

Mobility for Youth Workers

RISE

Resources for Improving Social inclusion and Equality,
based on applied entrepreneurial competences

September 1st-7th, 2019
Port of Sagunt, Spain



About the Training Course

Mobility for Youth Workers/ Training Course - Partner Countries

Venue: Port of Sagunt, Valencia, Spain

Date: September 1st (arrival day) - September 7th (departure day)

Participating countries: Greece, Lithuania, Netherlands, Albania, Armenia, Turkey, Romania, Hungary, Italy, Portugal and Spain

Number of participants: 25 (2 from each country; 3 from Portugal, 4 from Spain)

- In a Europe in constant change, with many different cultures, this training project aims to reduce racism and discrimination, and promote social inclusion, taking into account the priorities and opportunities offered by the Horizon 2020 program in social action and Sustainable Development Goals (SDG). We will rely on the Entrecomp and Digcomp competences framework, as a tool to generate competences that make us think and act in an entrepreneurial way.

- This project focuses on the education of workers of youth organizations, to inspire participants in future projects of employability and entrepreneurship, through educational methods. How to take responsibility for your own learning process (self-directed learning) will be addressed. With this project, we will support the future and the present of workers of youth organizations, in the development of specific capacities for entrepreneurship and employment.

The objectives of the project are:

1. Offer practical tools to improve social employability and entrepreneurial skills in projects that support inclusion, diversity, equality.
2. Support the professional and personal development of young workers and youth trainers.
3. Provide information and applicability on the Entrecomp and Digcomp competency framework.
4. Publicize the priorities Horizon 2020, Sustainable Development Goals; and develop social inclusion initiatives in these areas.
5. Provide useful tools and methods to use with the young people with whom you work, in international work with young people and within the framework of ERASMUS + and the European Solidarity Corps.
6. Into Action: Explore and develop new initiatives for social entrepreneurship and employability in youth work.



Participants' Profile

- Participants on this project will be youth workers, current and future, and young people, in the development of specific skills, focusing on the development of resources for diversity, inclusion, no discrimination and acquisition of skills that contribute to improving quality of life through social entrepreneurship.

We want to put focus on participants who are:

- interested in the topic of the project
- capable to identify and analyse the needs of youth in their local community
- willing to participate actively and share knowledge, expertise and positive energy with the rest participants.
- capable to work in English language
- familiar with the concept of non-formal education and self directed learning
- willing to work with young people in inclusion and diversity field
- willing to continue and share the gained knowledge

On this project we are also going to include people with fewer opportunities , such as people coming from rural areas and the areas with not so appropriate educational system, the youth coming from the regions with economical obstacles social struggles, the young people who because of financial reasons are not able to release desired education - choosing all these groups participants will also have a chance to understand how to work with this particular groups of people and to break personal barriers.

The project will satisfy the individual needs of each youth worker, to execute the segment of transition of knowledge, creating critical thinking towards education in order to have better educational process



Phases of the project

The project will have 3 phases:

- the preparation phase
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- the implementation of the main activities and
- phase of expanding the results and evaluation.

The activities will consist dynamic and creative workshops, which have aim to raise the awareness of diversity, equality and inclusion, and promotion of social entrepreneurship.

The activities will be mainly for the education of youth workers trainers and facilitators using, the method of non-formal education. Since the project is about also the empowerment of intellectual capacities, through educational process, the methodology matches the objectives of the project and activities itself.

The activities of the project are complexed so it starts from the basics general and very specific, meaning that we are starting with the basics and the terms that are introduction to the individual points of all the elements mentioned above.



Preliminary program

RISE-Resources for Improving Social inclusion and Equality, based on applied entrepreneurial competencies							
	0 day	2nd Sept, Mon	3rd Sept, Tues	4th Sept, Wed	5th Sept, Thurs	6th Sept, Fri	0 day
	Arrivals	Building Learning Community	Driving into Inclusion	Connectioning with entrepreneurial thinking	Into Action	Into Action	Departures
8:00 - 9:00	ARRIVALS	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 - 9:30		Slow start	Slow start	Slow start	Slow start	Slow start	
09:30 - 11:00		Opening & Introduction Getting to know each other - Icebreakers	Mission to Mars	Entrecomp model	Working group building	Planning and project development	DEPARTURES
11:00 - 11:30		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
11:30 - 13:00		Objectives & Programme Strengths, Weakness, Contributions, Expectations Walk Don't Walk	Equality and Diversity Theory Perception game	Erasmus+ Support	Planning and project development	Planning and project development	
13:00-14:00		Lunch	Lunch	Lunch	Lunch	Lunch	
14:00 - 15:30		What is equality and diversity? Equality Quiz	A Riddle!	Free evening	Planning and project development	Presenting the projects: Pitching	
15:30 - 17:30		Definitions	Prejudice and Discrimination	Free evening	Planning and project development	Youth Pass TC Evaluation	
17:30 - 18:00		Coffee break	Coffee break	Free evening	Coffee break	Coffee break	
18:30 - 19:00		Learning circles	Learning circles	Free evening	Learning circles	Learning circles	
20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	bye
21:00	Getting to know each other	NGO'S Market	Presentation of participants and their work in community needs	Free night	Intercultural night	Farewell party and Youth pass ceremony	

Rise team: Marga Veron, Aurora Martinez



Hosting Organization

- Emprende Empleo European Network is an NGO established in Port of Sagunt, Spain, working since 2003.

Our aims are :

- To support opportunities for Youth living in rural areas and depopulated territories.
- To encourage Youth people to develop their best talents in individual field, affective relations, social participation and integration.
- To promote entrepreneurship, social projects, innovative market niches and imaginative alternatives to traditional labor market.
- To develop solidarity and promote tolerance among young people, aiming at strengthening social cohesion in the European Union,
- To encourage mutual understanding and mutual respect between young people from different countries,
- To promote European cooperation in the youth field,
- To promote volunteering at all levels and forms,
- To inform, sensitize and activate youth in the field of environmental protection and healthy lifestyle,
- To promote participation and education of youth workers through non-formal learning methods
- To promote youth active citizenship in general and youth European citizenship in particular,
- To promote concepts such as peace, stability, security, democracy and protection of human rights

Emprende Empleo is NGO bringing together years of experience in the field of youth work as well as Erasmus+ program and international youth work. Our organization is focusing topics on many different things such as: Refugees and migrants, entrepreneurship, non-formal education, ecofeminism, local food and healthy lifestyle, ecologic agriculture and environmental preservation, rural and local development, heritage and patrimony.



Trainers

- We are super-glad to introduce you the experienced and amusing trainers of this mobility that are responsible for the program and who will help you out to contribute and deliver your own experience in order to achieve the learning points and final products of the training.



Margarita Veron (50) / Calatayud, Spain

Marga is an experienced trainer and educator from Spain. Marga has been involved in Youth projects since 2005, both locally and internationally, coordinating projects and trainings with different associations. She participates in the pool of trainers of Spanish NA and in the pool of trainers of Youth& Work Strategic Partnership. Marga has developed her competencies and skills in equality issues and no discrimination. Her main topics are social entrepreneurship, mentoring and self-knowledge and personal development, empowerment, improvement of affective relations, how to manage vital crisis in life, diversity and intercultural fields. She has been involved in rural way of living, slow food, real-fooding, traditional home-made food and other movements related to quality of food and healthy life.



Aurora Martinez (20) / Zaragoza, Spain

Aurora is a youth trainer and educator from Spain. She represents her youth organization Association Alternativa Ambiental Spain as a Project Coordinator, and has been involved in youth projects and youth work for 5 years, both locally and internationally.

She is Social worker in progress at Zaragoza's University. She has delivered different activities with the topics of Social Inclusion, European Dialogue and Values, Entrepreneurship and Inter cultural exchanges. Recently she has developed the skills and competences in Civil Engagement, Gender Equality and Social Equality. Aurora likes to travel a lot, is in love with youth projects and non-formal education and is huge fan of network.



The place and the venue

- Port of Sagunt is a municipality, in Valencia Community, Spain, which is located at the mouth of the Palancia River and north of Valencia capital.

The history of the Port of Sagunto goes back to 1902 - when the construction of the first port is granted to the Mining Company of Sierra Menera -, being closely linked to its development in the activities of the iron and steel sector throughout the twentieth century.

Population: 45.000

Port of Sagunt is located 24 km from Valencia, 375 km from Madrid and 329 km from Barcelona.

The municipality is famous for its quite and familiar environment and its 13 kilometres or beautiful beaches.





We will be staying in Airbnb flats for 6 persons, situated 15 minutes walking from Casal Jove and 15 minutes walking from Port of Sagunt Beach.

We will be accommodated in shared rooms with shared bathrooms.

The flats are in the city center and close to shops, supermarkets the sea promenade and the beach.

We will have a logistical support only for urgent matters.

The flats will provide with bed lines and towels, but you will need to bring your **toiletries**. Please, take an **emergency pack** with underwear, toothbrush, medicins and a couple of T-shirts with you in the plane. (Sometime suitcases dissapear in the airports, and it can take many days to recover them).

There is a WI-FI connection in the flats and in the Casal Jove, so you may want to bring your laptop with you.

The weather in September is hot during the day, and warm during the night, so bring clothes according to this in order not to be surprised by the weather.

Bring your swimming suit and towel for the golden sand beach.

Houses:

La Casa de los Tres Amigos. Carrer Racó d'Ademús, 12 16, Port de Sagunt.

Casa dúplex. Carrer Mare de Déu dels Dolors, 13, Port de Sagunt.

Gran Ático. Avinguda 9 d'Octubre, 40 piso 5º, pta 9, Port de Sagunt.

Vacaciones en Puerto. Avinguda Camp Morvedre, 12, Port de Sagunt.



Training in Casal Jove:

Carrer Vent de Marinada,
s/n, 46520 Port de Sagunt,
València



Travel Information

• How to arrive:

By plane to Valencia airport (Wizzair, Ryanair, Air Nostrum), or Madrid or Barcelona airport.

By car www.blablacar.es (please, ask an invoice)

By train or bus to Valencia.

From Valencia to Sagunto by train or bus L-115 (Estación central de autobuses, Valencia Bus Station). AVSA

BUS STATIONS IN MADRID, BARCELONA AND VALENCIA

Buses to Valencia depart from Barcelona from Estació Nord, located on Alí Bei street, 80, or from Barcelona - Prat T1 Airport. www.alsa.es

Your trip will end at the Valencia Bus Station, located on Menéndez Pidal Street, 11.

Buses from Madrid depart from the Avenida de América Interchange or from Madrid - Barajas T4 Airport. www.avanzabus.com and www.omnio.es.

All stations are connected to the public transport network, metro and buses.

TRAIN STATIONS IN MADRID, BARCELONA, VALENCIA and SAGUNTO

Madrid Puerta de Atocha

Barcelona Sants

Valencia Joaquín Sorolla www.renfe.es

Please, book your flight and transport to Calatayud in advance and try to arrive to Port of Sagunt in the afternoon.

After arrivals are confirmed, we will meet 1st September. We will give advice group by group to find the best choice to arrive.

Bus from Valencia AVSA number 115 stops in Port of Sagunto city center.

Train from Valencia Renfe stops in Sagunt railway station. Then you can take AVSA number 115 stops in Port of Sagunto city center. (Notice that Sagunt and Port of Sagunt are different municipalities, 5 kilometers far from each other).

Probably we will organize a collective taxi from Valencia airport to Port of Sagunt, of at least 4 of you arrives to Valencia airport at similar times. (30 kilometres, The cost is 40 euros person, minimun 4 persons, máximo 8 persons)

One support person, from our organization will pick you up and bring you to the house.

For organizing your travel, please consider:

- You may need minimun one hour from Madrid or Barcelona airport to railway station or bus station.

We will finish on the **7th of September (Saturday)**. This will be departing day, so no activity planned for this day.

Houses have to be free at 11 am.

We will help you with your travel back as well.

Please consider this information before arranging your travel and **do not** buy your ticket without our confirmation.

Reimbursments of the tickets will be done after the TC, when our organization receives the funds from our NA.

Maximun amount to be reimbursed:

275 euros - Albania Italy, Greece, Hungary, Netherlands

360 euros - Romania, Portugal, Lithuania, Turkey,

530 euros - Armenia

Please, give us the exact text to be written, name, ID, for the persons who needs visa.

Make sure you use the cheapest means of transports (economy or tourist class). Consider that, **National Agencies don't cover private cars or taxi expenses, only public travel.**

You can come 2 days before and stay 2 days after the project, but on your own expenses.

And do not forget to **keep your boarding passes as well as underground or bus tickets** that you may use to get to the training course, in order to be reimbursed.

IMPORTANT: Send your detailed travel information as soon as possible (itinerary and planification of your travel) to risenet2020@gmail.com. Indicating in the Subject your country. Eg Spain.



Other useful information / What to bring

- A presentation of the needs of your community in the field of inclusion and diversity, and initiatives already working for social entrepreneurship will be done. Please, prepare information in advance.
- It would be nice if you could bring games, music instruments or ideas to have a nice atmosphere in the evenings. We will also have an **intercultural night**, please bring **something to eat or drink** (small quantity; for a taste) or **some small gifts as awards for group games** that represents you and your culture to share with the other participants.
- If you belong to an organization, maybe you would like to bring some leaflets or information with you for the other participants, you may use informal time for this in order to spread your network.

The currency in Spain is the EURO. You may change money before coming to Spain, but it is also possible to change at the airport.

Your requirements

Please, let us know if you have any requirement that we would need to consider for your well-being, like special diet, vegetarian, vegan, gluten-free, allergies, etc.

Hopefully we won't need it, but do not forget to bring your European sanitary card with you.

And now, pack your bags, fill your heads with ideas and come meet us and many other young Europeans in Port of Sagunt.

We are looking forward to meeting you in September!

The project team ☺

Emergency contact

Margarita Verón and Aurora Martinez

Project coordinators

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