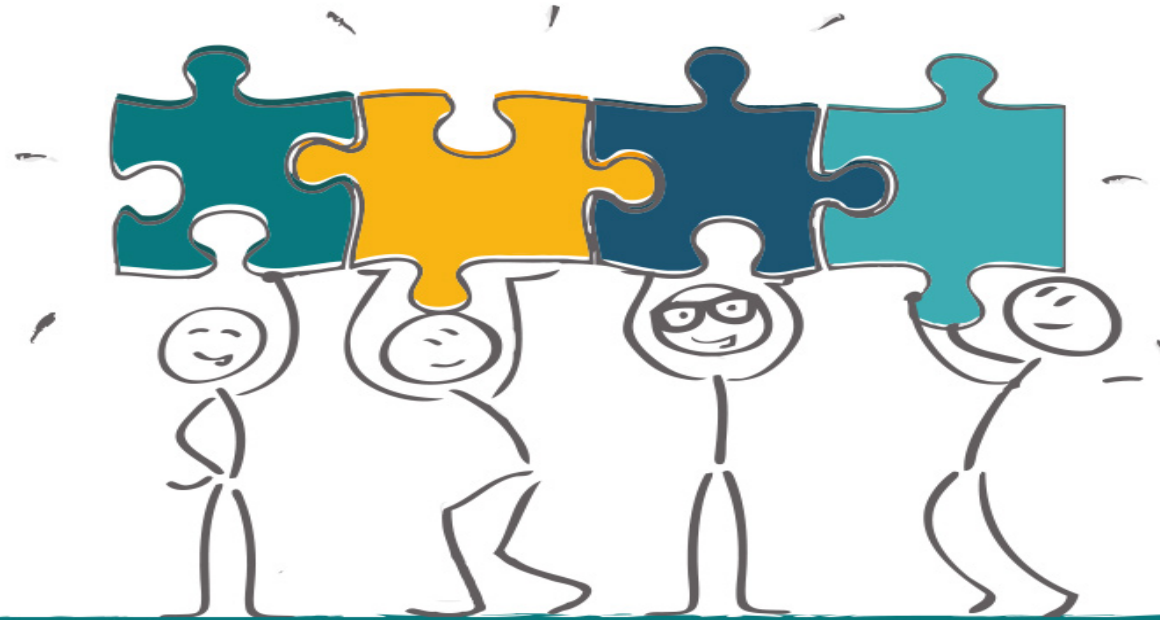


# Sensing Culture as a Bridge in Youth Work



Rustavi, Georgia 15th– 23th of October 2019

K1: Learning Mobility of Individuals - Training Course

# INDEX

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# Sensing Culture as a Bridge in Youth Work

## SUMMARY



TC "Sensing Culture as a Bridge in Youth Work" is a project which gathers 34 youth workers ages 20-45 from 11 different countries in Tbilisi, Georgia between dates 15.10- 23.10.2019 in order to provide them with innovative tools and methods as well as competences and skills related to combating stereotypes and prejudices and educating youth on antidiscrimination.

Facing the objectives of Erasmus+ program, the project aims not only at improving among youth workers key competences (communication in foreign languages, intercultural understanding, awareness, emotional intelligence, social and civic competencies) but also at equipping them with educational tools and at enriching their knowledge in order for them to become multipliers and promoters of youth activism in open and diverse society.

The project also aims to make a conflict transformation into multicultural youth between the conflict countries such as Ukraine-Russia, Russia-Georgia, Armenia-Turkey, to make one step forward to peace, mutual understanding and respect by providing active citizenship, intercultural dialogue, social inclusion, solidarity. The TC "Sensing Culture as a Bridge in Youth Work" will increase learning, mobility opportunities for young people, those active in youth organizations and youth leaders within local regional and international level. The other aim is to make a step forward on recognition of non-formal and informal learning, transparency and recognition of tools and the dissemination of good practices, opportunity for promoting cooperation between program and partner countries.

The project aims at producing high-quality learning outcomes for participants as well as at reinforcing the capacities and international scope of the participating organizations. The project is also addressed to young people with fewer opportunities.

# Sensing Culture as a Bridge in Youth Work OBJECTIVES

The objectives of the project are to make participants to:

- get familiar with the mechanism of stereotypes, prejudices and discrimination
- verify and reflect on their own stereotypes and prejudices in order to overcome them
- better understand their role as youth workers in combating stereotypes among young people in local communities
- enrich their knowledge about Open Space Technology as well as Forum Theatre method as useful and innovative ways of educating youth
- create, together with participants e-booklet with new activities using OST and FT for further dissemination
- make solid partnerships for KA1 and KA 2 youth projects according to the proposals of Erasmus + programme
- make proposals for local and European youth projects in order to use the talent and traditions of young people together in the sake of local communities
- invent self – assessment tools in order to support young people to recognize their talents during non – formal educational methods and identify their learning outcomes

# Sensing Culture as a Bridge in Youth Work METHODOLOGY

## Forum Theatre(FT)

A play or scene, usually indicating some kind of oppression, is shown twice. During the replay, any member of the audience ('spect-actor') is allowed to shout 'Stop!', step forward and take the place of one of the oppressed characters, showing how they could change the situation to enable a different outcome. Several alternatives may be explored by different spect-actors. The other actors remain in character, improvising their responses. A facilitator (Joker) is necessary to enable communication between the players and the audience.

The strategy breaks through the barrier between performers and audience, putting them on an equal footing. It enables participants to try out courses of action which could be applicable to their everyday lives.

## Open Space Technology(OST)

Open Space Technology is one way to enable all kinds of people, in any kind of organization, to create inspired meetings and events. Over the last 20+ years, it has also become clear that opening space, as an intentional leadership practice, can create inspired organizations, where ordinary people work together to create extraordinary results with regularity.

In Open Space meetings, events and organizations, participants create and manage their own agenda of parallel working sessions around a central theme of strategic importance, such as: What is the strategy, group, organization or community that all stakeholders can support and work together to create?

# THE PARTNERSHIP



UK

"NICOLA" (New International Company of Live Arts)



Turkey

Modern Gençlik Akademisi Derneği



Georgia

CDC –Creative Development Center



Moldova

INSTITUTUL DE INSTRUIRE IN DEZVOLTARE MILLENIUM



Poland

JUST DO IT



Russia

FALCOGROUP



Spain

EUDUCATE



Ukraine

CHARITABLE ORGANIZATION VZAEMOPOMICH



Armenia

CCMS



Italy

EURO SUD



North Macedonia

ECD COOPERATION



# Sensing Culture as a Bridge in Youth Work PROGRAM



Planned context and objectives of the activities meet the objectives of the project. The training course is based on non – formal educational methods with special focus on education on antidiscrimination through intercultural learning. Experienced trainers will facilitate the learning process of participants and provide space for learning theories, put theories into practice, facilitate research, conduct learning process and support to identify learning outcomes. The programme is built up according to the needs and expectations of partner organizations and the main organizational aim is to use the methods, tools, techniques, strategy at home and foster the outcomes into European level. Both Open Space Technology and Forum Theatre are useful in youth education on anti-discrimination, they were chosen to give the youth workers to widen their overview, creativity, key competences give a chance to improve their skills as a facilitators space to act and be involved in all processes.

Since this is the first project organized by NICOLA UK with the those partners in the framework of Erasmus+ , we express a big need to having a space of integration and common, face to face preparation of the training programme and of the logistics. Hence, we introduced in the project kick-off meeting before the training course. 2 trainers and 2 assistants from NICOLA UK and CDC Georgia will arrive to Tbilisi 2 days before and leave two days after the training course. The kick-off meeting will be dedicated to final preparation and revision of the training programme, while coordinators will assure the final logistics and welcoming participants , who arrive on earlier. After the training course, the same 2 trainers and 2 assistants will stay 2 days later in order to clean-up the space, make the sum-up, conduct evaluation, share feedback on the cooperation, discuss the final reporting stage and talk about future initiatives.



# PARTICIPANTS PROFILE



The training course is addressed to people who:

- ages 18+
- are involved in youth work as representatives of NGOs, teachers, volunteers, trainers, facilitators, project managers

The project is designed and developed for capacity building of the youth profession's that's why we need youth professionals to involve implementation.

- are able to communicate in English

The project will implemented in English language. Participants should have good knowleadge of English.

- are interested in the topic of anti-discrimination

We are expecting from participants to participate fully for the project activites starting from preparation to report phase. So the mainly topic of the project is anti-discrimination. So that we expect participants who already work in anti-discrimination or motivation to work in this topic.

- are not familiar with Open Space Technology as well as Forum Theatre method

The method we will input is OST and FT, that's why we expect participants who has a less knowledge about this method to let them learn fully and make them interested implementation of the project.

- express need for enriching knowledge on new non-formal education tools

The participants should be able to attent their own iniative and participation for non-formal education tools. That's why participants should be aware of leading non-formal activities during the implementation.

- express need for networking and sharing experiences with other youth workers

The participants should be able to state their own reflection on anti-discrimination and annual methods they use for youth works that they have been implementing at their organisation. In order to have in-depth approach for providing best implementation of OST and FT, participants need to fully involve their experiences and background into activities.

- are ready to take part in the whole seminar

Participants should be able to be motivated and ready for participate considering their time, effort, willingness and expectations to benefit from this training course.

Bearing in mind on this, fully participation is key elements of the activities.

- have organizational support for further youth activities

:Participants also should be able to get support of their working organisation to lead project activities for implementation and follow-up phase.



# PREPARATION OF PARTICIPANTS

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**Language:** The language of the course is **English**. Participants should be able to communicate in English.



## **Intercultural Evening**

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc. **PREPARE A SPECIAL INTERCULTURAL EVENING AS WE MIGHT PRESENT IT AT THE LOCAL MUNICIPALITY WITH THE COMMUNITY PARTICIPATION!!!**



## **Homework and Daily Program**

Two weeks before the Training Course we will send you a small homework to complete in your Country group. The Daily program will be also sent after the homework.

# PREPARATION OF PARTICIPANTS

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## NGO Fair

One of the aims of the Training Course is to develop cooperation and new projects between the NGO's/ That is why we are going to organize an NGO fair where every organization will have a chance to present itself. Make sure you bring some informational materials, flyers, booklets or publications representing your organization. **THIS MIGHT TAKE PLACE ON THE SAME NIGHT OF THE INTERCULTURAL AT THE LOCAL MUNICIPALITY**



## YOUTHPASS Certificates

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.

# REQUIREMENTS

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All participants and organisations must provide to NICOLA UK:

- ☐ • **Organisations MUST find the participants by the 21th August 2019**
- ☐ • **Participants MUST fill in the online questionnaire by the 30<sup>th</sup> August 2019. (Which will be send participants after the selection).**
- ☐ • **Participants MUST purchase tickets by the 30th August 2019**
  - **Do not forget your TICKET INVOICE - BOARDING PASS**
- ☐ Copy of **Passport/ID** (needed for the Erasmus+ mobility tool where all information about the participant has to be filled in)
- ☐ **Visa information** (if needed)

# TRAINING COURSE IN RUSTAVI

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**VENUE:** International Scout Centre Rustavi ISCR

Rustavi Balanchivadze Str. #9 (Tbilisi), Georgia

**DATES:** 15th of Oct – 23th of Oct 2019 9 day (Participants have to arrive before than 17:00, participants have to leave no earlier than 12:00)

**The participants will learn and strengthen their knowledge in regards to:**

**The detailed information for local transport will be provided from organisers to reach Project venue.**

Thanks to the training course, participants will:

- get familiar with the mechanism of stereotypes, prejudices and discrimination
- verify and reflect on their own stereotypes and prejudices in order to overcome them
- understand better their role as youth workers in combating stereotypes among young people in local communities
- enrich knowledge about Open Space Technology as well as a Forum Theatre method as useful and innovative ways of educating youth
- create, together with participants new activities using OST and FT for further dissemination
- have a knowledge about Erasmus+ funds more
- extend their capacity with broaden their working area with partner organisations

All participants will receive Youthpass at the end of TC.

# TRAVEL COSTS

In line with the **Erasmus+ Programme**, travel costs will be refunded according to the distances calculated for the partner organizations using the **European commission distance calculator**. The participants themselves should cover extra costs (overcoming the budget limits). To ensure the best connection and management of participants, flight tickets should be bought **by the participants/partner organisations**, but **confirmed by NICOLA UK** (do not initiate arranging travel tickets without first consulting with the NICOLA Project Assistants). Please contact project assistants below contact details for the confirmation. Your travel days might be maximum 2 days earlier or 2 days after the project travel dates. Please keep us informed organisers to get confirmation for extra dates, otherwise travel costs will be not reimbursed.

**NOTE: 1st class or other upper class flight tickets, taxi costs and travel agencies fees won't be refunded. Please use the local transport and buy economy class tickets.**

Maximum refundable travel cost per person

(including bus, train tickets and etc.):

Country	Number of Participants	Travel Limit
Turkey	3	275 EUR
Macedonia	3	275 EUR
Moldova	3	275 EUR
Poland	3	275 EUR
Italy	3	360 EUR
Russia	3	275 EUR
Spain	3	530 EUR
Ukraine	3	275 EUR
Armenia	3	20 EUR
UK	3	360 EUR
Georgia	4	0 EUR

# REIMBURSEMENT OF TRAVEL TICKETS

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Reimbursement will be made at during the Training Course upon full attendance of the TC and only after receiving the participants' original travel tickets, specifically:

1. Bus / Train reservation
2. Proof of payment (bank transfer)
3. All original tickets of bus and/or train (if any)
4. All original payment receipts (regarding visa)
5. Copy of ID/passport.

People who are coming too late or leaving the training earlier will not have their travel cost refunded (exceptions are made in force major situations).

Please note if you bought your ticket, in your local currency, which might be different to EUR, we will calculate your travel costs according to the exchange rates from official European Commission website for the month of ticket purchase: <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>



# REIMBURSEMENT OF TRAVEL TICKETS

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## NOTES:

Reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. Print all documents related to your travel expenses. Please remember to bring the original invoices – there will be no reimbursement without the original invoices and tickets need to indicate Names of travelers, description of the journey, indication of cost, currency and date of travel.

Please do not lose your boarding passes; you will need them for reimbursement of travel cost.

If participants pay for their ticket with a credit card, they are requested to bring along the confirmation of payment (i.e. credit card slip and/or bank statement).

Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency will then be converted and calculated according to the exchange rate of the month

IF YOU CAN purchase your ticket in EU it would be better so you will NOT loose on exchange





# REIMBURSEMENT OF TRAVEL TICKETS

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## NOTES:

Before buying the tickets, send us an email at **worldwide@nicolaarts.org** and **alperarsan@youthmodern.org** with the name of participant and the ticket info you wish to buy, we will respond to you within 24hours to give you the GO AHEAD!

You can also contact with us from Facebook;

<https://www.facebook.com/NICOLApersonal>

<https://www.facebook.com/alper.arsan>

**“VERY IMPORTANT”** The refund will be done via PAYPAL make sure you have an account, it is very easy to open one. It is even better if the Organization OPEN/HAVE the PayPal account so we can pay the Organizations for ALL three participants. ASK US ABOUT IT IF YOU DO NOT HAVE A PAYPAL ACCOUNT.

**ONLY CHEAPER OPTIONS ARE ACCEPTABLE**

## REMEMBER

You should arrive to the project on the 15<sup>th</sup> Oct 2019 no later than 17:00 and leave on the 23<sup>th</sup> Oct 2019 no earlier than 12:00

You can stay up to a maximum of 2 days before or after the project (in total).

You WILL HAVE TO arrange your own accommodation for the extra days.



# The European Health Insurance Card

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We would like to recommend all participants to issue by themselves their insurance: e.g. **European Health Insurance Card**.

**What is the European Health Insurance Card?** It is a free card that gives you access to state-provided healthcare during a temporary stay in any of the 28 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.



Insurance cards are issued by your national health insurance provider:

<http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>



# TRAVEL INFORMATION: How to get to Rustavi ?

## By bus

There are loads of marshrutkas going to Rustavi. A marshrutka ride between Tbilisi and Rustavi costs 1.50 lari (Mar. '19). From Tbilisi, marshrutkas load at the Station Square (Sadguris moedani) metro station and also at the Politeknikuri metro station. They will all have a sign reading რუსთავი (Rustavi) in their windshield. Marshrutka no. 19 (yellow) starts in the Saburtalo (საბურთალო) district and goes straight through the capital to Rustavi.

At Station Square, the Rustavi-bound marshrutkas can be found parked behind the cluster of stores directly in front of the metro entrance/exit.

From Politeknikuri, the Rustavi-bound marshrutkas will be loading just outside the northeast exit of the metro. They will be waiting in the thin parking lot adjacent to the university.

On their way to Rustavi, these marshrutkas will invariably take the main riverside thoroughfare (President Heydar Aliyev Embankment/Gorgasalis St). If you see one coming, just wave at it. It will stop if there's room.

The marshrutkas will run down the main street in Rustavi (Megobroba Street) upon entering town. You will know when you are in Rustavi when you see hundreds of 9-story, Soviet-style apartment buildings absolutely everywhere. Just yell out "Gaacheret" for the driver to let you off. Anywhere is a good place to stop, really.

You'll enter new Rustavi first. Old Rustavi is past a bridge over the river Mtkvari. More is happening in the new part than in the old part.

Marshrutkas from Tbilisi to Rustavi begin their routes early in the morning and run until midnight (at least at the Politeknikuri and Station Square sites).

## By train

There are two trains daily to the 1 Rustavi Railway Station, 1.5 km north of the town hall square. Also, the Tbilisi-Baku night trains stops in Rustavi, departing Tbilisi at 17:55 in winter.



# Tbilisi

Georgia's ancient and vibrant capital city spreads out on both banks of the Mtkvari River, and is surrounded on three sides by mountains. The most widely accepted variant of the legend of Tbilisi's founding says that in the mid-5th century AD, King Vakhtang I Gorgasali was hunting in the heavily wooded region with a falcon. The King's falcon allegedly caught or injured a pheasant during the hunt, after which both birds fell into a nearby hot spring and died from burns. King Vakhtang became so impressed with the hot springs that he decided to cut down the forest and build a city. The name Tbilisi derives from the Old Georgian word "tbili", meaning warm. Archaeological studies of the region indicate human settlement in the area early as the 4th millennium BC.

Tbilisi has come a long way since the Rose Revolution of 2003 ousted the post-Soviet Shevardnadze government. To Tbilisi's eternal charms of a dramatic setting in the deep valley of the swift Mtkvari River, picturesque architecture, an ever-lively arts and cultural scene, and the welcoming Georgian lifestyle have been added a whole new 21st-century dimension of inviting cafes and restaurants serving ever better food, up-to-date lodgings from backpacker hostels to international five-stars, funky bars and clubs, spruced-up museums, galleries, parks, plazas and whole streets, modernised transport and a sprinkling of eye-catching contemporary architecture. All of which make it a much easier, and more fun, city to visit and live in than it was less than a decade ago.







# ACCOMMODATION & MEALS

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ACTIVITIES INDOOR AND OUTDOOR



# CHECK-LIST

## **Bring E-tickets**

It is very important that you bring your e-tickets (boarding pass) with you so that we can reimburse you. Without a valid invoice and the boarding pass we would not be able to refund you the money! Also we would need the email confirmation of your flight.

## **Online Check-in**

You may need to check in online before you travel. Check your flight provider and bring the necessary information including e-ticket.

## **PLEASE REMEMBER YOUR PASSPORT!**

## **Travel Insurance**

It is very important you organise your own travel insurance prior to arrival.

## **Receipts**

Please bring all receipts with you as proof of purchase, so that we can pay you back when you arrive. Remember we can only reimburse you the costs when you have used the cheapest available option.

## **Baggage Allowance**

Please check the baggage restrictions for your travel provider. Each company has different allowances!

## **What to Pack**

A swimming costume

Whatever equipment you will need during your stay (please check baggage restrictions first)





# Contacts

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