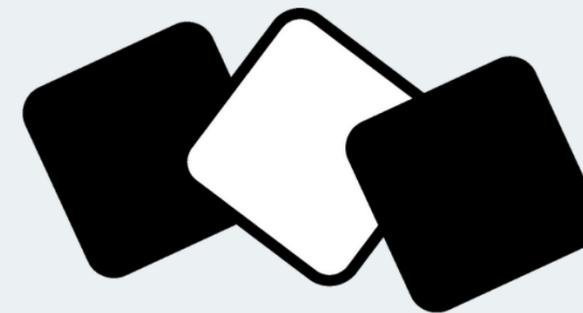


YOUTH ACT



IMPRO



DRAMA

23th Feb - 04th Mar

ABOUT

IMPRODRAMA is a training course co-funded by Erasmus+ where 30 participants from 10 countries will meet in Murzasichle between 23th of February and 4th of March to learn about theatrical methods for youth education.

YOUTH ACT

FB page: @IMPRODRAMA

YOUTH ACT

WHO ARE WE

We are youth organisation working at local and international level by providing the educational activities for youth, teachers and youth workers. We are using diverse methodology as improvisation theatre, modern mime, British drama, theatre, photo & video voice. We are promoting the active citizenship, social inclusion, tolerance, intercultural learning, life-long learning, ecology, we are supporting youth in their self-development, self-awareness, self-confidance, critical thiniking, through NFE.

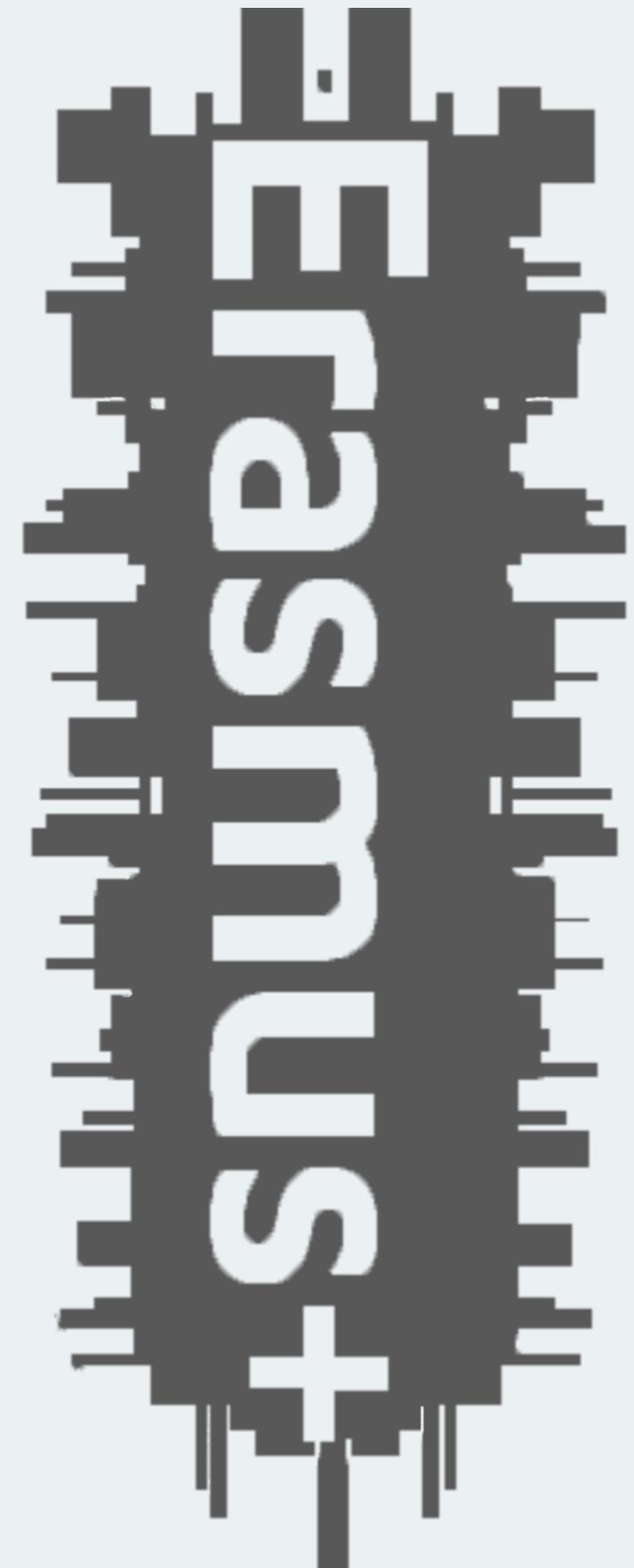


www.fb.com/youthactpoland

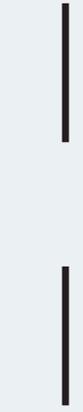
ERASMUS +

Erasmus+ is the European Union program for education, training, youth and sport.

Programme aims to modernize education, training and youth work across Europe. It offers exciting opportunities for participants to then study, work, volunteer, learn and train abroad in Europe.



Integrating theatre methodology as nonformal educational approach to the formal education system for youth empowerment at local level.



OBJECTIVES

To create opportunity for participants to learn about the theatre methodology as improvisation, drama and physical theatre.

To develop participants competences through non-formal methodology.

To introduce the values and principles of nonformal education approach in youth education.

To give opportunity to develop trainers competences related to creating and implementing the workshops based on theatre methods for youth empowerment.

To integrate the theatre methodology into formal education structures.

To promote youth empowerment, active citizenship, social inclusion, tolerance.

To foster cooperation between partners and participants in the field of youth work.

METHODS

IMPROVISATION THEATRE

Learning how to listen, accept the partners ideas and develop them into the improvised sketch.

PHYSICAL THEATRE

Learning how to express emotions, thoughts through the body movement.

BRITISH DRAMA

Understanding better yourself, different characters, behaviours through acting.

PARTICIPANTS

communicative level of English
age limit minimum 20 years old
active youth workers, leaders daily working with youth
active teachers from formal education institutions
motivation to experience NFE methodology
motivation to take active part in all workshops during the activity
willing to promote the project during all phases via social media
willing to improve the quality of their education methods use in work with youth
willing to prepare necessary materials about youth work in their community before the project and make the follow up activities



ACTIVITIES

First part of training is dedicated to experiential learning where participant would develop their competences through the workshops based on improvisation theatre, physical theatre and british drama methodology.

Second part is dedicated to development of trainers competences in creating, developing and implementing the workshops based on theatre methodology.

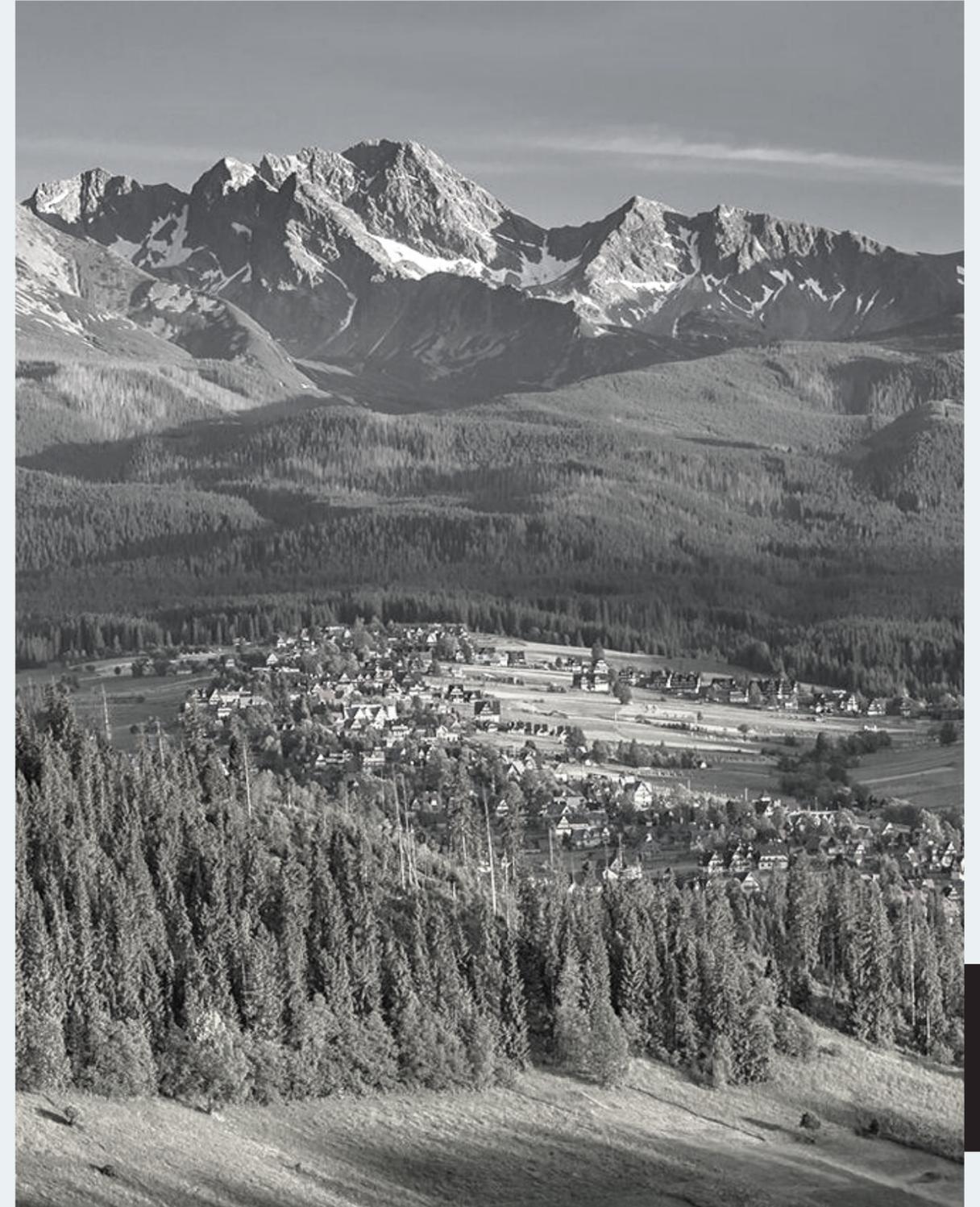
Participants will learn about structure of the NFE workshop and experiential learning. Participants will implement their workshops during the training after what they would receive the feedback from the participants and trainers.

Daily there would be at least 6 hours of workshops and time for reflection. (everyday we will start workshops at 9:30 and finish around 19 oclock, with 2 coffee breaks and lunch break).



VENUE

The training course will take place in Murzasichle the small town in the Tatra mountains, near Zakopane (the winter capital of Poland). Participants will stay in bedrooms (2-4 people in rooms) with bathrooms. All activities will take place in the workshops room in the same building. In the venue would be canteen which will provide the meals (breakfast, lunch, dinner) and coffee breaks.



All together we will take care of our space where we will live, work and learn therefore we need to keep the place clean and useful for our activities. During the theatrical activities we will walk in the workshop room barefoot or in socks (so take some warm socks if you get cold easily).

LIVING CONDITIONS

ACTIVE PARTICIPATION

By taking part in this project you are confirming that you are going to be active in all phases of the project:

- Preparation before the training course,
- Taking part in all workshops during the training course,
- Preparation and organizing the workshops about non-formal methods together with your national team after the training
- Promotion of the project on social media before and after the training
- Accomplish all tasks connected with dissemination of the project and its results

FOLLOW UP

The dissemination of the project is one of our priorities. After the project participants are obligated to make follow up activities till the 10th of April. What requires preparation for those activities before the training.

Follow up activities:

Organize 2 workshops in their local community with usage of theatre methods (one in school another in youth organisation).

Write the article about the training and participants reflection in english and national language (one per country).

Promoting the project on the Social media (Facebook and Instagram)

Promoting the results of the project

Write personal diary about their learning journey.



TRAVEL

Selected participants could start to find a connection to Kraków. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed. More about reimbursement process in next section.

Tickets should be bought by low fare prices, only second class.

You can come to Poland in total 2 days before or after the main activities, however we can not cover expenses of your venue and meals before or after the activities.

On 23th of February we are going to make the meeting point around 18 oclock near the main train station in Cracow. Then we will go with shuttle bus to our venue (the cost of the shuttle bus will be reduced from the travel reimbursement limits). Plan your travel to be before 18 oclock in Cracow. On the 4th of March we will leave our venue around 8 am in the morning, plan your departure from Krakow after 12 oclock.

After our approval of your tickets proposals you can buy them and fill in the reimbursement form with all tickets which you would like to have reimbursement and send it to us till 10th of February.

The closests airports to Kraków are in Kraków, Katowice, Warszawa. From those cities you can take the train to Kraków (check out the schedule at: <http://rozklad-pkp.pl/en>).

REIMBURSEMENT

Reimbursement of the tickets would be done by cash in the end of training (up to the national limits), participants need to:

- fill the reimbursement form before coming to Poland till 10th of February
- send all boarding passes and tickets to Youth ACT-hosting team till 15th of February
- manage the follow up activities

Reimbursement limits

150	245
Lithuania	Italy
	Bulgaria
330	Cyprus
Spain	Turkey
Portugal	Croatia
	Romania

The limits are lowered 30 euros due to costs of shuttle bus from Cracow to venue.

WHAT TO BRING

- positive attitude
- clear mind without stress of doing some work/home task during the TC
- european insurance card,
- comfortable clothes and shoes for the workshops which will take place mainly indoor,
- warm socks for walking barefeet in the workshop room
- cosmetics, soap,
- traditional food, drinks and souvenirs for intercultural evenings

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