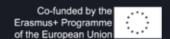


BOROVETS, BULGARIA

22 - 26 OCTOBER 2 0 1 9

(Excluding travel days)

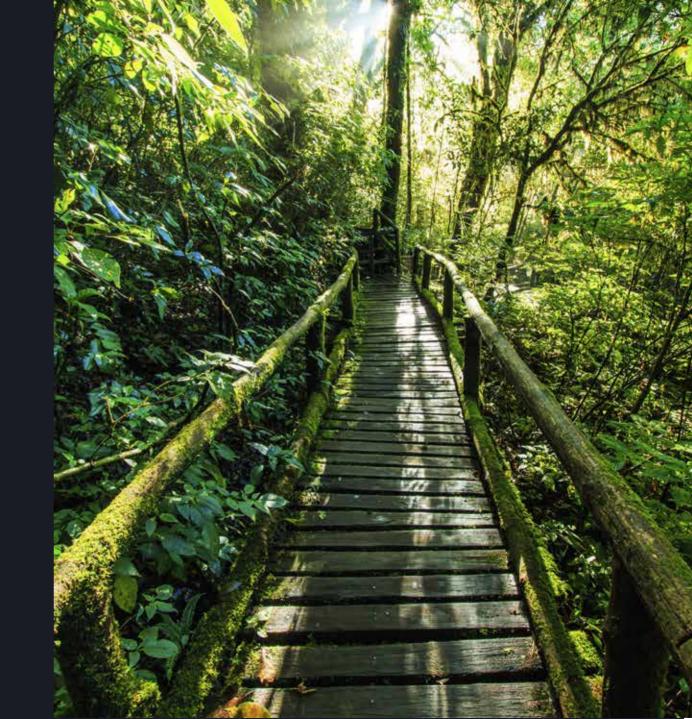




Less is the green more!

is a project, aimed at training youth workers, environmental and community activists on how to promote and live in sustainable and planet-friendly way.

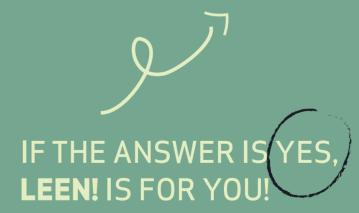
The course will be held between October 22nd and 26th in Borovets, Bulgaria.





- Work with young people
- Want to raise awareness on the environmental impact humans have on nature
- Are up for a personal challenge
- Want to expand your understanding of personal and community impact on our planet

 Want to help young people be more aware of their personal footprint in the nature





- · Portugal
- · Sint Maarten (Dutch Antilles)
- ·Spain
- ·Sweden
- ·Tunisia







- Youth workers
- Educators
- Environmental activists
- Trainers

Requirements

- You are over 18 years old
- You work with young people or on environmental topics
- You have interest in exploring the topics of sustainable development and responsible consumption

- You want to develop your training skills
- You are committed and love challenges
- You are able to work in English



- To train 24 youth workers and environmental activists from 6 countries on the topics of SDGs, with focus on sustainable consumption
- All 4 participants by country (with the support of each partner organization) to deliver 2 full days of training with 30 people locally to multiply the effect of the project by reaching out to young people





10 SEP -15 OCT Preparation and research Online

LEEN! Borovets, Bulgaria

21 -27 OCT (including travel days)





01 - 30 NOV Local activities
Home and
surroundings

Follow up and report Online 01 – 20 DEC





PREPARATION

During this initial stage you will be preparing yourself for the course - do research, get familiar with the project, meet your local organization and plan the training and follow-up activities.









The methods used in the training follow the principles of non-formal education. We rely on experiential learning as a powerful tool for training.

We believe the best way to raise awareness and promote sustainable consumption is by lifelong learning and leading by example. That is why the participants in the project have a follow-up task to organize 2 days of local trainings on the covered topics to multiply the effects of the training by reaching out to young people.





Infinite Opportunities Association (IOA)

Is an NGO established at the beginning of 2010, committed to youth work, active citizenship, promotion of non-formal education and encouraging young people to develop their social and creative potential for a better future for everyone.



The team involved in the project consists of two professional trainers.





Stefani and Kaloyan are working in the NGO sector for more than 4 years each and have lengthy experience in designing and delivering trainings on Human Rights Education, Non-Formal Learning, Youth Work and Advocacy, Structure Dialog and outdoor activities.

Stefani has been interested in the topic of Sustainable Development over the last 3 years, including experience at the ongoing project Youth-Led Advocacy for Wildlife Conservation.

Kaloyan's interest is on learning through sport and critical thinking. He works on mastering the tools of communication and empower young people.



Travel expenses limits are according to Erasmus+ programme:

- 30 EUR for Bulgaria
- 275 EUR for Tunisia (Visa expenses separately included)
- 275 EUR for Sweden
- 360 EUR for Portugal and Spain
- 820 EUR for Sint Maarten



- The training will be in Borovets, mountain resort in the foothills of Rila mountain ~1h 30 minutes away from Sofia
- Buses from Sofia to the close town of Samokov are daily and almost every hour
- The departure bus station is close to metro station

- Please, book your trip as soon as your participation is confirmed and no later than date so you arrive in Borovets on the 22nd October before 8:30AM and leave on the 27th at any time
- Sofia is the transport hub for Bulgaria and has good connections with other EU countries
- Your local organization can support you in organizing and booking your trip and the hosting organization will send details about local connections



COUNTRY	ORGANISATION	EMAIL
Portugal	Rede Inducar	direcao@inducar.pt tamyrodrigues@gmail.com
Sint Maarten	The St. Maarten Youth Council Association	sxmyouthcouncil@hotmail.com
Spain	Las Niñas Del Tul	tul@lasdeltul.net sve@lasdeltul.net
Sweden	Hästekasen Gård Förening	info@hastekasen.se sebastian@hastekasen.se
Tunisia	La Voix de l'Enfant Rural	voixdenfantrutal@yahoo.fr Anis.sadah@hotmail.fr
Bulgaria	Infinite Opportunities Association	office@infopass.eu