

the
purpose
project
Infopack



DATES: 30.08.-08.09.2019

LOCATION: GROTNIKI AND LODZ, POLAND

PARTICIPANTS: IN TOTAL 24 PEOPLE FROM 8 DIFFERENT COUNTRIES, AGED 18+

COUNTRIES: CROATIA, CYPRUS, NORTH MACEDONIA, GREECE, MALTA, SPAIN, TURKEY, POLAND



Erasmus+

• **THE AIM OF THE TRAINING**

MAIN AIM:

The main aim of this training course is to develop the competences of 24 youth workers from 8 countries to help them better support their youth to identify and pursue their life purpose.

THE TRAINING OBJECTIVES:

- to increase the knowledge of youth workers on what purpose is, why it is important, and what is its connection to employability
- to develop youth workers' skills to support youth to identify their life purpose and unlock their potential
- to increase awareness on the importance of discovering and following purpose for personal and professional fulfilment.

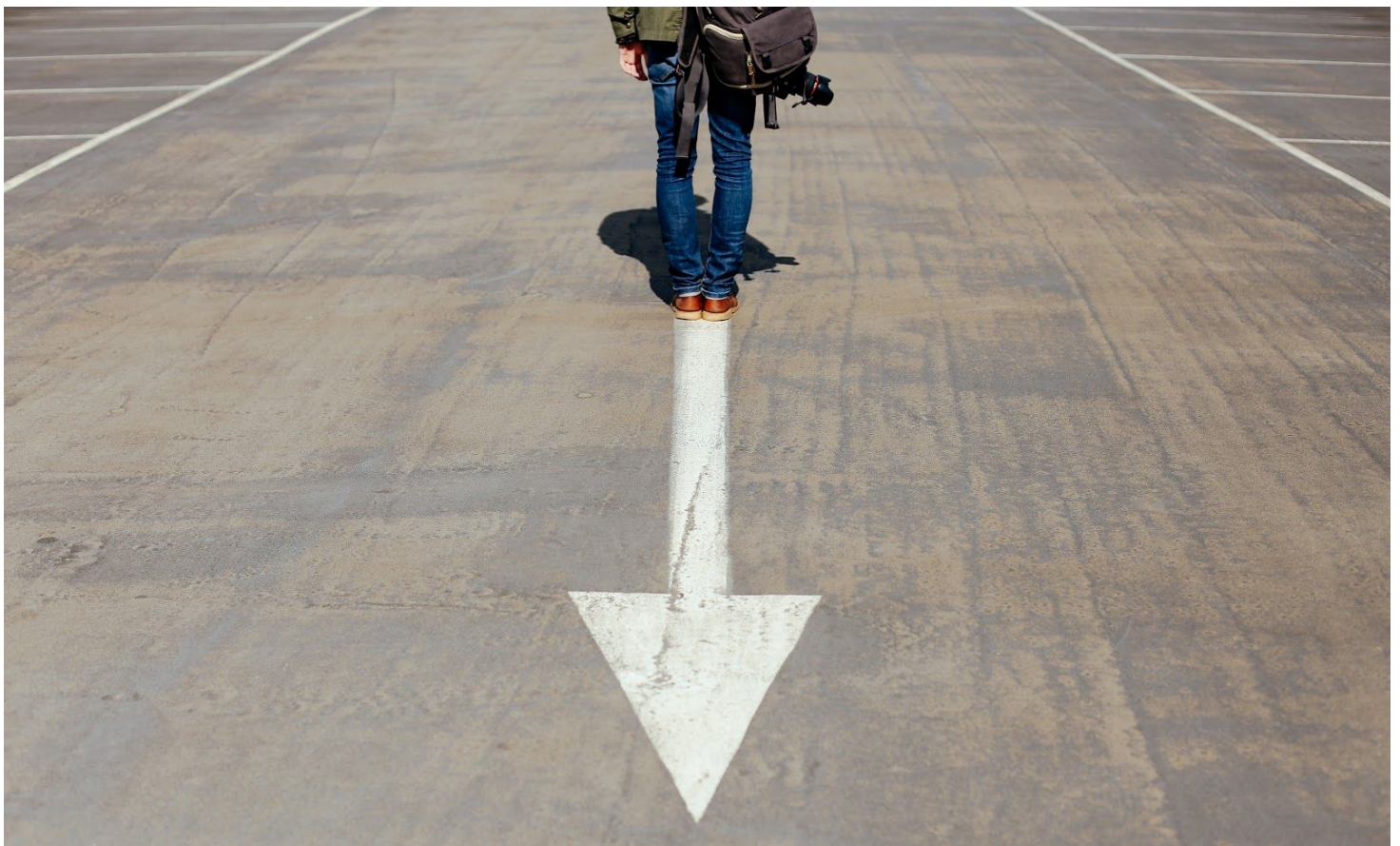
• **PARTICIPANT PROFILE**

- aged 18 +,
- with an intermediate English level to engage fully in discussions and activities,
- actively engaged in the field of youth work and currently working with young people (we welcome career counselors, youth workers, teachers, trainers, etc. focused on developing the personal and professional potential of youth),
- able to attend all working days and sessions (sometimes more than 8 hours a day),
- motivated and interested in the topic of the training,
- with a positive attitude and motivation to cooperate in international teams and learn from and with the participants,
- motivated and willing to implement dissemination activities and share with others through workshops back home what you learned in the TC.

PLANNED ACTIVITIES

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
	Arrival Day	Team Building Day	Intro to the Topic	Personal Introspection	Professional Introspection	Inspiration Day	Unleash Your Potential Day	Application Day	Evaluation Day	Departure Day
9:00 – 10:00	Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00 – 11:30		Get to know each other	Defining Purpose	PAST Life Metaphors	SKILLS What Can You Do?	Gratitude Session / My Inspirators	Purpose Crafting	Preparations	Erasmus+/ Future Projects	Departure
11:30 – 12:00		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
12:00 – 13:30		Program Overview, Fears, Expectations, Contributions	Sharing Our Local Youth Work Realities	PRESENT Personal Motivators	TRAITS What is Unique About You?	Contributions to the World	Goal Setting	Visit the Local School and Implement Purpose Workshops	This Week in Review	
13:30 – 15:30		Lunch	Lunch	Lunch	Lunch	Lunch and Midterm Evaluation	Lunch	Lunch	Lunch	
15:30 – 17:00		Team Building	Imagining Success	PRESENT Stations of Self	VALUES What Matters Most To You?	Free Afternoon	Now, It's YOUR Turn!	Open Space	Dissemination and Personal Action Planning	
17:00 – 17:30		Coffee break	Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	Coffee break	
17:30-19:00		Youthpass & 8 Key competencies	What Holds Us Back? The Cocoon and The Noise	FUTURE Your Future Self	APPTITUDES What Really Interests You?	Free Afternoon	Now, It's YOUR Turn!	Open Space	Evaluation/ Feedback	
19:00 – 19:30		Reflection	Reflection	Reflection	Reflection		Reflection	Reflection	Reflection	
19:30		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00 +	Welcome Activity	Games Night	Intercultural Night	Participant Theater	Passion Night	Participants' Choice	Movie Night / Group Work Option	Participant's Choice	Youthpass Ceremony/ Farewell party	

** this schedule is subject to change, according to needs and expectations of participants*



PROJECT TEAM

Romy Solomon was born and raised in New York City but has called Europe home for the past seven years. She currently resides in Galicia, Spain and works as a freelance trainer and facilitator. Romy has designed and delivered trainings for youth, youth workers, and trainers in 15 countries across 4 continents. She is certified in Experiential Learning by David Kolb, Alice Kolb, and Kay Peterson, from the Institute of Experiential Learning in the U.S. Romy has found her life purpose as a trainer and she is passionate and motivated to support others to find their life purposes as well.



Aleksandra Szmurlik is connected with international work since 2010. She started her work as a facilitator during her EVS in Belgrade, where she was working in an NGO, creating workshops for locals on the topic of cultural diversity and also coordinating training courses. Since 6 years she is working in FERSO as a project manager and trainer, specially for EVS volunteers. She coordinates long term EVS/ESC projects, designs and facilitates the learning process for volunteers. She prepares and then provides workshops and trainings that are needed for personal and professional development of volunteers during their service.



Urszula Malińska - incorrect optimist, looking for good sites in every situation - according to the principle that "nothing happens without a reason". She has several years of experience in working with people, through work in services, ngo and own initiatives. Projects, PR and event manager. She prepares workshops and trainings in the above-mentioned areas, creates cultural projects and events (music, film, art).



TECHNICAL INFO



TRAVEL ARRANGEMENTS:

For European Union members, visa is not requested for entering Poland.

REIMBURSEMENT (PER PERSON BOTH WAYS)

CROATIA:	275 Euro
CYPRUS:	360 Euro
GREECE:	275 Euro
MACEDONIA:	275 Euro
MALTA:	275 Euro
SPAIN:	360 Euro
TURKEY:	275 Euro

NOTE:

- The cost given is a limit in total, for both ways.
- PLEASE REMEMBER THAT ACCORDING TO ERASMUS+ RULES MONEY FOR TRAVEL WILL BE REIMBURSED ACCORDING TO THE REAL COST YOU SPENT, up to the amount given above per country, but not more (which means that if you spend less - you will be reimbursed the money you actually spent or if you spend more - you will get only limit)
- Before buying your ticket, please remember your cost limits.
- Before booking the flight, please, make travel arrangements confirmation with us!

THE REIMBURSEMENT:

It will be done by bank transfer, in two months after the training, when we receive all documents needed to make the reimbursement.

PLEASE KEEP ALL ORIGINAL:

- CONFIRMATION OF RESERVATION
- TICKETS
- BILLS, INVOICES, RECEIPTS
- BOARDING PASS/CARD

WE WILL NEED ALL THOSE DOCUMENTS TO REIMBURSE YOU MONEY!

Missing (or NOT original version) documents will not be reimbursed.
You should have tickets for day 30.08.2019 (to come) and 08.09.2019 (to leave)

IF YOU NEED TO BUY IT ONE DAY BEFORE OR ONE DAY LATER –
WE NEED TO KNOW IT AS SOON AS POSSIBLE TO INFORM NATIONAL AGENCY!

TRAVEL ARRANGEMENTS:

GROTNIKI VILLAGE is close to ŁÓDŹ, that is the third biggest Polish city and it is situated in the center of Poland.

To get here you can consider the next airports:

1. ŁÓDŹ
2. WARSAW (MODLIN OR CHOPIN) – THE MOST CONVENIENT OPTION
3. POZNAŃ (3 HOURS FAR)
4. WROCŁAW (4 HOURS FAR)

From WARSAW MODLIN or CHOPIN AIRPORT you have buses directly to ŁÓDŹ:

MODLIN BUS/OK BUS <HTTPS://WWW.MODLINBUS.COM/>

FLIX BUS <HTTP://WWW.FLIXBUS.PL/>-Connects ŁÓDŹ with other cities in Poland and Europe.

Train is also an option, you can find timetable here:

<HTTP://ROZKLAD-PKP.PL/EN>

From Łódź to Grotniki:

<HTTP://ROZKLAD-PKP.PL/EN> FROM ŁÓDŹ TO GROTNIKI

As said before:

PARTICIPANTS ARE EXPECTED TO ARRIVE ON 30.08.2019 AND LEAVE ON 08.09.2019

FURTHER DETAILS AND SUPPORT INFORMATION ABOUT THE TRAVEL TO AND INSIDE POLAND WILL BE PROVIDED WHEN THE TICKET BUYING PROCEDURE WILL BEGIN.

ACCOMODATION

The place for the training is JEDLICZANKA - training and relax center in Grotniki, very close to the forest. It's 20 km from Lodz but well connected by train lines. You'll stay in 2-3 PERSON IN ONE ROOM, WITH PRIVATE BATHROOMS AND FREE WI-FI. Please take in consideration that our venue is out of the big city and e.g. the possibility of going to the shop will be limited.

MORE INFO YOU CAN FIND HERE: [HTTP://JEDLICZANKA.COM.PL/](http://jedliczanka.com.pl/)

Accomodation is covered 100% BY THE ERASMUS+ PROGRAM.

These expenses will be covered only from the day of your arrival (30.08) till the departure date (08.09.2019).



HEALTH & TRAVEL INSURANCE

PLEASE, WHEN COMING TO POLAND, MAKE SURE YOU HAVE A VALID EUROPEAN HEALTH INSURANCE CARD WITH YOU or PRIVATE INSURANCE.

ALSO, IT IS IMPORTANT THAT YOU NOTIFY US OF ANY HEALTH RISK OR POSSIBLY NECESSARY MEDICINES, SPECIAL FOOD ARRANGEMENTS (AS VEGETARIANS, INTOLERANCES) ...AND SO ON.

Łódź, THE CITY

ŁÓDŹ, situated in the middle of Poland, is the third city of the country. Known by its industrial past and artistic present, the city is adapting the old factories and becoming a hot spot in alternative art. Prove of that are the murals that decorate the big walls, the well-know cinema school and the variety of art festivals that are organized all year long. Also counts with one of the longest commercial streets in Europe: PIOTRKOWSKA STREET, WITH 4.9KM.



How to apply:

FILL THE APPLICATION HERE:

[HTTPS://FORMS.GLE/01T6JIUWU2ABIG7B6](https://forms.gle/01T6JIUWU2ABIG7B6)

AND WAIT FOR OUR ANSWER! \

DEADLINE FOR APPLICATION: 18.06.2019

Fuel Your Passion

CONTACT PERSON

SPAIN - TICKET2EUROPE - ROMY SOLOMON - ROMY.SOLOMON@TICKET2EUROPE.EU

MALTA - PRISMS - ABRAHAM AZZOPARDI - PRISMS.MALTA@GMAIL.COM

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MACEDONIA - YOUTHCAN - NIKOLA IVANOVAKI - NIKOLA.IVANOVSKI@YOUTHCAN.ORG.MK

CROATIA - SUNCOKRET - LUKA TUNJIĆ - MOBILNOST.SUNCOKRET@GMAIL.COM

TURKEY - PI YOUTH ASSOCIATION - CIHAN KAPLAN-CONTACT.PERSON@PIGENCLIKDERNEGI.ORG

POLAND - FUNDACJA FERSO - URSZULA MALIŃSKA - U.MALIŃSKA@GMAIL.COM



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