

# INFOPACK

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## Training course „Youth initiative support”

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04 -12 November 2019

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Nasutów, Poland

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Host Organization: *Sempre a Frente Foundation, Poland*

Partners:

- ✚ Asociatia Geyc, Romania
- ✚ Youth Association for Environment and Culture, Algeria
- ✚ Mediterranean Forum For Social Development, Morocco
- ✚ United Societies Of Balkans Astiki Etaireia, Greece
- ✚ Bukovinian Agency for Regional Development, Ukraine
- ✚ Interregional youth social movement of support of voluntary initiatives  
SFERA – Russian Federation
- ✚ Ayuntamiento de Alaquàs, Spain

## ABOUT THE PROJECT

Project "Youth Initiative Support "is a training course for youth workers who would like to learn how to effectively support young people in implementing their own initiatives and use this topic as an important tool for social inclusion and involving young people in the society.

The training will take place in Nasutów near Lublin on 4-12 November 2019 and will gather 16 people from the following 8 countries: Poland, Algeria, Morocco, Spain, Ukraine, Russia, Greece and Romania, working in organizations dealing with young people, including people with fewer opportunities and at risk of social exclusion.

**The main objective** of the project is to support people working with youth in their professional and personal development: equipping them with the knowledge and tools necessary to work, among others, in the field of supporting youth initiatives and social inclusion, coaching, thanks to which cooperation between the organization and young people - participants and recipients of activities will run professionally.

The training program assumes **two modules**, thanks to which the participants will acquire multidimensional competences, supporting them in the field of youth work in the area supported by the training:

1. Tools and practical aspects of youth initiatives support
2. Elements of coaching - devoted to the elements of coaching and individual development work together with psychological support - a support module focused on learning about the behavior of young people, their understanding and coping with difficult situations at work.

This training will have a *positive impact on the participants' professional competences*, by equipping them with competence and knowledge in the field of supporting youth initiatives and consulting competences in working with young people. The participants themselves will receive support from the coach, trainers and the group participating in the training, which will give them self-confidence, confidence in their own abilities. In addition, they will feel more competent to support young people and their organizations.

Participants will learn and test many methods during the training, but they will also receive tips on how to broaden their skills in the field of youth work and social inclusion after completing the training in the form of a complete training script - TOOLbox.

**Language of the project – English**

## PARTICIPANTS

**2 PARTICIPANTS per country x 8 COUNTRIES = 16 PARTICIPANTS**

Participants should fulfill the following criteria:

- ✓ Youth workers, members of the organization or volunteers.
- ✓ Basic knowledge and / or practical experience in working with young people - this is a necessary condition to increase the efficiency of the training.
- ✓ Over 21 years old
- ✓ Good communication in English
- ✓ Highly motivated to participate in activities
- ✓ Willing to work in future as career coaches, youth workers, in the Human Resources field
- ✓ Psychologists, pedagogues, youth trainers are welcomed

## PROJECT DATES

9 days including arrival and departure days ( 8 nights) - 7 days of work (05th - 11th Nov)

**04th November 2018 – arrival day**

**12th November 2018 – departure day**

The organizer provides accommodation for the entire training course and only for the dates between 4<sup>th</sup> and 12<sup>th</sup> of November. You can stay 2 days additionally before and after the project but we do not provide accommodation for these extra days of your stay.

## APPLICATION PROCESS

All participants need to send application form until 21<sup>st</sup> August 2019. Please find the attached form.

## ROLES AND PREPARATION FOR THE PROJECT

All participants of the training course need to prepare the following:

- Creative presentation of your country (not power point, but you can bring some food, drinks, promo material, posters, flags, songs, make quizzes etc...)
- What has inspired you for your personal and professional development? (it can be video, movie, song, person related to your studies, career, personal growth or other)

## ACCOMMODATION AND FOOD

The organizer provides accommodation and food during the entire training course: 3 meals + 2 coffee breaks between sessions per day.

**Venue** – House of Education in Nasutów, which is approximately 12 km from Lublin

## INSURANCE

**Personal accident insurance** for participants will be provided.

**Health care insurance** will **not** be provided. Participants shall provide it by themselves

## TRAVEL

**The organizer will reimburse travel costs via bank transfer up to 20 working days after all needed documents (all original tickets (including return tickets), receipts, invoices and boarding passes) are received at the Foundation. (please read the file: Sempre financial rules E+)**

You shall print all documents related to your travel costs (original invoices and tickets indicating names of travelers, description of the journey, cost, currency and date of travel).

Reimbursement will be done in **PLN**, regardless of the currency indicated on the ticket and receipt or invoice presented. Then the costs will be converted and calculated according to the current exchange rate of Polish National Bank.

Passive participants will not receive any travel reimbursement, that means you need to participate on minimum 80% of the sessions and take active role in the activities.

### **Travel costs limits per person per country:**

Country	Travel costs limit per person in EUR
Spain	360
Russian Federation	275
Ukraine	180
Greece	275
Morocco	530
Algeria	360
Romania	275

**Please consult us at least 24 hours before the purchase about tickets you're planning to buy.**

**Please remember to choose the most cost-effective travel option as only cheapest option will be accepted.**

## VISA

Please be aware that the following nationalities may need Schengen Visa in order to participate in the project:

Morocco                      Russian Federation

Algeria                        Ukraine

Unfortunately the project does not cover the visa costs. Please check with the Polish consulate in your country regarding the visa issue. We will send to you and to the embassy invitation letter. Make sure that you have valid passport for over 6 months.

**ORGANIZATION'S CONTACT DETAILS**

**SEMPRE A FRENTE FOUNDATION**

LUBARTOWSKA STREET 24, 20-085 LUBLIN, POLAND

TEL. +48 690 008 018

[WWW.SEMPRE.ORG.PL](http://WWW.SEMPRE.ORG.PL)

**PROJECT COORDINATOR:**

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**Training course**

**“YOUTH INITIATIVES SUPPORT”**



**4 – 12 NOVEMBER 2019**

**NASUTOW, POLAND**