such as the Thessaloniki International Fair, the International Thessaloniki Film and Documentary Festivals and the International Book Fair.

More information about Thessaloniki can be found at:

[www.en.wikipedia.org/wiki/Thessaloniki](http://www.en.wikipedia.org/wiki/Thessaloniki)  
[www.lonelyplanet.com/greece/northern-greece/thessaloniki](http://www.lonelyplanet.com/greece/northern-greece/thessaloniki)



# ACCOMODATION



The venue for the accommodation, is [🔗](#) **"STAY Youth Hostel & Common Place"**. The hostel is located in the heart of the city and it is brand new, opened in 2017.

Participants are going to stay in Quad dorms (with bunk beds) and shared bathrooms and toilets. There is one toilet/shower for every 3-4 people. Rooms will be mixed-gender.

The area of the participants will be separate from the other tenants of the hostel and there will be a common place with kitchen reserved only for them where breakfast will be served. Please bring your own towel as well sanitary products, shampoos, etc.

## Meals

There will be 3 meals per day covered by the programme. Breakfast will be served in the hostel while lunch and dinner will be served in a restaurant close to the hostel.



## Training room

The training will take place at the premises of United Societies of Balkans in a special workshop room.

The address is [🔗](#) **Al. Delmouzou 8, 546 35, Thessaloniki.**

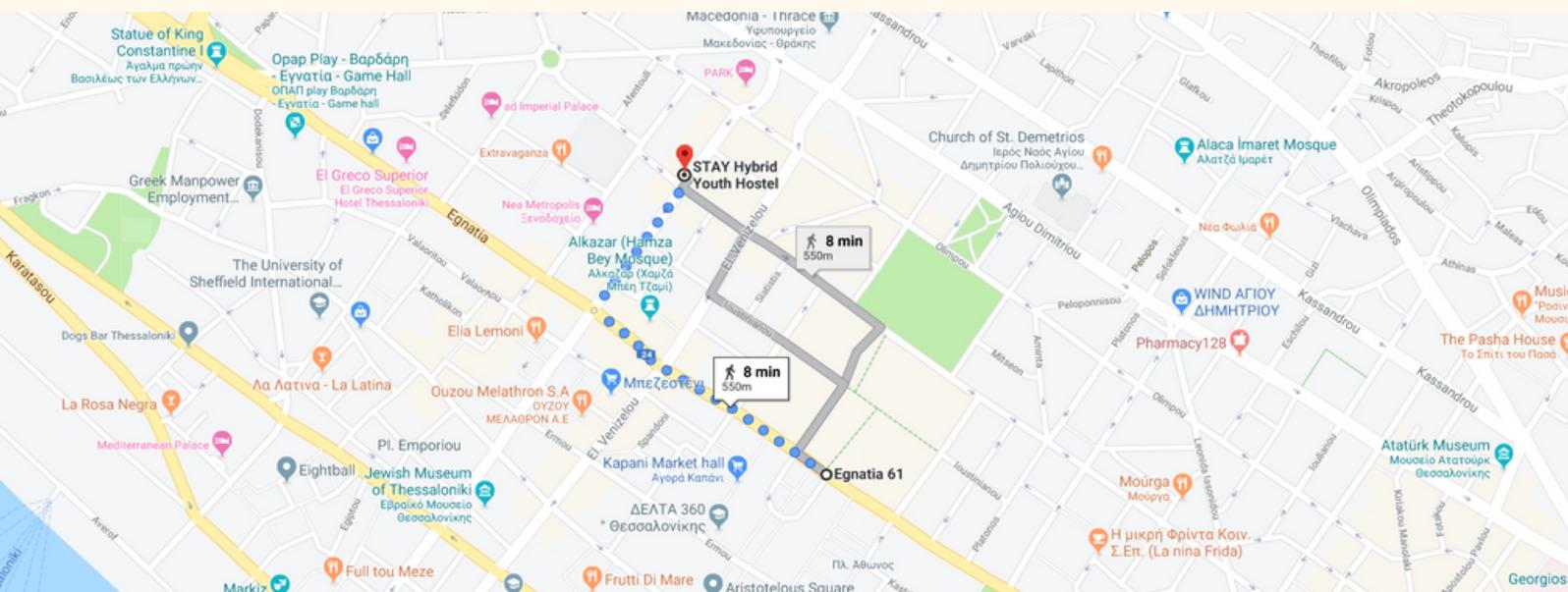
# HOW TO REACH THE HOSTEL



The airport is served on a 24-hour basis by Thessaloniki Urban Transport Organization (OASTH); To downtown Thessaloniki please take bus number **X1 and N1 (night bus)** which stops also in many places in the **centre of Thessaloniki** (such as Aristotle square).

The bus from/to the airport is starting every 20-30 minutes and it lasts 40-50 minutes (depending on the traffic). The single ticket from or to the airport costs 2 euro (1 euro discounted for Students, large-family members, persons aged over 65 yrs, persons with over 67% disability).

If you take **N1** (until 22:30), step out at the **bus stop Platia Aristotelous** (aristotle square). Then you should walk for around 600 m to the hotel.



# HOW TO REACH THE HOSTEL



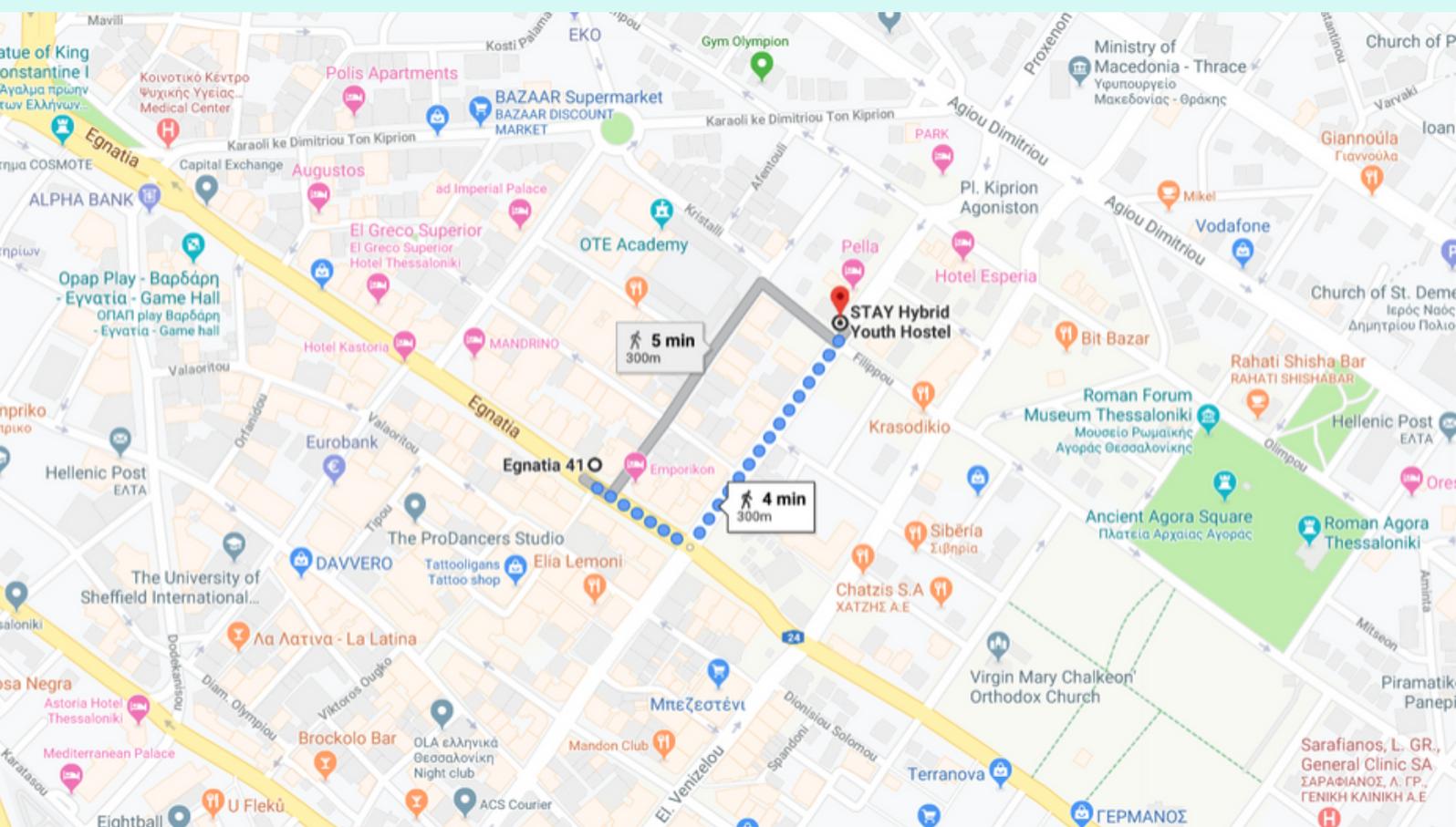
If you take **N1 bus (night bus)** you have to step out at the **bus stop Antigoniidon** and walk for around 300 m.



From the train station you can take **bus number 2, 10,11 or 14** and step out at Antigoniidon bus stop.



From Bus station you can take **buses 12 or 31** and step out at Antigoniidon bus stop.



# TRAVEL ARRANGEMENTS

Participants are expected to make the cheapest travel arrangements available to Thessaloniki, Greece.

Travel costs will be reimbursed until the budget limit, set by the Erasmus+ programme, based on **real costs** of the tickets. E.g. if your tickets cost 100 euro and they are within range, you will get 100 euro as reimbursement. If they exceed the travel grant per country, then participant should pay the difference.

Reimbursement will be given only after all participants **send their original boarding passes, receipts, invoices and tickets** to the organisers by post and via e-mail (original & scanned versions) to **finance@usbngo.gr**. Therefore keep all bookings, tickets, boarding passes etc. and try to be responsible for the others!

Participants are responsible for obtaining their own health and travel insurances.



## TRAVEL GRANT LIMIT PER PARTICIPANT

Bulgaria 180€

North Macedonia 180€

Poland 275€

Portugal 360€

Italy 275€

Spain 360€

Romania 180€

# Youthpass

All participants are going to receive a youthpass certificate, in the end of the project, provided that they have fully participated in the project.

Youthpass is a tool to document and recognise learning outcomes from youth work activities based on non-formal education.

While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. Thus, Youthpass supports the reflection upon the personal non-formal learning process and outcomes.

As a Europe-wide recognition instrument for non-formal learning in the youth field, Youthpass strengthens the social recognition of youth work.

Youthpass supports active European citizenship of young people by describing the added value of their project.

Youthpass also aims at supporting the employability of young people by raising their awareness of and helping to describe their competences, and by documenting their acquisition of key competences on a certificate.

More information about Youthpass on:  [www.youthpass.eu/en/](http://www.youthpass.eu/en/)

# CONTACTS

More information as well as the activities programme will be provided to the selected participants.

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