

Training course



FORUM OF

CHANGES

Berlin 01-09.12.2019

Youth Come on

Hosting team Youth Come ON, since 2015 is working with young people using different non-formal methods as improvisation theatre, british drama, gamification, story telling to develop the youth's competances and to promote European values among them.

www.fb.com/youthcomeon.

Erasmus+

Erasmus+ is the European Union program for education, training, youth and sport. Programme aims to modernize education, training and youth work across Europe. It offers exciting opportunities for participants to then study, work, volunteer, learn and train abroad in Europe.

Forum of Changes

The project Forum of changes is a training course which will take place in Berlin between 1-9th of December 2019. The 30 participants from Germany, Slovakia, Spain, Italy, Croatia, Romania, Poland, Greece, Estonia and Portugal will develop their competances in field of conflict resolution and promotion of Human Rights.

The aim of the project is developing the comeptances of youth workers and youth leaders in field of promotion of the human rights their respect and protection, conflict transformation, peace building and intercultural dialogue.

Objectives

Promotion of young people's role as positive activists in building process of anti-discrimination attitudes.

Strengthening the role of young people and organizations in identifying and counteracting violations of human rights.

Developing the competances of youth workers and youth leaders in the context of conflict resolutions and reduction of radicalism

Developing the trainers competances among participants related to conflict transformation

Promoting diversity, intercultural and interreligious dialogue, social inclusion, european values, tolerance, solidarity.

Fostering cooperation between partners and participants in the field of youth work.

Participants

communicative level of English

age limit minimum 20 years old

active youth worker, leader, educator working with youth

motivation to experience NFE methodology

motivation to take active part in all workshops during the activity

willing to promote the project during all phases via social media

willing to improve the quality of their activities in work with youth

willing to prepare necessary materials about youth work in their community

before the project and make the follow up activities

Activities

The activities would be based on non-formal methodology and experiential learning.

Participants would learn about the Human Rights and its role in peace building activities.

Participants will make the conflicts analyse, discussion on the youth's conflicts and roots of conflicts in intercultural environment.

First part of training is dedicated to experiential learning where participant would develop their competences through the workshops based on non-formal methods and they would learn about Human Rights and Conflict resolution.

Second part is dedicated to development of trainers competences in creating, developing and implementing the workshops based non-formal methodology. Participants will learn about structure of the NFE workshop and experiential learning. Participants will implement their workshops during the training after what they would receive the feedback from the participants and trainers.

Venue

Training course will take place in the youth hostel-the social entrepreneurship which is situated in a forest, in calm area of Berlin-Grunewald, near the lake Grunewald.

Participants will live in four big rooms (6-7 beds) and two small rooms (3-4 beds) separated by gender and the workshops will take place in a workshop room in the same building. There are showers and toilets seperated by gender.

Adress: Eichhoernchensteig 3, Berlin

Living conditions

All together we will take care of our space where we will live, work and learn therefore we need to keep the place clean and useful for our activities.

During the theatrical activiites we will walk in the workshop room barefoot or in socks (so take some warm socks if you get cold easily).

Active participation

By taking part in this project you are confirming that you are going to be active in all phases of the project:

- Preparation before the training course,*
- Taking part in all workshops during the training course,*
- Preparation and organizing the workshops about non-formal methods together with your national team after the training*
- Promotion of the project on social media before and after the training*
- Accomplish all tasks connected with dissemination of the project and its results*

In case of not accomplish all tasks during the project you agree to cut your reimbursement of travel costs.

Follow up

The dissemination of the project is one of our priorities. After the project participants are obligated to make follow up activities till the 20th of January.

What requires preparation for those activities before the training.

Follow up activities:

Organize 2 workshop in your local community promoting the Human Rights and Conflict resolution

Promoting the project on the Social media (Facebook and Instagram)

Promoting the results of the project

Prepare personal diary about their learning journey (as text, video, article, etc)

Write an article for the local newspaper/radio/TV

Travel

Selected participants could start to find a connection to Berlin. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed.

More about reimbursement process in next section.

We recommend to find low-costs tickets because reimbursement would be done after the activities.

You can come to Berlin 2 days before or after the main activities, however we do not cover expenses of your venue and meals before or after the training. During the training there would be one free afternoon/evening to visit the city centre so we recommend for those who want to see more to spend some time before or after training.

Remember to come to our venue between 14-16 o'clock on 1st of December.

After our approval of your tickets proposals you can buy them and fill in the reimbursement form with all tickets which you would like to have reimbursement and send it to us till 15th of November.

Other way the reimbursement of the travel might be cut.

Detailed information how to get to the venue from the Berlin's airport, train and bus stations we will publish on our FB group before the activities.

Reimbursement

Reimbursement of the tickets would be done after finalizing all tasks by participants (up to the national limits):

- filling in the reimbursement form and send it to us till 15th of November
- sending all boarding passes and tickets to Youth Come ON-hosting team till 15th of November 2019
- organizing the workshops using non-formal methods developed during the project in your local community till 20th of January.
 - filling in the questionnaire after the activities till 5th of January
 - sending the diary of your experience after the project till 10th of January
 - promoting the project and its results on-line through related task after the training till 20th of January

Any delays of the accomplishing the task would cause of cutting the reimbursement. When all participants will finish all task we would start to reimburse your travel costs by sending one transfer to our partners organizations. Later partners will make transfer to each of participant. From the reimbursement of travel costs we will cut the participation fee (30 euros).

Poland 180 euro
Portugal 360 euro

Slovakia, Spain, Italy,
Croatia, Greece, Romania,
Estonia, Italy
275 euro

What to bring

-positive attitude

-clear mind without stress of doing some work/home task during the TC

-european insurance card,

*-comfortable clothes and shoes for the workshops which will take place
mainly indoor,*

-warm socks for walking barefeet in the workshop room

-towel, slippers for the shower, cosmetics,

-traditional food, drinks and souvenirs for intercultural evenings

Contact

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Follow us on FB:

<https://www.facebook.com/Forum-of-Changes-116084689804145/>