



Mazotos, Cyprus

8<sup>th</sup> – 16<sup>st</sup> of November 2019

Participating Countries: Italy, Ukraine, Albania,

Denmark, Greece, Turkey, Serbia, Slovenia and Cyprus



## “Burst Your Bubble”

We kindly invite you to participate in this training course that will take place in Mazotos, Cyprus during November 2019. The project is organized by Rooftop Theatre Ltd. with another 8 partners and is funded by the European Commission through the Erasmus+ program KA 1, mobility of youth workers.

### About us

The Rooftop Theatre Group, formed by theatre enthusiasts and active citizens from communities living in Cyprus following the opening of the checkpoints in 2003, is working to face the challenges of a changing culture and society on the island. The Group attempts to achieve this by enacting through dialogue, theatre and performance an exploration of personal and cultural identity and of the insights, skills and possibilities needed to live in a multicultural society. Through its activities and outreach programs, the Group aims to help bridge the gap and heal the historical conflict between communities. Theatre can and does help develop active tolerance skills in people, that is, openness to the other, a greater maturity and understanding, in contrast to the passive tolerance that many members of society have today. Rooftop aims to break down gender, cultural and social stereotypes through self-reflection and dialogue.

[www.rooftoptheatregroup.com](http://www.rooftoptheatregroup.com)

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## ¿Why you have to burst your bubble?

We live in a society where we are enclosed in our own world, our private 'bubbles', where our lives are defined by the places we go to and the people we interact with. Most of the time, our behaviour is exclusionary rather than inclusionary. We avoid interacting with individuals belonging to marginalized groups, or even thinking about who they are and how we might relate to them.



There is a critical need to promote activism among the youth people in Europe in order to fight and defend human rights. Everyday we can see how this world is changing in the wrong direction, also in Europe. Conflicts, tension between countries and rejection to accept human beings from other places of the world for their socio-economical or religious condition. Or simply because our minds have been "bombed" from the mass media about the idea that to accept people from other places can ruin our country, our place, our bubble.

There is a need to endow youth workers with resources, strategies and tools to enable them to reawaken people, and to make them aware of their social role, which is to embrace all and to give a voice to those who do not have one.

### **What are we going to address in this training course?**

- Follow-up on the "rainbow spectator" project and the movement created by the participants, as well as taking advantage of the already existing network of individuals and organizations
- limited awareness of basic human rights violations all over Europe within the general population towards marginalized groups. For specific groups, such as disabled individuals, refugees, religious minorities, LGBTIQ+ and others.
- Reports in the media of violence against various groups which consist of minorities within communities. The lukewarm reaction of society towards these, leads us to believe that there are high levels of indifference. This leads to a need for youth workers to Gain more knowledge and develop new skills regarding discrimination, prejudice, stereotypes recognition.
- The need to take the theatre to the people, challenging the bystander and the passive position of the audience. The need to be creative outside the strict confines of formal theatre-making.

### **These are the methods that we will use during the project:**

- Applied Theatre methods
- Active presentation
- Facilitation & Improvisation
- Visiting relevant organizations and institutions.

## Participants Profile

When we submitted the application form, our proposal for participants profile was very specific. We will be strict in accepting profiles. We are working hard to deliver a training course over the standards of quality and to ensure the success of the project we would like to receive suitable participants.

**Participant profile: Active youth workers involved in civil society, Teachers of theatre, Responsible s of civil society organizations, active educators, social workers, actors and actresses involved in social theatre**



## Financial conditions

The project will be funded by the Erasmus+ Program, therefore accommodation, food and all activities will be covered from the EU grant.

There is also an allowance for transportation, according to the distance from the city of each partner organization to the place of the activity (*please see table below*).

## Travel reimbursement details

Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month, given by the European Commission. Costs will be reimbursed by bank transfer to one account of each partner organization, and it will be done after receiving ALL invoices, boarding passes, bus/train tickets or other documents needed from all groups. Before sending original tickets from the return journey by post, be sure you have made a photo or have scanned the documents, just in case they are lost on the way. Remember you should use a cheap way of travelling: use just tourist class, **tickets from 1st class or taxi will not be reimbursed**. You can come a maximum of 2 days before the project and leave a maximum of 2 days after its finish.

### Documents you need to give us for reimbursement:

- Invoices of flights with your name
- Original boarding pass from both ways (arrival and departure) or reprinted, in case of online check-in
- Tickets for train, bus or other means of public transport
- Visa bills from those who need visa
- List of travel costs (electronically)
- Bank details of sending NGO (or group leader)

### Limits for travel cost

Country	Budget for travel expenses
Denmark	360€
Albania, Italy, Greece, Turkey, Slovenia, Ukraine, Serbia	275 €

### Accommodation

This project will be hosted in the village of Mazotos, in the Larnaka district in the east coast of Cyprus. The village very close to the coast, in a very nice environment. In the village you can find all kinds of services, such as supermarket, local taverns, shops, etc. Mazotos is connected with Larnaca International Airport by a bus line:

<http://www.cyprusbybus.com/routedetails.aspx?id=143>

<http://www.cyprusbybus.com/routedetails.aspx?id=136>

To take a taxi until the accommodation will cost you around 20€ but this expense can not be reimbursed according Erasmus + rules for travel reimbursement.

Our hosting space will be Hadjios Valley: <http://www.hadjiosvalley.com/> .

The place is suitable, quite and the staff is very helpful. We are very proud to support local business through European Project Grants.

The meals will be provided in a local taverna located 5 minutes walking from the accommodation place. The food is excellent and the owner...is something else indeed.



### How to reach the Hotel...

Firstly, the best option in terms of your flights is to fly to Larnaca International Airport. There are two other airports in Cyprus (Pafos airport and Ercan/Lefkosa airport), both of which are far away. Moreover, Ercan/Lefkosa airport in the north part of Cyprus, which is not controlled by the Republic of Cyprus, therefore travelling through there will mean that Erasmus+ will not cover your airfare.

There is a public bus that covers the trip between the Airport and Mazotos. The bus stop is 50 m. walking distance to the Hotel.



The other option in order to reach Mazotosis to take a taxi. The normal price from the airport to the venue is approximately 20€. This can be split among the travellers, if you are indeed travelling in a group. **Please, notice that we will not be able to reimburse the expense of the taxi in case you take it.**

### Safety and protection

We will stay in a safe place and we will not do any dangerous sport activities, but anyway we kindly ask you to have insurance for the project days. We recommend to the participants to bring your European Health Insurance Card, which is for free, or you can acquire any other suitable insurance.

<http://ec.europa.eu/social/main.jsp?catId=559>

### Youthpass

Certificate Youth pass is a recognized document for non-formal education, gained in the field of youth on the international level. We are planning to acquaint participants with the meaning and importance of the Certificate, and describe how exactly you can use it, for example, as an attachment to your CV. There will be a dedicated workshop in order to learn about the 8 key competences what participants get or improve during the project. [www.youthpass.eu](http://www.youthpass.eu)

### Cultural evening

We will have 2 cultural evenings and every country should present their culture. You do not need a Power point presentation, be creative in showing interesting things about your country. Play some music, teach us some typical dance, words from your mother tongue, or bring something tasty typical food from your area.

## What to bring with you

- ID card or passport, insurance card
- Flight invoices, boarding passes, bus/train or other tickets
- Something for cultural evenings (flag, food, drinks, maps, songs, etc.)
- Swimsuit and summer clothes (The weather in Cyprus in November is still very nice. Probably, you will be able to have a swim in the sea since it is still warm from the hot summer). But in the evening will be chilly, so don't forget bring at least 1 long pants and a jacket.,
- Good mood and the desire to participate and enjoy! :)

Please, notice that the info pack doesn't finish here. We will regularly post more information about the project, about Cyprus and about what are you going to find here in the Facebook group "Burst Your Bubble"

<https://web.facebook.com/groups/425929334717193/>