



Activism explosion

- street art as a tool for spreading social messages-

09/09-15/09/2019

Leszno, Poland



Erasmus+



Fundacja Centrum Aktywności Twórczej

is a non-governmental organization, operating since 2008, promoting the demands of non-formal education, key competencies, attitudes of openness, tolerance and equality of life in a multicultural society. The Foundation is active in the field of building local activity, strengthening social engagement, a sense of European citizenship and spreading European values - in particular the attitudes of tolerance, openness and respect for human rights.

The legal basis of the organization is the Act on public benefit and volunteer work, the headquarters of the organization is Leszno, Poland. The Foundation pursues lifelong learning postulates, implementing social projects at both local, national and European levels.

Our main activities are focused on supporting the development of children and youth, equalizing educational opportunities and disseminating culture. We strive to shape a society involved in the affairs of our community. We are committed to promoting the idea of volunteering and social activity. We realize our goals by organizing workshops, trainings, conferences, happenings, concerts and festivals.



ABOUT THE PROJECT

place & date

Leszno, Poland - 09/09 -15/09/2019 [activity days, travel excluded]

host organization

FUNDACJA CENTRUM AKTYWNOŚCI TWÓRCZEJ

Więzienna 3, 64-100 Leszno, Poland

T: +48 888496548 E: kontakt@fundacja-cat.pl

www.fundacja-cat.pl

<https://www.facebook.com/fundacja.cat/>

contact person

Marlena Pujsza-Kunikowska marlena@fundacja-cat.pl

0048665480656

about the project

-The subject matter of the workshops is a development of the applicant's project - Community Animators Backpack from 2017. The subject matter concerns the use of animations in public space (in particular animations in the type of flashmob, body expression, street art, street theater, clowns, animations in which language is not a barrier in the message, animations emphasizing socially important messages). The participation will be attended by 28 participants and 2 trainers: one from Portugal and one from Poland. Project is financed by Erasmus+ programme.

Travel reimbursement up to the written limit: :

Croatia - 4 participants

(4 participants, 275 eur per person))

- UDRUGA ZA PROMICANJE INFORMATIKE, KULTURE I SUŽIVOTA - 2 paxes
- Udruga gluhih i nagluhih Nova Gradiska- 2 paxes

Italy - 4 participants

(4 participants, 275 eur per person))

- "World Net" - 2 paxes
- S.S.D. ar.l. L'Orma - 2 paxes

Czech Republic 2 participants

(2 participants, 180 eur per person))

- EUROPEAN YOUTH CENTRE BRECLAV - 2 paxes

Cyprus 2 participants

(2 participants, 275 eur per person))

- S.E.A.L CYPRUS - 2 paxes

Belgium 2 participants

(2 participants, 275 eur per person))

- Art of the Box - 2 paxes

ABOUT THE PROJECT

France- 2 participants

(2 participants, 275 eur per person))

- PISTES SOLIDAIRES

Romania 2 participants

(2 participants, 275 eur per person))

- A.C.T.O.R

Greece - 4 participants

- POLI.ANA - Lesbos island
- ADDART MKO - mainland

(2 participants, 475 eur per person))

(2 participants, 275 eur per person))

Portugal-4 participants

(4 participants, 360 eur per person))

- ASSOCIAÇÃO NOVO MUNDO AZUL
- CASA DO POVO DE SÃO BARTOLOMEU
DE MESSINES

Poland- 2 participants

(2 participants, 0 eur per person))

- FUNDACJA CAT

The aim of the TC is to:

- to raise professional qualifications among the staff working with youth,
 - creating good practices, internationalization of education thanks to cooperation
- building a network of contacts and strengthening the potential of the staff in such a way that it creates self in organizations a professional and dynamic environment, working with youth using creative and effective animation methods that will respond to constantly changing needs arising from the current socio-political situation in Europe.

ABOUT POLAND

Poland is a country in Central Europe and its capital city is Warsaw. It is bordered by Germany to the west; the Czech Republic and Slovakia to the south; Ukraine, Belarus and Lithuania to the east; and the Baltic Sea and Kaliningrad Oblast, a Russian exclave, to the north. The total area of Poland is 312,679 square kilometres (120,726 sq mi) with a population of over 38 million people. Poland is an unitary state made up of 16 voivodeship - Leszno is located in Greater Poland.



the currency

- złoty (PLN) / 1 Euro = 4,30 PLN /

religion

- Roman Catholic

official language

- Polish

polish lesson

dzień dobry (**gen dobri**) – good morning and good afternoon

witam (**vee-tam**) – hello **OR** cześć (**che-shch**) – hi and bye

dobry wieczór (**dobri vye-choor**) – good evening

dobranoc (**dobra-nots**) – good night

do widzenia (**doh vee-dzhe-nya**) – goodbye

nie rozumiem (**nye rozoomyem**) – I don't understand.

proszę (**proh-sheh**) - please / here you are

dziękuję (**jen-koo-yeh**) - thank you **OR** dzięki - thanks (informal) (JEN-kee)

przepraszam (**psheh-prah-shahm**) - I'm sorry / excuse me

tak (**tahk**) - yes

nie (**nyeh**) - no / not

nie wiem (**nyeh vyem**) - I don't know

jak się masz? (**yahk shay mahsh**) - How are you? (informal)

nie mówię po polsku. (**nyeh moo-vyeh poh pohl-skoo**) - I don't speak Polish

woda (**voda**) -water:

-gazowana (**gazovana**) –sparkling

-niegazowana (**nyegazovana**) –still

ABOUT LESZNO

Leszno is a beautiful, medium-sized town in the southwestern part of Wielkopolska Voivodeship, just at the border with Silesia. This fact had a huge impact on its character as a bordertown: a town of many nationalities and cultures. Today it is the administrative, economic, educational and cultural centre of the agricultural region. Leszno is very easy to find on the map of Poland – it is situated halfway between the biggest cities of western Poland: Poznań and Wrocław. Important communication routes intersect here: road and rail from north to south and from west to east, making it easy to reach Leszno by car or by train. Leszno also has a small airfield, serving both aviation sports and small tourist airplanes.

Currently, Leszno has a population of almost 65.000. Most of inhabitants are employed in industry, services and trade. Thousands of young people from all over the region come here every day, because the town boasts excellent secondary schools and has two higher schools: the State School of Higher Vocational Education and the private Higher School of Humanities.

The inhabitants of Leszno are famous for their thriftiness and love of order, but they can also have good fun – there are many outdoor events here, the largest of which are the Air Picnic, the Leszno Days, the Leszno Baroque Plus Festival, the Return of the King and Leszno Flavour Gourmet Picnic. Since 2016, the Town Theater has also been operating in here – the first new public theater in Poland from 40 years! However, our biggest passion is speedway – a special kind of motorcycle racing on a short track. Our speedway team Fogo Unia Leszno has won the Polish Championship 15 times, and on the days when speedway races are held, you can see white and blue outfits in the colors of the team all over the town. What is more, Leszno is known throughout the world as a centre of aviation sports, especially gliding and ballooning.

https://www.leszno.pl/o_leszninie.HTML?new=menu&lang=2



ABOUT ACCOMODATION

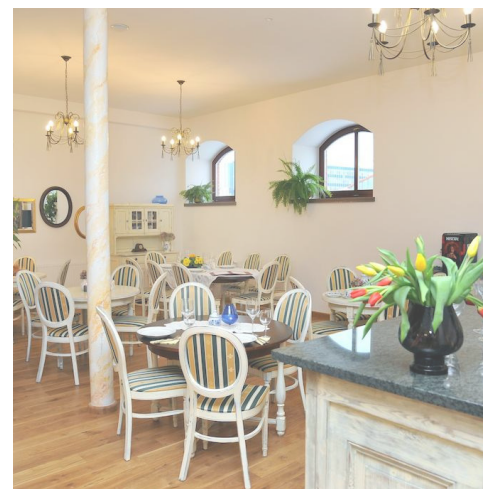
Hotel: Sandro Silver

Address: Antoniny 11, 64-100 Leszno



- check-in hour: 2pm; Check-out hour: 11 am,
- you will be hosted in same gender double apartments /some of them usual double basic, some studio with two double rooms.
- Lunch & Dinner will be ordered in advance. We will inform the restaurant about any food allergies or special diet requirements written in your participant application forms,
- meals start with dinner on the 08th September 2019 and will finish with breakfast on the 16th of September 2019.

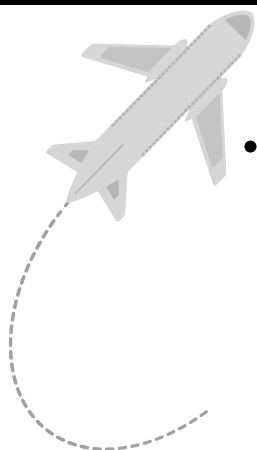
<http://www.sandrosilver.pl/?lang=EN>



Erasmus+

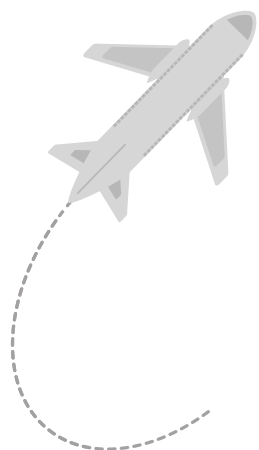


MUST KNOW



- **Every participant must have health insurance for the full duration of the training course.** Health insurance for the citizens of the European Union is not covered and it won't be reimbursed by the organizers. As you are a citizen of the European Union you are entitled to the European Health Card. All the participants have to bring with them the European Health Card, not to be forced, in case of an emergency, to pay the costs of health care in Poland. No other type of insurance will be reimbursed from the project!
- Currency in POLAND – Polish Zloty PLN
- **Every participant must attend the full duration of the activity.**
- If a participant refuses to or behaves in an inappropriate manner, Fundacja CAT will request him/her to pay the full organizational costs: 59 euro/per day and will not reimburse travel costs..
- Only on the shortest way from the departure to the venue place (Leszno) will be reimbursed. Overstops for more than 12 hours will not be reimbursed.
- Only economy class travel and public transports will be reimbursed.
- Only actual expenditure/tickets will be reimbursed – no pre-payment for tickets not purchased. The project doesn't cover travel by taxi, or any private means of transportation (no private car).
- The participants are responsible for collecting the proper documentation for reimbursement.
- We allow you to come & leave 1 day before and after projects starts. However we don't cover your costs /no accomodation & food provided/

PROFILE OF PARTICIPANTS



- Be committed and motivated to actively attend the full duration of the project (the entire duration of the TC and the follow-up activities)
- members of NGOs working with young people (youth workers, group leaders, project managers involved in youth projects,
- interested in street art
- medium – high level of English
- be over 18 years old
- gender balanced group; equal number of male and female participants will be invited (each organisation is requested to keep gender balance)



ATTENTION!!!

NOTE!!!! Within one month after the end of the TC each team of participants from each country will organize minimum two dissemination workshops, one for the members of the organizations and one for the young people they are working with, target group and beneficiaries as well as members of the local community. In the frame of these dissemination events Street art methodology /chosen by participant/ and the Erasmus+ programme will be presented as a provider of opportunities to develop projects in this area and not only. Send a written report with pictures to **fundacja.cat@gmail.com**.

Report sheets will be provided to every partner.

All participants should fill in an SALTO-YOUTH APPLICATION FORM **at the latest 19th of August 2019**.

Please don't purchase any tickets before you receive news on your application from the organizers. Travel arrangements must be finalised at the latest 25th of August 2019.

Not providing tickets to organisers, means resignation from TC attendance.

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None of us would like to have problems with travel tickets and reimbursements. Due that fact, all participants must contact the project coordinator BEFORE buying tickets in order to get the confirmation that everything is all right with dates and flights and the tickets can be reimbursed. Just after that, the tickets must be bought. Any tickets bought without the coordinator's agreement are not ensured to be reimbursed.

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ABOUT TRAVEL



The nearest Airports are Poznań and Wrocław that have very good connections with Leszno by train. You can go also to Berlin or to Warszawa but it takes you more time .

From Poznań Airport to the Train Station in Poznań:

CITY BUS no. 159 to POZNAŃ GŁÓWNY stop (train station & bus station)

<https://en.e-podroznik.pl/> - ticket you can buy in the bus

Poznań to Leszno:

Trains: <http://rozklad-pkp.pl/en> /around 5 euro/ (**DO NOT TAKE A TRAIN "EIC as its often late"**)

From Wrocław Airport to the Train Station in Wrocław:

CITY BUS no. 106 to DWORCOWA stop (train station)

<https://en.e-podroznik.pl/> - ticket you can buy in the tickets machine

Wrocław-Leszno:

Trains: <http://rozklad-pkp.pl/en> /around 5 euro/ (**DO NOT TAKE A TRAIN "EIC"**)

From Berlin you can easily come to Poznań (and then take the train):

- FlixBus – <https://www.flixbus.co.uk> /around 20 euro/
- Berlin Express <http://berlinexpress.pl/> /around 50 euro/

Hotel is located 20 min walking distance from train station, during the day there is also local bus there: leszno.jakdojade.pl

DO KEEP INVOICES, PAY-TOLLS, BOARDING PASSES, EVERYTHING:)

NOTE! In case of any travel problems feel free to contact Marlena by What'sapp: 0048665480656

ABOUT THE SCHEDULE

08/09/2019	09/09/2019	10/09/2019	11/09/2019	12/08/2019	13/09/2019	14/09/2019	15/09/2019
arrival	iWelcoming, Introduction to the Training -	Participants space for sharing ,	Participants space for sharing ,	Participants space for sharing ,	BODY EXPRESSION workshop ADART NGO	FLASHMOB Preperation	NGO Market
arrival	Team building: City game with usage of street animation & modern technology methods	Street art introduction	Theatre & Music- foundations of street art.,	FLASHMOB Preperation	BODY EXPRESSION workshop ADART NGO	AOL - NGO festival flashmob	Erasmust presentation
lunch break		lunch break		lunch break		lunch break	
arrival	Active participation, ICL	Animation techniques voll.	Clowning & local installations	STUDY VISIT in street art NGO	FLASHMOB Preperation	free afternoon	Evaluation, Youthpass, further plans
arrival	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	free afternoon	Reflection groups
dinner		dinner		dinner		dinner	
social interaction - worming up	cultural evening	free evening	free evening	free evening	free evening	free evening	Goodbye party

NOTE! don't forget to take swimming suite and sports shoes

ABOUT THE SUPPORT

Co-funded by the
Erasmus+ Programme
of the European Union



This project is funded by European Commission through ERASMUS+ Program, under Key Action 1 “

The European Commission, the European Parliament and the Member States of the European Union have agreed to establish the ERASMUS+ Program, which puts into effect the legal framework to support non-formal learning activities for young people.

The programme will run from 2014 to the end of 2020.

Find more about it on: http://ec.europa.eu/youth/index_en.htm