





## Hosting team

Hosting team Youth Come ON, since 2015 is working with young people using different non-formal methods as improvisation theatre, british drama, gamification, story telling to develop the youth's competences and to promote European values among them.



## IMPROaction

The first edition of IMPROaction took place in April 2016. 30 youth workers came to Berlin for 9 days to develop their entrepreneurship skills through improvisation methodology. The participants found the training very useful, they have created their own workshops which were used in their local communities to increase the social initiative and entrepreneurship skills among youth.

## IMPROaction 2.0

The second edition of IMPROaction took place in January 2018. 30 youth workers came to Berlin for 9 days to learn how to promote active citizenship through improvisation methods and how to develop the personal competencies which are related with entrepreneurship skills through the drama methods.



## About

The project IMPROaction 3.0 is a training of trainers which was developed from the IMPRO-action series of training courses which aims to develop youth workers competences.

The project will gather 30 participants from 10 countries (Germany, Romania, Spain, Croatia, Poland, Hungary, Malta, Portugal, Italy and Greece). Participants will meet in Berlin between 19th and 30th of June 2019 to learn about improvisation theatre and british drama as a non-formal methodology for youth education and to develop their trainers competences.

## Objectives

Creating opportunity for participants to learn about the improv and british drama methodology.

Providing an opportunity to develop participants set of competences including soft and entrepreneurship skills, social competences, self-development, self-awareness, team work.

Creating opportunity to develop trainers competences related to creating and implementing the workshops based on improv and british drama.

Promoting active citizenship, social inclusion, european values, tolerance, solidarity, among youth.

Increasing cooperation between partners and participants in the field of youth work.

## Aim

The aim of the project 'IMPROaction 3.0' is to train participants in british drama and improvisation theatre as innovative methodology for non formal youth education in the field of self-development, active citizenship, social inclusion, development of soft, social and entrepreneurship competences.

## ERASMUS+

The project is cofunded by Erasmus+ programme which is the European Union program for education, training, youth and sport. Programme aims to modernize education, training and youth work across Europe. It offers exciting opportunities for participants to then study, work, volunteer, learn and train abroad in Europe.



Project

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Hosting team



## Methodology

Improv is based on accepting everything what is around, taking care of partner and being involved more and more in the action. Those background of improv is great base to teach about active citizenship and empower youth to take their chance and develop their ideas in real life. Moreover improvisation activities develop soft skills and attitudes like verbal and non verbal communication, team work, public speaking, self confidence, self esteem, flexibility, adaptation to changing situation, not giving up after failer.

British drama is based on work with the body for better understanding the perspective of different characters, situations, behaviours. The activities require to step in the role of characters and deeper understanding its values, motivation, emotions, problems and obstacles in different situations. Through the activities participants could better understand themselves and see the social and personal behaviours from wider perspective. Actors have opportunity to express range of emotions and learn how to deal with similar feeling which they may experience.



## Activities

First part of training is dedicated to experiential learning where participant would develop their competences through the workshops based on improvisation theatre and british drama methodology. Activities would promote active citizenship, social inclusion, european values, tolerance, solidarity. The workshops would support participants self-awareness, personal and professional development.

Second part is dedicated to development of trainers competences in creating, developing and implementing the workshops based on improvisation theatre and british drama. Participants will learn about structure of the NFE workshop and experiential learning. Participants will implement their workshops during the training after what they would receive the feedback from the participants and trainers.





## Partners



ITALY

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Wings for future

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HUNGARY

Egyesek

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## Participants

communicative level of English  
minimum 20 years old  
active youth worker leader educator or activist  
daily working with youth  
motivated to experience NFE methodology  
motivated to take active part in all workshops  
during the activity  
willing to promote the project during all phases  
via social media  
willing to improve the quality of their education  
methods use in work with youth  
willing to prepare necessary materials about  
youth work in their community before the project  
and make the follow up activities



## Follow up

The dissemination of the project is one of our priorities. After the project participants are obligated to make follow up activities till the 15th of July. What requires preparation for those activities before the training.

Follow up activities:

Organize workshop in their local community with usage of the improvisation and drama methods  
Promoting the project on the Social media (Facebook and Instagram)

Promoting the results of the project  
Write personal diary about their learning journey.

Write an article for the local newspaper/radio/TV

## Participation

By taking part in this project you are confirming that you are going to be active in all phases of the project:

- Preparation before the training course,
- Taking part in all workshops during the training course,
- Preparation and organizing the workshops about non-formal methods together with your national team after the training
- Promotion of the project on social media before and after the training
- Accomplish all tasks connected with dissemination of the project and its results

In case of not accomplish all tasks during the project you agree to cut your reimbursement of travel costs.





## Venue

Training course will take place in the youth hostel-the social entrepreneurship which is situated in a forest, in calm area of Berlin-Grunewald, near the lake Grunewald.

Participants will live in four big rooms (6-7 beds) and two small rooms (3-4 beds) separated by gender and the workshops will take place in a workshop room in the same building. There are showers and toilets separated by gender.

Adress: Eichhoernchensteig 3, Berlin

## What to bring

- positive attitude
- clear mind without stress of doing some work/home task during the TC
- european insurance card,
- comfortable clothes and shoes for the workshops which will take place mainly indoor,
- warm socks for walking barefeet in the workshop room
- towel, slippers for the shower, cosmetics,
- traditional food, drinks and souvenirs for inter-cultural evenings

## Conditions

All together we will take care of our space where we will live, work and learn therefore we need to keep the place clean and useful for our activities. During the theatrical activities we will walk in the workshop room barefoot or in socks (so take some warm socks if you get cold easily).



## Travel

Selected participants could start to find a connection to Berlin. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed. More about reimbursement process in next section.

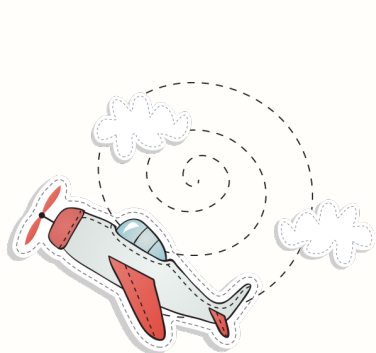
We recommend to find low-costs tickets because reimbursement would be done after the activities.

You can come to Berlin 2 days before or stay in Berlin 2 days after the main activities, however we do not cover expenses of your venue and meals before or after the training. During the training there would be one free afternoon/evening to visit the city centre so we recommend for those who want to see more to spend some time before or after training.

Remember to come to our venue between 14-16 o'clock on 19th of June.

After our approval of your tickets proposals you can buy them and fill in the reimbursement form with all tickets which you would like to have reimbursement and send it to us till 20th of May. Other way the reimbursement of the travel might be cut.

Detailed information how to get to the venue from the Berlin's airport, train and bus stations we will publish on our FB group before the activities.



## Travel limits

**275 euro**

Italy  
Spain  
Malta  
Greece  
Croatia  
Hungary  
Romania

**180 euro**

Poland

**360 euro**

Portugal

## Reimbursement

Reimbursement of the tickets would be done after finalizing all tasks by participants (up to the national limits):

- filling in the reimbursement form and send it to us till 20h of May
- sending all boarding passes and tickets to Youth Come ON-hosting team till 20th of May 2019
- organizing the workshops using non-formal methods developed during the project in your local community till 15th of July.
- filling in the questionnaire after the activities till 5th of July
- sending the diary of your experience after the project till 15th of July
- promoting the project and its results on-line through related task after the training till 15th of July.

Any delays of the accomplishing the task would cause of cutting the reimbursement. When all participants will finish all task we would start to reimburse your travel costs by sending one transfer to our partners organizations. Later partners will make transfer to each of participant. From the reimbursement of travel costs we will cut the participation fee (50 euros).



See you in Berlin!



**Youth Come ON!**  
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