



The Inclusionist (THINC)

Erasmus+ KA-1 Youth Multi-Activity Project

The Training Course
Cluj-Napoca, Romania
November 2 – 9, 2019

Info Pack for Applicants

Application form: <https://forms.gle/wymBWNaUegoPpvd4A>

Webpage: <http://english.babilontravel.ro/projects/the-inclusionist/>

Application deadline: August 31, 2019

The Inclusionist is an Erasmus+ youth project financed by the European Union. There are 5 countries participating: Albania, Italy, Republic of North Macedonia, Romania and Serbia.

The aim of the project is to create a partnership between public and private organizations, experienced in working with youth with disabilities (YwD) and youth with fewer opportunities (YwFO), so that partners can carry out activities and develop comprehensive methodological tools of inclusive education adapted to these categories. Some



of the partners are also experienced in adaptive sport activities that will share their experience with the others.

To achieve its aim, the project will have two main activities: a training course and a youth exchange.

The first main activity, the training course, takes place in Cluj-Napoca and the mountain resort Băișoara (West-Carpathian Mountains), Romania, starting on November 2 and ending on November 9, 2019 (travel days included).



OBJECTIVES OF THE PROJECT:

- Sharing and developing methods to enhance the social inclusion of 10 YwD and 10 YwFO coming from 5 different countries (Romania, Serbia, Italy, Albania, Republic of North Macedonia) through non-formal learning and adaptive sport within a 7 day youth exchange held in Tirana;
- Developing the capacities of 25 youth workers from the 5 different countries to address YwD and YwFO as specific targets within a 7 day training course in the inclusive education field held in Cluj-Napoca and Băișoara, Romania;
- Enhancing the self-esteem, pro-activeness, acquiring soft and transversal skills of 10 YwD, 10 YwFO and 10 non-disabled/non-marginalized youth coming from 5 different countries through non-formal learning and adaptive sport;
- Raising awareness about inclusion of marginalized youth among 25 youth workers;
- Promoting the international mobility of 30 young people, out of which 20 are marginalized youth from 5 different countries inside and outside the Erasmus+ programme.



PARTICIPANTS TO THE TRAINING COURSE:

The training course is addressing the needs of youth workers and youth leaders with and without disabilities. 25 youth workers (5/country), age 18+ and 5 accompanying persons (1/country), age 18+, will attend the activity. Out of the total number of participants there will be:

- 5 youth workers (1/country), age 18+, fully disabled (sensory) who cannot attend independently the activity, cannot travel alone and cannot access materials, and free time without their personal assistant, so we count 5 personal assistants (1/country), age 18+;
- 20 youth workers (4/country) with fewer opportunities such as Roma community, abandoning the schools, rural areas, economically disadvantaged (unemployed parents and low incomes);



The selection of all participants is based on their motivation and relevant experience (a CV is required). There will be a common application form for all partners. Each partner organization is responsible to identify and select participants by a set of common criteria:

- For all participants:
 - Citizens or legal residents of Albania, Italy, Republic of North Macedonia, Romania or Serbia;
 - Age 18+;
- For the youth workers:
 - Active in one of the partner organizations;
 - Working with youth, preferable 6 months experience with youth with disabilities and with fewer opportunities, some of them with and others without experience in working with disabled youngsters;
 - In the need of upgrading their knowledge/skills regarding the way they can empower/involve marginalized youth in community life;
 - Experienced or ready to learn, about the social inclusion of marginalized youngsters (YwD/YwFO);
 - Eager to apply the knowledge/skills learnt in the training course if chosen to be youth leaders for the upcoming youth exchange;
 - English language speakers (at least level B2), since English is the official language of the project;
 - Ready to attend all the TC activities;
 - Ready to be involved in the dissemination activities, promotion and visibility of the project.
 - Ready to share their personal and professional experience;
- For the accompanying person:
 - Experienced in guiding disabled persons.
 - Able to use English as working language.

Participants will have the opportunity to contribute at any session of the training course.

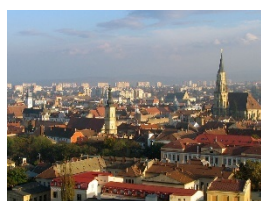
During the intercultural evenings, participants will be asked to bring and present pieces of their culture (music, food, dance, data, pictures, collages, etc.) in an inclusive way.

All project activities are based on non-formal education methods and tools (working groups, debriefings, free discussions, role plays, workshops, teambuilding exercises, games, energizers, reflections, study visits, presentations etc.), which encourage active participation of each participant in the sessions. The whole learning methodology will be adapted to the



needs of all the participants and will be inclusive with regard of the disabled ones. The two trainers will choose those methods and tools, which involve equally and actively each participant.

THE VENUE:



The first 3 days of the training course will be kept in Cluj-Napoca, a city of lights, a city of the future, always different, always unpredictable, proudly flaunting its cultural and artistic diversity, Cluj-Napoca does not cease to amaze. Hidden in the heart of Transylvania, the city is the kind of place you cannot help falling in love with. The huge progress made in the last decades, as well as its ability to keep its traditions and local charm alive, stand as proof that Cluj-Napoca deserves its honorable spot along other European locations, such as Prague, Vienna and Berlin.

With a rich, complex history and legends, which make it the dream destination for mystery lovers, the Transylvanian city shows an interesting evolution over the centuries, which contributes to the diversity and multiculturalism that characterizes it today.

Attested for the first time almost 2000 years ago, the city became an important Roman colony. The settlement, known then by the name of Napoca, survives the Dark Ages of the migrations and reappears in annals in 1173, to be devastated, just a century later, by a Tatar army. Not long after that, it becomes known as Klausenburg, one of the seven Saxon settlements from Transylvania which are surrounded by walls and which gave the province its original name: Siebenbürgen.

In 1918, as Transylvania becomes part of Romania, Cluj is a prosperous, modern settlement that continues its development throughout the interwar period. The city receives the name it bears today, Cluj-Napoca, in 1974.

The Transylvanian city is currently in a constant state of improvement, adopting European values and practices and proving that it deserves all the appreciation it has gained. With more than 300.000 inhabitants and over 100.000 students, Cluj-Napoca has the biggest University in Romania.



The last 3 days of the training will take place in the West-Carpathian Mountains (Munții Apuseni). Most of the outdoor and trekking activities will take place in Băișoara a mountain resort situated 60 km from Cluj-Napoca. Also there will be an outdoor activity in the Salt Mine Turda.



TRAVEL REIMBURSEMENT:

According to the rules within the **Erasmus+ Programme**, financed by the European Union, we will reimburse the travel costs on basis of the cheapest and most effective possibilities, 2nd class railway tickets, APEX-flights etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc.

ALL THE TRAVEL TICKETS HAVE TO BE BOUGHT AFTER RECEIVING CONFIRMATION FROM THE COORDINATOR !!!

Participants are expected to arrive to Cluj-Napoca, Romania on 2nd of November 2019. The departure will be on 9th of November 2019, after breakfast.

We will reimburse travel costs, by bank transfer, within 45 days after receiving all the original travel documents, after dissemination, including here 2 local workshops, after the training, and filling out the Mobility Tool questionnaire. The maximum reimbursements for Italy is Euro 275. For participants from Albania, Republic of North Macedonia and Serbia we will send a bus to pick them up from Tirana, Skopje and Nis and bring them to Cluj-Napoca and back.



PROJECT PARTNERS:

- Asociația Babilon Travel - Romania (Coordinator);
- Assoziacione ONLUS L'Alberodella Vita – Italy;
- AzBuki – Serbia;
- Direcția de Asistență Socială și Medicală Cluj-Napoca – Romania;
- MrezazaDozivotnoUcenje – Republic of North Macedonia;
- Projekte Vullnetare Nderkombetare – Albania.

For any further information, please do not hesitate to contact the organizers: office@babilontravel.net.

THANK YOU